

# HOSPITALITY

QUARTERLY MAGAZINE

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## WINTER EDITION

October 2020 - January 2021  
Number 160



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# Contents

Page		Page	
	Caffyns Advert	15	Silent Auction
1	Virtual Art Exhibition	16	Earlsfield Court Advert
2	Eastbourne Motoring Centre advert	17	Fundraising & Ink Cartridges
3	Contents, Dates For Your Diary	18	Digital Photos & Legacy adverts
4	Committee	19	Eastbourne Auctions advert
5	Chairman's Report	20	Xmas Quiz
6	Hankham Hall, Barry & Co adverts	21	Membership, Gifts & Donations
7	Lockdown, Apology, Free Wills	22	Sunrise Advert
8	Ocklynge Manor & Tweed adverts	23	Office News
9	Remembering Martin Etchells	24	Shop Report
10	Christine Barton, Right at Home adverts	25	Shop Report
11	Stamps and Coins	26	AGM Provisional Agenda
12	Sussex Secretaries Advert, Trust News	27	Membership Form
13	Trust News	28	Gift Aid & Bankers Order Forms
14	Virtual Art Exhibition	29	We Collect



## DATES FOR YOUR DIARY FOR 2020

- 6 – 22 November Virtual Art Exhibition  
[www.friendsdgh.org.uk/events/virtual-art-exhibition](http://www.friendsdgh.org.uk/events/virtual-art-exhibition)
- 20 December at 7 pm Don McPhee's Christmas Quiz
- 18 February 2021 AGM

## CANCELLED EVENTS:

- 13 November Quiz - cancelled
- 14 November Christmas Coffee Morning - cancelled

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4

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Committee Members

Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs T Hamblin,  
Mr A Holter, Mrs C Lock, Mr H Parker, Mrs B Phillips,  
Mr G Stone, Mrs G Woolley

Hon Solicitor: Mrs C Busuttil

Auditors: Watson Associates, Chartered Accountants



## CHAIRMAN'S REPORT

Sadly the feared second peak of Covid-19 is with us at the time of writing this. Hopefully a vaccine will be with us by early New Year which will allow us to safely get out more. Fingers crossed.

Unfortunately there is very little activity to report, with all fundraising halted because of the pandemic. However, Ann Caffyn and her team have managed to organise a virtual Art Exhibition, which is being held online from 06 to 22 November 2020. I am personally very grateful to Ann for her determination in getting this event up and running. Please help us to spread the word by telling your friends and family about the exhibition and encouraging them to take a look and, perhaps, buy a painting.

The only other date in the diary at the moment is for the AGM which will now be held on 18 February 2021. However, this again will have to be held virtually as it is unlikely to be safe to hold it face to face. All other future events are on hold for next year although tentative plans are being made for some, such as the Open Gardens. Again, fingers crossed that these can go ahead.



A big thank you to Hugh Parker, one of the trustees, for his sponsorship of the Hamden Park Under 23s football team, which has resulted in the Friends' logo being put on the football shirts. Pictured left is Oscar Bell, one of the players.

We have not had many bids for equipment in the last six months but, as we have not been able to hold any fundraising events so far this year, this is probably good. We are still £120K short to complete the major project for this year to Make Radiology Digital, so this will be carried over into 2021.

I expect you all saw the news that Eastbourne will be getting a new hospital on the current site. There is more information on pages 12 and 13. The plans are very much in their infancy so we will have to wait and see what happens.

Stay safe during this second peak of Covid-19 and I wish you a happy and healthy Christmas and New Year.

Harry Walmsley

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## **SECOND LOCKDOWN**

As we go to press with this magazine the government are debating a second national lockdown to help stem the spread of Covid-19 which will come into force in a couple of days. During the lockdown we will continue to work safely and in accordance with government guidelines. Even if we are working from home, we will have access to our emails and answerphone so do keep in touch.

The hospital has plans in place to continue to work as normally as possible. They encourage you to keep appointments and to call your GP if you are unwell.

