

HOSPITALITY

QUARTERLY MAGAZINE



WINTER EDITION

October 2021 - January 2022

Number 164



**Friends of
Eastbourne
Hospital**

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Saturday October 23rd

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Sunday October 24th

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DATES FOR YOUR DIARY FOR 2021

- 23 – 24 October Art Exhibition
10 am – 4 pm St Andrew's Prep, Meads Street
- 10 November Dine Around the World at
7 pm La Locanda del Duca
- 19 November Quiz, Fishermen's Club
- 24 November AGM
2pm Victoria Baptist Church, Eldon Road
- 26 January Dine Around the World
7 pm Spice Garden

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Debbie Wicks
Joan and John Wilson



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Committee Members

Mrs S Boyce-Sharpe, Mrs A Caffyn MBE, Mrs R Cameron, Mrs T Hamblin,
Mrs C Lock, Mr H Parker, Mrs B Phillips,
Mr G Stone, Mrs G Woolley

Hon Solicitor: Mrs C Busuttil

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CHAIR REPORT



With the easing of Covid-19 restrictions the Friends have been able to restart some of their fundraising events, but with considerable care (face masks, social distancing, hand sanitiser) where required. Let's hope the number of cases start to fall as none of us want to see a winter like the last one with further lockdowns. Despite our fundraising being much curtailed in the last 18 months we are hugely grateful for all the donations the Friends have received from various members of the community. Where would we be without you all?

The Open Garden season has once again been a stunning success raising nearly £20,000 at the last count. I must thank Gill Woolley and her team for all they have done to organise this year's gardens and a particular thank you to Gill who is standing down as garden "leader" after several years. She has handed over the organisation of future seasons to another of our trustees, Margaret Lonsdale. I wish Margaret every success.

Another new face is Amy Williams who has been appointed as successor to Debbie Wicks in the office. Amy's skills make her a very worthy successor for Debbie. As I said in my last report, we thank Debbie for 16 years of unbelievable service to the Friends. However, both Gill and Debbie will still be helping with future Friends events.

The inaugural fundraising football match between Eastbourne DGH and the Conquest took place earlier in September at Shinewater football ground. Sadly the Conquest won 7-4 but the DGH will be looking for revenge next year. It is planned for this match to be an annual event.

Dine around the World dinners have restarted with two before Christmas and another planned for January. Also, it is all systems go for the Art Exhibition at the end of October.

Fundraising for this year's major project is well on target to be completed by the time of the AGM on the 24th November where I will announce what next year's project will be. I think it will be a very popular choice with you all.

Keep safe and I look forward to seeing you at one of the Friends events.

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FRIENDS RADIOTHERAPY CAFÉ REOPENS

Located in the foyer of the Radiotherapy/Day Surgery building, the Friends of Eastbourne Hospital's Radiotherapy Café has reopened! Closed during Covid-19, and with its hours consequently reduced for a time afterwards, the café is once again open and is happily manned every **Monday to Friday, from 10am to 2pm**, serving hot and cold drinks, snacks and sandwiches in an environment frequently a little quieter than some of the hospital's more populated spots.

The café, and its comfortable seating area, is supported by Macmillan, and also serves as an information hub where leaflets and sources of support are available to those living with cancer, or their loved ones, who may have questions about their illness or treatment. A calm space for patients, visitors and staff to take time out, the café would also welcome more volunteers so if you are interested or able to offer any of your own time to serve snacks, or signpost support, then please do contact us on 01323 438236.

The Friends Radiotherapy Café volunteers were delighted to host a Macmillan Coffee Morning in September as part of the national Macmillan Biggest Coffee Morning event. Our thanks to everyone who came along to support the event or who baked delicious cakes.



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THE FRIENDS 16th ANNUAL ART EXHIBITION 2021

St Andrew's Prep, Meads

10 am - 4 pm Saturday 23rd and Sunday 24th October 2021

After last year, when we held a virtual exhibition due to lockdown, we are looking forward to returning to St Andrew's Prep for our Autumn Art Exhibition this year. The new Headmaster, Mr Tom Gregory, is delighted that the Friends are going to stage their Art Exhibition in the school gym. We very much appreciate this generous support and also the kind support of the Society of Eastbourne Artists who allow us to display the paintings on their smart screens. We would also like to thank Eastbourne College for lending us wine glasses for our preview evening. The wine is once again generously donated by Paul and Ellen Crockford.

