HOSPITALITY

QUARTERLY MAGAZINE



SUMMER EDITION

April - July 2019 Number 154

















www.caffyns.co.uk

21068



ANNUAL CREAM TEA & SUMMER FAIR

East Dean & Friston Village Hall

Gilbert Drive, East Dean
No 12 Bus runs every 15 minutes from Eastbourne

Sunday 9 June 2019 1.30 pm – 4.30 pm

MUSICAL ENTERTAINMENT & CREAM TEA from £6

Call the Friends Office on 01323 438236 for tickets or buy them on the day

FREE ENTRY TO A SELECTION OF STALLS

Plant Stall * Bathroom Stall * Stamps Cakes & Preserves * Remade Cards Pimms * Books * Flower Shop Silver & Jewellery * Grand Draw Tickets

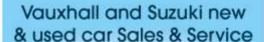
FREE PARKING ON FIELD

Disabled parking available



Eastbourne Motoring Centre Ltd

"We're not number one, you are!"







PLUS over 200 used cars and vans all makes and models available

eastbourneusedcars

View on line and visit on site

co.uk

Hospitality Magazine readers Service Offer!

Interim Service with MOT test

NOW ONLY £149.00 Full Service with MOT test

NOW ONLY £199.00 Major Service with MOT test

NOW ONLY £249.00

FREE local collection and delivery . FREE wash and vac with every service



CLAIM YOUR FREE MOT TEST FOR LIFE

WHEN YOU HAVE YOUR VEHICLE REGULARLY SERVICED WITH US

Eastbourne Motoring Centre Ltd

Cavendish Bridge, Eastbourne BN21 3SE

01323 720681

www.emcgroup.co.uk

Contents

Page		Page)
	Caffyns Advert	15	Carole Naylor, Fundraising Report
1	Cream Tea & Summer Fair advert	16	Fundraising Report continued
2	Eastbourne Motoring Centre advert	1 <i>7</i>	News from the Office
3	Contents, Dates For Your Diary	18	Oscar's Hair & Beauty advert
4	Committee	19	News from the Office continued
5	Chairman's Report	20	Robbins Financial & Sussex Secretaries
6	Christine Barton, Barry & Co adverts	21	Eastbourne Auctions advert
7	Summer Raffle	22	Quiz & Tennis adverts
8	Ocklynge Manor & Tweed adverts	23	Trust News
9	Open Gardens	24	Educational Lectures advert
10	Right at Home & Surridges adverts	25	Membership Form
11	Stamps, Friends Shop advert	26	Gift Aid & Bankers Order Forms
12	Sunrise advert	27	Shop Report
13	In Lieu, Rosemary's Coffee Morning	28	Chanctonbury Healthcare advert



14

DATES FOR YOUR DIARY FOR 2019

29

We Collect

Educational Talk

\triangleright	12 May	Mixed Doubles Tennis Tournament
\triangleright	17 May	Rosemary's Coffee Morning
	22 May	First Open Garden
	09 June	Cream Tea & Summer Fair
	27 June	Educational Talk
\triangleright	26 July	Quiz Night
\triangleright	10 October	Educational Talk
>	26 – 27 October	Art Exhibition

Hospitality is printed by:



Rosemary's Coffee Morning advert

▶ 09 May

and digital printers

High quality T: 01323 891019 lithographic E: info@tansleysprinters.co.uk www.tansleysprinters.co.uk

19 Broad Street Seaford East Sussex BN25 1LS

Editorial Team Editor and PR Proofreading

Debbie Wicks Joan and John Wilson



FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 (220592) and affiliated to ATTEND (formerly the National Association of Hospital and Community Friends)

Patron
THE BISHOP OF LEWES

EXECUTIVE

President
DR PETER NASH

Vice-President
DR JOHN SURTEES

Chairman
DR HARRY WALMSLEY

Vice-Chairman VACANT

Treasurer
MR PETER SKILBECK

Assistant Treasurer MR ROGER SMALLEY

Secretary
MRS SUE DUFFELL
MRS DEBBIE WICKS

Shop Manager MRS SUE HITCHEN

Assistant Shop Managers MRS TRACIE SHEPHERD MRS RAI HITCHEN

Education Officer
MR PETER RIMINGTON

Friends of the Eastbourne Hospital, District General Hospital, Kings Drive, Eastbourne, East Sussex, BN21 2UD Tel. No. 01323 438236 e-mail: esh-tr.friendsdgh@nhs.net www.friendsdgh.org.uk

