

HOSPITALITY

QUARTERLY MAGAZINE



SPRING EDITION
January – April 2017
Number 145



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Front cover:

Debbie Harris, winner of Best Picture in Show at the Art Exhibition, with Ann Caffyn and Sandy Boyce-Sharpe



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DATES FOR YOUR DIARY FOR 2017

- 2nd March Dine Around the World at the Thai Brasserie, Enterprise Centre
- 18th March Within Reach Ball, Winter Gardens
- 21st April Quiz, Fishermen's Club, Eastbourne
- May-tbc Tennis Tournament
- 18th May Education Lecture, Lecture Theatre, EDGH
- May-tbc Spring Coffee Morning 47 Summerdown Road, Eastbourne
- 4th June Cream Tea and Summer Fair East Dean & Friston Village Hall



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Editorial Team
Editor and PR
Proofreading

Debbie Wicks
Richard Austin-Cooper

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Friends of the Eastbourne Hospital, District General Hospital, Kings Drive,
Eastbourne, East Sussex, BN21 2UD (Tel. No. 01323 438236)
e-mail: esh-tr.friendsdgh@nhs.net www.friendsdgh.org.uk

Committee Members
Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs T Hamblin,
Mr A Holter, Mr D Lambird, Mrs C Lock, Mrs C Naylor, Mr H Parker
Mrs G Perry, Mrs B Phillips, Mrs G Woolley

Hon Solicitor: Mr Glendon Stone

Auditors: Watson Associates, Chartered Accountants

CHAIRMAN'S NOTES

It is now almost a year since I took on the role of Chair of the Friends and an exciting and busy year it has been too. I wish to take this opportunity to thank everyone for the personal support I have been given during this year, which has made my role that bit easier. My thanks to all the volunteers, supporters and staff for their never ceasing enthusiasm.

I mentioned in my last report about some events that were coming up. The annual Art Exhibition and Christmas Coffee Morning were both hugely successful and my thanks go to Ann Caffyn, Bo Phillips and their teams for organising these events once more. The two new events, the wine tasting and the curry night, were very well attended and the feedback was excellent. We plan to run both again next year. Sue Hitchen organised her second highly successful quiz this year, which was once again sold out. There is another quiz planned for Friday 21 April and there will be more in the coming year, I am promised, so get revising!

The AGM was held at the end of November and the highlight, which I had heard about two days before, was that the Medi Tech Trust have said they will match pound for pound, up to £150,000, our fundraising for the Eastbourne Radiotherapy Unit and gave us £50,000 at the AGM to start the fundraising off. Our very sincere thanks go to Bob Lewis and the other Medi Tech Trustees for this generosity. A photograph of Bob Lewis presenting the cheque is on the back page of the magazine.

Sharon Taylor is starting her year as Captain of the Ladies team at the Royal Eastbourne Golf Club and has chosen as her charity the Friends of Eastbourne Hospital. Our sincere thanks go to Sharon and we wish her a successful year in her role.

So it has been an exciting 3 months with fundraising going well. We are two thirds of the way to our £500K target for the CT scanner and as I have already said the fundraising for the Radiotherapy unit of £300K has started. There is still a lot to do in the coming months but I am confident we will reach both targets.

The annual Carol Service was enjoyable as always. Our thanks go to Revd Dennis, Esther Bird and the DGH Choir.

I would also like to thank two of the trustees of the Friends who have decided to step down after several years on the committee. My

personal thanks go to Rodney Browne and Arnold Beck for their tireless work for the Friends and their personal support to me.

As many of you know the Friends Flower Shop is being relocated to near the entrance to the car park. The foundations are down and by the time you read this the Flower Shop Cabin should be in place and nearly ready to open. Everyone is really excited about this move, which I agree will be a great success.

Lastly, I just want to tell you about two events coming up in the New Year. We are holding another Dine Around the World meal on 2 March 2017 at the Thai Brasserie by the station. Places are limited to 80 so please book early. You can see the advert for this event on page 29.

Secondly the Friends Ball will be held on 18 March 2017 in conjunction with the Eastbourne Rotary Club. This Ball is to raise funds exclusively for the Radiotherapy Unit so please book a table and support this exciting new development for Eastbourne Hospital.

Harry Walmsley

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PETER RIMINGTON'S FABULOUS AUCTION PRIZE

On Friday 22 July 2016, a group of friends: Deb and Malcolm Rozier, Lynne and Ben Clayton, Lin and Rob Holmes plus Ann and Colin Fraser, attended the charity event organised by Lisa Harrison at Highwood's Golf Club Bexhill. The event was to raise money for The Friends of Eastbourne Hospital's CT scanner fund.