Over 300 paintings have been entered by local artists of all different subjects and mediums; they are on display and for sale during the weekend.

Raffle Painting

Two well-known artists are very generously donating their paintings to raise funds for the Friends over the exhibition weekend; Mrs Jackie Hurwood for the raffle and Mr Christopher Osborne for the Silent Auction. On Saturday 23rd October Mr Osborne has also kindly agreed to give a painting demonstration to which you are all invited. I know it will be very exciting.



Then on Sunday from 2 pm Mr Ian Parratt, a Cartoonist who came to the 2019 exhibition, has been invited again to do quick sketches for our visitors for a donation of £10 which he will donate to the Friends.

We look forward to welcoming you over the weekend to a wonderful display of over 300 paintings. There is plenty of free parking. Admission is free and you and your friends will have the opportunity to vote for your favourite picture in the show. You may also be tempted to buy a painting!

Ann Caffyn, Art Exhibition Organiser



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*Photography taken pre COVID-19



NEWS FROM THE OFFICE

We are gradually increasing the hours that we work, hoping that we might soon return to a pre-pandemic situation. But if you want to come and see us at any time, and we love it when our members do pop in, please ring first to check that we will be there. There is usually someone here each morning. We have been made aware that sometimes there are issues with the office phone cutting people off when they ring in. This is outside of our control but should it happen to you, please try again later. You will also see that our job titles have changed, to more accurately reflect the work that we do. The term 'secretary' is now rather outdated and conjures up pictures of typewriters and shorthand notepads, which doesn't reflect what we do!

Due to ongoing social distancing restrictions here at the hospital this year's AGM will be at Victoria Baptist Church in Eldon Road. We would like to thank Colin and Kevin from the church for their help with setting this up for us. All members are welcome to join us. There is plenty of parking at the right hand side of the building. We are hoping to offer tea and light refreshments after the meeting so it would be helpful, but not essential, to know if you are intending to come.

There have been a couple of changes to the things that we collect. We still cannot take any greetings cards and are unsure when we will be able to resume. It is very unlikely that we will be able to accept Christmas cards again this year. Due to the continuing closure of the Flower Shop we cannot take any more silk flowers, baskets or containers as we have literally run out of storage space. We hope to be able to give you news about the Flower Shop next year. We do though hope that next year we will be able to offer a full programme of events, which will mean lots of raffles, so we would welcome any unwanted gifts or unopened bottles you may be looking for homes for.

ECF CAR CARE DONATE £5 PER BRONZE CAR WASH TO FoEH

With the winter weather meaning we all spend more time behind the wheel, the team at Eastbourne Coach Finishers (ECF) has announced the availability of their Bronze Clean, to raise money for the Friends of Eastbourne Hospital; see their advert on page 14. For £15, the Bronze Clean not only includes a Wash and Wax, Glass Cleaning, Interior Hoover, Mat Cleaning and an Air Freshener, but also a donation of £5 to the Friends of Eastbourne Hospital. Call ECF on 01323 725220 to book your Bronze Clean. Enjoy the season with a shiny, clean car, and a show of support for Eastbourne DGH. Thank you.

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WELCOMING AMY TO THE FRIENDS OFFICE



This edition of Hospitality brings a little update from the Friends office with an introduction to a new member of the team. Amy Williams has joined us as Fundraising and Publicity Manager to work alongside Sue Duffell when the time comes for Debbie Wicks to leave. Amy comes to us from a publishing background, which has most recently seen her working on communications and fundraising for the NCT in Surrey, but a relocation (in no small part due to Covid-19 and a pull back to family, friends and a fondness for her hometown) saw her make the move back to Eastbourne, where she is delighted to have found her new role within the Friends of Eastbourne Hospital. Please do get in touch with Amy with any comment or content you have for Hospitality; news of your own fundraising initiatives; or any other ways in which we can spread awareness of the work that the Friends do.

CHRISTMAS COFFEE MORNING

Sadly we have decided not go ahead with the Christmas Coffee Morning on 13th November as there are too many obstacles in trying to keep the stallholders and public safe in an enclosed environment especially during the winter.