Committee Members

Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs T Hamblin, Mr A Holter, Mrs C Lock, Dr M Lonsdale, Mr H Parker, Mrs G Perry, Mrs B Phillips, Mr G Stone, Mrs G Woolley

Hon Solicitor: Mrs C Busuttil

Auditors: Watson Associates, Chartered Accountants

CHAIR REPORT

This is my first report for 2019 and things are hotting up for the Friends' fundraising. At the beginning of March we held a wine tasting with a difference when Tom Surgey of Ridgeview Wine Estate and Henry Butler of Butlers Wine Cellar in Brighton went head to head trying to convince us that each of their wines was better than their opponent's wines. You can read more about it on page 16.



In March we were joined by two new Trustees, Margaret Lonsdale an old colleague of mine and Glendon Stone, who until very recently was the FoEH Honorary Solicitor. We are very pleased to welcome them to the committee and look forward to working with them in the future.

Carole Naylor retired as a Trustee in March after 22 years on the committee. I would like to thank her most sincerely for her support. You can read more about what Carole has done for the Friends on page 15. I would also like to thank Masayo Crumbie, who has stepped down as a Trustee, for her support over the last few years, particularly for her help with legal matters and for organising the annual Free Wills event with the local solicitors. We wish her well for the future.

A new Friends refreshment outlet is opening in the hospital, in conjunction with Macmillan Cancer Support. The reception area in the foyer by the Radiotherapy and Day Surgery entrance will have a small coffee shop run by the Friends. Macmillan will have an information area there for cancer patients and their relatives. The Macmillan volunteers will be able to talk to patients and relatives of the radiotherapy unit about their concerns, so this area will be much used and appreciated.

The Friends major project for this year, as most of you will know, is to raise $\pounds500,000$ for equipment for the new expanded Urology Unit in the hospital. The Urology Investigation Suite will double in size and there will also be an Enhanced Recovery Unit for postoperative patients so that Urology won't have to rely on available ICU/HDU beds to carry out surgery. The building work for the unit is due to be finished at the end of May. Over the next few months the new equipment will be purchased as staffing numbers are increased to fill the new unit. Fundraising is going well for this state of the art unit but please continue to support the Friends so that we can purchase the equipment on time. Many thanks.

Harry Walmsley

WILL WRITING SERVICE

Usual fee per Will £125 plus VAT

Free Wills Brochure available on request (Lasting Powers of Attorney from £235 plus VAT)

Tel: (01323) 460395

Barry & Co Solicitors

Bay Terrace, Pevensey Bay, East Sussex, BN24 6EE

PROBATE ADVICE

No obligation legal advice on initiating Probate and Estate Administration Tel: 01323 768382 or contact: rachel@barry&co.org



CHRISTINE M. BARTON

m.e.a.ch. m.a.c.pod

HOME VISITING
FOOT HEALTH PRACTITIONER

TEL: 01323 502867

SUMMER RAFFLE 2019

As you may already know, we are ringing the changes this year and, instead of the Grand Draw, we are holding a new Summer Raffle with a ± 100 cash first prize. The raffle is being drawn at 4 pm at our Cream Tea and Summer Fair at East Dean and Friston Village Hall on Sunday 9 June. For your chance to win one of the many great prizes on offer, including vouchers for restaurants and tea rooms, sports tickets and entry tickets to many popular local venues, please complete and return the tickets that are enclosed with this magazine by Friday 7 June.

Let us know in the Friends Office if you would like more tickets for yourself or to sell to friends and family and we will get them to you. Otherwise you can pick them up from one of our shops or notice boards when you are next in the hospital or from the ticket sellers manning the Summer Raffle table. Alternatively, Sue Duffell will be on the Friends Stall at any of the Open Gardens and she will be able to supply you with additional books of tickets. Sue will also be happy to take your ticket stubs and payment, to save you posting them or bringing them in to the hospital.

