

# HOSPITALITY

QUARTERLY MAGAZINE



## AUTUMN EDITION

July – October 2017

Number 147



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## DATES FOR YOUR DIARY FOR 2017

- 7 September Educational Talk, Lecture Theatre, EDGH
- 18 - 29 September Free Wills Fortnight see page 1 for details
- 28 - 29 October Autumn Art Exhibition 10 am – 4 pm St Andrew's School, Meads Street
- 18 November Christmas Coffee Morning 10 am – 12 pm St Johns Parish Hall, Meads Street
- 22 November AGM 2 pm Lecture Theatre Eastbourne DGH

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Editorial Team  
Editor and PR  
Proofreading

Debbie Wicks  
Richard Austin-Cooper

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Friends of the Eastbourne Hospital, District General Hospital, Kings Drive,  
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Committee Members

Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs M Crumbie  
Mrs T Hamblin, Mr A Holter, Mr D Lambird, Mrs C Lock, Mrs C Naylor  
Mr H Parker, Mrs G Perry, Mrs B Phillips, Mrs G Woolley

Hon Solicitor: Mr Glendon Stone

Auditors: Watson Associates, Chartered Accountants

## **CHAIRMAN'S NOTES**

Another busy three months for the Friends has gone by since my last report in Hospitality. Fund-raising for our two major projects continues to go well with both targets on course to be met on time.

On 25 May the Friends held a reception for the Sussex Freemasons where they presented us with a cheque for £50,000 towards the Radiotherapy Unit. This was the first donation from the Masons' Sussex for Sussex fund, which is part of the 300 year celebration of Freemasonry. Dr Fiona McKinna, Clinical Lead for Cancer for Sussex, gave a presentation about the unit which was due to open on 19 June and will make such a difference for the people of East Sussex.

The annual Cream Tea was held on Sunday 4 June at East Dean and Friston Village Hall and once again was well attended. My thanks go to all the volunteers for giving up their Sunday to man the kitchen, serve tables, man the car park, set up and take down the event and help out on the various stalls. I would also like to thank Melodie and Scarlet Impact for the fantastic entertainment, much enjoyed by our guests. I would also like to thank Scarlet Impact for singing in the Arndale Centre on 17 June, to raise money for our CT scanner appeal.

The Open Garden season has started and I would strongly recommend attendance at some of the gardens as they are beautiful to see and make for a relaxing day out. So far the weather has been kind and long may that continue for the rest of the summer.

I attended the Trust Awards ceremony in May, where the Friends had donated some prizes and was delighted to note how the atmosphere within the Trust has continued to improve. Certainly the new Chairman and Chief Executive have made a positive difference to morale within the Trust and it was nice to see staff getting awards for their work for both hospitals.

As I said in the last issue of Hospitality, I am going to write in each issue about a volunteer who has done exceptional work for the Friends. This time I want to mention Melody Knight, who is an Open Garden volunteer. I know she does not want personal praise, as she feels that it is the plants she sells for the Friends that deserve the praise. I believe Melody worked for 21 years for Kew Gardens, mostly at Wakehurst Place. She has propagated many of the more unusual plants sold at the open gardens. The plants are all healthy, strong and attractive and make much money for the Friends. Many thanks Melody for all you do.

Harry Walmsley

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## **RODNEY BROWNE**

It is with great sadness that I record the passing of Rodney Browne after a long and courageous battle against the illness that finally claimed him. Rodney spent much of his life living and working in senior accountancy roles within the Commonwealth and, on moving to Eastbourne with his wife Elaine, approached the Volunteers' Office at the DGH in 2008 to offer his services. Realising the wealth of experience he possessed they referred him to the Friends to see if he would be of interest – an understatement!



Rodney was immediately recruited as Assistant Treasurer to support the Treasurer with much needed help and expertise in a role that was becoming increasingly complex and demanding. Rodney was elected as a Trustee of the Friends and contributed not only on financial matters but wisely on many of the issues that arose. As the role of Treasurer became more complex, he was invited to take on this role – a position he held with distinction until the increasing demands of treatment for his illness prevented him giving it the attention he felt it deserved.

