

HOSPITALITY

QUARTERLY MAGAZINE



2021 Open Garden Programme inside

AUTUMN EDITION

July - October 2021

Number 163



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Eastbourne
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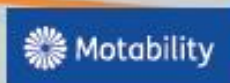
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DATES FOR YOUR DIARY FOR 2021

- 23 – 24 October Art Exhibition
10 am – 4 pm St Andrew's Prep, Meads Street
- 10 November Dine Around the World at
7 pm La Locanda del Duca
(To be confirmed)
- 19 November Quiz, Fishermen's Club
- 25 March 2022 Fashion Show (rescheduled)

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Proofreading
4

Debbie Wicks
Joan and John Wilson



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Committee Members

Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs T Hamblin,
Mr A Holter, Mrs C Lock, Mr H Parker, Mrs B Phillips,
Mr G Stone, Mrs G Woolley

Hon Solicitor: Mrs C Busuttil

Auditors: Watson Associates, Chartered Accountants

CHAIRMAN'S REPORT

Once again the virus is on the rise but let's hope that with increasing numbers of us vaccinated and with track and trace it will be contained, so life can continue towards normality. Although I expect, like me, you have forgotten what normal is!

However, the Friends are starting to get some of our fundraising activities going again, subject of course to any changes in government Covid-19 guidance. The Open Gardens are starting at the end of June with full safety precautions in place. The plans for the October Art Exhibition are well under way and the first of two Dine Around the World dinners has been pencilled in for the autumn, with a second one being planned. It will be so nice to get out and about socialising once more.



The fundraising for the Resuscitation Room in the Emergency Department is ongoing and we are sure we will reach that target by the time of the next AGM in November. We continue to receive donations from individuals and companies, for which we are incredibly grateful.

Sadly we are losing some behind the scene stars. Roger and Sue Smalley have been doing the basic book-work for the Friend's accounts, as volunteers, for longer than we can remember, certainly before I became Chair in 2015. Their work has been hugely important in supporting our Treasurer. But Roger and Sue have decided that it is time to step down. All the Trustees wish to send their huge gratitude to them both and wish them well for the future. I am sure they will still support Friends' events.

Another leaver is Debbie Wicks who, again after many, many years working in the Friends office, has also decided it is time to leave and spend more time with her family. Again we cannot thank Debbie enough for all she has done for the Charity. She will be enormously difficult to replace but we are interviewing shortly for a new Fundraising and Publicity Manager, so fingers crossed we find the right person.

I hope you have a healthy and enjoyable summer and that I meet some of you at the Open Gardens.

Harry Walmsley

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OPEN GARDENS

By the time this magazine is published we very much hope that the first four open gardens will have taken place. As we write, in the week that the restrictions to lockdown were delayed by a month, we are hoping that we can still go ahead and keep all our visitors and our volunteer team safe. We encouraged visitors not to come along without first checking with the office or on the website that the garden is open. Depending on the number of people already in the garden, visitors might be asked to wait a while before entering so that social distancing can be maintained.

Our aim was to keep things as safe and Covid-19 compliant as possible while at the same time giving our visitors a wonderful experience and raising valuable funds for the Friends. None of this would be possible without the generous support of the garden owners to whom “thank you” doesn’t seem enough gratitude, but we do truly thank them for not only allowing us to visit their gardens, but for all the hard work they have put in to make the gardens look so special.

After 19 July, when we do hope things are a bit more relaxed, we have three more gardens for you to enjoy. On Saturday 14 August we are once again returning to Hankham Hall Cottage where the borders should be at their colourful best. Last time we visited there it was an exceptionally windy day, so if you missed out then, do come.

As a first for the Friends, our programme is continuing into September when we have been invited to Folkington Place on Saturday 11 September and our finale will be a return to see the restoration of the late Carolyn McCutcheon’s garden at Bates Green Farm on Wednesday 22 September. This is the day of the autumn equinox so we are hoping it will be an ‘autumn spectacular’ to end the season.

We have been very lucky to welcome several new members to our open garden volunteer team this year and hope that they enjoy the experience and will want to continue. Sadly we have also had to say goodbye to a few of the team who have been helping in so very many ways, often for several decades. It would be wrong to single out any one person but we thank all of them for their contributions over the years and wish them well for the future.

