

# HOSPITALITY

SPRING EDITION  
JANUARY - APRIL 2022

Friends of Eastbourne Hospital

QUARTERLY MAGAZINE  
NUMBER 165

*Beachy Head Lighthouse*

[www.friendsdgh.org.uk](http://www.friendsdgh.org.uk)



STAMP DUTY:  
OUR PHILATELIC  
FUNDRAISING

PRIDE OF ESHT  
AWARDS

THE ARTIST'S  
KITCHEN RECIPE  
BOOK, OUT NOW

2021's DONATION  
TO RADIOLOGY



*Awards at the AGM*



*The 16th Annual Art Exhibition*



*2022's Major Project*

**PLUS: News from the Office and Shops, Fundraising Round-ups, Dates for the Diary, and all Donations**

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# ARTIST'S KITCHEN

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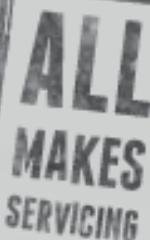
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# DATES FOR YOUR DIARY

25 MARCH

Still proceeding at time of  
print, but event subject to  
Covid-19 announcements

Fashion Show  
All Saints Church Hall  
2.30 - 5pm  
Tickets £6

22 APRIL

FoEH Quiz Night  
The Fishermen's Club  
7pm, Tickets £10  
Teams up to 7 people

11 JUNE

Barn Dance  
Carter's Corner Farm  
6.30pm for 7pm

22 JULY

FoEH Quiz Night  
The Fishermen's Club  
7pm, Tickets £10  
Teams up to 7 people

23 NOVEMBER

FoEH AGM  
Victoria Baptist Church,  
Eldon Road  
2pm - 4pm

25 NOVEMBER

FoEH Quiz Night  
The Fishermen's Club  
7pm, Tickets £10  
Teams up to 7 people

# CONTENTS

The Friends	6
Chairman's Report	7
Pride of ESHT Awards	9
2021 Donation to Radiology	11
News from the Office	13
2022's Major Project, the Da Vinci Robot	15
Quiz Night & La Locanda in review	17
Stamp Duty, our philatelic fundraising	18-19
Fundraising News	20
Xmas Donations to Wards	21
Art Exhibition Review	24-25
Shop Report	26-27
Gifts and Donations	28
Membership Form	29
Gift Aid Declaration and Standing Order	30
Items we collect	31

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Editorial Team : Amy Williams and Sue Duffell  
Email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)  
Tel: 01323 438236

Proofreading: Joan and John Wilson

Front Cover Photography: Elisha Burcombe, @esbphotography03

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# CHAIRMAN'S REPORT



How times have changed since my last report in September when I said how the Friends had restarted some of its fundraising due to the easing of Covid-19 restrictions. At the time of writing, a week before Christmas, things are getting bad again. I hope it didn't disrupt your Christmas plans too much.

So what have the Friends been up to since the last issue of Hospitality? The Art Exhibition was held as usual at the end of October and was back to being face to face again with full Covid precautions. It raised a very healthy £4500. To add to this the artists have sent in their favourite recipes which have been put together into a book which is being sold for £5 in the Friends Shop.

The AGM was held at the end of November but this time in the Victoria Baptist Church as the rooms are big enough to allow for social distancing. It was well attended and the feedback from many was that it worked better than in the hospital even though no refreshments were offered. At the AGM I announced that the major project for 2022 is to raise £500K towards a replacement robot for Urology. The previous one that the Friends bought has now sadly gone beyond the point of repair. As Urology is the only major surgical service left in Eastbourne I trust that you will all support this fundraising with great enthusiasm as you did last time.

The Friends have been able to provide, in the last month or so, an ultrasound machine for the Anaesthetic Department and an ECG machine for the Crisis Response Team. And we have also given our usual donations to the wards and departments that are working on Christmas Day for the benefit of staff. Some areas buy food and some small presents for patients.

I also went to see the radiology equipment the Friends bought for £430K as their major project in 2020. There is a plaque outside one of the Xray rooms recognising the Friends donation.

And a special thank you to Andy Holter, one of our trustees, who has decided to step down due to pressure of work.

Lastly, I hope you all stay well over the festive period and I look forward to seeing you in the New Year.