During the evening an auction was held and one of the promises was a meal for eight, to be cooked by Consultant Urology Surgeon, Peter Rimington. As a party of eight we bid and won the promise. Peter, with the help of friends, treated us to a marvellous evening in the lovely setting of his home.

We were greeted with a chilled champagne cocktail. After that was a white tomato soup - delicious taste, very subtle with the colour hiding under a white disguise. As some of our party didn't eat fish, we had a chicken liver salad; the livers were cooked to perfection. This was followed by a succulent roast loin of lamb and then there was an excellent selection of cheeses, which we all enjoyed tasting. The desert was 'Byculla Club Soufflé' which contained Cointreau, Grand Marnier, Green Chartreuse and Kümmel - absolutely delicious - and finally we had coffee and chocolate.

The food and service was outstanding – thank you Peter and friends for a memorable evening.

Deborah Rozier

STAMPS AND POSTCARDS

I cannot believe that yet again it is that time of year when I tell you how much your donations have realised. Because of the good quality of your stamps, postcards and cigarette cards, the total for 2016 is £3,076. The running total for sales is now £36,300. I



cannot thank you enough for all your continued support as without it this sum couldn't have been achieved to help the Friends' ongoing projects.

I would like to wish you and your family a most Happy and Healthy New Year.

Thank you, June Tickner

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RADIOTHERAPY TREATMENT “WITHIN REACH” BALL

In collaboration with the Rotary Club of Eastbourne, the Friends will be holding a ball at the Winter Garden on Saturday 18 March 2017. This will be the eighth such ball and each has been highly successful, with the last enabling us to complete the purchase of the Da Vinci surgical robot.



This year our fund-raising is being directed to the purchase of equipment for the new Radiotherapy Unit currently under construction at the DGH in Eastbourne. The unit will make a huge difference to the lives of patients (and their supporters) that have the misfortune to require radiotherapy. Currently this has only been available at centres in Brighton and Maidstone (or further afield if workload/breakdowns/servicing occur). With treatment usually required on a daily (Mon-Fri) basis, often for a number of weeks, the current distances travelled means many hours each day simply in getting to and from the venue. Soon it will be available here in Eastbourne, dramatically cutting travelling time not only for Eastbourne residents but, also, those living in much of East Sussex. For them it really will make a “daily difference”.

At our recent Annual General Meeting, the Medi Tech Trust pledged to match our fundraising for this project up to a maximum of £150,000, part of which will be to match the sum raised at the ball. This is a fantastic offer and we must take maximum advantage. Attendance at the ball will help – the evening will include a three course meal, a live and silent auction, fun casino and, of course, a raffle. Dancing will be to the popular “Temp One”.

All the details of how to book and sponsorship packages are available on our website at: www.friendsdgh.org.uk then follow the link to the Within Reach Ball. The Ball advert is on the first page of this magazine.

Please make a note of the date in your new diaries and join us with your family and friends – you will be sure of a warm welcome and, I have no doubt, a thoroughly enjoyable evening. Remember, every pound raised by us will be matched by the Medi Tech Trust.

Peter Nash



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THE FRIENDS ELEVENTH AUTUMN ART EXHIBITION 2016

It was such a pleasure to welcome over 400 members and their friends to the Art Exhibition in October. For the eleventh consecutive year St Andrews Prep School generously gave us the use of their Gym to stage the display of local artist's work. We remain very grateful to them for all their support and we also appreciate the kindness of the Society of Eastbourne Artists who lend us their screens on which the pictures are displayed. We were delighted that 66 local artists entered a total of 284 paintings, 32 of which were sold.

Dr Harry Walmsley, the Friends Chairman, opened the Exhibition and Dr Neil Barlow, Consultant Radiologist at the EDGH, gave us an interesting account of the value of the CT scanner.

Around 140 guests enjoyed the opening ceremony and the prize for the 'Best Picture in Show' was awarded to Debbie Harris by the judge, Nigel Greaves. The trophy was donated by Chatfields Jewellers. Rodney and Elaine Browne ran a successful tombola and Esther Bird played a delightful programme of piano music while the wine for the party was donated by Ellen and Paul Crockford. Ditzzy Media kindly sponsored the hire of the wine glasses. Local artist, John Gross, donated a beautiful painting of a French canal for the raffle prize and Alan Everard gave a fascinating watercolour demonstration of the Thames Barges, which was auctioned in aid of the CT scanner by Geoff Duffell. Over the weekend the public cast their votes for their favourite picture. This was won by Glynis Mockford (pictured right) who received a trophy donated by Eastbourne Engraving.