Lastly, we would like to thank our visitors for their continuing loyal support and interest in the open garden season and are keeping everything crossed that in 2022 we can offer a full and varied programme for everyone to enjoy.

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FUNDRAISING

The pandemic has had a massive impact on our fundraising over the last 18 months, so we are very excited that the Open Gardens are able to go ahead this year, albeit in a slightly different way.

We are putting out an appeal to our supporters to see if anyone would like to organise an event themselves. It needn't be big – every little helps, as the famous phrase goes. Perhaps you could organise a coffee morning in your garden or sell some nearly new clothes on eBay and donate the proceeds?

Many of you have taken up walking, running or bike riding to maintain fitness whilst the gyms and swimming pools have been shut. Perhaps you could ask your friends and family to sponsor you for completing a challenging distance?



One young supporter who has led the way is Annabelle from Westham who is 6¾. Annabelle raised an amazing £267 recently, for the Friends of Eastbourne Hospital, to “help the doctors make people better”, an admirable reason.

Active Annabelle organised a 24 hour Swoove-a-thon, which is singing, dancing and moving, to raise the money. She completed her challenge in two 12 hour sessions and had to be encouraged to stop to eat and drink.

The Friends would like to thank Annabelle and her family for organising this brilliant fundraising event and to everyone who made a donation.

If you would like to make a donation to increase Annabelle's total, please go to our website: www.friendsdgh.org.uk/how-can-i-help/donations and click on the Virgin Money Giving link towards the bottom of the page. Please put Annabelle's name in the message box as a reference.

Thank you for your support.



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*Photography taken pre COVID-19



STAMPS



Carolyn and Simon would like to thank everyone who donated their stamp collections since reading the appeal in April's edition of Hospitality. It would seem that many of you have spent the last 18 months clearing out your cupboards and lofts and have come across stamps that you would like to donate, to

give pleasure to someone else and raise money for the Friends. We have been given everything from catalogued stamp collections from around the world to big envelopes, which contain hundreds of different stamps. Once sorted, some of the donations have been sold on eBay, some privately and others at auction, raising hundreds of pounds.

June Tickner came across some stamps, which she gave to Bill France to sell at auction, raising £295. June can now add this to the £46,000 total that she made from stamp sales before her retirement in 2020. Thank you June!

Carolyn and Simon are keen to receive more stamp collections to sell. If you would like your stamps to go to a good home and raise money for a very good cause, please call us on 01323 438236 or drop your donation into the main shop at the hospital and we will pass it on to them.



Friends Radiotherapy Café is open again!

Tuesday - Wednesday - Thursday
10 am - 2 pm



Do pop in for your drinks when you're passing

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During the past three months we have received with gratitude donations totalling £730 in memory of:

Albert Berry, Carole Carter, Anne Goldsmith, Michael Hammerton, Mrs D Sherwood and Michael Winchester

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During the past three months we have received with gratitude, a legacy from the estate of: Marjorie Cutland

Recently agreed gifts to the Eastbourne District General Hospital

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LED Mobile Examination Lamp for Sexual Health	£ 648
Total	£36,648

Friends of Eastbourne Hospital

Open Gardens 2021

30 June - 22 September

All Gardens will be open from 10.30 am - 4 pm

subject to Covid-19 restrictions - please check online before you visit www.friendsdgh.org.uk

Refreshments will be served in line with any Covid-19 restrictions at the time * We regret, no dogs at any gardens



Open Gardens Programme 2021



Please check our website www.friendsdgh.org.uk, Facebook page or ring the office on 01323 438236 for details about parking facilities, wheelchair access and up to date information before visiting each garden

All gardens will be open subject to Covid-19 restrictions in place at the time so please do check online at www.friendsdgh.org.uk before you visit

Wednesday 30 June

Flint House, Church Street Willingdon BN20 9HR
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Wednesday 7 July

Ocklynge Manor, Mill Road, Eastbourne BN21 2PG
★ limited on street parking

Wednesday 14 July

Glydes Farm & Little Midge, Ashburnham TN33 9PB

Sunday 18 July

The Gardens of Hellingly Village

Saturday 14 August

Hankham Hall Cottage, Hankham Pevensey BN24 5AH

Saturday 11 September

Folkington Place, Folkington BN26 5SD

Wednesday 22 September

Bates Green Farm, Arlington BN26 6SH

ALL GARDENS WILL BE OPEN FROM 10.30 am to 4 pm
Refreshments will be served in line with any Covid-19 restrictions at the time
We regret, no dogs at any gardens

SHOP REPORT

As we gradually return to some sort of 'normality' the shop activity is beginning to increase. The sandwiches are flying off the shelves, the ice creams are keeping people cool and the toys seem to be especially popular with our younger customers.



