

HOSPITALITY

QUARTERLY MAGAZINE



SPRING EDITION

January 2018 - April 2018
Number 149



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- 01 February Dine Around the World at the Belgian Café
- 09 March Battle of the Bottles, The Restaurant EDGH
- 13 April Quiz Night, 7pm The Fishermen's Club
- May tbc Tennis Tournament
- May tbc Education Lecture
- May tbc First Open Garden
- 17 June Cream Tea & Summer Fair, Grand Draw
1.30 pm East Dean and Friston Village Hall

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Mrs T Hamblin, Mr A Holter, Mrs C Lock, Mrs C Naylor, Mr H Parker
Mrs G Perry, Mrs B Phillips, Mrs G Woolley

Hon Solicitor: Mr Glendon Stone

Auditors: Watson Associates, Chartered Accountants

CHAIRMAN'S REPORT

At the time of writing it is ten days until Christmas, but you won't read this until the New Year. I hope you all had an enjoyable festive season and I wish you a Happy New Year and hope any New Year's resolutions you made are going well!

After completing an unbelievably successful year, I announced at our AGM in November what this coming year's major projects are. We have picked three, amounting to a total of just over £250K. This is a smaller amount than last year and will hopefully give us the opportunity to support other departments during the year, which proved to be difficult in the last twelve months due to the size of the CT scanner and Radiotherapy appeals. How did we choose the three projects? Well, the Trust held a Dragon's Den a few months ago where thirteen departments presented their bids to representatives of all the Friends organisations in the East Sussex Healthcare NHS Trust. We then all decided which ones we would support. Peter Nash and I chose for the Eastbourne Friends three worthy causes. Firstly, a new Echocardiogram machine for cardiology to support their seven day service and give even greater accuracy in diagnosis. Secondly, new equipment for the Maxillofacial and Orthodontic outpatients. The current equipment is old and repeatedly breaks down. Our support will make for a first class department. And thirdly, to purchase a Fibreoptic scope for the Swallowing Clinic. This will allow the department to accurately diagnose swallowing problems in people with neurological problems and strokes to help produce a safe diet and swallowing regime. I think you will agree that these are great projects which will keep our hospital thriving and I hope you will all support our fundraising for these, and other causes, in the coming year.

I am not going to talk about a specific volunteer in this report, as I have in other issues of Hospitality recently, but I will restart that in the next issue. Suffice to say all our volunteers are equally appreciated for all their hard work. I personally thank you. Below are photographs of Jeanette Evans, Alan Everard, Carole Ingram and Jeanette Simpson, who received a merit badge at our AGM in November. Derek Baulcomb, John Powley and Ruth Shand also received an award.

Harry Walmsley



Jeanette Evans



Alan Everard



Carole Ingram



Jeanette Simpson



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CHRISTMAS COFFEE MORNING 2017

By the time you receive this copy Christmas and all the excitement will be a fond memory. However, we will always remember all the hard work the stall holders put in to make the Christmas Coffee Morning such an astounding success.

The stalls were piled high with delicious cakes, not forgetting Rosemary's much desired marmalade and Mr Taff's scrummy sausage rolls. The gift stall brimmed over with lovely presents for friends and family.

Over 350 people came during the course of the morning and together with the raffle takings we raised in the region of £3,500. That was all due to the support of the people of Eastbourne and particularly Meads. A big thank you to Helen Roe and her "Café Team" who made well over 400 cups of coffee or tea.....well done!

For the raffle prizes we would like to thank Bentons for the sweet and savoury hamper, Greens of Green Street for the fruit hampers, and for the generous vouchers from Heath and Sons the Butcher, La Locanda, and Thai Marina. Mr Keith Pratt kindly donated a very popular hamper of fine wines. Mr David Salmon donated a picture that was won by a very happy recipient. Thank you for all the generous support.

Most of all we would like to thank you all for coming; without you this Coffee Morning could not have been such a successful and happy event. The team including: Rosemary Cameron, Gill Garner, Di Paterson, Gilda Perry, Elizabeth Wallis and myself, thank you most sincerely.

Bo Phillips

WONDERFUL VOLUNTEERS

We are very lucky to have so many wonderful people who generously give their time to volunteer and support the FoEH and the hospital.

