## HOSPITALITY

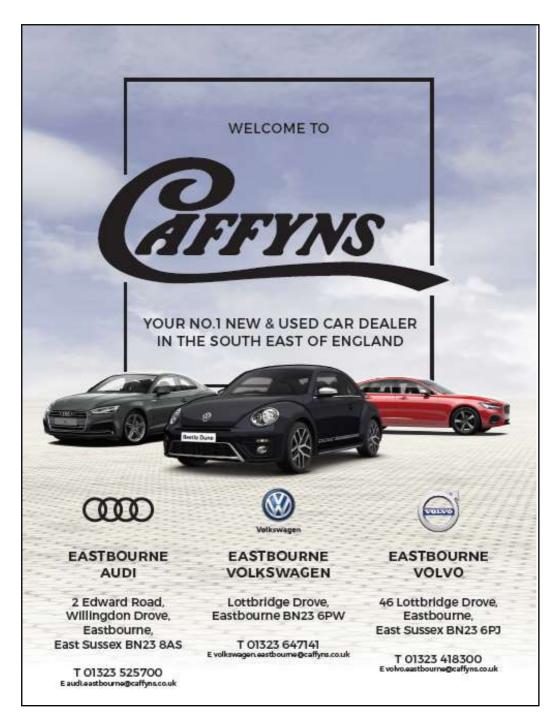
QUARTERLY MAGAZINE



#### SUMMER EDITION

April – July 2017 Number 146





Front cover:

The Lord Lieutenant of East Sussex, Mr Peter Field, opening the Friends Flower Shop



## ANNUAL CREAM TEA & SUMMER FAIR

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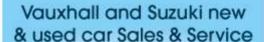
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#### **DATES FOR YOUR DIARY FOR 2017**

|   | ∕™ May                | lennis lournament   |
|---|-----------------------|---|
| > | 12 <sup>th</sup> May  | Spring Coffee Morning<br>47 Summerdown Road, Eastbourne       |
|   | 18 <sup>th</sup> May  | ${\it Education \ Lecture, \ Lecture \ Theatre, \ EDGH}$      |
| > | 4 <sup>th</sup> June  | Cream Tea and Summer Fair<br>East Dean & Friston Village Hall |
| > | 6 <sup>th</sup> July  | Dine Around the World<br>at La Locanda Del Duca               |
|   | 20 <sup>th</sup> July | Education Lecture, Lecture Theatre, EDGH                      |

Hospitality is printed by:

High quality T: 01323 891019 and digital printers

Bithographic E: info@tansleysprinters.co.uk Seaford www.tansleysprinters.co.uk

19 Broad Street East Sussex BN25 1LS

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**Debbie Wicks** Richard Austin-Cooper



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#### Committee Members

Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs M Crumbie Mrs T Hamblin, Mr A Holter, Mr D Lambird, Mrs C Lock, Mrs C Naylor Mr H Parker, Mrs G Perry, Mrs B Phillips, Mrs G Woolley

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#### **CHAIRMAN'S NOTES**

It has been a memorable 3 months since the last edition of Hospitality. The annual Friends' Ball has been held and, without a doubt, was a great success once again. Although at the time of writing I do not have the final figures, it appears that the Ball has probably made about £15,000 for the Friends; an astonishing amount towards the Radiotherapy Unit. As I



mentioned in the previous edition of Hospitality, the Medi Tech Trust very kindly promised us that they would match our fund-raising for Radiotherapy pound for pound up to £150,000. I am delighted to say that Bob Lewis, Chair of the Medi Tech Trust, presented us with a cheque at the Ball which totalled the full £150,000 (pictured left).

As well as this, the Sussex Freemason's Trust have given the Friends  $\pounds 50,000$  towards the Radiotherapy Unit. As a result of these extremely generous donations we have reached the original  $\pounds 300,000$  target for Radiotherapy in record time. So we have agreed to raise the originally requested total of £386,000, as we have several other donors fund-raising for the Unit and other Friends' events specifically for the cause.

We must not forget that we are still fund-raising for our other major project this year, the second CT Scanner for the Hospital. So far we are 80% there but still require a further £100,000 reach our target.