Apart from a short break during the first lockdown, the sandwich trolley has continued to go round the wards each morning offering the staff some much needed sustenance. We have a lovely team of volunteers that go out with the morning trolley and they all find this a most enjoyable way of spending a few hours. However, there comes a time

when people's circumstances change and they are no longer able to continue, so we will be looking for some new volunteers to help at the weekends in the next few months. This might suit a student or someone whose family have left the nest and they are suddenly finding their weekends a little empty.

From the beginning of June we have been pleased to welcome back some of the volunteers who look after the afternoon trolleys, aimed more at offering patients magazines, toiletries and treats. At the time of writing this trolley is going out two or three times a week, but we are hoping to increase this as more volunteers return. Do let us know if this is something you might be interested in getting involved with.

Also at the beginning of June we were able to re-open the Friends Radiotherapy Café, initially on Tuesdays, Wednesdays and Thursdays between 10 am and 2 pm, but again we hope to be able to extend the days it is open in the future. If you are in the hospital when the café is open, why not pop along for a cup of coffee or tea and support the Friends at the same time?

We would like to thank Sue, Tracie, Rai and the team of volunteers that work tirelessly to keep the shops open; it is so appreciated by the staff and visitors to the DGH. What would we do without them?



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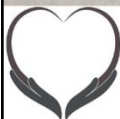
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TRUST REPORT

With Covid-19 admissions significantly reducing to virtually zero work is now underway across the Trust to restore and recover services that have been affected.

The pandemic has had a great effect and taken its strain on members of staff across the Trust. Huge effort is being made to support their wellbeing with many initiatives and services in place to help.



On a positive note, from late December through to April vaccination hubs at both Eastbourne DGH and Conquest Hospital delivered almost 50,000 doses of vaccine to local health and care staff across East Sussex. This has been a remarkable effort and is part of a programme of vaccinating over one million people in Sussex. Our grateful thanks go to everyone involved in the vaccination programme. If you know of someone who hasn't had their vaccination yet please do encourage them to have one.

Joe Chadwick-Bell, pictured right, has recently been appointed as Chief Executive of East Sussex Healthcare NHS Trust on a substantive basis having been Chief Executive on an interim basis since September last year, following the retirement of Adrian Bull.



Joe has over 30 years of experience in the health sector. She has worked in both ambulance and acute provider trusts, along with a period of time at the Strategic Health Authority. Joe began her NHS career working in the Pharmacy Department at Eastbourne DGH back in 1989.

Joe said: “It is an honour to be appointed substantively to the role of Chief Executive at the Trust. I have been immensely proud and privileged to have been the interim Chief Executive over the past eight months, a period that has been the most challenging the NHS has ever had to face. Everyone has played their part.

“I want to build on the dedication, teamwork and commitment everyone in ESHT has shown over the past year. Everyone has come together to adapt and change, working together as a part of one fantastic team with respect and compassion for our patients and one another. This is a solid foundation on which to strengthen our reputation as a place in which people want to work and receive care.”



A new stereotactic biopsy service, which can help to diagnose cancerous cells in breast tissue using a mammography machine, has started in the Eastbourne DGH Radiology department. Patients who require this procedure previously had to travel to the Park Centre for Breast care in

Brighton. This new service at Eastbourne is available for patients across East Sussex.

A new heart rhythm pathway, set up a year ago, to monitor stroke patients at Eastbourne DGH has been a success at identifying earlier a group of patients at potential risk of another stroke due to their abnormal heart rhythm (arrhythmia).

The cause of some patient's stroke is often unexplained. In these cases, a heart monitor, the size of two matchsticks, is implanted just under the skin by a specialist nurse before they leave hospital to monitor their heart rhythm remotely. Identifying at risk patients enables early treatment to be undertaken to correct their heart rhythm helping to prevent a further stroke.