If you have a few hours to spare each week why not think of joining them? We are currently looking for 'bank' volunteers for the afternoon sweet trolleys and for the morning sandwich trolley that provides an essential service for staff. The Flower Shop would love to welcome some new volunteers; no floristry experience is necessary as they need counter staff as well as flower arrangers. The Corner Shop mainly serves staff and we would like more volunteers for this outlet. This shop is quieter than the main shop which may suit some people who want to have time for a chat. The main shop would like someone for the 4.30-6.30 pm shift.

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Sue and Debbie

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THE GRAND DRAW

This year's Grand Draw will take place at the Cream Tea and Summer Fair at East Dean and Friston Village Hall on Sunday 17 June 2018. Once again the lucky winner will receive a cheque for £1,000! There will, of course, be many other fantastic prizes, donated by generous local and international businesses.

Last year, with the help of more than 60 volunteers selling raffle tickets in the DGH main foyer, approximately £3,900 was raised.



The Friends Office will once again be organising the rota for the sale of Grand Draw tickets in the hospital foyer leading up to the Draw. If you would like to help, please ring us on 01323 438236. We look forward to hearing from you, and thank you for your support.

Debbie Wicks

SELLING DATES

WEEK 1 February	19 th – 23 rd
WEEK 2 March	19 th – 23 rd
WEEK 3 April	16 th – 20 th
WEEK 4 May	21 st – 25 th
WEEK 5 May/June	29 th – 1 st
WEEK 6 June	4 th – 8 th
WEEK 7 June	11 th – 15 th

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THE FRIENDS TWELFTH ART EXHIBITION

Not a drop of rain fell the whole weekend as we welcomed over 500 visitors to the Friends Art Exhibition in October. It was our best ever and raised £4,541 towards the new Radiotherapy Unit at the Eastbourne DGH. St Andrew's Prep School gave us the use of their gym for the twelfth successive year. The Friends are most grateful to them and also to the Society of Eastbourne Artists who have lent us their screens for the last 12 years. We were delighted that 74 local artists entered a total of 306 pictures, 24 of which were sold over the weekend.

The day before the exhibition Geoff Duffell and Trevor Tollett collected the screens and delivered them to the school. A team of male volunteers then put them together ready for Hugh Parker and John Gross to hang the paintings. Meanwhile, a ladies team registered the artists' work when they arrived at the school. In addition, there was a colourful display of St Andrew's pupils' art on the stage.

The preview evening was much enjoyed by 150 guests. Our Chairman Dr Harry Walmsley welcomed everybody and introduced Gareth Jones, Headmaster of St Andrew's Prep (pictured top right), who performed the opening ceremony. Dr Fiona McKinna, Consultant Oncologist, spoke

about the new Radiotherapy Unit and thanked everyone for coming to support the event. Keith Ridley, former Editor of the Eastbourne Herald, presented John Gross with a cup, kindly donated by Chatfield Jewellers, for the “Best in Show” picture awarded by the judge, Nigel Greaves. John’s picture was of one of the gardens opened for the Friends last summer. Elaine Browne ran a very successful tombola with a colourful display of prizes. Isabel Savile played a delightful programme of piano music. Anne Williams provided two lovely flower arrangements. Ellen and Paul Crockford donated the wine for the preview party and Eastbourne College kindly lent us wine glasses. Last year’s winner of the “Best Picture” award, Debbie Harris, donated a beautiful painting for the raffle prize and well-known local artists Julian Sutherland Beaston and Ian Goldsmith generously donated paintings. Julian’s was auctioned at the preview and a silent auction was held for Ian’s picture.



On Saturday afternoon about 30 visitors enjoyed an acrylic painting demonstration of a white rhino by professional artist, Roz Nathan, which was auctioned in aid of the charity. Over the weekend the public voted for their favourite picture and this was won by Tracy Gross for her picture entitled “Straight from the Garden” for which she received a certificate from Dr Harry Walmsley.

We are also most grateful to our other sponsors: PlanAHead for all their printing work, Orchard Frames, Picture Transformations, New Art Gallery and Art Pantry. The Exhibition Planning Team of Hugh Parker, John Gross, Elaine Browne, Jackie Hurwood, Anne Williams, Peter Skilbeck, Joni O’Sullivan, Sue Duffell and Debbie Wicks were full of ideas and worked so hard to ensure that the event was a great success. In addition to this team about 70 volunteers gave their time over the weekend to help in a variety of ways.

The Friends very much appreciated the support from all the artists who entered the exhibition with their inspiring paintings and we were delighted so many members came to admire their work and help raise funds for the new Radiotherapy Unit.

Finally I have a date for your diaries; St Andrew’s Prep School is allowing us to hold our exhibition in their gym on 19-21 October 2018. It will be a week earlier than usual and before the clocks go back.