Please don't be lonely at this time. If you would like to have a chat, do call us in the office, leave a message and we will get back to you.

## **PETER VALENTINE, AN APOLOGY**

Last time we told you about Peter's wonderful achievement in walking 96 miles during lockdown to raise money for our Covid-19 appeal. We incorrectly said that Peter had purchased a CB radio call sign to help him raise money. Peter would like to clarify that he has been a licensed radio amateur for the last 30 years and the special call sign was allocated to him free of charge. We apologise to Peter for any distress this might have caused. To date at least £749 has been raised from his fundraising efforts, possibly more as some of the anonymous donations we have received may have been inspired by him. We thank Peter and his wife Heather for their continuing support and know that he might have other interesting fundraising ideas in mind.

## **FREE WILLS MONTH**

We are hoping to have a Free Wills Month in February 2021 and are currently in discussion with local solicitors that may participate.

A Free Wills appointment gives you the opportunity to write a simple Will, free of charge. You do not have to include a gift to the Friends of Eastbourne Hospital to take advantage of this generous offer, but we hope that you will consider a gift to the charity once loved ones are provided for.

We will give details of participating solicitors in the January edition of Hospitality so that you can make an appointment.



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## REMEMBERING MARTIN ETCHELLS



It is with deep sadness that we report the death in September of Martin EtcHELLS, a wonderful volunteer for and supporter of the Friends of Eastbourne Hospital.

Martin volunteered for the Friends for sixteen years in the Friends Shop and was one of the first volunteers in the Radiotherapy Café and Macmillan Hub. He worked tirelessly to support the Friends and the hospital and also volunteered for Radio DGH as a presenter and as the treasurer. In 2019, at the Friends AGM, Martin and his wife

Di were presented with Merit Awards, to thank them and mark their outstanding contribution to the charity.

We have been fortunate in the office to be able to read the many tributes to Martin, by family, friends and colleagues. What comes across is what a lovely, kind, generous man he was, quietly helping and supporting many organisations, not just the Friends. Martin never looked for or expected praise and thanks for all that he did, but generously gave his time to make the world a better place for others. Many of the tributes were written by friends and colleagues in the athletics world and from these we learnt that Martin was: a Games Maker at the 2012 Olympics; ran the first London Marathon in 1981 with his brother, Andrew, in under 3 hours and was an announcer at the Special Olympics each year.

Martin will be much missed by all those who knew him. The Executive Committee, Friends Volunteers and Staff count themselves very fortunate to have known and worked with him and send their condolences to his wife and family.

## WANTED

Do you have any spare wool that could be donated to our army of fantastic knitters? If so, please bring it into the main shop and we will make sure that it is put to good use.

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## STAMPS AND COINS



We would like to thank Simon and Carolyn Farrar who are now looking after the many stamps and postcards that we get given. Following on from the sterling work June Tickner had done over the years was quite daunting but they have had some very generous donations recently,

which they have been able to sell online and at Eastbourne Auctions. We continue to be amazed when the money comes in from these sales. If you have stamps to donate to help us raise money to support the hospital, you can leave them in the hospital shop.

From time to time we get given old or foreign coins and we would love to hear from anyone who might be able to help us get the most out of them. If you would be interested in looking after and selling the donated coins, please call the office on 01323 438236.

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## **BUILDING FOR OUR FUTURE: HAVE YOUR SAY ABOUT OUR EXCITING NEW DEVELOPMENT PLANS**



These are exciting times for healthcare in East Sussex. The Trust has launched the first details of its redevelopment plans for Conquest Hospital, Hastings; Eastbourne DGH and Bexhill under the banner “Building for our Future”. Local people are asked to have their say about what they want from the redevelopment of these hospitals.

The government announced earlier in 2020, and more recently confirmed in October, that East Sussex Healthcare NHS Trust would be part of the second phase Health Infrastructure Plan of government funding, which could see over £600m invested. Over £5million has already been committed to develop plans for the three ageing hospitals. A further £6million of funding has been received to start enabling works to help progress these developments.