Rodney was a both a gentleman and a gentle man – “old school” might be seen by some as being slightly derogatory; it is in Rodney’s case certainly a compliment. He was always immaculately dressed (collar and tie most definitely order of the day) and never late for an appointment. Indeed he would always be ready well ahead of time and it seemed, no matter how early I might have been, Rodney would always be there to greet me. He would put his point across firmly but gently. However, he would listen to and, if need be, accept different points of view. Full of compassion, Rodney was a great asset to the Friends of the Hospital.

I am proud to have been able to call Rodney my friend - but he was more than that, he was OUR friend and he will be sadly missed and remembered with great affection by all who knew him.

Peter Nash, President FOEH

## **ANNUAL MEMBERSHIP**

We will shortly be contacting all annual members to invite them to renew their membership when it becomes due on 1 September or to convert to life membership to save the yearly worry of renewing. Annual membership is now £10 per year, while life membership represents excellent value at £30. If you have any queries about your membership please contact the office on 01323 438236 and ask for Sue Duffell.

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## DOUBLES TENNIS TOURNAMENT 2017



Our annual tennis tournament attracted 36 players, pictured above, who enjoyed a lovely afternoon of fun and tennis. I would like to thank Debbie Wicks and Elaine Taylor for gathering such a wonderful enthusiastic group of people. Sue Duffell and Lis Grimsey organised the order of play which culminated in a very exciting final, won by Lynda Welham and Geoff Clark.

We are grateful to Mr Lawson the Headmaster of Eastbourne College for allowing us to use the Astroturf courts and the excellent catering facilities for our event. As promised a “splendid” tea was laid on and I would like to thank Rosemary Cameron and Gilda Perry for all their help and Anji Fellows for running the “Pimms” table. Mr Peter Nash our President gave a very enlightening talk on the CT scanner appeal and the progress of the Radiotherapy Unit.

Our chief photographer, Geoff Duffell, took many memorable shots of the day which can be seen on our FoEH website.

We would like to thank Betty and Dave of Eastbourne Engravers for supporting us for so many years and wish them a very Happy Retirement. Mr David Salmon has very generously given us a lovely modern picture for auction at the Christmas Coffee Morning on 18<sup>th</sup> November 2017.

With everyone’s kind and generous support we raised £994 on the day and have received matched funding of £500 from Santander, facilitated by Elaine Taylor, making a fabulous total of £1,493. Thank you to everyone involved.

Bo Phillips

## **THE FRIENDS 12<sup>TH</sup> ANNUAL ART EXHIBITION**

St Andrew's School, Meads 27 – 29 October 2017

We are once more most grateful to Mr Gareth Jones, the Headmaster of St Andrew's School, for generously allowing us to hold the Friends Art Exhibition in the school gym for the twelfth consecutive year from 27-29 October 2017 during the half term holiday. And this year the Headmaster has kindly agreed to open the Exhibition. All the funds raised over the weekend will go to the Radiotherapy Unit at the Eastbourne DGH.

The gym is a very spacious, well-lit venue and over 200 paintings can be displayed, so we would be delighted if any members or their friends would like to exhibit and sell their works of art. Please contact the Friends Office on 01323 438236 if you would like an entry form. There is a small hanging fee and a donation of 20% of the selling price of any picture will go to the Radiotherapy Unit. Last year we displayed 285 paintings, sold 32 and raised a record £3,741.

There will be a great variety of subjects and media created by local artists, so do come along and see the magnificent display of paintings. On Saturday afternoon, 28 October at 2.30 pm, a local artist will give a painting demonstration.

We look forward to welcoming you and your friends on 28 and 29 October from 10 am – 4 pm. Entry is free.