Ann Caffyn, Art Exhibition Organiser



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FUNDRAISING

Alan Large recently raised £520 for the Stroke Unit at Eastbourne DGH in thanks for the care that they gave his late wife. Thirty eight people took part in a darts competition at the Windsor Club, Polegate Community Centre and enjoyed an evening of darts and a raffle. Pictured here are: Fiona Kirrage, Tammy Jones, Abbie Rogers, Alan Large, Emma Coulthard, Susie Hover and Gareth Bowen.



In the last few months the FoEH has been the fortunate recipient of the generosity of some happy couples: A local couple celebrating their diamond wedding anniversary asked for donations in lieu of presents and collected £235.00. In addition, £626.25 was raised by another couple celebrating their ruby wedding. Moira and Neil Cowling got married in November and asked for donations to the FoEH and a charity for childhood diabetes. Including gift aid their friends and family have donated over £540 to the Friends. We wish all these generous couples many happy years together.

We received £60 from Sovereign WI from book sales at their meetings.

The House Clearance shop in Church Street, Eastbourne, has a collection box for donations for books. They recently collected £239 from book sales and also in memory of a loved one.

Staff at Hart Reade used their ingenuity to fundraise by holding Halloween and Christmas treat sales, a name the reindeer raffle and a Christmas Raffle, where fantastic prizes were donated by the Partners.

Angela, from Angela Marden Estate Agents, is offering to donate 50% of any fee over £1,000 achieved from the sale of a property, to the FoEH. This offer is valid until 31 March 2018 on production of the advert on page 27. You only need to have instructed Angela to sell your property during this time; it does not have to be completed. Angela is making this generous offer to mark 30 years since she lost her darling son Gary, aged nearly 3 years old, 2 weeks before Christmas. He was a very special little boy and Angela and her family would like to support the Friends and 'make a real difference' in his memory.

The quiz, organised by Sue Hitchen at the Fishermen's Club in November, raised £600. The next quiz will be on Friday 13 April 2018.

Sue and Debbie

CHRISTMAS GIFTS



Along with the annual Christmas donations to any wards that were open at the Eastbourne DGH on Christmas Day, the Friends gave £600 to the Community Nursing team to enable them to purchase gifts for the patients who they visited over Christmas. Many of these patients were discharged

early from hospital to enable them to spend the festive period at home. We have received thanks from several recipients of these gifts and it is lovely to know that they were so appreciated.

The photo shows Friends Chairman, Dr Harry Walmsley handing over the funds to Alison Smith, Lead Nurse of the Community Nursing team, who is accompanied by Jane Purkiss from the DGH and Sue Stone of the Seaford team.

FORTHCOMING EVENTS

We have a very full calendar of events coming up in 2018, starting with the first Dine Around the World of the year on 1 February at the Belgian Café. This sold out in a matter of days, which just shows how popular these evenings are. There will be more Dine Around the World's throughout the year and we will advertise them in the magazine and on our website and Facebook Page so please lookout for them.

On 9 March we have a Battle of the Bottles where Henry Butler, from Butlers Wine Cellar in Brighton and Tom Surgey, from the Ridgeview Wine Estate will go head-to-head. These two esteemed gentlemen have each chosen three wines (red, rosé and white) for guests to taste, enjoy and cast their vote to decide the victor. There will be humorous anecdotes, interesting facts and lots of extremely good wine. See the advert on page 1 for more details and call us on 01323 438236 to book your place. The cost is £25 per person.

The next Quiz Night is on Friday 13 April 2018 at the Fishermen's Club and only costs £10 per person, which includes a hot meal. Please call us to enter your team of 2 - 7 people.

We are planning a series of Medical Talks again this year which will take place in May, July and September when the evenings are longer and lighter. As we have a trio of special projects this year we are

hoping to have someone from each speciality to speak. Please keep a close eye on the next two editions of Hospitality for details and dates.

The annual Tennis Tournament will take place at the beginning of May. If you are a tennis player who enjoys a game of mixed doubles, do think about joining us; it is a lot of fun. If you ring the office or email: deborah.wicks@nhs.net and leave your details we will be in touch when we have a date. You do not need a partner to join in.

The Cream Tea and Summer Fair is at East Dean and Friston Village Hall on 17 June 2018 and we are looking forward to seeing many of you there. This will also be the venue for the Grand Draw. Tickets for the Grand Draw will be included in your next magazine.

