

HOSPITALITY

QUARTERLY MAGAZINE



WINTER EDITION

October 2018 - January 2019
Number 152



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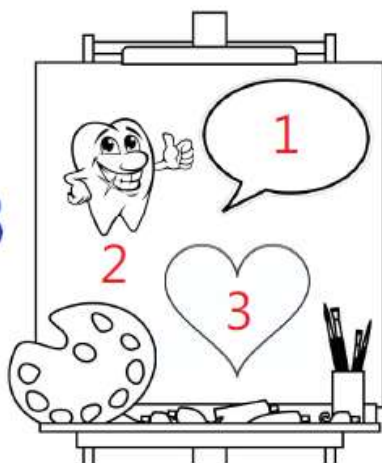
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**Friends of
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Autumn 2018 Exhibition and Sale of Local Art



In aid of a Trio of Special Projects for 2018 at
Eastbourne District General Hospital
Speech and Language Therapy
Maxillofacial and Orthodontics
Cardiology

Venue

St. ANDREWS SCHOOL MEADS, EASTBOURNE

Friday October 19th

Preview 6.00 - 8.00 pm

Saturday October 20th

10.00 am - 4.00 pm

Sunday October 21st

10.00 am - 4.00 pm



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DATES FOR YOUR DIARY FOR 2018

- 20-21 October
10 am – 4 pm
Art Exhibition
St Andrew's Prep School Gym
- 17 November
10 am – 12 pm
Christmas Coffee Morning
St John's Parish Hall, Meads Street
- 23 November
Quiz, Fishermen's Club, Royal Parade
- 28 November
2.00 pm
AGM
Lecture Theatre, Education Suite
- 18 December
Win a Car Raffle
in the Arndale Centre

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Mrs T Hamblin, Mr A Holter, Mrs C Lock, Mrs C Naylor, Mr H Parker
Mrs G Perry, Mrs B Phillips, Mrs G Woolley

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Auditors: Watson Associates, Chartered Accountants

CHAIRMAN'S REPORT

I hope you have all enjoyed the long, hot and dry summer and your gardens have survived. The recent rain has helped I am sure. At the time of writing it looks like autumn is approaching.

August is generally a relatively quiet month for the Friends in terms of fundraising events and so it allows time to tidy up loose ends for our financial year (ends 31st August) and look towards the AGM and next year's events. We have almost completed this year's fundraising for our 3 major projects. Thank you all for helping us achieve our goal. Next year's project will be announced at the AGM on 28th November. I think it will be very popular and we have agreed to raise £500,000 towards it. This will be a tall order but I am confident that with your help it will be attained.

The Open Gardens finished in July and I am delighted to say raised just over £28,000 for the second year running. My thanks go to Gill Woolley and Heather Harper and all their team for this phenomenal achievement. Our thanks also go to Pippa Logan who raised over £900 for the FoEH at her very popular Seaford Garden Party on 1 July (pictured below). Pippa, her family and helpers raise money for three local charities and



we consider ourselves very fortunate to be one of them. Thanks also to Heather and Nigel Harper for hosting a highly successful Barn Dance and Hog Roast at her home in June. All of these events would not be possible without the help of the volunteers who work tirelessly to make the events so successful; our thanks to you all.

Another highlight for me was my visit, with three other trustees, to the hospital crèche to receive a cheque for £137 raised by the children, parents and staff. We were entertained by the children with their excellent singing and thoroughly enjoyed our hour there.

As is usual in my reports I wish to talk about a particular volunteer. Lesley Irving has just retired from her role as one of our very valued money counters. She joined the team after retiring from her post in the Cashier's Office at the DGH in 2001. She has counted thousands of pounds on a weekly basis over the years from the shops, collecting pots and outside events, and we appreciate every penny. We wish Lesley all the best for the future and thank her for everything she has done for the Friends.

