

Hospitality



Members of the Open Garden Team
Rosemary Cameron, Nicky Roberts, Peter Nash
& Jeanette Evans at the Educational Talk
David Dimpleby Officially Launches the
da Vinci Surgical Robot

**THE QUARTERLY
MAGAZINE**
of the
**Friends of the
Eastbourne
Hospital**



AUTUMN EDITION
July - October 2015
Number 139

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DATES FOR YOUR DIARY FOR 2015

- 23rd July 7 pm Education Lecture – see page 14
Lecture Theatre, Eastbourne DGH
- 14th – 25th September Free Wills Fortnight
see advert on page 24
- 3rd September 7pm Education Lecture
Lecture Theatre, Eastbourne DGH
- 15th September 7.30 pm Hog Roast
Sovereign Harbour Yatch Club
- 24th – 25th October Autumn Art Exhibition
St Andrew's School, Meads
- 7th November 10 am – 12 pm Christmas Coffee Morning
St John's Parish Hall, Meads

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CHAIRMAN'S NOTES

In the last newsletter, I said there was much to celebrate. This was written just one week before the widely reported Care Quality Commission (CQC) report. Be careful what you write! Yet, as far as the Friends are concerned and, indeed, the District General Hospital, there is much to celebrate. The arrival of the da Vinci Surgical Robot has brought tremendous benefits to both the hospital and to the patients, with an increasing number having had the operation and discharged home the following morning. Within the near future it is proposed to expand its use to include cystectomy (total removal of the bladder) and kidney surgery, so an even wider number of patients benefiting. Work on the proposed Radiotherapy Unit should have begun by the time that you read this, scheduled to open by early 2016, whilst work has commenced on the redevelopment of Pevensey Ward. These are worthy of celebration.

Yes, work has, at last, started on the redevelopment of Pevensey Ward. After all the frustrations, false hopes and long delays, we are almost there. Scheduled to be completed by October, the new ward will be twice the size, with 12 outpatient treatment beds/chairs, 11 single en-suite rooms and two 3 bedded bays. It will have rest areas for staff, patients and relatives, with reclining chairs that can act as a temporary bed for relatives staying overnight. It will be kitted out to a very high level of specification providing the DGH with a ward to be proud of – one where the staff can continue to carry out their excellent work in vastly improved surroundings for both themselves and the patients. The wait will have been worth it.

Together the robot and Pevensey Ward (both FoEH projects) combined with the radiotherapy unit, will create an excellent centre here in Eastbourne and ensure that the DGH has a prominent place on the medical map of Sussex.

None of the Friends' achievements are possible without the tremendous hard work of our Trustees and volunteers with very generous support from our members and the wider Eastbourne population. Events happen all year round, but I must mention the Open Gardens scheme. Blessed with good weather, record numbers have been visiting the various gardens and already several records have been broken – it promises to be an excellent season. I am very grateful to the home owners who allow us to visit their lovingly tended gardens, to the visitors and, of course, to our splendid Open Gardens Team who work extremely hard to make it all a success.

Whilst “celebrating”, we cannot ignore the fact that, at the time of writing, the follow up CQC is imminent. We do not know what it might contain or what may follow. Two things are certain a) the care given by the staff will be good and b) whatever follows, the Friends will continue to work for the benefit of the DGH, its patients, staff and visitors.

Peter Nash

THANK YOU TO OUR GENEROUS SPONSORS

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who donated prizes

ANNUAL MEMBERS – A REMINDER

Annual membership runs from 1 September each year and we will therefore shortly be writing to all annual members, inviting them to renew their subscription or to convert it to life membership.

Please contact Sue on 01323 438236 if you have any queries about your membership.

Sue Duffell

THE GRAND DRAW 2015



The Grand Draw took place at the stunning open garden at the Old Vicarage, Firle with the winning ticket being drawn by our generous host, Charlie Bridge. The delighted winner would like to remain anonymous. Pictured left is Judi White, who won tickets to the finals of the Aegon Tennis at the Devonshire Club, Eastbourne, with

Peter Nash and Charlie Bridge.

This year we sold approximately 4,000 tickets at £1 each and the money raised, after expenses, will go towards the da Vinci Surgical Robot. We would like to thank our loyal raffle ticket sellers who sold tickets in the foyer for seven weeks, all of our generous members who bought or sold the tickets that they received with the April copy of Hospitality and every single person who bought a ticket.

Of course, the Grand Draw wouldn't be nearly so appealing without the very generous support of local businesses, that once again kindly donated prizes. There was everything from tickets to the Sound of Music to a voucher for the Ministry of Hair and Beauty. Please see opposite page for a full list of all those who supported us. We would also like to thank the generous individuals who donated prizes, including bottles of Port and Whisky and a Champney's Home Spa Set.