The last event to tell you about is a new one; we are planning a Barn Dance and Hog Roast at Carter's Corner Farm on Saturday 30 June 2018. This will be a fantastic evening of dancing, fun and delicious food. We will let you know more details in April's magazine, but please do put the date in your diary.

We hope that you will be able to support some or all of these events.

Debbie Wicks



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NEWS FROM THE OFFICE

Firstly, we wish all our members and readers a very happy and healthy 2018. The big piece of news is that we have now relocated to a new Friends Office in the main corridor, just off the entrance foyer. This will make us more accessible to visitors, so please do call in and say hello if you are in the hospital at any time. The phone number remains the same (01323 438236). We would like to thank all those in the Hospital Trust who helped make this happen, too many to mention individually.

We have received some very nice comments about the AGM in November and were pleased to see over 80 members in attendance. Full details of the annual accounts are available on the website. The 2018 AGM has already been booked for Wednesday 28 November.

The open garden team will soon be meeting to discuss the detail of this year's programme, which will be included with the April magazine. As always, they have come up with a very interesting and varied selection of gardens for you to enjoy.

We thank everyone that has brought in their Christmas cards for reuse. The remade card team have been working hard to sort through these and we hope you will think of us when it comes to purchasing your cards this year. They really are a very good buy. We were lucky to be invited to several different groups and meetings to sell the Christmas cards last year and this is something we hope to develop in the future. If you would like us to come along to any meeting or event you are having it is never too soon to get in touch and book us.

The New Year is always a time for reflection and resolutions. If you have never thought about volunteering with us before, maybe this is something you might like to consider now, so why not give us a ring or call in some time and we can see if there are any opportunities that might suit you. The rewards of volunteering are well known: not only do you get the satisfaction of helping a wonderful cause, you get to meet new people and learn new skills.

We would like to thank everyone who came forward to offer their services to proof-read Hospitality. We really seem to have hit the spot with this request and have a pool of reserves that we can call on if necessary. We are grateful to Joan and John Wilson for accepting the challenge and to everyone else who volunteered.

(continued on page 19)



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Debbie and Sue

STAMPS AND POSTCARDS

This is the time when I report to you the amount your donations have realised for the Friends' projects for the year 2017. Total sales from stamps, postcards and coins etc amounts to £2,690 which brings the running total to £38,900.

I cannot thank you enough for all the support you have given me over the years. I wish you a most happy year ahead.

June Tickner

SUGAR RAY GOLF DAY 2017

This year's Sugar Ray Golf Day was held at the Royal Eastbourne Golf Club on a beautifully sunny, windless day at the beginning of October, raising over £8,400 for the Friends of Eastbourne Hospital. The event was very well supported with twenty nine teams entering the competition, which is a record number. The event was once again brilliantly organised by Ollie Hodges of Eastbourne Motoring Centre, in memory of Chris Lambird (whose nick name was Sugar Ray).

Our congratulations go to Terry Walker, John Sankey, Jan Dewowski and Darren Sankey from CSE Transtel who were the winning team and also won the individual prizes.

We would like to thank everyone who took part in the competition and to the generous sponsors, particularly Pizza Stop for supplying the teams with a steady flow of pizza at the halfway house. Our grateful thanks to all the generous local businesses that provided some fantastic auction and raffle prizes, helping to raise extra funds. Particular thanks go to Maria Perkins, Tom Breach and Alan Harrison from the Royal Eastbourne Golf Club and David Coe, Richard Wooller and Tom Newman, who very kindly volunteered, giving up their own free time to help with registration, marshalling and making the day run smoothly.

Debbie Wicks



Dementia Care Specialists

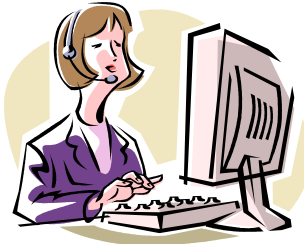
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Legacies

During the past three months we have received, with gratitude, legacies from the estates of:

Phyllis Dyer, Elizabeth Melville Green, Patrick O'Donovan, Rachel Saunders, Patrick Walsh

We would also like to acknowledge the legacy from the late Richard Porter which somehow was not credited at the right time. We extend our apologies to his family for this unfortunate oversight.