Next year hopefully it will be a happier story. Bo Phillips



QUIZ NIGHT
Friday 19 November 2021
7pm for 7.30pm
Fishermen's Club, Royal Parade
Teams of up to 7 people
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DINE AROUND THE WORLD AT THE THAI MARINA

We are delighted to report that our first Dine Around the World in almost two years (for reasons we don't need to name) was every bit the event that we hoped it would be! The superb team at the Thai Marina rolled out the proverbial red carpet for the Friends and our more than 80 guests, bringing out a delicious variety of foods and flavours across the evening, to the backdrop of the much-missed buzz of people catching up, conversing and socialising in person once more.



A sell-out event, the evening raised over £800 for the hospital in ticket sales and the always-popular raffle, and we are grateful to all those who came and took part in both. We are also very grateful to the generous donor of a legacy left to the hospital, who stated its purpose to be for exclusive use by the staff and volunteers of the hospital themselves, in whatever capacity considered appropriate. We were able to offer tickets to this event to the DGH staff and volunteers at a discounted price of 50% courtesy of this caring legacy, and in recognition of our continued appreciation of the invaluable work they do.

Such was the success of the evening at the Thai Marina that, with barely a month before the next one (10 November, at La Locanda in Cornfield Terrace), we recommend you book early! Contact the Friends Office on 01323 438236, or by email on esh-tr.friendsdgh@nhs.net.



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7 pm Wednesday

10 November 2021

Price per person TBC

for a 3 course meal

half price for DGH staff & volunteers!

Advanced booking essential on

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THANK YOU AND FAREWELL



Eleven years ago Pam Love, who was then the secretary of the Friends, wrote a piece for Hospitality entitled: “Looking back on 11 years”. I can remember thinking that wow, 11 years was a very long time! But now, here I am, about to leave the Friends of Eastbourne Hospital after 16 years and, just like Pam, I’m amazed at how fast the time has gone and how much the charity has achieved in that time.

I’ve always said that the best part of my job is the people that I work with and the volunteers and supporters that I have met through the charity, who I now count as my friends. I have worked with two Chairmen, four Treasurers and four secretaries, who all had a very different approach to the role and who taught me a lot. For the last five years Sue Duffell and I have enjoyed job sharing the role of secretary, each taking on the part of the job that suited our strengths. She is a good friend and team-mate and I will miss working with her.

The Friends was established 73 years ago to support the new NHS and the charity has changed and evolved during that time and will continue to do so. It has been a privilege to be part of the history of the charity and a member of the team of people involved with it. I would like to thank you all for your support over the last 16 years; it is our friends and supporters that enable the charity to do so much, providing equipment and amenities for the patients, staff and visitors to the Eastbourne DGH and we couldn’t do it without you.

I hope that Amy Williams, who is taking on my role, will find the job as rewarding and enjoyable as I have. I know that she will meet wonderful volunteers and supporters of the Friends and make many happy memories of her own. I wish her well in her new role.

Best wishes to you all, Debbie

PS

I know that Debbie’s contribution to the Friends has been acknowledged already in this magazine but I would just like to add my personal thanks to her for making my first experience of job sharing such an enjoyable one. I am pleased she will still be around at some of our events and know that we will still keep in touch.

Sue

FUNDRAISING

Firstly, we must advise you that we were disappointed to hear that Virgin Money Giving will be closing at the end of November this year. We are currently researching a replacement online donation partner and will give more details in the next magazine. We want to make sure that we get the best value for our donors, along with good back-up service and a simple user-friendly way of giving. We will be making contact with all those that make regular payments this way as soon as we have chosen a new partner.

Once again, we have been overwhelmed by the many and varied ways people fundraise on our behalf. One lady kindly donated the auction sale proceeds of her late mother's personal effects, with help from Eastbourne Auctions.



The Eastbourne branch of the Soroptomists chose the Friends as their Charity of the year, and despite not being able to hold as many fundraising events as they would have liked, presented us with a cheque for £1,097.65.

The inaugural Conquest v DGH football match was held in early September. Although the DGH lost by 7 goals to 4, the Friends won as they raised £270 from the sale of drinks and snacks, match fees and donations. We would like to thank Paul Gosling, a nurse here at the DGH, who organised this and Sue Hitchen from the Friends shop for sorting out the refreshments. This will now become an annual event with the venue alternating between Eastbourne and Hastings each year.