We are also most grateful to our other sponsors: PlanAHead for all their printing work, Orchard Frames and Eastbourne Framing Centre.

The Exhibition Planning Team of Hugh Parker, John Gross, Rodney and Elaine Browne, Jackie Hurwood, Anne Williams, Sue Duffell and Debbie Wicks ensured that the event was a success. And an army of volunteers helped in a variety of ways over the weekend to help us raise a record sum of £3,741 for the CT scanner at the Eastbourne DGH.

Finally, I am delighted to tell you that St Andrew's School are allowing us to hold our next Art Exhibition in their Gym on 27 – 29 October 2017.

Ann Caffyn, Art Exhibition Organiser



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THE GRAND DRAW

This year's Grand Draw will take place at the Cream Tea and Summer Fair at East Dean and Friston Village Hall on Sunday 4 June 2017. Once again the lucky winner will receive a cheque for £1,000 with a second cash prize of £250! There will, of course, be many other fantastic prizes, donated by generous local and international businesses.

You will receive your book of tickets with the next edition of Hospitality. We are so very grateful for all the tickets that you buy and every penny goes towards the hospital and our special projects.

Last year, with the help of more than 60 volunteers selling raffle tickets in the DGH main foyer, approximately £4,300 was raised.

The Friends Office will once again be organising the rota for the sale of Grand Draw tickets in the hospital foyer leading up to the Draw. If you would like to help, please ring us on 01323 438236. We look forward to hearing from you, and thank you for your support.

Debbie Wicks

SELLING DATES

WEEK 1 February	20 th – 24 th
WEEK 2 March	20 th – 24 th
WEEK 3 April	18 th – 21 st
WEEK 4 May	8 th – 12 th
WEEK 5 May	15 th – 19 th
WEEK 6 May	22 nd – 26 th
WEEK 7 May/June	30 th – 2 nd

SHIFT TIMES

10am - 12noon	} on all
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INTERNATIONAL HOT AIR BALLOON FESTIVAL



Eastbourne is to have an International Hot Air Balloon Festival in Hampden Park 29th and 30th July 2017 with some 20 or so balloons flying over Eastbourne.

But not just that; the proposed event has generated so much excitement in the community as a whole that it has morphed into a Balloon Festival with a mini County Show alongside.

There will be a Dog Show on the Sunday; there will be a stage with local groups showcasing from 11 am - 5 pm on both

days and some fabulous local groups playing to the crowds on the Saturday evening. There will be all the fun of the fair, a foodie area, a floral area, children's play area and lots of entertainment going on. There will be a charity street market as well as a craft market and a farmer's market and elegant cream teas served on the lawn down to the lake by the café and we've even been asked if 100 classic cars can come along.

The balloons will fly at dawn and dusk (weather permitting) on the Saturday and dawn on Sunday. Mid-morning on Saturday there will be a fleet of 8 – 10 helicopters visiting for the day with the opportunity to get up close and touch. Saturday night there will be a fabulous NightGlow when a dozen or so balloons are inflated, tethered and then fire their main burners to music under the control of our Creative Director. That will be just after dusk but not to be missed.

For up to date information follow www.eastbourneballoonfestival.co.uk
Email: balloonsovereastbourne@gmail.com Twitter: [@balloonfestGB](https://twitter.com/balloonfestGB)
www.facebook.com/balloonsovereastbourne
Sandy Boyce-Sharpe

giftaid it

Don't forget to fill in **and return** the form that is enclosed with this magazine, to help us keep our records up to date and so that we can claim gift aid on any donations you have made in the last 4 years or may make in the future. For instance, did you know we can claim gift aid on membership payments? Every pound adds up and means we can spend more on supporting our hospital. *Thank you*

NEWS FROM THE SHOPS

It is a very exciting time for our Flower Shop volunteers as, if all has gone to plan, by the time you read this the new Flower Shop will be about to open. We are eagerly looking forward to the official opening on Thursday 9 February 2017 when the Lord Lieutenant of East Sussex, Peter Field will be coming to formally 'cut the ribbon'. The new shop will be happy to provide your Valentine's and Mother's Day flowers and, looking further ahead, anything you might like for Easter. Do order early so that you are not disappointed.