The Friends Office is organising the rota for the sale of raffle tickets in the foyer, but this year it will only be for the 3 weeks leading up to the draw. If you would like to help, please ring us on 01323 438236. We look forward to hearing from you, and thank you for your support.

Debbie Wicks

<u>SELLING DATES</u> <u>SHIFT TIMES</u>

WEEK 1 May $20^{th} - 24^{th}$ 10am -12noon} on all

WEEK 2 May $28^{th} - 31^{st}$ $2pm^-4pm$ } selling dates

WEEK 3 JUNE 3rd - 7th

WANTED

Do you have any spare wool that could be donated to our army of fantastic knitters? If so, please bring it into the main shop and we will make sure that it is put to good use.



Bed & Breakfast from £50 OCKLYNGE MANOR



Mill Road, Eastbourne BN21 2PG www.ocklyngemanor.co.uk ocklyngemanor@hotmail.com

Tel: 01323 734121

"TWEED" The Emilie Galloway Home of Rest

Manager: Tess Howell



Situated near the Grand Hotel, local shops and the sea front, Tweed is a superior quality care home for 21 residents run by a charitable trust established in 1930. The trust seeks to keep its fees to a minimum and tailored to the needs of the resident, whilst providing a high standard of care and accommodation.

01323 733223

Email: info@tweedcarehome.co.uk www.tweedcarehome.co.uk Tweed, The Emilie Galloway Home of Rest 8/10 Silverdale Road, Eastbourne BN20 7AL

OPEN GARDENS

You will find a copy of this year's programme in with your magazine. Once again we have a full programme of varied gardens for you to enjoy and, as always, would like to express our very grateful thanks to the owners who so generously allow us to take over for the day.



We start on the 22 May with some new gardens in Eastbourne, and also have new gardens on 5 June in Cowbeech, 12 June in Saffrons Park and on the 17 July we have added an additional new garden to the Waldron gardens. Alongside these we are returning to some popular 'old favourites': Summertree Farm in Bodle Street Green on

29 May that we haven't visited for a while, Folkington Place on the 19 June, Limekiln Farm on 3 July, Ocklynge Manor on 10 July and Knightsbridge House on 24 July. We will end the season on **Saturday** 10 August with a return to Hankham Hall Cottage.

We are pleased to be able to open all day on 29 May, 19 June and 10 August when we will once again be serving our popular Ploughman's lunches. All other gardens will be open from 10.30 am to 12.30 pm, and then again from 2 pm to 4 pm.

At all gardens we will have our plant, cake and remade card stalls and at selected gardens will also have the Friends bookstall. At a few gardens we are lucky to have the Very Nice Handbag Company selling their wide range of popular and reasonably priced handbags.

If you are a regular visitor we look forward to welcoming you once again and if you have never been to an open garden before, it is a lovely way to support the Friends while enjoying a very pleasant day out. We always serve morning coffee and afternoon tea, with a wide selection of delicious homemade cakes.



Of course the gardens would not be anything without our wonderful team of volunteers who not only help on the day, but do all sorts of things in advance like growing and nurturing the plants, baking the cakes and many other things behind the scene that ensure the smooth running of the day. We thank them all.

We open whatever the weather, but are keeping our fingers crossed that the sun shines on us again this year.....



Quality care and support in your home from 1 hour visits to 24 hour live-in care

Our services in Eastbourne include:

- Companionship
- Transportation and errands
- Meal preparation
- · Light housekeeping
- · Help with washing and dressing
- Personal care
- Medication reminders
- Post-operative support
- Holiday and respite cover
- Specialist dementia care

And much more...



Contact us for more information

01323 414 658

ulrica.delaney@rightathome.co.uk

www.rightathome.co.uk/eastbourne



INFO@SURRIDGES.CO.UK 01323406440 Surridges.co.uk



Surridges is an award-winning estate agent with almost three decades of experience selling properties of all types locally.

- Free market and probate valuations
- Personal service, great marketing & accompanied viewings
- Advertising on Rightmove, Zoopla & Primelocation
- Highly competitive fees of just 0.6% + VAT, no sale, no fee



GOLD WINNER

ESTATE AGENT IN EASTBOURNE (BN20-BN21) naea|propertymark



STAMPS AND POSTCARDS



The first months of the year have started well with quite good sales. However, regretfully, there are fewer stamp collectors these days than there used to be. Another problem that I have found is that the post office produces

some lovely stamps but then put postage labels over them for posting, which is a pity.