We are grateful to Julie Rowe and her team at the Aqua Bar, Pevensey Bay who donated £264 from an all-day music festival, Pev Fest, held in August.



As soon as they were able to meet again local Women's Institutes were keen to support us. Westham Evening WI held an open garden which raised £100 and Micheldene WI held a BIG picnic to celebrate the anniversary of the NHS and donated £300.

The tireless Don McPhee organised another successful Golf Day at the end of August where the money raised was shared between the Friends and a sick local child. The Friends are very grateful to Don for his continuing support and the nearly £1,000 from this event. This includes a donation from C Brewer & Son of £148 for sponsoring a hole on the day. Watch out for details of Don's festive fundraising events.

We are very fortunate to have the support of our local community. Once again we were grateful to Waitrose team in Eastbourne for a further donation of £333 from their Community Matters fund and Enterprise Rent-a-Car UK who donated £1,500.



On a lovely summer Saturday in July the South Downs Singers and Warlbeton Brass Band held an open air concert at Carters Corner Farm. The event raised £420 which was donated to the Friends.

Harry Walmsley was delighted to meet the children and staff at West Rise Junior School who recently took part in the 100 Challenge. The children were sponsored to do an activity of their choice one hundred times and their efforts raised an incredible £2,800. The

activities they chose to do included: star jumps, laps of the playground and skipping. The children wanted to raise money in appreciation for the care given to a seriously ill member of staff, who was admitted to hospital during the pandemic when the NHS was under so much pressure.



Tristan, from Breakwater Academy in Newhaven, was inspired by Captain Tom to do something to raise money for the NHS. He decided to collect milk bottle tops for the Friends of Eastbourne Hospital and persuaded others to collect them too; he soon had a huge bagful. The sale of milk bottle tops provides funds for the charity and ensures that they are turned into something useful instead of going to landfill.

There is never enough space to mention all the donations that we have received and many are either made anonymously or the donor asks for no publicity. It goes without saying that every donation is appreciated and even if we are not able to personally thank the donor we are very grateful.

If you have an idea of how to raise money to support the charity or if you know of a shop or area where a collecting box can be placed, do let us know.

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OPEN GARDENS



It was with some trepidation that we opened the first garden way back at the end of June, wondering if anyone would come, as there were still some Covid-19 restrictions in place. We had bottles of sanitiser, boxes of face masks and plastic aprons and plenty of anti-bacterial spray at the ready. And then the visitors arrived, despite a rather grey and chilly day. It soon became apparent that people had so missed being able to go out and see such lovely gardens that a bit of dreary weather wasn't going to put them off.



Since then we have had another six very successful days, visiting some wonderful gardens and been pleased to welcome hundreds of visitors, some old faces and some new. Thanks to the generosity of our supporters we are thrilled to announce that the open garden season raised £20,006, which is far more than we had secretly hoped for.

None of this would have been possible without the owners who kindly let us completely take over for the day, having already spent many months

getting their garden into tiptop shape for everyone to enjoy. Next we must thank the many volunteers: not only those that work tirelessly on the day, but also for the things that go on behind the scenes, the cake makers, Henry who puts up the direction signs, the plant growers and for all the little things that we would only know about if they didn't happen.

We continue to be thankful for Andy Lennard and his helpers, Sam and Adam, who make sure that all our essential equipment from tables and chairs to teaspoons is in the right place at the right time. Nothing is ever too much trouble for them, even when they are asked to move things for the third or fourth time!

Harry has already thanked Gill Woolley for all her hard work with the open gardens over the years. The volunteer team would also like to thank her for everything she has done, especially in this most challenging season when at the start of the year we didn't know whether we would be able to go ahead. We also welcome Margaret Lonsdale who has kindly agreed to take on this role for next year, with support from Ros Rolls-King and Valerie Eastwood.

Finally we must thank you, the visitors who have so generously supported us this year, and look forward to welcoming you back again in 2022.