Once again we have had a very successful Christmas season, but due to the unusually mild weather we still have some of our winter nightwear in stock. Don't forget to visit us if you are thinking of revamping your night-time wardrobe. We also have a lot of larger dressing gowns in sizes XL to 3XL that are often hard to find elsewhere.

The Twiddlemuffs continue to be successful. These are for patients admitted to hospital who have dementia as they are very tactile and help stimulate their hands. As these are given to the patients to keep there is a constant demand for them. If you are a knitter and would like to have a go at making one, the pattern is on our website or ring the office and one can be sent to you. We do have a supply of wool and trimmings that have been donated if this would help you, just call into the shop and we can sort you out. Or if you have some unwanted wool that you would like to give us we will always make use of it.

If you have ever thought about volunteering in the shop or with our trolleys, it is not all work! This photo shows volunteers at the annual Christmas lunch, all having a lovely time. There are also quizzes to enjoy throughout the year and we know of so many friendships that have grown from volunteering with us.



There has been a slight change in the recruitment process for new volunteers as the Voluntary Services Department need to complete some checks first. If you are interested they can be contacted on 01323 417400 ext 4880, or ring the Friends Office and they will pass your details on. We currently have some opportunities for the morning trolley round and are looking for someone who is reasonably fit and might be available as a back-up to help with the early morning stock deliveries from time to time.

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RECYCLING FOR THE F_oEH

Over the last few months many of our readers have commented on the 'We Collect' advert in the magazine, which this month is on page 28 of the magazine. The colour pictures attracted people's attention and this has resulted in an increase in donations, for which we thank you.

Did you, like me, get some gifts this Christmas that were lovely but "not really me"? For instance, the bottle of Baileys or the box of Ferrero Rocher? If you did and you would like them to go to a good cause rather than sit in the cupboard, then we would really appreciate them for our fairs or for a raffle prize. We welcome almost anything from bottles, to soap, to books. Any new, unused gifts will be very gratefully received and can either be dropped into the shop or give us a call on 01323 438236.

Have a look at page 28 and see what else we recycle – you may be surprised. And when you are doing your spring cleaning, think of us.

Debbie Wicks

NEW YEAR NEW YOU?

Many of us use this time of year to take a look at our lives and take the decision to make a positive change, whether this is to get fitter, declutter the house or, perhaps, to volunteer for a good cause. In fact you can combine 2 of these New Year's resolutions – imagine how many steps our volunteers do when they are taking a sweet or sandwich trolley around the wards!



We are always looking for more volunteers to help us in our shops and at our events. Some people volunteer on a regular basis but for others it is ad hoc and they get in touch when they can help. We are grateful for any time that is given to us so generously.

We have voluntary opportunities throughout the week from Monday to Friday, as the shop and staff trolley service are open 7 days a week and the Flower Shop is open on Saturday afternoons.

If you would like to find out more, please call the office on 01323 438236 and speak to Debbie or Sue.

CHRISTMAS COFFEE MORNING



On Saturday 12 November 2016 we held the Christmas Coffee Morning in St Johns Parish Hall. We are so grateful to all the stall holders, raffle sellers, the "tea team" and all the volunteers who helped on the day. We raised around £2,800 which is an all-time record. This would not have been achieved without the help and support of so many wonderful people. We are very fortunate to have such loyal Friends.

We would like to thank David Salmon for the modern picture that we raffled. Mr Keith Pratt kindly donated a hamper of wine, which was highly sought after.

Thank you for your help and support.

Bo Phillips



Qu?z N?ght

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NEWS FROM THE OFFICE

This has already been said by others in this magazine, but we hope that you all had a very lovely Christmas and we wish you a very happy 2017. We hope that we see as many of you as we can at some of our events during the year.

If you are interested in our Annual Accounts or the Chair's Report to the AGM these are now available to view on the website.

There are now only two of us working in the office and apart from Monday afternoons we are generally on our own, so why don't you call in and say hello sometime? But, there are occasions when we are here although not at our desks, so to avoid a wasted journey you can ring in advance and we will make sure we are here. Or, if you don't fancy the trek down here (we are not that easy to find), pop into one of our shops and they will ask us to come and see you.

Regular readers of the magazine may get a sense of Deja-vu with this next bit, but we have a new database! Our mission for 2017 is to get our records really up to date and accurate. There is a way you can help us with this. You will see a form enclosed with this magazine and we would be really grateful if you could complete this and return it to us. There is no rush, so if you are passing it can be left in one of the shops or handed in to one of our events and looking ahead to the summer, to one of our open gardens. We are pleased to report that Margaret Barrett has joined as a volunteer to help with the Gift Aid claims.