Nigel Greaves judges Best in Show at the Art Exhibition, pp24-5



Shop staff and volunteers receive an award at the AGM, p26



2022's Major Project, p15



2020's Major Project, new equipment for Radiology now installed, p11



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# PRIDE OF ESHT AWARDS 2021

This year's awards were presented at small, intimate and covid safe events. The presentations also happened on site at the EDGH and Conquest. Whilst there was some disappointment at not being able to have our large annual gathering at the De la Warr in Bexhill, each ceremony was personalised to the recipient and they were allowed to bring a colleague from their team. The executive presenting the award read each nomination out to the winner at the ceremonies and in most cases there wasn't a dry eye in the room!

It was important for the organisation to still go ahead with these awards which recognises the hard work and dedication of our valued colleagues.

A panel comprising local MPs, which voted on the People's Choice award, said "Thank you for the opportunity to be part of the panel which gives an insight into the incredible work carried out by ESHT staff on a daily basis. The commitment, compassion and care really shines through in all these nominations."



ESHT Diabetes Team /District Nursing team /Pharmacy



Post Covid Assessment & Support Service



HIT Team



## And the winners are...

- DIGITAL INNOVATION ..... Janice Dunkley
- EMPLOYEE OF THE YEAR ..... Hazel Church
- ENHANCING PATIENT SAFETY..... Sim Beaumont EME manager
- H&W ..... Karen Burke
- LEADERSHIP..... Louise Pike
- OUTSTANDING CONTRIBUTION .....Erwin Castro
- PERSONAL DEVELOPMENT ..... Abdoulai Samateh
- QUALITY IMPROVEMENT..... ESHT Diabetes Team /District Nursing team /Pharmacy
- SUPPORT WORKER - CLINICAL ..... Melaine Leaver
- SUPPORT WORKER - NON CLINICAL ..... Nicci Gardiner
- SUPPORTING DEVELOPMENT ..... Jacqueline Munro
- TEAM OF THE YEAR..... HIT team, Both Teams
- WORKING IN PARTNERSHIP ..... Post Covid Assessment & Support Service
- CHAIRMANS AWARD ..... Simon Badcott Head of Pharmacy
- CHAIRMANS AWARD - SPECIAL RECOGNITION ..... Dr David Walker
- PEOPLE'S CHOICE ..... Critical Care Teams, Both sites

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# FRIENDS FUNDRAISE FOR RADIOLOGY

As their major project of 2020 the Friends of Eastbourne Hospital committed to fundraising £430,000 to modernise the radiology facilities at the DGH and make the department digital. Despite a year in which fundraising was much reduced, the target was achieved and the donated equipment is now successfully installed and fully operational.

Karen Betts, Clinical Modality Manager in Radiology acknowledged the donation with thanks, saying, "On behalf of the Radiology department I would like to say how extremely grateful we are for the donation from the Friends of Eastbourne Hospital which has enabled us to purchase a new digital DR x-ray room. This equipment gives less dose to the patient than a conventional x-ray unit and is quicker to produce the x-rays, reducing our waiting times. We would also like to thank the Friends of Eastbourne Hospital for their generosity in giving a further donation to purchase a second digital x-ray room and a digital mobile x-ray unit."





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\*Photography taken pre COVID-19



# NEWS FROM THE OFFICE

## THE FRIENDS THANK DEBBIE WICKS

We would like to thank everyone that came to the AGM back in November. For those that didn't the full accounts are available on the Friends website, so feel free to have a look. The AGM was our opportunity to formally say goodbye to Debbie Wicks and thank her for over 16 years of working

for the Friends. Dr Peter Nash paid tribute to everything she had done over the years and the support she had given him during his time as Chairman. The photo below shows Harry presenting her with a plant, gift vouchers and a card full of goodwill messages.

## DINE AROUND THE WORLD AT THE SPICE GARDEN - POSTPONED

For reasons that need not be named, we feel obliged to postpone our next Dine Around the World event. Originally due to take place on Wednesday 26 January at the Spice Garden in Old Town, we have decided to reschedule for a date in March, but will maintain all bookings made for the original date. We will be in touch with those who had provisionally booked when we have confirmed the new date, to see whether they are still able, and would still like, to come.