These extensive plans over the next decade will leave no part of the Trust’s hospital infrastructure left untouched. The government announced



a new hospital at Eastbourne; new medical wards and refurbishment at Conquest and a new clinical building at Bexhill. Alongside creating additional inpatient wards and improved parking facilities, these plans include expanding the emergency departments at Eastbourne and Hastings, improving access to cardiology and ophthalmology services, and redeveloping outpatient, theatres, endoscopy and diagnostic services.



This is an once-in-a-lifetime investment that will transform the hospitals at Eastbourne, Hastings and Bexhill and will help to provide better care now and in the future. It is testament to the improvements that have been made over the last five years here in East Sussex and shows confidence that the Government has in East Sussex Healthcare NHS Trust.

Whilst an investment on this scale is substantial, the Trust wants to work with members of staff, partners, patients and local people to prioritise where this money is needed most or where it will make the biggest difference. The 'have your say' project can help develop the Trust's thinking and information gained will be used to develop the plans that will be submitted to the Government in early 2021.

This is the start of what will be a lengthy process and plans will be developed and finessed over time, but this investment is very significant. These are truly exciting times for healthcare in East Sussex as we plan and build for our future. You can have your say at: [www.esht.nhs.uk/building-for-our-future/](http://www.esht.nhs.uk/building-for-our-future/)

## **THE FRIENDS VIRTUAL ART EXHIBITION**

**Friday 6 – Sunday 22 November 2020**

**[www.friendsdgh.org.uk/events/virtual-art-exhibition](http://www.friendsdgh.org.uk/events/virtual-art-exhibition)**

During lockdown I managed to track down 21 local art groups on the internet and, once we realised that the Art Exhibition could not go ahead in the traditional way, contacted all the chairmen to invite them and their members to enter our Virtual Art Exhibition.

I am very grateful to Debbie Wicks, assisted by Sue Duffell and Hugh Parker, who then took on the daunting task of setting up the Exhibition website. Their hard work and perseverance has been rewarded as we are delighted that 42 local artists have entered a total of 196 paintings that are available to view and purchase at: [www.friendsdgh.org.uk/events/virtual-art-exhibition](http://www.friendsdgh.org.uk/events/virtual-art-exhibition) between Friday 06 and Sunday 22 November 2020.

As well as the paintings that are for sale there is a chance to make a bid for a beautiful local landscape painting by the well-known professional artist, Christopher Osborne, who has donated this for a silent auction. Please see adjacent page. The successful bidder will be notified at the end of the Exhibition. The painting is currently being displayed in the window of Eastbourne Framers opposite the railway station and I would like to thank Lucy and her team for supporting us in this way.

We shall miss the excitement of receiving a huge variety of paintings to hang at St Andrews Prep, and miss welcoming our visitors to the physical Exhibition. But as the dark evenings draw in we hope you will enjoy browsing through the Friends Virtual Art Exhibition in the comfort and safety of your own home. With just under 200 paintings for sale you might be tempted to buy one or alternatively make a donation to help us raise funds for the Eastbourne DGH and this year's special project to raise £430,000 to Make Radiology Digital. Please help us to spread word of the Virtual Art Exhibition to your family and friends wherever they may live.

Keep well

With my best wishes, Ann Caffyn  
Art Exhibition Organiser

## SILENT AUCTION



Christopher Osborne's beautiful oil painting, *Low Tide Walk Eastbourne*, is 12 x 12 inches and is currently on display at Eastbourne Framers. You can place your bid by contacting the Friends Office at: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net) and putting Silent Auction Bid in the subject line. Or call the office on 01323 438236. You can find the current highest bid online at [www.friendsdgh.org.uk](http://www.friendsdgh.org.uk).