Ann Caffyn, Art Exhibition Organiser

### **SPRING COFFEE MORNING**

All week the forecasts had predicted wind, rain and even thunderstorms for the Friday, but in the event we just had a little drizzle. Our valiant supporters still came in their droves, and were able to venture into the garden towards the end of the morning.

We raised an amazing amount of money - £1,884 – with record takings on the raffle, cake and book stalls. Vanessa was there with her lovely silk scarves and Ann Caffyn was selling her beautiful hand painted cards. The sister of one of the Trustees of the Friends had made some incredibly intricate carved out books and cards which were also on sale.

Thank you to you all for your generous support. Without you we would not be able to donate so much equipment to the DGH.

Rosemary Cameron

## NEWS FROM THE OFFICE

This has been a busy time for the Friends as there have been a lot of events in the last few months, which have all been reported elsewhere in the magazine. We are so grateful for the support we get from our members and the local community and are impressed by the variety of things that people do to help us.

If you listen to More Radio you may have heard some promotional announcements for the charity and adverts to encourage volunteering. We would love to know if that has prompted you to come to an event or to consider becoming a volunteer.



By the time you read this the open garden season will be nearing its end. We would like to add our thanks to Gill Woolley's to all the owners who have so kindly opened their gardens for us this year, to the magnificent army of volunteers who help in so many different ways (and not just on the day itself,

there are people who nurture plants all through the year, make cakes and do a whole host of things behind the scenes to ensure the days run smoothly), but also to the visitors who turn up and support us, whatever the weather throws at us. We would also like to thank Gill herself and Heather Harper (pictured together above) who work tirelessly, with the help of the committee, all through the year to deliver this very successful programme that raises so much for us.

We would also like to thank Sue Hitchen for putting on another very successful quiz night at the Fishermen's Club, raising £595. Sue organises the venue, the food, devises



the rounds and all the questions, as well as being the quiz master on the night; quite an achievement! Pictured here are the Big Six who won the quiz. Eagle-eyed readers will notice that there were seven of them...

We keep our website and Facebook page as up to date as we can, so do keep an eye on them to find out what's going on.

Debbie and Sue



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## GRAND DRAW

Following the sale of almost 5,200 tickets over several weeks, the annual Grand Draw Raffle took place at the Friends Cream Tea and Summer Fair, on Sunday 4 June 2017. The £1,000 first prize was won by a loyal FoEH volunteer, who gives hours of her time every week to support the charity and had been buying raffle tickets for many years; we were absolutely delighted that she scooped the top prize.

The Friends would like to thank Caffyns for supporting the Draw with a generous donation and to the many local businesses who donated prizes, without whose support this event would not be possible. You can see a full list of supporters and the prizes donated by visiting: [www.friendsdgh.org.uk/events/grand-draw-raffle-2017](http://www.friendsdgh.org.uk/events/grand-draw-raffle-2017) or see the list of generous businesses on page 17.

We would also like to send a heartfelt “thank you” to all of the volunteers who gave hours of their time to sell tickets in the foyer and at our events and to all those members who returned the tickets that they received in April’s magazine.

Debbie Wicks

## STAMPS AND POSTCARDS

It was so lovely to see you at this year’s Cream Tea afternoon and meet up with folk I hadn’t seen for such a long time.

The first lot of coins I was given by friends was taken to auction for me by Mr Bill France and happily they went for £50. I was then given a larger collection of coins and these were also taken by Mr France and hopefully will be auctioned in July. I will keep you posted.

Your stamps and postcards continue to keep me busy and thank you so much for being so wonderful and generous with all your support – I am really overwhelmed by your kindness.

June Tickner



## READ A GOOD BOOK LATELY?

We are now taking donations of pre-loved books in good condition for our book stall

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## OPEN GARDENS

As I write this we are exactly half way through our Open Garden season. We have been blessed with good weather each week and have fingers crossed for the remainder.