Debbie Wicks

SILVER, JEWELLERY AND BAGS

The weather for the Cream Tea was perfect; the sun was shining and the crowds kept coming in. You will be pleased to know that we made £92.50 on the day, which is the most we have ever raised from an event, without including auction sales.

This month we are anticipating extra money from Eastbourne Auctions, from the sale of handbags and jewellery items that were donated to our stall. June and I are forever grateful for your continuous generosity and we are always ready to collect any small bits of jewellery and handbags that you would like to donate. Please ring me on 732109.

Jeanette Evans & June Biscoe

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THE FRIENDS' 10th ANNUAL ART EXHIBITION **St Andrew's School, Meads 23 – 25 October 2015**

We are once more most grateful to Mr Simon Severino, the Headmaster of St Andrew's Prep School, for generously allowing us to hold the Friends Art Exhibition in the school gym during the autumn half-term, from Friday 23 to Sunday 25 October 2015.

If any members or friends of Friends would like to exhibit and sell their artwork, please contact the Friends Office on 01323 438236 for an entry form. The gym is a very spacious, well-lit venue and up to 250 pictures can be displayed. There is a small hanging fee and a donation of 20% of the selling price of any picture sold will go towards the Friends' current fundraiser.

We hope to be displaying a great variety of styles and media. Last year we displayed 249 paintings and raised £2,500 for the FoEH 2014 special project. This year the funds raised will go towards the Da Vinci Surgical Robot for treating patients with prostate cancer who require major surgery. So do come along and see the display of paintings. On the Saturday afternoon, 24 October at 2.30 pm, Josie Tipler will give a painting demonstration.

We look forward to welcoming you and your friends to the Autumn Art Exhibition. Admission is free.

Ann Caffyn, Art Exhibition Co-ordinator

ROSEMARY'S COFFEE MORNING



Once again we were lucky with the weather for our coffee morning; after nervously biting our fingernails all week, Friday 8th May dawned dry, if a little breezy and stayed that way for the whole morning. We had a magnificent turnout, with probably 100 or so generous supporters through the door. The record sum of £1,136 was raised in just 2 hours. In addition, bathroom items for sale at the Cream Tea were donated by our supporters and these raised a further £145.

So thank you once again you wonderful people for coming and spending your money and thank you too for all the donations of plants, books, cakes, preserves, clothes and jewellery. It was a fun morning for a very worthy cause.

Rosemary Cameron and Bo Phillips

You are invited to join us for a

Hog Roast

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CREAM TEA AND SUMMER FAIR

What a day! We were blessed with beautiful, sunny weather for our Cream Tea and Summer Fair at East Dean and Friston Village Hall. We would like to thank everyone who helped make the event such a resounding success.

The glorious sunshine helped draw in the visitors for this popular event, which was generously sponsored by Alfriston Wealth Management and Prime Care Centra. Guests enjoyed delicious cream teas with scones kindly provided by Shades Bistro and jam and cream donated by local Tesco stores. Other generous sponsors included local nurseries and



garden centres: Boreham Mill, Flowers Green Plants, Lime Cross, Hilliers, Stone Cross and Wyvale Lower Dicker, who helped to raise over £300 on the plant stall. Vouchers from Sainsbury's, Asda and Morrisons paid for Pimms, Lemonade and fruit for Harry Walmsley's Pimms stall (pictured left), which was so popular it ran dry before the end of the afternoon – unprecedented!

Teas need tea pots and Arlington Tea Gardens, Eastbourne College and the Eastbourne DGH catering department kindly lent enough tea pots to keep everyone happy. Whilst they enjoyed their sumptuous tea, guests were royally entertained by local singing duo Pam and Alan (pictured right), crooner David Coe and the ever-popular Downland Singers.



Visitors browsed the traditional stalls, all manned by loyal volunteers and funds made on the day topped £2,800. This is a fantastic result and the money raised, after expenses are taken off, will go towards the da Vinci Surgical Robot, which is already in use and revolutionising prostate cancer surgery at the Eastbourne DGH.

Debbie Wicks

HOSPITAL LIBRARY

The hospital library is appealing for donations of paperback books for their Patient Library Service. They would like fictional books in a reasonable condition; crime and general fiction are the most popular.

Donations can be left in the Voluntary Services Office or in the FoEH Main Shop, marked for the Patient Library Service.

ALFRISTON WEALTH MANAGEMENT

Local company, Alfriston Wealth Management was one of the main sponsors of our recent Cream Tea and Summer Fair and their generous contribution enabled us to cover some expenses, meaning that more of the profits could be donated towards the da Vinci Surgical Robot.