I am preparing for the Cream Tea and Summer Fair on 9 June and hope to see you all there. I have some very good stamps and postcards to show you and perhaps help you to fill some of those gaps in your collection.

Thank you so much for all of your donations.





VISIT THE FRIENDS SHOP

in the DGH foyer and discover the great variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear, Slippers, Bags, Fruit and Puzzles plus a great selection of Books, Cards, Magazines and Newspapers

OPEN MONDAY - FRIDAY 9.00 am - 6.30 pm SATURDAY 10.00 am - 4.00 pm SUNDAY 1.30 - 4.00 pm

Tel: 01323 647188









The Life you Want, The Care you Need



When it comes to senior care, Sunrise continues to set the standard. Our expertly trained staff and the high quality personalised care we offer are changing the way people think about senior living.

Our tailored programmes of care, a huge range of daily activities, weekly outings and passionate, expertly-trained staff all come together to create a senior living experience unlike any other.

Whether it's assisted living, nursing or our ground-breaking Reminiscence Neighbourhood bringing comfort to those living with memory loss, everything we do is born from a commitment to providing only the very best care to seniors.

Call us on **01323 888682** to find out more

Sunrise of Eastbourne, 6 Upper Kings Drive, Eastbourne, East Sussex BN20 9AN

SunriseEastbourne.co.uk

f @ & y D

GIFTS AND DONATIONS

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £2,863.91 in memory of:

Muriel Clewley, Denis Cole, Ann Gearing, Keith Mepham, Kenneth New, Leslie Olive, Brian Scott, Helen Scott, Bob Searle, and Robert Sturgis

Legacies

During the past three months we have received with gratitude, a legacy from the estate of:

Violet Clarke

Recently agreed gifts to the Eastbourne District General Hospital

Total	£	34,981
Sofa for Crisis Response Team	£	30
Microwave for Post-Graduate team	£	42
Portable CPR machine	£	9,760
Sensory equipment for midwifery unit	£	766
1/3 share of replacement lorry for Mobile diabetic screening	£	24,383

ROSEMARY'S COFFEE MORNING

Do come along and support the Spring Coffee Morning on Friday 17 May, at 35 Compton Drive, if you can. This is always a popular event and is a good opportunity to bring along a friend or two and introduce them to the work of the Friends.

It would be wonderful if you were able to contribute a raffle prize, or a cake, preserves, produce or plants/seedlings for the plant stall, or have 'surplus to requirements' bathroom or cosmetic products (which we can sell on at the Bathroom Stall at the Cream Tea on 9 June). We would be happy to collect if you let us know.

There will be a lovely selection of stalls for you to browse and, of course, tea and coffee and a biscuit for a donation of £1.

Hope to see you there!

Rosemary Cameron



Rosemary Cameron would like to invite you to

A COFFEE MORNING

Friday 17 May 2019 10 am – 12 noon

35 COMPTON DRIVE, EASTBOURNE, BN20 8BX

Donations of £1 for coffee and biscuit



Raffle & Stalls including: Homemade Cakes and Preserves, Books, Jewellery & Plants

PLEASE BRING ALONG ANY UNWANTED NEW TOILETRIES
for selling on our Bathroom Stall

at the FoEH Cream Tea & Summer Fair

Raising money for the Eastbourne DGH and £500,000 for the new enlarged Urology Investigation Suite

Please come along and do bring a friend

CAROLE NAYLOR



Carole Naylor, one of our valuable Trustees, has retired after 22 years on the committee and we think she deserves a rest! Carole joined the Flower Shop when it opened in 1986 and volunteered there every Thursday morning, sometimes taking her young children with her in the holidays. In 1996 she took on Flag Week, which she organised for 5 years. She was also the Chairman of the Seaford branch of the Friends and with the support of Margaret Mason helped to

organise events and promote the Friends in the local area. She has also helped at many of our outside events such as the Cream Tea and also helps us with our Educational Talks.