So far we are on track for it to be a record season and it is thanks to you our members for turning out in such numbers. You are keeping our cake makers very busy and our ladies who propagate the many plants have stripped every likely cutting they can find! So a big thank you again for your continued loyalty and support.

When you receive this magazine there will just be the one garden left to visit which is Fineoaks at Cowbeech on 26 July. This is a new garden for the Friends although the owners have opened their garden over the years for other charities. So we hope you will come along and do let us know if there are any gardens you know of that we may approach for next year; thank you.

The Open Garden Team

## CREAM TEA

We seem to have found the perfect venue for the Cream Tea and Summer Fair at the East Dean and Friston Village Hall and last month we held the event there for the fourth year in a row. The sun popped out from behind the clouds and the breeze kept people off the beach, so visitor numbers were high.

Guests enjoyed delicious cream teas with plump, fresh scones once again generously donated by Shades Bistro. John McCutchan from Arlington Bluebell Walk and Farm Trail, kindly lent us lots of tea pots and milk jugs and talented supporters baked delicious cakes for visitors to indulge in. Musical entertainment was provided by Melodie and Scarlet Impact, two fabulous local groups who perform a wonderful selection of jazz, swing, ballads and 60's music. Our thanks go to the





five young ladies from the 2<sup>nd</sup> Pevensey Guides, pictured here, who helped to clear tables during the afternoon.

We were so well supported this year by local supermarkets and businesses and would like to mention the Cornfield Road Co-op, Lidl, Tesco (Hampden Park, Langney and Lottbridge Drove), Morrisons (Eastbourne and Seaford), Asda and Sainsbury's, which between them supplied all the jam, cream, tea, coffee and lots, lots more to help make the afternoon a success. Flowers Green Plants and Boreham Mill Nursery surpassed themselves this year donating trays full of beautiful flowers for the stall.



Waitress volunteers: Rose, Mo, Midge and Julie

The event took £3,500 in just 3 hours, which is incredible and approximately £450 more than last year. The money will go towards supporting the Eastbourne DGH and the FoEH special project to raise £500,000 for a CT scanner for Radiology. This result would not have been possible without all of our

wonderful volunteers who worked tirelessly throughout the day to ensure everything ran like clockwork and visitors had a lovely time. We can't thank them enough.

Debbie Wicks

## **BATHROOM STALL**

Thanks to the amazing generosity of friends and members, Di Paterson, Elizabeth Wallis, Saffron Phillips and I had a Bathroom Stall of three trestle tables laden with a huge variety of toiletries for the very enjoyable Cream Tea and Summer Fair on Sunday 4 June. The warm, sunny day encouraged many visitors to the event, which they (and we!) enjoyed very much. We would like to thank all of you who donated gifts, as well as those who supported the stall on the day and two very long-suffering husbands who helped with lifting heavy boxes. Thanks to you all we raised a total of £224.45. Keep your donations coming!



Gill Garner

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## **Donations in lieu of Flowers**

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## **Legacies**

During the past three months we have received with gratitude, legacies from the estates of:

Mr N E Cowlard, Ivy Gilbert, Irma Huntley, Patricia Padgham

## **Recent gifts to the Eastbourne District General Hospital**

Ultrasound Kiosk System	A&E	£42,600
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## FUND-RAISING

Once again we continue to be impressed with the variety of ways that people fund-raise for us, including the residents of St Aidens Court who held an Easter raffle and raised £150 for the Cardiac Unit.

Scarlet Impact, who entertained guests at the Cream Tea, performed a selection of their songs for an appreciative audience at the Eastbourne Arndale Centre raising £318 for the CT scanner appeal.

The Young at Heart Club, a sports and social group for the over 50s that meets at the Sovereign Centre, presented Friend's Chairman, Harry Walmsley, with a cheque for £1,000.

A man whose wife was successfully treated for breast cancer last year found the hardest part of the treatment was the daily travel to Brighton. So instead of presents for his 70<sup>th</sup> birthday he asked for donations to the new Radiotherapy Unit, and collected £350. The good news is that his wife has made a full recovery.