Below, speakers at the FoEH AGM. Left to right, Dr Harry Walmsley, Peter Skilbeck, Dr Peter Nash, Bishop Will, Utham Shanker and Mayor Pat Rodohan





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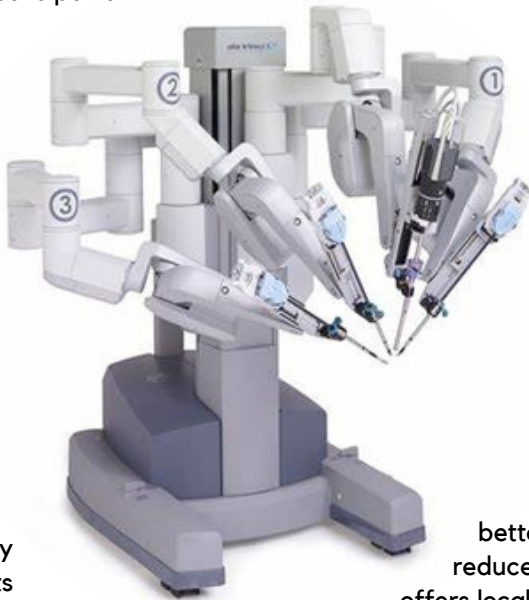
**SUSSEX SECRETARIES**

# 2022'S MAJOR PROJECT THE DA VINCI ROBOT

The Friends of Eastbourne Hospital are fundraising to help purchase the new Da Vinci Robot for Urological Surgery within East Sussex Healthcare NHS Trust based at Eastbourne DGH.

The Da Vinci surgical system gives our surgeons an advanced set of instruments to use in performing robotic-assisted minimally invasive surgery. Our surgeons perform surgery with Da Vinci by using instruments they guide via a console.

The Da Vinci system translates our surgeon's hand movements at the console in real time, bending and rotating the instruments while performing the procedure. The tiny wristed instruments move like a human hand, but with a greater range of motion. The Da Vinci vision system also delivers highly magnified, 3D high-definition views of the surgical area. The instrument size makes it possible for surgeons to operate through one or a few small incisions. This allows for better patient outcomes due to minimally invasive surgery, and a shorter length of stay within the Trust.



Eastbourne DGH is the Regional Cancer Centre within Sussex and we have an agreement with University Hospitals Sussex NHS Trust to provide Robotically Assisted Prostatectomies (RARP) and Robotically Assisted Cystectomies (RARC). In addition we also have an agreement with Maidstone & Tunbridge Wells NHS Trust to provide Robotically Assisted Prostatectomies (RARP).

In addition to RARP & RARC surgery, the Da Vinci Robot allows us to perform Robotically Assisted Partial Nephrectomies, and Robotically Assisted Nephro-Ureterectomies.

By using the Da Vinci Robot, patients get a gold standard of care, a better surgical outcome, reduced length of stay and offers local patients top quality healthcare and expertise in radical treatment for patients with prostate cancer.

Patients come to Eastbourne DGH from across East Sussex, and Kent to receive their treatment for Cancer, and the Robot also attracts highly specialist Consultants to work with us and attracts Clinicians from overseas to train with our Consultants.

*Louise Simpson, Service Manager Urology*

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# DINE AROUND THE WORLD - LA LOCANDA

Mamma Mia! What a fabulous finish to 2021's Dine Around the World programme, with £567 (and several glasses) raised at La Locanda in November. Thank you to everyone who came, and to the brilliant team at the restaurant. See you next year!



## QUIZ NIGHT

There were high fives, huge sighs and very nearly a steward's enquiry at the Friends' Quiz Night on 19 November. Held at the Fishermen's Club on Royal Parade, the event was superbly hosted, attended and enjoyed, raising over £400 for the DGH.

### THE WINNERS...

**1** BRAINSTORM

**2** BERESFORD HIGH

**3** DYSLEXIC SIX

**4** BLUE IS OUR LUCKY NUMBER

**5** SUE'S SLIGHTLY SILLY SIX

**6** DJ'S

**7** NEPTUNE

**8** PEVENSEY BAY PACKERS

**9** SIR JASPER DEVONISH

**10** THEN THERE WERE 5

**11** DONNA AND THE DOMINOES

**12** THE MATTERERS

2022 quizzes:  
April 22  
July 22  
Nov 25

# STAMP DUTY



We took over running the Friends Stamp sales nearly three years ago from the amazing June Tickner, who had single handedly raised enormous amounts for the charity. It was a daunting task to say the least. I remember well picking up the albums in my car from June. I had brought along a couple of plastic crates for the purpose but they were soon filled up along with the back and front seats of the car.