Carole led the Open Garden Team for 10 years finding the gardens, making sure that they were suitable for the Charity to visit and overseeing the committee of fantastic volunteers that made sure that we, the visitors, had a wonderful day. She handed the reins over to Gill and Heather in 2012 but did not step away and is still a valued member of the team. You will find her at the gardens again this year.



Carole is still involved in many of the Friends events and will continue to support the charity in the future. She really is a very special person and has done so much for the Friends of Eastbourne Hospital. We would like to thank her for her support – past, present and future.

FUNDRAISING

We would like to thank everyone who gave us donations at Christmas, some of whom chose to remain anonymous or asked us not to send receipts or thank you letters; your donations are always appreciated.



Last year, Sainsbury's Local in Victoria Drive chose the Friends as its charity of the year. We were delighted to receive £1,254 from them, as a result of the various fund-raising activities they did over the year. A further £500 (pictured left) was received from Waitrose in Eastbourne, from their green token scheme. Thank you to all Waitrose

shoppers for putting your green tokens in the Friends box.

Despite bad weather during the event, which caused a total washout on one day, The Historic Vehicle Club donated £500 from last year's Festival of Transport. We wish them better weather this year.

We continue to get regular payments from Recycle4Charity from the used ink cartridges that you send in. Please remember that we get $\pounds 1$ for every suitable cartridge. Freepost envelopes are available in our shops, at our events or ring the office and we can send you some. You can no longer recycle old mobile phones in this way.

We were pleased to receive £24.50 from Amazon Smile which represented 0.5% of all purchases made Smile.Amazon.co.uk in the last auarter of 2018, by customers who had chosen the Friends to be their benefiting charity. you would like Amazon to donate money this way on your behalf, at **no extra cost** to yourself, please to qo



https://smile.amazon.co.uk/ch/220592-0 to nominate 'Friends of the Eastbourne Hospital' to be your chosen charity and then do your online shopping at Smile.Amazon rather than the regular Amazon site.

Donations don't always take the form of money. For instance, there are lots of people growing lavender for us; it is dried and sewed into lavender bags which are then sold in the Flower Shop and Main Shop. Thank you to all you growers, the sale of these lovely little bags has raised over £100.

Mary and John Carden, who organise the milk bottle top recycling, have now collected more than 20 tons of tops, which has led to monetary donations to the Friends and to Prostate Cancer Support Group and has prevented the tops going into landfill. You can bring your clean, milk bottle tops (no other bottle tops thank you) to the Friends Shop. Our thanks to Mary and John for all their hard work.

The Battle of the Bottles on the 1 March raised £692 for the Friends. Guests enjoyed six very fine wines chosen by Henry Butler and Tom Surgey who went head to head trying to convince the audience that

the wine they had chosen was the best. The evening, won by Henry, was filled with interesting facts, lots of laughter and some delicious wines.

The quiz night was supported by over 90 people who enjoyed a great evening at the Fishermen's Club on the seafront. The evening raised a record breaking $\pounds 679$ from ticket sales and a very well stocked raffle. Sue Hitchen is organising another quiz on 26 July. Please book your place early if you'd like to come as the recent quiz sold out very quickly and many people were disappointed.

At the time of writing, we are looking forward to a Dine Around the World evening at La Locanda del Duca, which is always very popular. Our thanks to Luca Albertoli for his continue support. If you have any suggestions as to where we can go next, please let us know in the office.

NEWS FROM THE OFFICE

We have been pleased with the support and interest in our recent events. The Battle of the Bottles was an entertaining evening enjoyed by nearly 70 people and the Quiz and the Dine Around the World evening at La Locanda were both sold out several weeks in advance. Bookings for all our events are taken on a first come first served basis so if you see something you are interested in, please don't leave it too late. Remember, all events are advertised on our Facebook page and on our website, so do please keep an eye on these. We would be very grateful if you could share our posts with your friends, or tell them in person if you or they are not online; word of mouth helps us reach a wider audience and we are grateful for your help with spreading our news.

The first education lecture is on Thursday 9 May and is on 'The Changing Face of Vascular Surgery' by Mark Edwards. If you would like to come, please give us a call to reserve you place.