Anderida WI (Pevensey Bay) sent us £50 towards the new Radiotherapy unit. We are always grateful to local groups like this that send us donations. Please don't forget we are always happy to come and talk to local groups, or come to any events you might be holding with our remade cards, especially in the run up to Christmas.

The Ophthalmology department had a 'Fat Club' to see who could lose the most weight; this challenge was won by Mr Kashani, who kindly donated his winnings to us.

The Friends are delighted to be one of the chosen charities of Ministry of Hair who are celebrating their 20<sup>th</sup> anniversary this year. As part of their celebrations anyone who donates £5 or more to the FoEH on the salon's BT MyDonate page will receive free entry into a raffle to win a top prize of a year's free hairdressing or one of the many other great prizes. Visit [www.mydonate.bt.com/fundraising/ministryofhair20years](http://www.mydonate.bt.com/fundraising/ministryofhair20years) if you would like to donate and be entered into the raffle.

We continue to receive payments from Recycle4Charity from used ink cartridges, and have recently had another £32 from this source. As the payments are received anonymously we can't thank individuals, but we do appreciate all the donations, which are also a very good form of recycling. If you would like any envelopes to send off old cartridges please ring the office.

Debbie and Sue



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- ◆ Vintage Clothes
- ◆ Vintage Luggage
- ◆ Walking Sticks
- ◆ Watches & Clocks
- ◆ Wooden Boxes
- ◆ Any Knick-knacks



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FOR  
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**Moorcroft  
Wanted**



SOLD FOR £1,560



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# FRIENDS OF EASTBOURNE HOSPITAL ANNUAL GENERAL MEETING

## Wednesday 22 November 2017 at 2 pm

Eastbourne District General Hospital – Lecture Theatre, Education Centre, EDGH

### PROVISIONAL AGENDA

- 1 Apologies for Absence
- 2 Minutes of the Annual General Meeting held on 30 November 2016
- 3 Chairman’s Report for the year 2016/2017
- 4 Hon Treasurer’s Report for year ended 31 August 2017
- 5 Election of President and Officers
- 6 Election of Trustees, Re-election of retiring members
- 7 Appointment of Hon. Solicitor
- 8 Appointment of Auditors
- 9 Guest Speaker – DGH Consultant (to be confirmed)
- 10 Any Other Business

### FoEH NOMINATION PAPER FOR ELECTION TO OFFICE

Officers are subject to election and re-election annually. The Trustees are subject to election and then re-election tri-annually. For the current list please see the first page of Hospitality.

The Trustees have made the following nominations:

Trustee: Masayo Crumbe

All current post holders have indicated a willingness to continue, but members of the Friends are also invited to make nominations. Nominees must be current members of the Friends and consent to the nomination.

I/We nominate the following:

(Block Capitals)

Officers:

President .....

Vice Presidents .....

Chairman .....

Vice Chairman .....

Hon Treasurer .....

Trustees:

.....

Proposed by .....

Seconded by .....

Nominations, complete with a brief CV, must to be returned to the Secretary of the Friends of the Eastbourne Hospital not later than Friday 30 September 2017



## **TRUST NEWS**

The Emergency Department at Eastbourne DGH will receive £9,850K from a Department of Health A&E capital fund as part of an overall £1.7 million fund to the Trust. The money will be used to build facilities to provide primary care streaming for patients presenting in the Emergency Departments with minor illnesses and conditions best dealt with by primary care. These new facilities will help to create an integrated urgent care service enabling Emergency Department staff to focus on patients with complex conditions requiring their appropriate level of expertise. This new service is aligned with the principles of East Sussex Better Together providing efficient streaming of patients presenting at the Emergency Department.