Recent gifts to the Eastbourne District General Hospital

Ward Christmas Donations	EDGH	£3,120
Annual Donation for Books	Medical Library	£3,000
Annual Donation	Radio DGH	£500
Physiotherapy Equipment	Acute Stroke Unit	£486
Ultrasound Machine	Endoscopy	£79,282
Underwater Exercise Equipment	Hydrotherapy	£4,336
Total		£90,724



WANTED

DO YOU HAVE ANY SPARE WOOL THAT COULD BE DONATED TO OUR ARMY OF KNITTERS? IF SO, PLEASE CAN YOU BRING IT IN TO THE MAIN SHOP AND WE WILL MAKE SURE THAT IT IS PUT TO GOOD USE.

Thank You

NEWS FROM THE TRUST

The New Year starts with a big thank you to the FoEH for your generosity and continued support for the hospital, our patients and staff. This generosity was evident when the Friends presented £500,000 cheque towards a replacement CT scanner which is due to be operational early in the New Year. The scanner is part of a major redevelopment of the Radiology Department which will include another new CT scanner and associated building work to create new rooms for the scanners. This new CT scanner will help transform the care of local patients and further develop the Trust's excellent stroke and cancer care. Approximately 10,000 patients receive a CT scan each year at the hospital.

An Ambulatory Emergency Care unit has opened to provide same day emergency care for ambulatory patients who don't require an overnight stay in hospital. It offers patients rapid access to diagnostic tests and review by hospital consultants, in one place, preventing unnecessary admissions.

Doctors at the hospital are the first in the South East to use an innovative ultrasound scanner that combines MRI images to improve the detection of Prostate Cancer. The fusion of detailed MRI scans with live, real-time ultrasound images of the prostate helps doctors take precise biopsies of prostate tumours. The system called Uro Nav, costing around £250,000, will improve the detection and differentiation of prostate tumours reducing the need for some men to undergo repeat prostate biopsies.

A new and state of the art digital mammography machine has been officially opened. The new machine is the third of its kind to be installed in the UK with Eastbourne DGH being the first symptomatic breast unit in the UK to have the equipment. It provides high quality mammogram images with a reduced radiation dose, which is of enormous potential benefit to patients and will help improve the diagnosis of suspected breast cancer.

The Royal College of Physicians UK final clinical examinations (PACES) for the Royal College of Physicians, Edinburgh were held at Eastbourne DGH. This is first time a double cycle of the Royal Colleges' exams have been hosted at a south coast hospital. The EDGH has been hosting Royal College final clinical examinations for the Royal College of Physicians, London on a regular basis since 2010. This was the first time we co-hosted these exams on behalf of the Royal College of Physicians, Edinburgh as well.

The Trust along with the local partner won a prestigious NHS Journal award. East Sussex Better Together won the improved partnerships between health and local government award. At the same awards the Trust was shortlisted for two other awards which is recognition of the initiative work being undertaken here in East Sussex to provide high quality care to local people.

Simon Purkiss, Communications

HELP US TO HELP YOU CONTACTS

HOSPITALITY EDITORIAL TEAM If you would like to advertise in this magazine please contact: The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD.
Tel No. 01323 438236 or email: esh-tr.friendsdgh@nhs.net

PHOTOGRAPHS All contributions and photographs are welcome and can be sent to the Editorial Team at esh-tr.friendsdgh@nhs.net

HOSPITALITY DISTRIBUTION Stamps and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236

HOSPITAL RADIO PROGRAMMES For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: www.radiodgh.com

VOLUNTEERING Please contact the Friends Office on 01323 438236 if you would like to volunteer in one of the Friends shops or for the Trolley Service. If you would like to volunteer elsewhere in the DGH please contact: Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880

ITEMS WE COLLECT please see page 29 for a list of what we collect

FOR MORE INFORMATION about the FoEH and how you can support us please visit our website at: www.friendsdgh.org.uk

Visit the Friends' Shop

in the DGH Foyer and discover the great
variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear,
Slippers and Bags plus a great selection of
Books, Cards, Magazines and Newspapers

OPEN MONDAY- FRIDAY 9.00 am – 6.30 pm

SATURDAY 10.30 am - 4.00 pm AND SUNDAY 1.30 - 4.00 pm

Tel: 01323 - 647188

The Friends' also have the Corner Shop near The Restaurant
and provide a Trolley Service to the wards

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription	£	:	£10
Renewal of Annual Subscription	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

£ _____

If you are a tax payer please complete the Gift Aid Declaration form overleaf.
The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title First name or Initial(s) Surname

Full Home address

..... Post Code

Date

Please notify the Charity if you:

* want to cancel this declaration

* change your name or home address

* no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

..... Sort Code: A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code

Registered Under the Charities Act 1960 No 220592

NEWS FROM THE SHOPS

After a very successful Christmas for the shops our thoughts turn to the big occasions ahead: Valentine's Day, Mother's Day on 11 March and Easter, 1 April. Do remember our Flower Shop for these occasions; the volunteers are always keen to supply you with any floral requirements you might have. You can call the shop on 01323 417400 ext 4033 to place your order and they are able to take a card payment over the phone.