Bo's popular Mixed Doubles Tennis Tournament is being held on Sunday 12 May. Please get in touch with us in the office if you would like to play. It's only $\pounds 15$ for a fun afternoon's tennis and the famous "splendid tea" that Bo and her friends treat the players to. You don't need a partner as everyone swaps around, but you do need to book. See the advert on page 22 for more information.

Rosemary's Coffee Morning, which has become one of the most anticipated and enjoyable events in our calendar, is on Friday 17 May. Please see the advert on page 14 for more details. Rosemary is asking visitors to bring any donations they may have for the Bathroom Stall to the coffee morning, as well as cakes and preserves for sale on the day.



HAIR BIJOUX

Hair Extensions and Hair Replacement Specialists

HAIR REPLACEMENT

Oscar's Hair & Beauty Tel: 01323 746644 Oscar's Hair Bijoux 26 Cavendish Place Easthourne East Sussex **BN213JA** www.oscarshb.com













The Open Garden programme starts on Wednesday 22 May and continues until 24 July, with a bonus garden on Saturday 10 August. Your brochure is included with this magazine and we hope to see you at some of the lovely gardens being opened this year for the Friends. Do visit and please bring a friend ... or two!

The Cream Tea and Summer Fair is at East Dean and Friston Village Hall on Sunday 9 June from 1.30-4.30 pm. We are asking for donations of new, unused toiletries for the bathroom stall as well as bottles for the bottle tombola. Please bring any donations to the Friends Shop for us to collect. Cakes and preserves for the cake stall can be brought along on the day or to the Friends Shop before 4 pm the day before. Jeanette and June will have their very popular Silver and Jewellery stall and are asking for donations. They welcome every type of item from watches to tiaras and nothing needs to be real, perfect or working to be appreciated as a donation.

The new Summer Raffle will be drawn at 4 pm at the Cream Tea so do make sure that you've returned your stubs to the hospital by Friday 7 June to be in with a chance of winning the £100 cash first prize or one of the other great prizes. We do appreciate that these days you are inundated with charity raffle tickets but would ask for your support as all the money raised from this raffle will go to support the Eastbourne DGH and our special project for this year.

Our second education lecture is taking place at 7 pm on Thursday 27 June and will be on Respiratory Diseases, given by Georgie Luxford, a Specialist Nurse Practitioner in Respiratory Medicine.

The next quiz is on Friday 26 July at the Fishermen's Club. Remember, places go quickly, so please do get in touch if you are interested.

We now have reduced storage space here in the hospital for the used greetings cards that you so generously donate, which means that we really cannot take Christmas cards at any time other than the first couple of weeks after Christmas. We are still finding Christmas cards in with bundles of other cards. There are now fewer places where cards can be recycled in the town, so unfortunately, if you still have Christmas cards that you were hoping to give us, please can we ask you to put them in your household recycling. If you are in any doubt over what we can and cannot take, please ring the office.

BT MyDonate, our current online donation partner, is stopping this service at the end of June. In future we will be using Virgin Money Giving for online donations. The change-over is not yet complete so we will have more information in July's magazine.



Robbins Financial are locally based Equity Release Specialists

If you are considering raising funds to:

- Repay an outstanding interest only mortgage
- Undertake home improvements
- Help out family
- Get help with care costs
 Raise a deposit on a new home



This is a lifetime mortgage. To understand the features and risks, ask for a personalised illustration.

Please contact Zoë Robbins for a FREE, no obligation initial discussion by telephone or in the comfort of your own home.

There will be a fee for arranging your Equity Release and the fee amount will depend upon the type of Equity Release that you are arranging. This agreed fee is payable upon completion.

Tel: 07724 452972 Email: zog@robbinsfinancial.co.uk www.robbinsfinancial.co.uk

Zot Roobins trading as flotbyn Francial is an Appointed Representative of Pres. Home Loans, Fink Home Loans is a briding fame of Advance Montgage Funding Ltd. which is switcenteed and regulated by the Francial Conduct Authority.

SUSSEX SECRETARIES



DO YOU NEED SECRETARIAL HELP FOR YOUR BUSINESS OR IN YOUR HOME?