Dr Harry Walmsley

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CHRISTMAS COFFEE MORNING 2018

We hope that Saturday 17 November is in your diaries when we will be holding our Christmas coffee morning at St John's Parish Hall in Meads Street from 10 am – 12 pm. Yes it is that time of year when our thoughts turn to Christmas and presents.

The cake, bathroom and gift stalls are always very popular. We would appreciate any donations of unwanted gifts or bathroom products. We would welcome any cakes big or small, quiches or pies to sell. Please let me know if you are able to help or otherwise please bring your goodies along on the day. Toys which grandchildren may have grown out of could find a new home. Please ring me on 01323 722985 or the office if you need us to pick up.

We look forward to seeing you on 17 November and please bring along a friend or two.

Best wishes, Bo Phillips

FUNDRAISING

We are very fortunate to occasionally benefit from matched funding from a bank or other organisation because an employee has raised money for the Friends. We recently received £495 matched funding from Santander thanks to the help that Elaine Taylor gave the charity by recruiting players for the Doubles Tennis Tournament in May. Our thanks to Elaine and to Santander for this donation.

You have continued to recycle your old mobile phones and ink cartridges resulting in a donation of £171.75 from Recycle4Charity for the last quarter. Please keep doing this as it really does make a difference and it is a good way to stop these items going into landfill.

Our thanks go to Robert Slater who organised a quiz at the Priory Court Hotel, Pevensey, raising £120 for the Friends. Thanks also to all those who took part.

Finally, a reminder that you can raise money for the Friends without any extra effort if you shop on line at AmazonSmile. This is Amazon's way of giving back and they will donate 0.5% of the net purchase price from your eligible AmazonSmile purchases to your chosen charity. Visit the website www.smile.amazon.co.uk and choose to support the Friends of the Eastbourne Hospital. This way your regular shopping can support the charity without it costing you a penny!

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You are personally invited to join us at the

FoEH AGM

2 pm Wednesday
28 November 2018

Lecture Theatre, Education Centre, EDGH
and afterwards for tea and light refreshment

Guest Speaker:
Anita Smith, Speech & Language Consultant

We do hope you will be able to join us

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
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EDUCATION LECTURES

Each year, with the help of Peter Rimington our Education Officer, the FoEH hosts three educational talks for the general public. These free talks are very popular and we usually have a waiting list for places.



In May, Anita Smith from Speech and Language Therapy gave a very interesting talk entitled: "Have your cake, but can you eat it?" where she spoke about identifying, diagnosing and treating difficulties in swallowing. She linked her talk to the equipment that the FoEH are purchasing for the department and thanked the charity for its support.

In July, Phil Mayhead a Gastroenterology Consultant at the EDGH, gave a fascinating talk about bowel disease. He focused on the differences between Irritable Bowel Syndrome (IBS) and Inflammatory Bowel Disease (IBD) and the causes, symptoms and treatment of each.

The final talk of the year was given in September by Consultant Cardiologist, Andrew Marshall, who gave a very entertaining and informative talk on the history of cardiology from the 1600s through to the present day. He covered everything from the first time blood pressure was measured to the latest cardiac imaging equipment. The Friends have recently purchased a state of the art Echocardiography Machine for Cardiology, helping them to provide a seven day a week Echocardiogram service.



We will be announcing next year's medical talks in the New Year. Please keep a close eye out for the dates and do book early as places are limited for these very popular evenings. If you have a topic that you are interested in that you would like us to cover, please let us know.

We would like to say thank you to the consultants who gave their time to provide very interesting talks for our members and the general public.



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OPEN GARDENS

Thank you, thank you to all those who attended or supported our Open Gardens this summer. We raised a magnificent £28,660 towards our special projects for 2018. This is indeed a record which would not have been possible without the generous hospitality of the gardens owners. We would like to say a very big thank you to each and every one of you.