The new Friends Flower Shop opened its doors in February and the Lord Lieutenant of East Sussex performed the formal opening. If you have not visited the shop yet please do; in my personal opinion they are the best quality and value flowers in Eastbourne. The volunteers are happy to do the flowers for outside events as well as the familiar sales from the shop.

I have said many times before that the Friends organisation could not survive without our wonderful volunteers. So I have decided that in each of my quarterly reports I should mention a volunteer who has done exceptional service for the Friends. This month I want to mention June Tickner. June has for many years collected untold numbers of stamps and sold them at Friends` functions and to private buyers. I am



told that at least one room in her house is piled high with stamps and therefore unusable as a family room. Over the years I believe that June has raised about £36,000 for the Friends through her stamp sales. My sincere thanks, on behalf of the Friends, to June for all her work.

Harry Walmsley

The Friends invite you to the next in a series of talks on Advances in Medicine and Surgery



# Thursday 18 MAY 2017 at 7.00 pm "How ageism & inactivity are destroying the NHS"

By DGH Orthopaedic Consultant Scarlett McNally



Thursday 20 JULY 2017 at 7.00 pm
"What we can do to help
healthcare in low income nations"

By DGH Urology Consultant Graham Watson



Lecture Theatre, Post Grad Suite, Eastbourne DGH
Disabled Access

Tickets FREE to include parking
Please contact the Friends Office
Eastbourne DGH, Kings Drive, Eastbourne, BN21 2UD
on 01323 438236 or
email: esh-tr.friendsdgh@nhs.net

The talks will last approximately an hour and we invite you to join us for refreshments afterwards

#### **GRAND DRAW 2017**

This year's Grand Draw is taking place at 4 pm during our Cream Tea and Summer Fair at East Dean and Friston Village Hall on Sunday  $4^{th}$  June.

We already have some amazing prizes, thanks to generous businesses including: Two tickets for the Aegon International Tennis, a £200 voucher for the Nigel Greaves Gallery and a private guided tour behind the scenes of the Towner Art Gallery for up to four people and many, many more. You can see the full list of prizes we have been promised so far, on our website at: www.friendsdgh.org.uk

Please complete and return the tickets that are enclosed with this magazine for your chance to win. Let us know in the Friends Office if you would like more tickets to sell to friends and family and we will get them to you, or you can pick them up from the hospital shop or the sales table in the foyer. Alternatively, Sue Duffell will be on the Friends Stall at any of the Open Gardens leading up to the Draw and she will be able to supply you with additional books of tickets. Sue will also be happy to take your ticket stubs and payment, to save you posting them or bringing them in to the hospital.

We would like to thank everyone who has already volunteered to sell raffle tickets in the foyer of the hospital; every ticket sold is a pound towards our cause. We are still recruiting volunteers for May, so please do get in touch if you can help.

We really appreciate your support – every £1 counts and every ticket is a chance to win £1,000!

Debbie Wicks

#### **GIFT AID**

You will have read elsewhere about all the generous donations we have received and I would like to thank everyone that has used Gift Aid with their donations. This means we are able to claim an additional 25% on these donations from HMRC.

We have a new reporting system for this, which seems to be working very smoothly; the claims that have been submitted so far have been settled in good time.

If you have any queries about Gift Aid please contact the office.

Sue Duffell

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#### **OPEN GARDENS SUMMER 2017**

It hardly seems a year has passed since we last printed the Open Garden brochure. Our gardens, after a relatively mild winter, are now rewarding us with a superb display of spring flowers and for many of us it is the busy time preparing for the summer ahead.

This year we have a total of 14 gardens in our programme with 10 dates for your diary, the first being Wednesday 17 May. Last year we raised a record breaking £21,000 toward the £500,000 needed to purchase a second CT scanner for Radiology and this year the Friends are hoping to reach their target by the end of the summer.



We commence our Open Garden programme with three gardens open in Baldwin Avenue (pictured left). These are town gardens, all very differently planned and planted. A great favourite when we last visited. In fact most of the gardens featured this year are 'old friends' each having proved to be popular with both visitors and the volunteer helpers.