In June, the Care Quality Commission published the results of a national survey conducted last year that reflected the views of inpatients treated in the Trust's hospitals. In almost four out of five questions asked the Trust was better or equal to the national average. The survey highlighted strengths in nurse communication, offering patients a choice of food and not changing admission dates. Areas for improvement include reducing noise at night, patient involvement in decisions about care and treatment, increasing single sex accommodation and improving privacy and information about condition and treatment in A&E.

The cardiology department at Eastbourne DGH opened its doors recently to over eighty past patients, current patients and interested members of the public at an Open Day. A range of consultants and staff were on hand giving talks, answering questions and demonstrating the cardiac equipment. Visitors were able to visit the hospital's cath labs, where procedures are performed such as widening of the coronary artery and implantation of pacemakers. Visitors could take a blood pressure and arrhythmia test and see how echo tests and exercise tests are carried out.

Patients attending the hospital's main outpatient departments will be able to check in for their appointment using state-of-the-art technology. The new outpatients Self Service Check-in Kiosks will reduce the time patients have to wait to book in for their appointment on arrival to hospital. They are really simple to use and save the need to queue to be seen by a receptionist. Those people who would prefer to actually speak to a receptionist and check-in will still be able to do so. For those people wanting to use the kiosks but are unsure how to use them, our staff and volunteers will be on hand to offer help and advice.

Simon Purkiss

## **HELP US TO HELP YOU CONTACTS**

**HOSPITALITY EDITORIAL TEAM** If you would like to advertise in this magazine please contact: The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD.  
Tel No. 01323 438236 or email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)

**PHOTOGRAPHS** All contributions and photographs are welcome and can be sent to the Editorial Team at [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)

**HOSPITALITY DISTRIBUTION** Stamps and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236

**HOSPITAL RADIO PROGRAMMES** For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: [www.radiodgh.com](http://www.radiodgh.com)

**VOLUNTEERING** Please contact the Friends Office on 01323 438236 if you would like to volunteer in one of the Friends shops or for the Trolley Service. If you would like to volunteer elsewhere in the DGH please contact: Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880

**ITEMS WE COLLECT** please see page 29 for a list of what we collect

**FOR MORE INFORMATION** about the FoEH and how you can support us please visit our website at: [www.friendsdgh.org.uk](http://www.friendsdgh.org.uk)

## **Visit the Friends' Shop**

in the DGH Foyer and discover the great variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear, Slippers and Bags plus a great selection of Books, Cards, Magazines and Newspapers

OPEN MONDAY- FRIDAY 9.00 am – 6.30 pm

SATURDAY 10.30 am - 4.00 pm AND SUNDAY 1.30 - 4.00 pm

Tel: 01323 - 647188

The Friends' also have the Corner Shop near The Restaurant and provide a Trolley Service to the wards

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription .....	£	:	£10
Renewal of Annual Subscription .....	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

£ \_\_\_\_\_

If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH .....
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms .....

Address .....

..... Postcode .....

Telephone ..... Date .....

Email .....

Please return to    Hon Membership Secretary  
 Friends of the Eastbourne Hospital  
 District General Hospital  
 Kings Drive  
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

**GIFT AID DECLARATION**

Boost your donation by 25p of Gift Aid for every £1 you donate  
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.  
Your address is needed to identify you as a current UK tax payer.

**Please complete the information below and return it to:**

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:  
*FRIENDS OF EASTBOURNE HOSPITAL* (Charity No: 220592)  
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

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Title..... First name or Initial(s) ..... Surname .....

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Date .....

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- \* want to cancel this declaration
- \* change your name or home address
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**If you pay Income Tax at the higher or additional rate** and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

**STANDING ORDER**

To .....

.....Sort Code: ..... A/c No.....  
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ( )  
(Amount in figures) (Amount in words)

on ..... 20..... and thereafter on the 01 September each year until otherwise notified.

Signature ..... Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms) .....

Address.....

..... Post Code .....

## NEWS FROM THE SHOPS



Are you looking for that perfect present for someone or even a little treat for yourself? Then look no further, as the Friends 1,000 piece jigsaw puzzle of a Glyndebourne Picnic could be the answer for only £12.99.