The hot, sunny weather made visiting the gardens all the more enjoyable. At the same time we appreciated the effort that must have gone into watering and nurturing the plants during the long hot spell. No easy task as I know from my own garden. What will next year bring I wonder? That is the joy of gardening, no two years are the same. It is one of the reasons we so enjoy visiting other folks gardens to see which plants and shrubs flourish in various conditions.

We now have to look to next summer and if you have a garden you would be willing to open please do let us know by calling the office on 01323 438236. It does not have to be large as we sometimes group two or three gardens together. You may have friends or neighbours who would be willing to open with you. It can be fun!

Thank you again for supporting us and from all the team we look forward to seeing you next year.

Gill Woolley

SILVER AND JEWELLERY

The Silver and Jewellery stall continues to be very popular and Jeanette and June, who run the stall, would like some more items to sell. They take any kind of jewellery – it can be costume jewellery or the real thing. They even take broken watches; everything has a value. The ladies also take any unwanted silver items.

So if you have a piece of silver or jewellery that you don't wear anymore, please let us know in the office on: (01323) 438236 or bring it in to the Friends Shop and we will pass it on to Jeanette and June. We can arrange for collection if you are not able to come to the hospital.

Jeannette May at Eastbourne Auctions inspects the donated items before they are sold and some are put into a Sale to raise money for the Friends. Our thanks to Eastbourne Auctions for their support.

The Silver and Jewellery stall will, of course, be at the Christmas Coffee Morning on Saturday 17 November – see the advert on page 14. Jeanette and June look forward to seeing you then.



CHRISTMAS COFFEE MORNING

Saturday

17 November 2018

10 am – 12 noon

St John's Parish Hall

Meads Street, Eastbourne

*Start your Christmas shopping early
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FRIENDS 13th ANNUAL ART EXHIBITION

St Andrew's Prep School, Meads

10 am – 4 pm Saturday 20 and Sunday 21 October 2018

We have a wonderful variety of 309 paintings to display at our Annual Art Exhibition. St Andrew's Prep School, for the thirteenth consecutive year, are generously lending us the use of their gymnasium to stage the exhibition. We are most grateful for their support and also to the Society of Eastbourne Artists for kindly allowing us the use of their screens to display the paintings.

We thank the many local Art Groups who have supported this fundraising evening by entering their paintings for the exhibition.



Mrs Jackie Hurwood (pictured left), a well-known local artist, has kindly donated one of her paintings for the raffle and Julian Sutherland-Beatson has generously donated one of his paintings to be auctioned at the pre-view evening.

On Saturday 20 October 2018 at 2 pm another well-known artist will give us a painting demonstration, which I know will be fascinating to watch. Do come along.

We look forward to welcoming you over the weekend to see the work of so many talented artists. Admission is free and you and your friends will have the opportunity to vote for your favourite picture in the show or you may be tempted to buy a painting.

Ann Caffyn, Art Exhibition Organiser

STAMPS AND POSTCARDS

I thank you for all the stamps and postcards you continue to donate to the Friends. I am waiting to hear about several lots which have gone to auction and will let you know the results in the next Hospitality.

Already it is time to think of our Christmas Coffee Morning where I hope to show you some very interesting old postcards and of course some lovely stamps.

Thank you so much for all the help you give to enable me to run the Stamp Stall; I am really grateful.

June Tickner

Qu?z N?ght

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SEAFORD GARDEN PARTY

This was our 14th Garden Party and the weather was beautiful; if anything a fraction too hot! As usual the preparations started in earnest on the Friday before the event with marquees and gazebos being erected, plus collecting chairs and tables etc from the neighbours, local churches and friends. We couldn't manage without our trusty team of volunteers who come every year to help. Our thanks to them and to the Newhaven, Seaford and Peacehaven Lions Club that loan us a marquee and the all-important gas urns for the tea making. Making tea for over 300 takes a lot of hot water, tea bags and energy by our tea makers.

This year we were sure of good weather and it was a real bonus to see everyone enjoying themselves, with a glass of Pimms in hand, listening to the Rock and Jazz Band from Seaford Head School and the more traditional Seaford Silver Band in the afternoon. The cream teas were a real favourite once again.