Call us to discuss ways in which we can help you

Tel: 01424 892463

Mobiles: 07940 886123 or 07985 192059

or visit our website www.sussexsecretaries.co.uk to see what services we can offer you



Your Local
Saleroom with
The
International
Reputation

JEWELLERY WANTED FOR OUR FORTHCOMING SALES







SOLD FOR £1,370

SOLD FOR £1,750





SOLD FOR £2,250

SOLD FOR £3,600

Sale Dates: 6th & 13th April & 9th, 10th, 11th May

EVERYBODY WELCOME



NEW FOR 2019 FOLLOW US ON INSTAGRAM



AS SEEN ON BBC TV'S BARGAIN HUNT AND FLOG IT!

www.eastbourneauction.com

Qu?z N?ght

Friday 26 July 2019

7 pm for 7.30 pm

Upstairs at The Fishermen's Club, Royal Parade, Eastbourne

Teams of up to 7 people

£10 per person

to include a light supper

To book call 01323 438236

or email: esh-tr.friendsdgh@nhs.net

MIXED DOUBLES TENNIS TOURNAMENT

SUNDAY 12 MAY 2019

from 1.30 pm – 6 pm Beresford Courts, Summerdown Road, Eastbourne

ENTRY £15 PER ADULT

to include a splendid tea

Advanced booking is essential (01323) 438236

Tennis partner not required





TRUST NEWS

2019 started with some fantastic news when Neurological Physiotherapist Debbie Soave and Macmillan Dietitian Penny Kaye were awarded a Member of the British Empire (MBE) in the New Year's honours List. Both have worked at Eastbourne DGH for a number of years and the award was extremely well deserved, reflecting their strong and passionate advocacy towards their patients.

The New Year also saw the appointment of Steve Phoenix as Chair of East Sussex Healthcare NHS Trust replacing David Clayton-Smith who retired at the end of January. Steve has extensive NHS Board level experience having held several senior leadership roles in the NHS across the South East with experience spanning regional, commissioning and community provider roles.

Our maternity service was the first in the Sussex and Surrey region to successfully launch a new community maternity team and deliver their first baby in line with the recommendations from The National Maternity Review: Better Births Report. The team, called The Coastal Team, comprises of eight midwives who care for women in the Eastbourne area who plan to give birth at Eastbourne Midwifery Unit. They offer continuity of care before birth, during labour and after the birth either at home or on the Midwifery Unit.

Work is now well underway on a new £1.3 million Urology Investigation Suite. The new unit, once complete in June, will offer a dedicated one stop urology clinic and offer an enhanced patient experience. It co-locates all urology services at Eastbourne DGH in a modern, fit for purpose Urology Investigation Unit which includes ten outpatient clinic rooms with some the latest diagnostic investigation equipment provided by the Friends 2019 appeal.

The results of the latest NHS Staff Survey demonstrate a trend of year on year improvement in many important areas at the Trust. We had our highest response rate (53%) in five years, which was amongst the best when compared to similar NHS Trusts. The survey questioned members of staff about their workplace and working life. In the quality of appraisal and safety culture there was significant improvement from last year. The survey showed members of staff feel more supported and valued by their managers and more felt able to raise issues of concern with the confidence that they will be addressed. Importantly, more members of staff within the organisation would recommend EHST as a place to work and receive care.

Thanks for your continued support which is much appreciated by patients and staff.

Simon Purkiss

The Friends' invite you to the next in a series of talks on Advances in Medicine and Surgery



Thursday 9 MAY 2019 at 7.00 pm The Changing Face of Vascular Surgery

By Consultant Vascular Surgeon Mark Edwards



Thursday 27 June 2019 at 7.00 pm "Respiratory Diseases"

By Specialist Nurse Practitioner in Respiratory Medicine Georgie Luxford



Lecture Theatre, Post Grad Suite, Eastbourne DGH Disabled Access

Tickets FREE to include parking

Please contact the Friends Office
Eastbourne DGH, Kings Drive, Eastbourne, BN21 2UD
on 01323 438236 or
email: esh-tr.friendsdgh@nhs.net

The talks will last approximately an hour and we invite you to join us for refreshments afterwards

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

£	:	£10
£	:	£10
	:	£30
£	:	
£		
	££££	£ :