Since then this has only grown in one direction and we now have a cupboard full of stock books from almost every country in the world, plus a loft full of packets and accessories.

I was asked in this article to outline how we make money from the amazingly generous donations the public makes to the charity. The stamps arrive in several ways. The most

common is in large carrier bags of everyday stamps collected by individuals. These we sort out roughly, taking out what we think is saleable. This is actually quite a small proportion. The remainder we sell for about £25 a bag. We soak off the stamps we have selected, or, as is increasingly the case with modern stamps, which are self-adhesive and designed not to come off paper, we very carefully trim around the stamps.

Sometimes people donate their collections. These we usually sell on eBay. Selling on eBay is not an exact art. We start all our lots at 99p and hope they sell well. Sometimes we are very pleasantly surprised, at other times disappointed. In the end it evens out. At the beginning of our time, we were very lucky to be donated a huge van load of old albums which we sold in this way. Sometimes, on request, and if the collection is valuable we split the proceeds 50/50 with the seller, as was the case with the van. Recently we were given a wonderful Isle of Man collection which we sold privately.

A proportion of the stamps we receive go into stock





# BY SIMON AND CAROLYN FARRAR



books. We have some 15 large stock books of British stamps for example and over 100 in total.

Collectors can buy stamps individually from these books by sending us "wants lists", where they identify the individual stamps they want by Stanley Gibbons catalogue number. This suits collectors when they want to fill in gaps in their collection. We are only too happy to receive lists in this way, if you are reading this article and think this might appeal to you. During the pandemic, many people rediscovered their stamp collections and the hobby is certainly thriving in some areas. Alas not in the young. I started collecting myself at school. I also inherited my father's collection. In my teenage years I gave up, as many do and would probably have never taken it up again had it not been for having my collection stolen. I was so cross that I decided to try and replace the collection. This got me started again. When I married I persuaded my wife to collect too. Her father had an amazing collection. She now collects USA, the UN and the Vatican. Being collectors ourselves helps enormously in that we both enjoy and

are fascinated by what we do. There is always a sense of excitement when someone donates an album or a collection of first day covers. You never know what you will find! People tend to think that older stamps are more valuable, but this is not always the case. In the old days there were millions of collectors, hence a lot of stamps were preserved and not discarded as happens nowadays. In fact the modern commemorative stamps are sometimes very hard to get.

We also receive postcards and coins, which we tend to sell at Eastbourne Auctions. The old black and white postcards sell surprisingly well, especially in bulk or on a theme.

Over the past two years we have been unable to sell at the fairs that provided June with such a large revenue source. We hope in time to do this again. We have raised about £6000 over our time and had a lot of fun. Knowing that it goes to such a good cause helps enormously and it was great to attend the AGM and hear what it goes towards.

If you are thinking of donating please do get in touch. We will take anything, no matter how big or small. We can also collect from you if you would prefer. We can also offer advice on your collections if you are unsure about value.

# FUNDRAISING NEWS



Regular readers will remember **Peter Valentine** and his remarkable achievement of walking 96 miles during the first lockdown for the Friends. He has now topped up the sum raised to £1,000 and has ambitious plans to walk 98 miles in 2022.

The **Waldron Scottish Dancing Group** felt the time had come to hang up their dancing shoes and sent us a donation of £120. We were also very grateful to the **Sussex A30/35 Club** who unknown to us made us their charity of the year and presented us with a cheque for £500.



**Angela Creed** who works on the Frailty ward raised £103 by running the Beachy Head half marathon and now has the bug for running and has signed up for another one in Hastings in 2022.

**Karen Kelly** and **Roger Booth** once again donated £75 to the Friends in lieu of a Christmas gift to Karen's half-brother Ken and his wife Liz who live in Sidmouth. And once again **Ken and Liz** reciprocated the gesture. Thank you to all parties, it's almost become a Christmas tradition! As in previous years we thank everyone who has sent in donations instead of sending Christmas cards or exchanging presents, and for the many, often anonymous, donations sent in over the festive period.



**ziffit.com**



Now that Virgin Money Giving has closed it has impacted on items traded in via **Ziffit**. They have advised us they are looking for a new way of enabling charitable giving which will be announced in due course, but in the meantime, if you are having a new year declutter and would like the Friends to benefit, you can still send books, CDs and DVDs to Ziffit as before and choose to have the money sent to your bank account and then make a donation to the Friends.