Our kitchen team worked tirelessly from 10am preparing the ploughman's lunches, whipping cream and keeping the servery replenished. None of this would be possible without the amazing help of friends, who all worked so hard to make the Garden Party a success.

The unsung heroes of the day are those who clear the tables and wash up, without any grumbling, only too happy to help wherever. We would like to say a special thank you to them all.

Our raffle prizes of luxury hampers were once again absolutely super, thanks to very generous donations from local suppliers, friends and relations, who continue to support this event each year.

Other popular favourites on the day were, of course, the tombola, plants, cakes, posh bric-a-brac and Sea Cadet fundraising stall, with their Digit Detective Game (guessing the last three digits on a £20 note) which was won by a local dignitary!

At 5pm this very lovely occasion came to an end and the mammoth task of dismantling everything began. It was a real team effort, ensuring the right bits got returned to the correct people and the raffle winners were contacted. The clearing up continued for several days until all the furniture was back where it belonged. It was then time to sit back, relax and answer the question asked by so many: "Are you going to have a garden party again next year?"

Pippa Logan



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NEWS FROM THE OFFICE

We would like to start by saying a BIG thank you to Malcolm Lawrence and David Attree who for the past decade have provided invaluable help and support with transporting equipment for the open gardens and cream tea and, before that, the summer fêtes. Without them, and their vehicle and trailer, we would have struggled to get all the important bits to the right places. They are a great example of unsung heroes, who play such a valuable part in successful fundraising events. They have both decided that the time is right to have more time to themselves to allow them to pursue their other interests. We wish them all the best for the future. Whilst Malcolm and David will be a hard act to follow, we would love to hear from anyone who may be interested in helping in this way in the future.

We would like to thank all those supporters who have signed up to the Eastbourne Borough Council Lottery and named the Friends as their chosen beneficiary. We have had some lucky winners; there is always the chance all six of your numbers could come up and you would be £25,000 richer. Visit: eastbournelocalottery.co.uk if you want to enter.

There has been a pleasing response to this year's invitation to our annual members to renew their membership. At the time of writing there are still a few more renewals to come in. We will not be sending final reminders, so if your membership is not renewed this will be your last copy of Hospitality; you can, of course, re-join at any time in the future.

You will see elsewhere details of our AGM which this year is on Wednesday 28th November at 2 pm in the Lecture Theatre here at the DGH. Our guest speaker is Anita Smith from the Speech and Language department, one of the areas supported by the trio of Special Projects in 2017-8. All members and FoEH supporters are welcome to attend.

If you are interested in the history of hospitals in the town, the Trust has collated some very interesting old photographs which can be viewed at www.esht.nhs.uk/campaigns/the-nhs-at-70-years-old/.

Finally, as this is the last magazine of the year, we must turn our thoughts to Christmas and the New Year. We are always grateful for the Christmas cards that are donated at this time. Due to the reconfiguration of the main foyer there is no longer a place for the metal box and trolley where the cards could previously be left. We are hoping to have an obvious place for the cards to be left in the main entrance area, but regret that we can only accept Christmas cards until the end of January.



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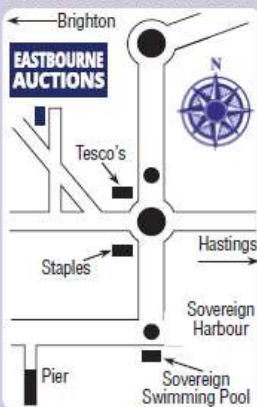
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PLEASE DONATE YOUR UNWANTED GIFTS THIS CHRISTMAS

We all receive gifts for Christmas that are lovely and generous but "not quite for me". Please think of the Friends and donate your new, unwanted presents in the New Year. What doesn't appeal to you will appeal to someone else and we can use them for a raffle or on one of our stalls. Anything from bottles to toiletries, we would appreciate it all.