We do so appreciate your unswerving support over the years and hope to see you again at many of the gardens this year. Do bring friends and neighbours along and enjoy a day out in beautiful surroundings. There will of course be our usual range of stalls offering gifts, books, plants and delicious cakes and savouries. Coffee, tea, soft drinks and cakes are served at each garden, plus on the three occasions we are open all day we are also serving a ploughman's lunch.

We look forward to seeing you!

Gill Woolley

#### **BATHROOM STALL**

On 4<sup>th</sup> June at the Cream Tea Event in East Dean Village Hall we will have a Bathroom Stall. If you have any bathroom products or gifts which you do not require we will be very pleased to have them on our stall.

Please ring me on 01323 722985 or the Friends Office 01323 438236 should you wish us to collect.

Bo Phillips



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#### REMEMBERING PAT FURSDON



Mention the name Pat Fursdon to anyone who knew her and you will get the same response: "What a lovely, lovely lady". She was well known as a kind and generous person who would do anything for anyone - with a gentle smile on her face. Pat sadly passed away earlier this year.

Pat was a staunch supporter of the Friends and gave freely of her time in numerous ways. She was a

Trustee of the charity for many years and took on several important roles during this time. Ann Caffyn, then Chairman, was extremely grateful to her for stepping in and taking over the management of the Flower Shop when Jill Watkins, the first manager, retired. Pat was at the shop most days and ran a very happy team; she was loved by all who knew her.

Pat stepped in again a few years later and took over the Grand Draw, writing for and collecting prizes, organising the ticket sellers and coming in during the week to sort out all the ticket stubs and money that came in from members. She also manned the sales table at the Art Exhibition, distributed courtesy packs around the wards and helped at the fête, to name but a few of the things that she did to support the Friends.

Ann Caffyn said: "In summing up Pat's huge contribution to the Friends, I would say that she was a true Star". She will be much missed by all those who knew her.

Debbie Wicks

#### STAMPS AND POSTCARDS

I am busy preparing for the Stamp Stall at the Cream Tea event and this year I am trying an additional item.

Over the last few months I have received an assortment of coins from our supporters. I know nothing about coin collecting but am assembling them in order of issue in the hope that they will be of interest to the visitors at the Cream Tea and Summer Fair on Sunday 4 June 2017. Hopefully by then I will be a little more knowledgeable.

I am grateful to you for continuing to supply me with your unwanted stamps and postcards. Thank you very much. If I forget sometimes to say a personal "Thank you", please put it down to Anno Domini!

June Tickner



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#### CREAM TEA & SUMMER FAIR - 1.30 pm Sunday 4 June 2017

This year's Cream Tea and Summer Fair is once again at East Dean and Friston Village Hall, in the picturesque village of East Dean. We will be serving the cream teas in the main hall where our guests will be able to enjoy the musical entertainment on offer. Prices start from £5 for a traditional cream tea or tea and a slice of cake. You can of course have both for a few pence more! Please note that we will not have card facilities at the event (cash or cheque only) but you can purchase your tickets over the phone in advance, using your card. Call 01323 438236.

There will be FREE ENTRY to all of the stalls, some of which will be in the small hall, some outside in the garden and a few at the front of the venue. The stalls will include: Cakes and Preserves, Bathroom, Silver and Jewellery, Stamps, Books, Cards and Flower Shop. There will also be a Tombola and Grand Draw tickets for sale. Visitors who would like to enjoy a taste of summer can visit the Plant and Pimms Stalls in the garden, where we will have seating for those who want to linger.

If you have a donation for any of the stalls please get in touch with us on the number above or drop them off at the hospital. Cakes, pies, jams etc can be brought to the cake stall on the day. Jeanette Evans would like items of silver, jewellery and bags for her stall; she often sells donated items at auction and is very grateful to Jeannette May and her team at Eastbourne Auctions. Bo Phillips would like items for the bathroom stall and you can either bring these to the hospital or to Rosemary's Coffee Morning on Friday 12 May (see page 14 for details). We would also welcome new gift items or bottles for the bottle tombola. We will not be having a bric-a-brac stall so please only send in new items for us to sell.