The puzzle features a lovely picture of folk enjoying their picnic before being entertained to an evening of opera at this iconic venue. Those who are 'in the know' about things operatic will be able to identify characters from several major operas within the picture. Why not pop into the Friends shop in the main foyer to see for yourself.

The shop continues to stock some great nightwear, including the larger sizes that can be tricky to find elsewhere in the town. They also have hospital approved slippers; well-fitting slippers can help to prevent falls.

The Flower Shop have a lovely range of fresh and silk flower arrangements, perfect for a gift or to brighten up your home. You can purchase an arrangement that has already been made up, or for a personal service at no extra cost, the volunteers will make a bespoke arrangement to your specifications. Orders can be placed and paid for over the phone on 01323 417400 ext 4033. Please don't forget that the volunteers can also make beautiful funeral arrangements and we have a kind volunteer who will deliver them to local funeral homes.

If you haven't visited the shop recently do call in and have a look as you will be surprised at what you will see in there. And remember, all the profits from the shop come back to the Friends for the benefit of the patients, visitors and staff of the hospital. Of course, this couldn't be done without the wonderful team of volunteers we have, who work in all three shops – the 'Main' Shop as you enter the hospital, the Flower Shop in its new location in the car park, the Corner Shop on the ground floor and also the trolleys that visit the wards. If you have ever thought you might like to get involved and volunteer in any way please get in touch as we are always keen to get new people on board.

Sue Duffell

**ROCK AGAINST PROSTATE CANCER**

*with*

# **Southern Spirit**

*Rock and blues band playing music from acts such as  
The Small Faces, Rolling Stones, The Beatles, The Shadows*

at the **Underground Theatre**

**7.30 pm Saturday**

**2 September 2017**

**Tickets from £10**

VIP tickets available on request

Call **0843 289 1980** for tickets

or visit <http://undergroundtheatre.co.uk/events>

Raising money towards 5 Training Consoles for the Da Vinci Robot at the Eastbourne DGH



## **Flowers for All Occasions**

call in and see us at the

### **NEW Friends' Flower Shop**

Open Monday -Friday 9.00 am – 4.00 pm

Saturday 1.30 pm – 4.00 pm

Telephone Orders: 01323 417400 ext 4033

All profits go to the Hospital

\* You can have 30 mins **FREE PARKING** in the car park whilst you shop

## WE COLLECT



### GREETINGS CARDS

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Easter and Christmas cards are collected for 6 weeks following the event.



### POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



### KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs.



### HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads, textured fabrics to sew onto Twiddlemuffs and for card making.



### PLASTIC MILK BOTTLE TOPS – any colour

These are recycled by FoEH volunteers and are made into everyday items such as traffic cones. Please ONLY bring in clean milk bottle tops.



### SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers and baskets that they can use for new arrangements.



### NEW GIFT ITEMS/UNWANTED PRESENTS

New gifts are sold at our Summer and Christmas fairs. We also welcome donations of wines and spirits and chocolates etc.



### SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery. Eastbourne Auctions support the ladies by auctioning the more valuable items and selling bags to collectors.



### NEW BATHROOM PRODUCTS

We take unopened/unused items such as make up, creams and soaps which we sell at our fairs.



### INKJET PRINTER CARTRIDGES

We receive £1 for every inkjet cartridge recycled in one of our Recycle 4 Charity envelopes. Pick them up from the main shop.

## HOW TO DONATE

Please bring your donations to the Friends Office or the Friends Shop, which is in the main foyer of the hospital. Alternatively, call the office on 01323 438236 and we will arrange for someone to pick it up from you.



**Clockwise from top left:**  
Bottle tombola at the Cream Tea & Summer Fair \* Scarlet Impact performing in the Arndale Centre  
Masonic Donation for Radiotherapy \* The Kitchen Team at the Cream Tea

**Front Cover**  
Litlington Place Open Garden