GIFTS AND DONATIONS

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £2,462 in memory of: Michael Beams, Pauline Clarke, Alexander Conboy, Margaret Fuller, Shirley Furner, Jean Hills, Sheila Kemp, Anthony Moore, Barbara Packham, Judith Sugdon and David Warner

Legacies

During the past three months we have received with gratitude, legacies from the estates of: Mrs G Bradford, Mrs J Ford, Mrs V Merrell and Mrs T Turkentine

Recently agreed gifts to the Eastbourne District General Hospital

| | |
|--|----------------|
| 8 x armchairs for Infusion Unit | £8,086 |
| 2 x Spirometry machines for Paediatric Outpatients | £2,413 |
| Total | £10,499 |

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**Friends of
Eastbourne
Hospital**

Help us, help them, help you

SHOP REPORT

The shops and trolleys are a lifeline for the hospital's visitors, patients and staff providing a very varied range of things to buy, from sandwiches to knitted toys and everything in between. In fact, nearly everything that you need when you're in hospital is sold in the shop, so do pop in and have a look. To make it even easier there is 30 minutes free parking in the visitor car park.



The new winter nightwear is now in stock which means that the last remaining items from last year are now on sale, such as cosy dressing gowns that are reduced from £34.99 to £21.99. There is a wide range of sizes, so do bear the shop in mind if you need new nightwear.

The Friends' Christmas cards are going to be on sale soon and always sell out fast, so don't miss out. There are other Christmassy items on sale too such as confectionery and unique little gifts.

One of the best things about the shop and trolley service is the wonderful volunteers who give their time to serve the customers and raise funds for the Friends. If you would like to 'make a difference' and be part of this lovely team of people, please give us a call in the office to find out more. Call 01323 438236 any morning; we are still working reduced hours in the office due to the pandemic.

STAMPS AND COINS

Carolyn and Simon would like to thank the generous supporters who have donated their stamp albums and collections to the Friends over the last few months, helping to raise hundreds of pounds for the charity.

If you have a stamp or coin collection that you would like to donate, please call the office on 01323 438236.



**Friends of Eastbourne Hospital
ANNUAL GENERAL MEETING**

2 pm Wednesday

24 November 2021

Victoria Baptist Church, Eldon Road

AGENDA

- 1. Apologies for Absence**
- 2. Minutes of meeting held on 18 February 2021 and matters arising**
- 3. Chair of Trustees Dr Harry Walmsley to present Report of the Executive Committee for year 2020/2021**
- 4. Treasurer Peter Skilbeck to present Treasurer's Report for the year ended 31 August 2021**
- 5. Appointments of officials and retiring Trustees**
 - **Appointment of President**
 - **Re-election of Trustees for a further 2 years**
 - **Election/Re-election of Trustees for a further 3 years**
- 6. Appointment of Hon. Solicitor**
- 7. Appointment of Auditors**
- 8. Any Other Business – to be submitted by
1 November 2021**
- 9. Date of next meeting - to be confirmed**

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

| | | | |
|--------------------------------------|---|---|-----|
| Annual Subscription | £ | : | £10 |
| Renewal of Annual Subscription | £ | : | £10 |
| Life Membership..... | £ | : | £30 |
| Donation..... | £ | : | |

£ _____

If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title..... First name or Initial(s)..... Surname

Full Home address

..... Post Code

Date

Please notify the Charity if you:

* want to cancel this declaration

* change your name or home address

* no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

.....Sort Code: A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of Friends of Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code

Registered Under the Charities Act 1960 No 220592

WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, remade throughout the year. collected for a short time at the

We are not taking cards at the moment

collected and can only be done in the office.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs. If you would like to knit for us, please enquire in the Friends Shop.



HABERDASHERY ITEMS

Bits and pieces such as ribbons, buttons, beads and textured fabrics are given to volunteers to sew onto Twiddlemuffs for dementia patients and for card making.



PLASTIC MILK BOTTLE TOPS

Clean milk bottle tops are recycled by FoEH volunteers and are made into everyday items such as traffic cones and children's play equipment. Please ONLY collect milk bottle tops - we cannot accept any other types of bottle tops.



NEW GIFT ITEMS / UNWANTED PRESENTS

New, unopened/unused gifts are sold at our summer and Christmas fairs. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our silver and jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened / unused items such as make up, creams, soaps, hair products and gift packs that we sell at our summer and Christmas fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every HP, Dell, Cannon and Kodak inkjet cartridge that is recycled with Recycle4Charity. Please bring cartridges into the Friends Shop or download a label for free postage at: www.recycle4charity.co.uk

HOW TO DONATE

Please bring your donation to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.