Do come along and join us for a great afternoon and help us raise money for this year's special project.

Debbie Wicks

#### **AMERICAN DOUBLES TENNIS TOURNAMENT**

SUNDAY 7 MAY 2017 from 2 pm - 6 pm competitors are requested to arrive at 1.30 pm



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#### RADIOTHERAPY TREATMENT WITHIN REACH BALL

On Saturday 18 March 2017, the Friends, in conjunction with the Rotary Club of Eastbourne, held the "Radiotherapy Treatment WITHIN reach Ball" at the Winter Garden Eastbourne. The Friends' proceeds will go towards providing equipment in the new Radiotherapy Unit currently rapidly nearing completion at the DGH, which will bring radiotherapy treatment much closer to home for the many patients in Eastbourne and East Sussex who may require it – hence the title.

This was the eighth such collaboration with the Rotary Club and was supported by nearly 400 guests which, given the ongoing refurbishment of the Congress Theatre, Winter Garden site, was a



sell-out. Thanks to the generosity of the sponsors, auction/raffle prize donors and, of course, the generosity of the guests, the evening raised over £20,000 - a magnificent achievement.

We are particularly grateful to our principal sponsors — etc Magazine (through Johnston Press) and W Bruford Jewellers, supported by platinum sponsors Hart Reade Solicitors and Reid Briggs Insurance Brokers. Their sponsorship was greatly appreciated and ensured that the evening was a huge success. Whilst I can't name all of the donors without whom the auction and raffle would not be so successful, I must single out two auction prizes: a ladies Tag Heuer Watch (W Bruford Jewellers) and a diamond pendant (Chatfield's Independent Jewellers) were stand out items subject to much interest and bidding, encouraged by MC and auctioneer, former Sussex and England fast bowler, Ed Giddins.

Guests enjoyed a three course meal and dancing to the very popular Tempo One who ensured a full dance floor whilst others enjoyed playing the Fun casino or donning show-girl feather headdresses at the photo booth — the sight of respectable Eastbourne residents in black tie and feather headdresses was something to behold.

As mentioned in the chairman's report, the Medi Tech Trust honoured their pledge made at our AGM in November and presented the Friends with a cheque for £100,000 (the balance of their total pledge of matched funding of £150,000) — what a fantastic donation and what a difference all this will make to our fund-raising for Radiotherapy.

Will we do it again? Never say "never again!" Peter Nash (Ball Organiser)

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#### **NEWS FROM THE SHOPS**

If you have visited the DGH recently you will have noticed that our Flower Shop has moved to a new location by the entrance to the visitor car park. Do go in and have a look – you will find the same cheery volunteers who will be very happy to discuss any floral requests you may have. It is now handily placed for you to pop in and treat yourself to some flowers as you leave the hospital.

On a cold day in February we were lucky to have the Lord Lieutenant of East Sussex, Mr Peter Field, conduct the official opening of the shop, attended by many Friends and volunteers (picture on the front cover).

The new space is bright, warm and welcoming and Sue Hitchen and the volunteers have done a wonderful job of organising the interior to make it attractive, functional and welcoming. All that is left now is to spread the word to the general public that the Flower Shop has moved. Please help us do this by telling your friends and family. Don't forget to mention that there's 30 minutes free parking and that the shop offers a full florist's service, which is for the whole community and not just the hospital staff, visitors and patients. If you are visiting a patient and are not sure if the ward will accept flowers, the volunteers will be able to tell you exactly what can be taken into which ward.

Over recent weeks there have been several challenges, which have enabled those who work in the flower shop to use their many skills and creative imaginations: Valentine's Day, Mother's Day, Easter and table arrangements for not only the Friends Ball, but the Mayor's Ball as well. All of these have received really favourable comments.

There are still a few available slots for new volunteers in both the Flower Shop and the Main Shop. If you think you might be interested do give us a ring and we can help you get started. No floristry experience is necessary for the Flower Shop, just the desire to "do something useful and make a difference" in a lovely environment with some great people.