If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

Delivering Hospitality				
Volunteer work in the DGH				
Help with fund raising activities				
Mr/Mrs/Miss/Ms				
Address				
	Postcode			
T 1 1	5 .			
Telephone	Date			
Email				
LIIUII				

Please return to

Hon Membership Secretary Friends of the Eastbourne Hospital District General Hospital Kings Drive Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION Boost your donation by 25p of Gift Aid for every £1 you donate Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK tax payer. Please complete the information below and return it to: The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD I confirm that I would like all my donations, past, present and future to: FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592) to be treated as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. My Details: Post Code Date Please notify the Charity if you: * want to cancel this declaration * change your name or home address * no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code. STANDING ORDER (Name and address of your Bank) Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of) (Amount in figures) (Amount in words) Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Registered Under the Charities Act 1960 No 220592

SHOPS

The new summer nightwear collection arrived in the shop on 1^{st} April – do take a moment to pop in and have a look. Maybe now is the time to treat yourself with new pyjamas for the warmer weather ahead. We stock sizes up to 5XL, which is not usually available in other shops.

If you would like an Easter floral arrangement, why not call in to the Flower Shop, where the volunteers will be happy to talk to you about any special requests you may have. Flowers are not just for the big occasions, they are a lovely way to cheer someone up, or to say thank you. The Flower Shop team will be in the Beacon Shopping Centre on 10 May and 12 July with a wide selection on sale. If you cannot get to the hospital but would like to support the Flower Shop this may be an easier option for you. Don't forget, you can always phone the shop on 01323 417400 ext 4033 to place an order and pay by card. The Flower Shop volunteers do not do wedding flowers but can provide very competitively priced arrangements for all other occasions.

There are a few opportunities in the main shop for volunteers to cover the late afternoon/early evening shifts, which run from 4.30 to 6.30 pm. This might suit people who would like to volunteer after work, or prefer their commitments to be later in the day. We would love to hear from anyone who might like to be considered as a 'bank volunteer' for the shops or trolleys. They would sometimes need to be available at quite short notice to cover absences. We are also looking for reliable people who would be interested in the weekend sandwich trolley round. This trolley goes round the wards, aimed primarily at staff that cannot get away for a break and is a much appreciated service.

Once again our popular remade cards will be for sale at the open gardens, along with honey and hand wash from the shop.

Flowers for all Occasions Call in and see us at the Friends Flower Shop at the entrance to the main car park Open Mon - Fri 9.00 am - 4.00 pm Sat 1.30 - 4.00 pm Telephone orders: 01323 417400 ext 4033





RESIDENTIAL RESPITE DAY SERVICES LUNCH CLUB FAMILY SUPPORT GROUP The Queensmead, one of the Chanctonbury Healthcare collection is situated in the Wealden town of Polegate, near Eastbourne with views of the South Downs.

With personalised care, each day is meaningful and with purpose. Choice and independence is promoted throughout the home whether you are staying for a day, two weeks or making it your home.





If you have any questions about The Queensmead please visit us Victoria Road, Polegate, BN26 6BU

Chanctonbury-care.com







WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Due to limited storage space Christmas cards can only be collected for a short time at the beginning of January. If in doubt please phone the office.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs.



HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads, textured fabrics to sew onto Twiddlemuffs and for card making.



PLASTIC MILK BOTTLE TOPS - any colour

These are recycled by FoEH volunteers and are made into everyday items such as traffic cones. Please ONLY bring in clean milk bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers and baskets that they can use for new arrangements.



NEW GIFT ITEMS/UNWANTED PRESENTS

New gifts are sold at our Summer and Christmas fairs. We also welcome donations of wines and spirits and chocolates etc.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and jewellery. Eastbourne Auctions support the ladies by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened/unused items such as make up, creams and soaps which we sell at our fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every inkjet cartridge recycled in one of our Recycle 4 Charity envelopes. Pick them up from the main shop.

HOW TO DONATE

Please bring your donations to the Friends Office or the Friends Shop, which is in the main foyer of the hospital. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.













Clockwise from top left:

Eric Huke from Croydon Millenary Chapter * Donation to Respiratory Team Angela, Ann and Mo at the Lifestyle Show * Harry Walmsley & Naomi Forder Henry Butler at the Battle of the Bottles * The AJ's - winners of the March Quiz