## BIG THANK YOU DAY FOR THE MEDICAL MATRONS

On 8 December the medical matrons were invited to a Big Thank You Day at the Yacht Club, Sovereign Harbour, where they enjoyed breakfast or lunch, followed by yoga and pampering to thank them for their work through the pandemic. Each matron was given a gift, funded by the Friends, as an additional thank you.



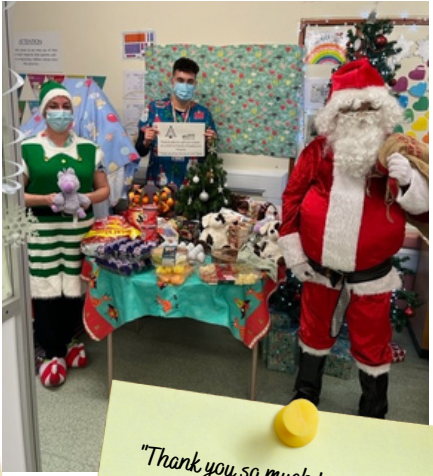
# CHRISTMAS DONATIONS TO WARDS

Christmas is a time for giving, and we were once again delighted to donate to the wards this year. Whether the money went towards patient gifts, ward decorations, wellbeing, or food and drink to sustain the staff working over the holiday period, we hope it brought a little Christmas cheer.



*The patients we visit this year on Xmas morning will receive a gift bag containing hand soap, hand cream and some chocolate. For some patients the nursing staff are the only person they see on Xmas morning and to be able to give them a little something is really humbling, especially when they are rewarded with a smile. We wouldn't be able to do this without the support from the Friends of Eastbourne Hospital.  
Many Thanks for your ongoing support.  
Community Nursing, Eastbourne*

*On behalf of the community nursing team in Hailsham we would like to thank you for the kind donation of money to purchase our housebound patients a small gift for Christmas. We have purchased some toiletries gift sets and tins of cookies (for those patients who are not diabetic!) – we know that our patients are so grateful for a small gift when our nurses visit on Christmas morning, quite often we are their only contact with the outside world and they often comment on how thoughtful the gesture is.  
Community Nursing, Hailsham*



*"Thank you so much for providing some food and gifts to be shared with patients and staff on Scott Unit over Christmas. We are so lucky that there are people so willing to help us improve the care we provide to children and families."  
Liz Vaughan, Scott Unit*





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# THE FRIENDS 16TH ANNUAL ART

After holding a Virtual Art Exhibition last year we were delighted to return to St Andrew's Prep to hold our 16th Exhibition in the School. We all wore masks as there were still several cases of the Coronavirus in the local community.

It was very exciting that 66 local artists entered a total of 322 paintings to display at the Exhibition. £4,500 was raised and 32 paintings were sold over three days of sunny weather making it a perfect weekend for our visitors to admire the colourful display. St Andrew's Prep generously lent us their gym to stage the event and a number of the pupils' works of art were also on display.

Our fundraising is very much supported by Plan Ahead who took care of all our printing work, by the Society of Eastbourne Artists who lent us their screens to display the paintings, and by Eastbourne Motoring Centre who lent us their van for Ali and Ian to transport the screens.

Dr Salim Shaber, Consultant in the Emergency Department opened the Exhibition at the preview evening and spoke about our fundraising for 2021 to raise funds for the improvements in the Emergency Department.



The Best Picture in the Show, judged by Nigel Greaves, was won by Angela Perrin while the Public's Favourite Picture votes were tied and won by Tracy Gross and Robert Stevens. Jackie Hurwood kindly donated a painting for the raffle which raised £502, and Christopher Osborne generously donated a painting for the Silent Auction which raised £385. Dr Brian Steer and Rachael entertained the guests by playing the piano for two hours, and Anne Williams provided the beautiful flower arrangements. Elaine Dardashti collected a large number of bottles to display for the popular Tombola while Cathy Lock and family were kept busy looking after the sales which raised



Above: Harry Walmsley presents Angela Perrin with Best Picture in Show for her painting, left





# EXHIBITION, 2021

£154. Mr and Mrs Crockford donated the wine, and Eastbourne College lent us their glasses.