I will be at the open gardens again this year, selling our popular remade cards, along with the honey and hand wash from the shop. I will also have some Glyndebourne Picnic Puzzles. If there is anything you especially like from the shop and can't get into the hospital, but will be visiting the gardens, let me know and I will try and bring it for you.

We have been lucky with donations of wool for our knitters, both for Twiddlemuffs and the lovely baby clothes and toys that they make. Thank you very much, but please do keep it coming!

Sue Duffell

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#### **NEWS FROM THE OFFICE**

We would like to thank all of you who have kindly completed and returned the membership questionnaire that was sent out with the January magazine. This has enabled us to tidy up the records on our new database and will help us to work more efficiently. If you still have your form it is not too late, either post it back to us, drop it into the shop or bring to one of our events. If you think you may have mislaid the form we will be happy to send you another if you ring the office.

We would like to thank everyone that has responded to our request for items for raffle prizes and to be sold on stalls at our summer and Christmas fairs. Can we remind you that we are only able to accept new items still in their packaging, as we no longer have a bric-a-brac stall.

We have also been very lucky with the Christmas cards you all brought in. Our remade card team have nearly finished sorting these and work will soon get underway to start making cards for next Christmas. Last year we were kindly invited to several local groups and societies in the autumn months to sell the cards. If you belong to a group that might like us to come along, it is never too early to make a booking. We do, of course, have a full range of greetings cards throughout the year and these will be on sale at all the open gardens and are in the shop at all times.

It has been pleasing to meet members at some of the fund-raising events that we have had this year, most of which have been reported elsewhere in this magazine. We have an exciting programme of events lined up for the rest of the year and new ones are always being thought up. Our website and Facebook page are the places to look in between magazines to see what we are up to.

The collecting of milk bottle tops has really gained momentum and the word is spreading far and wide. Please continue saving these for us, but note that we are only able to accept milk bottle tops, not other plastic bottle tops. We have also had some strange items in recent donations, so if you have lost something, it may have been put with the bottle tops by mistake. If we are able to identify the owner we will try our best to reunite them, but this isn't always possible.

We would both like to thank the volunteers that help us in so many different ways. Too many to mention by name for fear of unintentionally missing someone, but we couldn't achieve what we do without you.

Debbie and Sue

#### **Donations in lieu of Flowers**

During the past three months we have received with gratitude donations totalling £1,020 in memory of:

Phyllis Abbey, Enid Adams, Hilda Burke, Lionel Chandler, Evelyn Couch, Jean Hawen, Helen Henderson, Anne Kenny, Frederick Manning, Patience Pratt, John Piper, Jeffrey Stone, Geraldine Taylor, Pat Fursdon, Peter Ward

#### Legacies

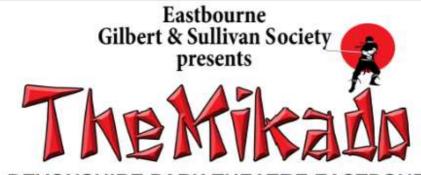
During the past three months we have received with gratitude, legacies from the estates of:

A Edwards, V Kirby, J Melvin

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|--------------------------|----------------------|------------------|
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Total £36,073



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The Friends' also have the Corner Shop near The Restaurant and provide a Trolley Service to the wards

#### TRUST NEWS

Following its re-inspection of the Trust in October 2016, the Care Quality Commission (CQC) has recognised significant improvements. The CQC has upgraded the Trust's rating to 'requires improvement' having rated the organisation 'inadequate' in September 2015. Care across the Trust was rated as 'good'. The Trust remains in special measures to support its continuing improvement. Eastbourne DGH was rated 'requires improvement' overall, 'good' ratings for surgery, critical care and outpatient and diagnostic imaging. The progress that has been made since our last inspection is testament to the hard work and commitment of people across the organisation who continually seek to provide good care for our patients. The rating of 'good' for caring is recognition of our talented and professional workforce. However, we still have a lot of work to do to ensure we provide consistently high standards of care across all of our services.