Christopher Osborne has been a professional artist for over 40 years and his paintings are in private collections all over the world. To find out more, visit his website at: [www.christopherosborne.co.uk](http://www.christopherosborne.co.uk).

# 5

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## FUNDRAISING

In the last magazine we reported extensively on the very many different ways that the local community supported us during the summer. As we still don't know what is to come it is difficult to plan anything for the future. We are very open to any new events that you might like us to consider, things you may have heard about that you think may work during this time. Please do get in touch with us to share your ideas.

While we may not be able to put on our large events for a while, we are hoping that people may consider doing their own small fundraising events on our behalf. Maybe a 'Rule of 6' coffee morning (or whatever is allowed at the time) or a sponsored walk/run/swim/dance or anything else. We will do what we can to support you and help promote things, and there is more information about how we can help you with your own events on our website. Doing this could be a way of you keeping in contact with some of the people you may have met up with at the more traditional events.

Trish Hamblin, a FoEH Trustee and a member of staff at the EDGH, set up a birthday fundraiser on Facebook and raised £300 in donations. We are very grateful to Trish and everyone who donated.

Don't forget when you do your Amazon shopping to go through Amazon Smile and to nominate the Friends. In the last quarter £68.24 has been received, and it does give you that excuse to treat yourself knowing that 0.5% of whatever you spend will come to the Friends. Black Friday is coming up on Friday 27 November 2020 when there will be lots of deals online, so do make sure that you are shopping through Amazon Smile and have chosen Friends of Eastbourne Hospital.

## RECYCLING INK CARTRIDGES – CHANGE IN PROCEDURES

After 1 January 2021 Recycle4Charity will not be providing Freepost envelopes to send off used ink cartridges. Instead you will be able to print your own labels from their website at [www.recycle4charity.co.uk](http://www.recycle4charity.co.uk) which can be attached to any envelope or box and posted free of charge. Alternatively these can be dropped off in the Friends shop and we can send them off in bulk. Please do keep supporting us with sending in your old cartridges as not only does this help raise valuable funds, (£88 in the last quarter and £1,719.15 over the years) but also keeps the cartridges from going to landfill.





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- 2) Xmas music intro (name artist & song)
- 3) Celebrity round (guess the celeb & age)
- 4) Xmas films (guess the film & year)
- 5) Xmas general knowledge
- 6) Xmas observation round (watch the clip)



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## **SEASONAL GREETINGS**

We have been so overwhelmed this year with the support from the local community, from donations of money, gifts and time and the many people who have supported us with their own events, large and small, that it is impossible to recognise everyone. In past years the Friends have sent Christmas cards to major supporters, but this doesn't feel right this year so we will be sending out our email card instead to help save money on postage.

We would like to thank everyone for continuing to consider us and hope and wish for a happier and healthier year next year.

## **MEMBERSHIP**

At the time of writing there are just a few annual members who have yet to renew their membership. Please contact us if you think your membership is overdue. If you are a regular reader of this magazine, maybe you regularly pick a copy up when you are in the hospital, but are not a member, please consider joining. Membership is £10 a year or £30 for life, and all members get a copy of the magazine as soon as it is published along with the knowledge that they are part of the charity that has been supporting the hospitals of Eastbourne for over 70 years.

## **GIFTS AND DONATIONS**

### **Donations in lieu of Flowers**

During the past three months we have received with gratitude donations totalling £1,837.86 in memory of: Joyce Arnott, Lizzie Avery, Martin Eтчells, Betty Field, Arthur Feist, Margaret Greenaway, Sylvia Hoaen, Dorothy Luck, Therese McFadden, Barbara Smith, Kenneth Waters and Dorothy Witney

### **Legacies**

During the past three months we have received with gratitude, legacies from the estates of: Margaret Adams, Ifor Hughes and Audrey Spiers

### **Recently agreed gifts to the Eastbourne District General Hospital**

20 x pulse oximeters for Community Respiratory team	£570
Various items for new staff area, Polegate Ward	£600
Portable air conditioning unit for Endoscopy	£300

**Total**

**£1,470**





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13 December 2018

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## NEWS FROM THE OFFICE

As we come to the end of a most memorable (for all the wrong reasons) year, we had hoped that we would be able to let you know what we have got planned for 2021. Sadly we are not yet in a position to start holding events again, but, as our innovative Virtual Art Exhibition is showing, we are very open to thinking of how we can do things differently. There is still so much uncertainty around that it is hard to plan for next week, yet alone next year!