SHOPS

It may seem a little early to be thinking about your Christmas shopping, but when you do, please come and have a look in the Friends Shop and see what's on offer. There is a great selection of nightwear, including a new range of housecoats, toiletry gift sets, knitted items and a host of other things that would make very useful and well received presents. Remember that all the profits from sales in the shops come back to the Friends to benefit the patients, staff and visitors to the hospital.

The volunteers in the Flower Shop are preparing for the festive season with a wonderful selection of seasonal silk and fresh flower arrangements. If you have any specific requests, do pop in and see them and they will do their best to help you. Or give them a call on (01323) 417400 ext 4033. There are still a few vacancies for new volunteers to join the team in the Flower Shop, so if this is something that might be of interest to you either pop in to the shop itself or phone the office.

If you listen to local radio you may have heard about the bottle tops that the Friends collect. Some of the information given may have been a little misleading, so to avoid any confusion, it is only (clean) milk bottle tops that we take – sadly we cannot make use of any others. We are continually grateful to John and Mary Carden who oversee the bottle top collection for us, and have donated many hundreds of pounds over the years from this.

The Glyndebourne jigsaw is now available to purchase on eBay and can be posted, if you wish to send it as a gift to someone out of the local area. There are still some available in the Friends shop as well.

The Shop Manager has managed to get her hands on some more Friends re-usable shopping bags, available in the shop for only £1.50. Hurry, they won't be there for long; they are very light and useful.

WIN A CAR FOR CHRISTMAS CHARITY DRAW

We are once again taking part in this popular charity raffle and will be selling raffle tickets in the Arndale Centre on Tuesday 18 December 2018 from 9 am – 4 pm. If you can spare some time to help us, please get in touch with the office on (01323) 438236. Anything from an hour upwards would be very much appreciated. The more people there are selling tickets and engaging with the public the better and it's a good way to promote the charity and let the public know what we do.

NEWS FROM THE TRUST

The last quarter saw a tremendous amount of donations from the Friends for which both staff and patients are extremely grateful.

The newly refurbished Maxillofacial and Orthodontic department has opened, substantially funded by the Friends, totally transforming the department and improving the patient experience. The ENT department has recently taken delivery of three new portable Laryngoscopes which are used by doctors to get a view of inside a patient's nose and throat for examining and performing local diagnostic and surgical procedures on the larynx. These new scopes will help us greatly with the growing demand of patients requiring a scope.

Another substantial donation was the new £98,000 Echocardiography machine (pictured right) giving doctors moving images of inside the heart with far greater clarity and definition. The new machine provides faster images which is particularly good for patients that would normally be difficult to image or those with complicated heart conditions. It will enable us to make more efficient decisions about patient care, which will help shorten waiting times, reduce admissions and reduce lengths of stay in hospital.



A new bladder scanner and an Uroflow Meter (pictured left) donated by the FoEH will mean children no longer have to travel to a specialist hospital in London for investigations in the future.

Eastbourne Midwifery Unit recently saw its 1,500 baby born. The Midwifery Unit has seen an increase in births of almost 40% this year compared with last year. This increase reflects growing confidence in the unit with more and more women choosing to have their babies in the midwifery unit.

Finally, the Endoscopy Unit at Eastbourne DGH has been recognised for high quality care by the Royal College of Physicians with a Joint Advisory Group accreditation for Gastrointestinal Endoscopy. This accreditation is awarded to endoscopy units that are able to meet a stringent set of standards relating to high quality patient care demonstrating a safe, patient centred and efficient service. The whole Endoscopy team worked incredibly hard to achieve this and take great pride in providing excellent patient care.

Thank you to the Friends for your ongoing support.