You will see elsewhere about all the events we have got coming up and reports of those that have happened. Special mention must be given to the wonderful team who make our remade cards, they have worked like beavers these last few months and made a record number of Christmas cards, nearly 2,000 more than last year. At the time of writing there are still a few left and we are getting ready for the very generous donations of used cards that we hope to have had by the time you read this.

Apart from the events that we organise and know about we know lots of people arrange their own and sometimes the first we know about it is when the money arrives. If you are arranging anything on our behalf or maybe just thinking about it, do get in touch with us and we will do all we can to help you with promotion and provide you with any publicity. Or if you have any ideas that you think we might be able to make use of, we would love to hear from you.

Debbie and Sue

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £3,901 in memory of:

Mary Buckmaster, Steven Cook, Iris Forsey, Sylvia Guppy, Helga Massey, Pauline Piper, John Pryke, George Weight, Patricia Weller, Anthony Willson and Jack Wortly

Legacies

During the past three months we have received with gratitude, legacies from the estates of:

Nancy Cowlard and Joyce Lowe

Recent gifts to the Eastbourne District General Hospital

Noise Warning Sign	PACU	£395
Ward Christmas Donations	EDGH	£2,400
Annual Donation for Books	Medical Library	£3,000
Annual Donation	Radio DGH	£500
Total		£6,295



Bladder Scanner – donated to the Urology Department earlier this year

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Visit the Friends' Shop

in the DGH Foyer and discover the great variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear, Slippers and Bags plus a great selection of Books, Magazines and Newspapers

OPEN MONDAY- FRIDAY 9.00 am – 6.30 pm

SATURDAY 10.30 am - 4.00 pm AND SUNDAY 1.30 - 4.00 pm

Tel: 01323 - 647188

The Friends' also have the Corner Shop near The Restaurant and provide a Trolley Service to the wards

TRUST NEWS

Many people have asked us if we can feature news about the Trust in our magazine and so we are launching this new feature. In future the Communications Department at the Eastbourne DGH will write this article bringing you all the most interesting stories from the last three months and telling you of any new developments that are happening.

The new role of Doctors' Assistant is being pioneered at the East Sussex Healthcare NHS Trust (ESHT). Six Doctors' Assistants have started in this new role which will see them undertake admin work and essential duties alongside doctors. This will help junior doctors with core tasks to free up their time so that they spend less time on admin duties and more time with patients.

ESHT is one of the top performing Trusts for monitoring patients using a clinical monitoring system called 'VitalPAC'. These portable hand-held devices (like an iPad) are used in the hospital to assist with the monitoring and analysis of patients' vital signs, helping to save lives by the early detection of a patient's deterioration, enabling quicker clinical intervention.

We are very proud that our stroke services have been highlighted as being one of the best in the country, according to a Stoke Association report, that compared stroke services across the UK in key performance areas. It rated our service the quickest for scanning suspected stroke patients within one hour and fifth best for admitting patients to a stroke unit within four hours. The FoEH special project is to raise £500,000 for a second CT scanner at the EDGH, which will support this rapid access treatment even more.

The upgrading and expansion of the radiology reception and waiting areas has been completed enabling enhanced dignity and privacy for patients. The radiology improvements include a reconfigured Ultrasound suite, new disabled toilets and baby change facilities, waiting and changing areas and a new recovery area. The Interventional Radiology facilities have also been refurbished to improve privacy and dignity and further work is due to be completed in spring 2017, with the installation of two new CT scanners in a new CT scanner suite.

And finally, building work recommenced in September on the new £15 million Radiotherapy Centre and it is anticipated that it will receive its first patients in the autumn 2017; something to look forward to and to celebrate.

Debbie Wicks

HELP US TO HELP YOU CONTACTS

HOSPITALITY EDITORIAL TEAM If you would like to advertise in this magazine please contact: The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD.
Tel No. 01323 438236 or email: esh-tr.friendsdgh@nhs.net

PHOTOGRAPHS All contributions and photographs are welcome and can be sent to the Editorial Team at esh-tr.friendsdgh@nhs.net

HOSPITALITY DISTRIBUTION Records and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236

HOSPITAL RADIO PROGRAMMES For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: www.radiodgh.com

VOLUNTEERING Please contact the Friends Office on 01323 438236 if you would like to volunteer in one of the Friends shops or for the Trolley Service. If you would like to volunteer elsewhere in the DGH please contact: Voluntary Services Co-ordinator, Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880