But we do hope that we are able to welcome visitors to some events next year, even if they are a little bit different to what we have done before. So we would still welcome donations of any unwanted gifts in new condition or bottles that might be suitable to be used either as raffle or tombola prizes or sold on stalls when we can have them.

We have rescheduled our AGM for 18 February 2021; it will be a virtual meeting. You can find the provisional agenda on page 26. Please keep your eyes on our website and Facebook page for more details.

Currently we are still working fewer hours in the office, so if you do want to call in and see us, we suggest that you phone first to make sure that there will be someone here and you don't have a wasted journey. If we are not here when you ring, please leave a message and we will get back to you as soon as we can. Don't forget your face covering!

**This year  
we will not be taking  
Christmas Cards  
Please put them in your  
recycling bin  
*Thank you***



## SHOP REPORT

We would like to say a special thank you to Sue, Tracie, Rai and their team of volunteers for all they have done this year to keep the shop open. They were there all through lockdown and had to contend with supply issues, reduced customer numbers, then social distancing, face coverings and screens. But all the time they have kept open and kept smiling, which has been much appreciated by hospital staff, patients and the few visitors currently allowed.



It has been disappointing not to be able to see all our regular volunteers, many of whom would have still liked to be able to come in but circumstances meant that this wasn't possible. We were pleased to welcome back our sandwich trolley volunteers in September and this much valued service is up and running again, in a Covid-19 safe way. The trolley provides a service for staff who may otherwise not be able to leave the ward to buy their lunch. We are very grateful to Cavendish Bakery for the delicious, fresh rolls and sausage rolls that they provide and to Raynor's for the sandwiches that are so appreciated.

Things are still very uncertain but we would be very pleased to hear from anyone that might be interested in volunteering either in the shop or on the morning trolley. To ensure everyone's safety, the process for new volunteers has changed slightly. The recruitment paperwork and associated checks, including a Covid-19 risk assessment, must be completed before we can offer a taster session. But this can all be done by email in a short space of time, so don't let this put you off. If you think you might be interested please ring the office and we can send you the forms. If you don't use email we can send you paper copies in the post. We are particularly keen to hear from anyone who may be looking for something at the weekends, maybe because their usual activities can no longer take place.



We continue to be amazed at the creativity and imagination of our knitting team, who each year surpass themselves with the seasonal toys and gifts they make for us. The Halloween specials, pictured above, were very popular and there will be a great variety of Christmas themed goodies over the next few weeks.

As it is more difficult to get to the shops at the moment, do consider looking in the Friends shop for Christmas presents and cards, you will be surprised at what they have on offer. The Christmas cards are in stock now so pop in and buy yours so that you don't miss out. There's a great selection of winter nightwear for both men and women in sizes small to XXL. We also have a selection of 2021 diaries. The Christmas themed toys, pictured below, are priced from £4.50 - £7.99 so are excellent value and great fun.



There is still a selection of face coverings available in the shop and once again we would like to thank Wendy and her team of volunteers for their relentless supply of these. These are exceptionally good value at only £2 each, and yes, there will be some festive designs, which we are expecting to sell out fast!