Simon Purkiss

GIFTS AND DONATIONS

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £3,511.00 in memory of:

Nicky Antonis, Alan Caffyn, Eileen Erridge, Philip Hazelden, Gladys Hutt, Maureen Miller, Tony Olivari, Joyce Oram, Patricia Owen, Elizabeth Penfold, David Robson, Derek Strickland, Gertrude Walsh

Legacies

During the past three months we have received with gratitude, legacies from the estates of:

Mr J Cosstick, Mrs D Hunt, Mrs M Norwell, Mr D Platt, Mrs V Rosamund, Mrs J Rooney

Recently agreed gifts to the Eastbourne District General Hospital

TV for waiting room in Firle Unit	£ 400.00
Enhancements to therapeutic garden for OT	£3,000.00
iPads for Stroke Rehab Unit	£2,100.00
Total	£5,500.00



If you would like to leave a Legacy in support of the
FRIENDS OF THE EASTBOURNE HOSPITAL
ask your Solicitor to include it in your Will

Leaving a gift to charity in your will is an amazing
way for your generosity to last beyond your own
lifetime

Office staff will be pleased to provide
additional information or to help in any way

The Friends Office
Eastbourne DGH, Kings Drive, Eastbourne. BN21 2UD

01323 438236
email: esh-tr.friendsdgh@nhs.net
www.friendsdgh.org.net

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription	£	:	£10
Renewal of Annual Subscription	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

£ _____

If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998
 Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title..... First name or Initial(s)..... Surname

Full Home address

..... Post Code

Date

Please notify the Charity if you:

- * want to cancel this declaration
- * change your name or home address
- * no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

.....Sort Code: A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code

Order early for
Christmas

Fresh & Silk Flower
Arrangements plus
Novelty Gifts

Prices start at £6.50
The sky's the limit!

Call the
Friends Flower Shop on
01323 417400 ext 4033



Care homes across Sussex

HORAM ✨ ALFRISTON ✨ POLEGATE ✨



Chanctonbury Healthcare is a local provider of care and nursing homes for the elderly in East Sussex.

All our homes have a friendly and compassionate ambiance and we want everyone who stays with us to feel at home. We are committed to making sure all our residents live their lives to the full and have the choice to pursue whatever activities or hobbies they enjoy.

- **NURSING**
- **RESIDENTIAL**
- **RESPIRE**
- **DAY CLUBS**
- **LUNCHES**

Our highly qualified staff are passionate about treating every resident with the utmost dignity and compassion. We take great pride in the high quality care we give and work hard with our residents and their loved ones to ensure care is tailored to their wants and needs.

Visit our website chanctonbury-care.com or contact us if you would like to make an enquiry.

www.chanctonbury-care.com



CHANCTONBURY
HEALTHCARE

All our homes are
CQC rating

Good

Inspected and rated by
Care Quality Commission



Alfriston
01323 874140



Polegate
01323 487931



Horam
01435 813030

WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Easter and Christmas cards are collected for **6 weeks following the event**.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs.



HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads, textured fabrics to sew onto Twiddlemuffs and for card making.



PLASTIC MILK BOTTLE TOPS – any colour

These are recycled by FoEH volunteers and are made into everyday items such as traffic cones. Please **ONLY** bring in clean milk bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers and baskets that they can use for new arrangements.



NEW GIFT ITEMS/UNWANTED PRESENTS

New gifts are sold at our Summer and Christmas fairs. We also welcome donations of wines and spirits and chocolates etc.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and jewellery. Eastbourne Auctions support the ladies by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened/unused items such as make up, creams and soaps which we sell at our fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every inkjet cartridge recycled in one of our Recycle 4 Charity envelopes. Pick them up from the main shop.

HOW TO DONATE

Please bring your donations to the Friends Office or the Friends Shop, which is in the main foyer of the hospital. Alternatively, call the office on 01323 438236 and we will arrange for someone to pick it up from you.



Clockwise from top left:

Rainbow Nursery staff and children * Unsung Hero Charlie Gepilga
Eastbourne Open Garden * Echocardiography Machine - Major Project 2018
Maxillofacial and Orthodontic Department Refurbishment - Major Project 2018