On Saturday we very much enjoyed a painting demonstration by Christopher Osborne, a well known professional artist, who painted a beautiful landscape. Then on Sunday, Ian Parratt, a cartoonist, spent the afternoon drawing caricature portraits of some of the visitors and raised £80 for the Friends. He is a very clever cartoonist.

There are so many volunteers to thank, the teams who transported and erected the screens and the team who hung all the paintings together with the artists and Friends who checked and registered the paintings and helped with stewarding over the weekend.

I am deeply indebted to the Art Planning Team of Hugh Parker, John Gross, Anne Williams, Elaine Dardashti, Jackie Hurwood and Cathy Lock with much support from our Treasurer and the Friends Office who made sure the Exhibition would be a success.

The Friends were most grateful to the 66 local artists for supporting our fundraising event with their huge variety of inspiring paintings. And we were delighted to welcome just over 400 visitors who helped us raise funds for our local hospital.

*With best wishes for a healthy 2022, Ann Caffyn*



Above left: Jackie Hurwood's raffle painting, *Sheep in Snow*  
Above right: Christopher Osborne's silent auction painting, *Alfriston Evening*



# SHOP REPORT

In the face of sometimes incredible adversity, Sue Hitchen and her terrific team have continued to steer a very steady ship (or should that be 'shop'?) through all the troubles. Greatly reduced visitor numbers to the hospital are having an obvious and direct effect on customer footfall, and at the same time, both the shops and the trolley services have been regularly unable to take card payments due to connectivity issues. Currently, cash is very much advised when visiting the shops or purchasing from the trolley but Sue's team will always try (normally offering the card reader up to the heavens in an attempt to catch a passing signal) to take a card if that is your only option. Please exercise as much patience as possible.

The tenacity and dedication of the shop staff and volunteers were recognised at the Friends' AGM, with Tim Cobb, Deputy Lord Lieutenant of Sussex presenting Sue and her team with an award for their tireless work. Harry Walmsley added, "I cannot thank Sue Hitchen enough for all the hard work she puts in to all these ventures, much of it in her own time. Without her and her other staff members and the volunteers none of this success would be possible."



Christmas in the shop came and went with a fabulous selection of gifts and stocking fillers available. The Friends Flower Shop, despite being unable yet to reinstate themselves as a permanent feature, set up stall in the main foyer over a number of days in the weeks prior to Christmas, selling both festive silk flower displays and also fresh arrangements.

Left to right: Geoff Duffell, Gill Conlon, Rai Hitchen, Sue Hitchen, Wendy Payne, Louise Donnelly, Tim Cobb





# SHOP REPORT

Hot off the press in the shop are copies of a cookbook compiled by Ann Caffyn, featuring recipes and illustrations donated by local artists all around Eastbourne. Delightful drawings and a total of 80 recipes (ranging from family favourites to dinner party dazzlers) make this a wonderful book to purchase and peruse when you need inspiration in the kitchen. Priced at just £5!

Our final shout-out in this shop report is for the Friends Radiotherapy Cafe. This is probably one of the hospital's lesser-visited cafes due to its more discreet location in the foyer of the Radiotherapy/Day Surgery/Endoscopy building. It is often quieter with fewer queues, has arguably the best seats in the house, and the drinks, snacks and sandwiches also come with a less expensive price tag than its bigger counterparts. What's more, all profits go directly to the Friends of Eastbourne Hospital. Please do pay it a visit.

We end by saying we were saddened to hear of the death of Joan De Vries, who helped with the trolleys until she moved out of the area about 10 years ago. She was also a member of the Open Garden team and we send condolences to her family. We were also sorry to lose Norman Roberts who was a stalwart of the afternoon trolley service. Norman was a very popular member of the team and is greatly missed by everyone.



*If you would like to be part of the team, be it serving quiet coffees in the Radiotherapy Cafe, notching up your steps on the trolley round, or doing the card reader dance in the shop, please give us a call in the office to find out more. Call 01323 438236 to speak to one of us, or leave a message if no-one is available and we will return your call.*



# GIFTS AND DONATIONS

## Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £2,628.70 in memory of: Pauline Clarke, Alexander Conboy, Janet Drury, Joan Hainge, Albert Hitchings, Sheila Nicol, Judith Sugdon, Margaret Threapleton

## Legacies

During the past three months we have received with gratitude, legacies from the estates of: John Griffiths, Derick Pettman, William Page, Catherine Yallop and Dennis Stringer.