ITEMS WE COLLECT please see page 27 for a list of what we collect

FOR MORE INFORMATION about the FoEH and how you can support us please visit our website at: www.friendsdgh.org.uk



If you would like to leave a Legacy in support of the
FRIENDS OF THE EASTBOURNE HOSPITAL
ask your Solicitor to include it in your Will

Leaving a gift to charity in your will is an amazing
way for your generosity to last beyond your own
lifetime

Office staff will be pleased to provide
additional information or to help in any way

The Friends Office
Eastbourne DGH, Kings Drive, Eastbourne. BN21 2UD

01323 438236
email: esh-tr.friendsdgh@nhs.net
www.esht.nhs.uk/foeh

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription	£	:	£10
Renewal of Annual Subscription	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

£ _____

If you are a tax payer please complete the Gift Aid Declaration form. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title..... First name or Initial(s)..... Surname

Full Home address

..... Post Code

Date

Please notify the Charity if you:

* want to cancel this declaration

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* no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

.....Sort Code: A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code

Registered Under the Charities Act 1960 No 220592

FUNDRAISING NEWS

We are indebted to local groups and societies that choose the Friends to be their 'Charity of the Year' like Polegate WI who gave us this honour in 2016. One of their members held a garden party and during the year odd change was put into collecting pots and at the end of the year they gave us nearly £250.

We were invited to a 'Coffee and Company' morning at Rushlake Green to sell our remade cards and 'chat' to visitors about the Friends. They kindly donated £300 from the morning, alongside the sale of cards. Thank you very much for thinking of us.

The Radiology Department held a raffle in the hospital foyer to mark World Radiology Day and raised £151 to put towards the CT scanner appeal. The team presented a cheque to Dr Peter Nash, pictured right.



We received a donation of £500 from the Evening Star Lodge based in Maidenhead, which has a member living locally, who was grateful for the treatment he had in the DGH.

Mary Betteley sold her beautiful handmade cards to her friends and neighbours and donated £13 to the FoEH. The cards are very ornate and take a couple of days to make, so are a real labour of love.

Once again Sunrise Senior Living thought of us when it came to their Christmas Fair. We sold remade cards and had our popular jewellery stall there and along with proceeds from raffles and tombolas. The afternoon generated £535 for the Friends. Also, the residents of Redman King House held another event for us and collected over £300.

When clearing out ready to relocate to the Devonshire Park Theatre the Box Office staff at the Congress Theatre gave us a large bag of stamps they had collected over the years.

Gladys Barnes donated a beautiful stamp album containing colourful stamps from around the world.

We were lucky to be offered a day selling 'Win a Car' raffle tickets in the Arndale Centre and thanks to our hard-working volunteers and the generosity of local people were presented with a cheque for £588.

We value all the donations we receive, large or small and all the money we collect goes to the Eastbourne DGH, including towards the Special Projects. Thank you so much.

Sue Duffell

WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Easter and Christmas cards are collected for 6 weeks following the event.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs.



HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads, textured fabrics to sew onto Twiddlemuffs and for card making.



PLASTIC MILK BOTTLE TOPS

These are recycled by FoEH volunteers and are made into everyday items such as traffic cones. Please **ONLY** bring in milk bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers and baskets that they can use for new arrangements.



NEW GIFT ITEMS/UNWANTED PRESENTS

New gifts are sold at our Summer and Christmas fairs. We also welcome donations of wines and spirits and chocolates etc.



SILVER, JEWELLERY AND BAGS

Jeanette and June collect any items including broken watches and costume jewellery for sale on their stall. Eastbourne Auctions support the ladies by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened/unused items such as make up, creams and soaps which we sell at our fairs.

HOW TO DONATE

Please bring your donations to the Friends Office or the Friends Shop, which is in the main foyer of the hospital. Alternatively, call the office on 01323 438236 and we will arrange for someone to pick it up from you.



Invite you to
Dine Around the World
at the Thai Brasserie
Station Parade, Eastbourne



7 pm Thursday
2 MARCH 2017
£20 per person
(01323) 438236 for tickets
esh-tr.friendsdgh@nhs.net
www.friendsdgh.org.uk



Clockwise from top left:

- Bob Lewis from Medi Tech Trust presenting £50,000 cheque at the AGM
- Rai Hitchen at the Volunteers Lunch
- Visitors to the Christmas Coffee Morning
- Alan Everard & Alan Caffyn at the Art Exhibition
- The Art Exhibition Preview Evening
- The Volunteers Christmas Lunch

Front cover: Best in Show