# **FRIENDS OF EASTBOURNE HOSPITAL ANNUAL GENERAL MEETING 2020**

Thursday 18 February 2021 at 2 pm

To be held virtually

## **PROVISIONAL AGENDA**

1. Apologies for absence
2. Minutes of meeting held on 21 November 2019 and matters arising
3. Chair of Trustees Dr Harry Walmsley to present Report of the Executive Committee for year 2019/2020\*
4. Treasurer Peter Skilbeck to present Treasurer's Report for the year ended 31 August 2020\*
5. Appointments of officials and retiring Trustees  
It is proposed that all officials and Trustees standing for re-election have their appointments extended until the next AGM. Those on a three year appointment to then be eligible to re-election for a further two years to maintain the existing three year cycle
6. Appointment of Hon. Solicitor
7. Appointment of Auditors
8. Any Other Business – to be submitted by 1 February 2021
9. Date of next meeting – Thursday 24 November 2021 (to be confirmed)

\* These reports will be published in advance on both our Facebook page and on our website. Any questions on these must be submitted to the Friends by 01 February 2021 and will be answered on the day and later published

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/ I have completed the Banker's Order form.

Annual Subscription .....	£	:	£10
Renewal of Annual Subscription .....	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

£ \_\_\_\_\_

If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH .....
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms .....

Address .....

..... Postcode .....

Telephone ..... Date .....

Email .....

Please return to   Hon Membership Secretary  
 Friends of the Eastbourne Hospital  
 District General Hospital  
 Kings Drive  
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

## GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate  
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.  
Your address is needed to identify you as a current UK tax payer.

### Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:  
*FRIENDS OF EASTBOURNE HOSPITAL* (Charity No: 220592)  
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

### My Details:

Title..... First name or Initial(s) ..... Surname .....

Full Home address .....

..... Post Code .....

Date .....

### Please notify the Charity if you:

\* want to cancel this declaration

\* change your name or home address

\* no longer pay sufficient tax on your income and/or capital gains.

**If you pay Income Tax at the higher or additional rate** and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

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## STANDING ORDER

To .....

.....Sort Code: ..... A/c No.....  
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of The Friends of the Eastbourne Hospitals (No. 10039667) the sum of

£ : ( )  
(Amount in figures) (Amount in words)

on ..... 20..... and thereafter on the 01 September each year until otherwise notified.

Signature ..... Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms) .....

Address.....

..... Post Code .....

Registered Under the Charities Act 1960 No 220592

## WE COLLECT



### GREETINGS CARDS

Birthday, get well, sympathy cards are collected and remade throughout the year. Christmas cards can only be collected for a short time each year.



**Not at the current time**

Christmas cards can only be collected for a short time each year. Please phone the office.



### POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



### KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs. If you would like to knit for us, please enquire in the Friends Shop.



### HABERDASHERY ITEMS

Bits and pieces such as ribbons, buttons, beads and textured fabrics are given to volunteers to sew onto Twiddlemuffs for dementia patients and for card making.



### PLASTIC MILK BOTTLE TOPS

Clean milk bottle tops are recycled by FoEH volunteers and are made into everyday items such as traffic cones and children's play equipment. Please ONLY collect milk bottle tops - we cannot accept any other types of bottle tops.



### SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers, baskets and pretty containers that they can use for new arrangements.



### NEW GIFT ITEMS / UNWANTED PRESENTS

New, unopened/unused gifts are sold at our summer and Christmas fairs. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date.



### SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our silver and jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



### NEW BATHROOM PRODUCTS

We take unopened / unused items such as make up, creams, soaps, hair products and gift packs that we sell at our summer and Christmas fairs.



### INKJET PRINTER CARTRIDGES

We receive £1 for every HP, Dell, Cannon and Kodak inkjet cartridge that is recycled with Recycle4Charity. Please bring cartridges into the Friends Shop or download a label for free postage at: [www.recycle4charity.co.uk](http://www.recycle4charity.co.uk)

## HOW TO DONATE

Please bring your donation to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.





**Clockwise from top left:  
Wheelchair Tilt and Bariatric Chair for Podiatry \* Modernised Emergency Department  
One Legged Stools \* Pevensley Day Unit Team \* Patient Lockers for Hydrotherapy**