## Recently agreed gifts to the Eastbourne District General Hospital

Fridge for staff on Seaford ward	£319
Otoscope for Seaford ward	£150
Portable ECG machine for Crisis Response Team	£2,695
Ultrasound system for Anaesthetics	£49,785
Donations to wards open on Christmas Day	£3,600
Annual donation to the Medical Library	£3,000
Annual donation to support Radio DGH	£500
TV and music system for Critical Care	£775
Coffee machine, omelette & pancake makers for A&E staff	£125
<b>Total</b>	<b>£60,949</b>

If you would like to leave a legacy in support of  
**FRIENDS OF EASTBOURNE HOSPITAL**  
please ask your Solicitor to include it in your Will

***Leaving a gift to charity in your Will is  
an amazing way for your generosity  
to last beyond your own lifetime***

Friends Office staff will be pleased to provide additional information  
The Friends Office, Eastbourne DGH, Kings Drive, EASTBOURNE BN21 2UD  
01323 438236  
email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)  
[www.friendsdgh.org.uk](http://www.friendsdgh.org.uk)



FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription .....	£	:	£10
Renewal of Annual Subscription .....	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

.....  
£ \_\_\_\_\_

If you are a tax payer please complete the Gift Aid Declaration form overleaf.  
The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in either of the following ways please tick the appropriate box.

- Volunteer work in the DGH .....
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms .....

Address .....

..... Postcode .....

Telephone ..... Date.....

Email .....

Please return to Hon Membership Secretary  
 Friends of the Eastbourne Hospital  
 District General Hospital  
 Kings Drive  
 Eastbourne BN21 2UD  
 Tel 01323 438236

**Data Protection Act 1998**

*Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.*

**GIFT AID DECLARATION**

Boost your donation by 25p of Gift Aid for every £1 you donate  
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.  
Your address is needed to identify you as a current UK tax payer.

**Please complete the information below and return it to:**

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:  
*FRIENDS OF EASTBOURNE HOSPITAL* (Charity No: 220592)  
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

**My Details:**

Title..... First name..... Surname .....

Full Home address.....

..... Post Code .....

Date.....

**Please notify the Charity if you:**

- \* want to cancel this declaration
- \* change your name or home address
- \* no longer pay sufficient tax on your income and/or capital gains.

**If you pay Income Tax at the higher or additional rate** and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

**STANDING ORDER**

To .....

..... Sort Code: ..... A/c No.....

(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester COIIDA for the account of Friends of Eastbourne Hospital (No. 10039667) the sum of

£ : ( )  
(Amount in figures) (Amount in words)

on ..... 20..... and thereafter on the 01 September each year until otherwise notified.

Signature.....

Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms) .....

Address.....

..... Post Code .....

# WE CURRENTLY COLLECT...



## POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



## NEW GIFT ITEMS / UNWANTED PRESENTS

New unopened/unused gifts are sold at our summer and Christmas fairs. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date.



## KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs. If you would like to knit for us, please enquire in the Friends Shop.



## SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our silver and jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



## HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads and textured fabrics are given to volunteers to sew onto Twiddlemuffs for dementia patients and for card making



## NEW BATHROOM PRODUCTS

We take unopened/unused items such as make-up, creams, soaps, hair products and gift packs that we sell at our summer and Christmas fairs.



## PLASTIC MILK BOTTLE TOPS

Clean milk bottle tops are recycled by FoEH volunteers and made into everyday items such as traffic cones and children's play equipment. Please **ONLY** collect milk bottle tops - we cannot accept any other types of bottle tops.



## INKJET PRINTER CARTRIDGES

We receive £1 for every inkjet cartridge that is recycled with Recycle4Charity. Please bring cartridges into the Friends Shop or download a label for free postage at [www.recycle4charity.co.uk](http://www.recycle4charity.co.uk)



**PLEASE NOTE WE ARE CURRENTLY UNABLE TO TAKE GREETING CARDS**

## HOW TO DONATE

Please bring your donations to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.

Scan the QR code below for an  
easy way to donate  
via our online donation partner  
**Charities Aid Foundation**



or visit:  
[www.cafonline.org](http://www.cafonline.org)

*Click on 'Donate' and search  
'Friends of Eastbourne Hospital'*



Thank You

*Help us help them help you*