New pathology laboratories with the latest advanced diagnostic equipment have opened at Eastbourne DGH. The new equipment is part of an £18 million, seven year contract with Roche Diagnostics Ltd to provide some of the most advanced pathology equipment available. The pathology laboratories have been significantly upgraded and refurbished into large open plan spaces where new modern robotic analysers and equipment have now been installed. An estimated 70 - 80% of all healthcare diagnoses and decisions are directly influenced by pathology test results. This new equipment will make a significant positive impact on pathology reporting, helping to ensure we provide a better service to our patients.

The Trust is the only one in the country to be shortlisted for two Advancing Healthcare Awards. Julie Spashett, Physiotherapy Assistant and Debbie Soave, Specialist Neurophysiotherapist, who both work at the DGH have been shortlisted for an award along with Anita Smith, Consultant Speech and Language Therapist. To be shortlisted for two of these prestigious awards is an incredible achievement and recognition of the tremendous innovative work being undertaken here in East Sussex.

The Trust's UroGynaecology unit is the first in Sussex to attained national accreditation from the British Society of UroGynaecology following a recent inspection. It is one of only 22 units all over the country to gain this status.

Also gaining recognition is the Trust's 'Doctors' Assistant' project shortlisted for national BMJ Award. We have six Doctors' Assistants working under the direction of doctors, helping with admin and essential clinical tasks. Nationally, audits show that doctors in training spend 50% of their time on admin tasks and the Doctors' Assistants will help to reduce this time. The team will find out if they have won the award in May.

Simon Purkiss, Communications

#### **HELP US TO HELP YOU CONTACTS**

HOSPITALITY EDITORIAL TEAM If you would like to advertise in this magazine please contact: The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD.
Tel No. 01323 438236 or email: esh-tr.friendsdqh@nhs.net

**PHOTOGRAPHS** All contributions and photographs are welcome and can be sent to the Editorial Team at esh-tr.friendsdgh@nhs.net

**HOSPITALITY DISTRIBUTION** Stamps and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236

**HOSPITAL RADIO PROGRAMMES** For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: www.radiodah.com

**VOLUNTEERING** Please contact the Friends Office on 01323 438236 if you would like to volunteer in one of the Friends shops or for the Trolley Service. If you would like to volunteer elsewhere in the DGH please contact: Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880

**ITEMS WE COLLECT** please see page 29 for a list of what we collect **FOR MORE INFORMATION** about the FoEH and how you can support us please visit our website at: www.friendsdgh.org.uk



If you would like to leave a Legacy in support of the FRIENDS OF THE EASTBOURNE HOSPITAL ask your Solicitor to include it in your Will

## Leaving a gift to charity in your will is an amazing way for your generosity to last beyond your own lifetime

Office staff will be pleased to provide additional information or to help in any way

The Friends Office Eastbourne DGH, Kings Drive, Eastbourne. BN21 2UD

01323 438236 email: esh-tr.friendsdgh@nhs.net www.esht.nhs.uk/foeh

#### FRIENDS OF THE EASTBOURNE HOSPITAL

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If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

| Delivering Hospitality            | 🗆        |  |  |  |
|-----------------------------------|----------|--|--|--|
| Volunteer work in the DGH         |          |  |  |  |
| Help with fund raising activities |          |  |  |  |
|                                   |          |  |  |  |
| Mr/Mrs/Miss/Ms                    |          |  |  |  |
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|                                   |          |  |  |  |
| Email                             |          |  |  |  |
|                                   |          |  |  |  |

Please return to

Hon Membership Secretary Friends of the Eastbourne Hospital District General Hospital Kings Drive

Eastbourne BN21 2UD

Tel 01323 438236

#### Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION Boost your donation by 25p of Gift Aid for every £1 you donate Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK tax payer. Please complete the information below and return it to: The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD I confirm that I would like all my donations, past, present and future to: FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592) to be treated as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. My Details: Post Code ...... Date ..... Please notify the Charity if you: \* want to cancel this declaration \* change your name or home address \* no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code. STANDING ORDER (Name and address of your Bank) Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of ) (Amount in figures) (Amount in words) Signature ...... Date ...... Full Name in Capital Letters (Mr/Mrs/Miss/Ms) .....