We have been pleased to recruit some new volunteers to help on our trolleys, but we are always looking to welcome more people into the team. It is an excellent way to have some gentle exercise while providing a genuinely well received service for the patients and staff, with all the profits coming to the Friends.

The main shop sells a wide range of items, along with a lovely selection of hand-knitted toys and baby clothes. Do come in and have a look if you haven't been in for some time, you will be surprised at what you can get!

Sue Duffell



Angela Marden
ESTATE AGENTS

We specialise in selling homes for the Frail, Elderly, Disabled, Vulnerable and/or the Nervous. We also deal with Probate sales, liaise with solicitors, cleaners and removals as required.

Our bespoke service is based on a 1:1 relationship. The person who values your home will also take care of you all the way through the selling process. This includes accompanying all viewings, negotiating offers, tying up the sale and everything in between.

We only deal with 10 fully available properties for sale at any one time. Limiting the number ensures there is no pressure applied to our clients and they may receive all the care and attention they need.

PROMOTION

50% OF ANY FEE (OVER £1,000) ACHIEVED FROM THE SALE OF YOUR PROPERTY WILL BE DONATED TO THE FRIENDS OF EASTBOURNE HOSPITAL ON PRODUCTION OF THIS ADVERT.

The monies will be paid directly on completion by your/sellers solicitor

For further details please call 01323 818000
or email: angela@angelamardenestateagents.co.uk

Care homes across Sussex

HORAM



ALFRISTON



POLEGATE



Chanctonbury Healthcare is a local provider of care and nursing homes for the elderly in East Sussex.

Chanctonbury Healthcare owns three beautiful homes in Alfriston, Polegate and Horam.

All our homes have a friendly and compassionate ambiance and we want everyone who stays with us to feel at home. We are committed to making sure all our residents live their lives to the full and have the choice to pursue whatever activities or hobbies they enjoy.

We offer not only Permanent stays but Respite or periods of Recuperation e.g. following a hospital stay.

We also offer Day Care for those who don't need full time care but would benefit from the social aspect and / or extra physical care e.g. bathing.

Finally when the time comes, we provide outstanding compassionate and skilled End-of-Life-Care.

Our highly qualified staff are passionate about treating every resident with the utmost dignity and compassion. We take great pride in the high quality care we give and work hard with our residents and their loved ones to ensure care is tailored to their wants and needs.

Visit our website chanctonbury-care.com or contact us if you would like to make an enquiry.



www.chanctonbury-care.com

All our homes are
CQC rating

Good

Inspected and rated by
Care Quality
Commission



CHANCTONBURY
HEALTHCARE



Alfriston Court

Alfriston
01323 874140



Queenmead

Polegate
01323 487931



Oaklands Court

Horam
01435 813030

WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Easter and Christmas cards are collected for **6 weeks following the event**.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs.



HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads, textured fabrics to sew onto Twiddlemuffs and for card making.



PLASTIC MILK BOTTLE TOPS – any colour

These are recycled by FoEH volunteers and are made into everyday items such as traffic cones. Please **ONLY** bring in clean milk bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers and baskets that they can use for new arrangements.



NEW GIFT ITEMS/UNWANTED PRESENTS

New gifts are sold at our Summer and Christmas fairs. We also welcome donations of wines and spirits and chocolates etc.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and jewellery. Eastbourne Auctions support the ladies by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened/unused items such as make up, creams and soaps which we sell at our fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every inkjet cartridge recycled in one of our Recycle 4 Charity envelopes. Pick them up from the main shop.

HOW TO DONATE

Please bring your donations to the Friends Office or the Friends Shop, which is in the main foyer of the hospital. Alternatively, call the office on 01323 438236 and we will arrange for someone to pick it up from you.



Clockwise from top left:

Staff at the Thai Marina * Tracy Gross winner of the People's Choice picture
 Ollie Hodge from Eastbourne Motoring Centre presenting Sugar Ray Golf cheque
 Pentacam Topographer, Ophthalmology * Christmas Coffee Morning