SUE AND RODGER SMALLEY RETIRE FROM THE TREASURY TEAM

For the last eight years, Roger and Sue Smalley have been an integral part of the Treasury team, inputting bookkeeping data into the Friends accounting system. Roger took on the role of Assistant Treasurer in 2013 to help the then Treasurer, Rodney Browne, and it wasn't long before Sue began helping him. They have been an enormous support to Peter Skilbeck, who has been the Friends Treasurer since 2016.

Volunteering runs in the family as Roger is the son of Don Smalley, who was the Friends Treasurer from 1983 – 2003. In that time annual fundraising went from £27,000 to £400,000. Roger would often join the counting team and help his father count the takings after a Friends event such as the fête or flag week.

Roger has enjoyed his time as Assistant Treasurer but says that technology has come a long way in the last eight years and their workload has decreased, as most processes are now seamlessly automated. He is going to continue volunteering for the Friends and you may well bump into him at one of our open gardens.

We would like to thank Roger and Sue for all the help and support that they have given to the Friends over the years and wish them well for the future.

NEWS FROM THE OFFICE

You (and indeed us!) will be pleased to see from the 'Dates for Your Diary' that we are now thinking about planning a few events for the autumn. As things are still a little bit uncertain at the time of writing, we want you to be aware of the dates of these events and if you want to ring to reserve any places we will be happy to do that, but we won't be taking any payments until we are absolutely certain we can go ahead. With all the events we have planned we will be complying with any Covid-19 restrictions that might still be in place at the time.

If you would like to enter our Autumn Art Exhibition you can find out how and download an entry form from our website: friendsDGH.org.uk. We are hoping that we will be able to hold the exhibition at St Andrew's Prep in October but, if not, we will organise another virtual exhibition, which was such a success last year.

Some of you may already know that Debbie is planning on stepping down from her role as Fundraising and Publicity Manager for the Friends after 16 years. We are in the process of recruiting a new member of staff and will hopefully be able to tell you all about them in the next edition of the magazine.

We have decided to keep the QR code on the back of the magazine for this edition. If you would like to make a donation all you need to do is open your phone's camera, hold it over the QR code and you will be taken to the Virgin Money Giving website where you can make a donation.



Each week we are creating a puzzle on Jigsaw Planet for those of you who enjoy jigsaws. You can change how many pieces there are in the puzzle, so you can make it simple or fiendishly difficult depending on your preference. There are several to choose from, so do have a look – you can find them at: jigsawplanet.com/FriendsDGH.

Rosemary's marmalade, which costs £3 per jar, will be on sale at our Open Gardens this summer. If you are unable to go to the gardens then please give us a call in the office and we will put you in touch with Rosemary, so you don't miss out.

FRIENDS OF THE EASTBOURNE HOSPITAL

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WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, new home, etc. cards are collected and remade throughout the year. Due to the volume of cards collected for a short time at the beginning of the year.



Not at the current time

collected and can only be brought to the office.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs. If you would like to knit for us, please enquire in the Friends Shop.



HABERDASHERY ITEMS

Bits and pieces such as ribbons, buttons, beads and textured fabrics are given to volunteers to sew onto Twiddlemuffs for dementia patients and for card making.



PLASTIC MILK BOTTLE TOPS

Clean milk bottle tops are recycled by FoEH volunteers and are made into everyday items such as traffic cones and children's play equipment. Please ONLY collect milk bottle tops - we cannot accept any other types of bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers, baskets and pretty containers that they can use for new arrangements.



NEW GIFT ITEMS / UNWANTED PRESENTS

New, unopened/unused gifts are sold at our summer and Christmas fairs. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our silver and jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened / unused items such as make up, creams, soaps, hair products and gift packs that we sell at our summer and Christmas fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every HP, Dell, Cannon and Kodak inkjet cartridge that is recycled with Recycle4Charity. Please bring cartridges into the Friends Shop or download a label for free postage at: www.recycle4charity.co.uk

HOW TO DONATE

Please bring your donation to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.

**Scan the QR code below for an
easy way to donate to the**



**Friends of
Eastbourne
Hospital**

**Raising money to support
the Eastbourne DGH**



Help us, help them, help you

Thank you