Registered Under the Charities Act 1960 No 220592

#### **FUND-RAISING**

We have been very fortunate in the last few months to have benefited from incredibly generous support from Masonic Lodges and we are so very grateful. You will already have read in the Chairman's Report about the very generous donation of £50,000 from the Trustees of the Sussex Freemasons for the Radiotherapy Unit. We will bring you more information about this in our next magazine when we report on the opening of the Radiotherapy Unit.

In addition, a Ladies Night at the Royal Connaught Lodge resulted in a donation of £600 towards the CT scanner. Pictured here are Mr and Mrs Hunt presenting Harry Walmsley with a cheque.

Harry also received a cheque recently for £1,000

from the Festival of Transport, presented by Vice President of the Eastbourne Historic Vehicles Club, Mr Mike Bray.



Sue Baldwin from Bedes Prep School said: "We always have a retiring collection at our carol service and this year we wanted to support the local hospital by donating money to the FoEH CT scanner appeal. We raised close to £600 thanks to the generosity of parents and friends." Pictured here are pupils from Bedes with

Dr Neil Barlow, Consultant Radiologist and Harry Walmsley.

The Bracknell Poker Club play for "fun and bragging rights" but once a year has a charity evening. In 2016 they chose Eastbourne ITU to be to benefit by the £660 raised, in thanks for the compassionate care received by a family member of one of the organisers.



During 2016 J Heath and Son Butchers in Albert Parade, Green Street, donated a total of £1,115 as a result of asking customers to put a £1 in the bucket for dog bones. Pictured here is Nigel Heath who says that he is delighted to be able to support the hospital.

Another local shop owner with similar ideas has just asked for a collecting box. Jeff Grace, from the House Clearance shop in Church Street, opposite The Lamb in

Old Town, is asking customers for a donation when they take books from the great selection he has available at the shop. So why not pop down and see if there's something there to interest you? Also, Jazz Barbers collected £21 in their collecting box. If you know of a shop who would be able to have one of our boxes, please let us know.

You may have noticed the Rotary Club Tree of Light, outside the Congress Theatre at Christmas. We received a generous cheque for £1,400 as a result of this pretty and poignant initiative.

Hart Reade has named the FoEH as one of their staff charities for the year and we are looking forward to working more closely with them in the future.

Keep recycling your ink cartridges in the Recycle 4 Charity envelopes that you can pick up from our shops. We recently received £41 from the scheme - £1 for every qualifying cartridge donated.

We have received some very generous donations from anonymous donors and people who have chosen not to give their address so we are unable to thank them, but each and every one of these is much appreciated.

**Debbie Wicks** 



#### **WE COLLECT**



#### **GREETINGS CARDS**

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Easter and Christmas cards are collected for 6 weeks following the event.



#### POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



#### KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs.



#### HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads, textured fabrics to sew onto Twiddlemuffs and for card making.



#### PLASTIC MILK BOTTLE TOPS - any colour

These are recycled by FoEH volunteers and are made into everyday items such as traffic cones. Please ONLY bring in clean milk bottle tops.



#### SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers and baskets that they can use for new arrangements.



#### **NEW GIFT ITEMS/UNWANTED PRESENTS**

**New** gifts are sold at our Summer and Christmas fairs. We also welcome donations of wines and spirits and chocolates etc.



#### SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery. Eastbourne Auctions support the ladies by auctioning the more valuable items and selling bags to collectors.



#### NEW BATHROOM PRODUCTS

We take unopened/unused items such as make up, creams and soaps which we sell at our fairs.



#### INJECT PRINTER CARTRIDGES

We receive £1 for every inkjet cartridge recycled in one of our Recyle 4 Charity envelopes. Pick them up from the main shop.

#### **HOW TO DONATE**

Please bring your donations to the Friends Office or the Friends Shop, which is in the main foyer of the hospital. Alternatively, call the office on 01323 438236 and we will arrange for someone to pick it up from you.











Clockwise from top left:

Graham Watson & Bob Lewis from Medi Tech Trust with Harry Walmsley

Ann Sumner & Robbie Harris in the New Flower Shop \* Staff enjoying the Ball

Student Midwives on sabbatical in Broome, Australia supported by a FoEH Bursary

Staff from the Thai Brasserie at the Dine Around the World evening