At one time or another most of us will need to seek financial advice. As a member of St James's Place Wealth Management, Alfriston Wealth Management has a wide range of expertise and knowledge, developed over many years. They help people, both individually and in business, to fulfill their aims and aspirations, as well as offering that all important 'peace of mind' for the future.

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Debbie Wicks

LOOKING FOR VOLUNTEERS

The Friends Shops are always looking for volunteers to join their happy crew. If you would like to "give something back" and have a few hours to spare, please contact Sue Hitchen (via the Friends Office 01323 438236) who can arrange a taster session for you to see if you like it.

CENTRA PRIME CARE

Centra Prime Care were one of the major sponsors of our Cream Tea and Summer Fair; their support helped with our expenses, meaning that more of the money raised can go towards the da Vinci Robot.

Centra Prime Care are a local Home Care Provider whose aim is to improve the lives of those they support, by providing them with choice, empowerment and control over the service they receive. They support clients with: medication, personal care, continuing and complex care, companionship, socialisation, managing their home and much more. The company designs their service mainly for elderly people, who are physically frail or housebound, to help them stay as independent as possible and is licensed by the Care Quality Commission.

The company values their workforce and hold the gold rated Investors in People Standard, which acknowledges their unique approach to developing employees throughout the organisation. They are currently looking to recruit new members of staff in the Hailsham area; people who share their person-centred values and want to make a difference to others in our community. The company offers: competitive rates of pay, mileage, paid training including NVQs, regular supervision and continued professional development. They would like to hear from anyone who shares these values and has a “can do” attitude, is keen to work flexibly over a seven day week and holds a current driving licence. Contact details and more information can be found in their advert on page 8.

The FoEH would like to thank Centra Prime Care for their loyal support over many years. On behalf of those who have been on the receiving end of their services, I would like to thank the dedicated staff for the caring work that they do, supporting people to stay in their own homes.

Debbie Wicks

STAMPS AND POSTCARDS

While I have been recovering from my hip operation, I have been able to concentrate on getting my stock books up to date and in order. So thank you all so much for all the stamps and postcards you so kindly donate to help the Friends funds.

I am sorry to have missed the Cream Tea event in May and would like to thank Brian and Gill for doing such a good job in looking after the Stamp Stall for me.

Many thanks for keeping me so well supplied with stock.

June Tickner

EDUCATIONAL TALKS

Thursday 23 JULY 2015

“So What is a Robot Anyway?”

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FUND-RAISERS

David Anthony Evans, known as Tony, was a staunch supporter of the FoEH and helped at and supported fund-raising events. The charity has been the fortunate beneficiary of money raised from the auction of his watches and other personal items. £2,500 has been donated by his wife Jeanette, in his memory and we would like to thank her for her great generosity.

Jane and Jean organised a very successful quiz on behalf of the FoEH raising an impressive £600. We would like to thank them and the quiz goers who enjoyed several rounds of brain teasing questions.



The Friends of Bedes School chose Pevensey Haematology and Oncology Ward to be the beneficiary of the money raised at their biennial Spring Ball. Guests enjoyed a sumptuous meal, auctions, raffle and danced the night away to the senior school's jazz band and a disco. The evening raised

£11,098 for Pevensey Ward, which is currently in the process of being completely redeveloped and expanded. We would like to send our grateful thanks to the Bedes Friends' and their generous guests.

Also raising money towards the Pevensey Ward Appeal was Lewis Colegate, who ran the half marathon in memory of his aunt, Irene Hanson and raised £220. Thank you Lewis.

CraftyNo3 raised £200 from craft events that they run in the county and have offered fundraisers for the FoEH a table at their events.

We are often asked to give talks on the da Vinci Robot and these are always well-received. We have been fortunate to receive donations following two such talks: The Rotary Club of Eastbourne Sovereign donated £500 and the Devonshire Club donated £139, towards the da Vinci Robot.

Mary Lock, a member of the FoEH and a staff member at the DGH, has organised for two local coffee shops, Café Nero and Georgio's, to collect milk bottle tops for the FoEH to help raise money for Prostate Cancer and the Da Vinci Robot. A ton of milk bottle tops can be sold for £60, so a regular, large supply will help make the weight.

Debbie Wicks

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REMEMBERING CAROL MATTOCKS

Those of you who knew Carol will be very sad to learn of her death on June 12th. She had worked at the Open Gardens, tirelessly, even in poor health, for over 25 years and you never saw her without a smile and always uncomplaining. Carol was the one you would find behind the cake stall, come rain or shine, every week throughout the Open Garden season. I couldn't begin to count the amount of cheese scones she baked. She always said she couldn't bake cakes but willingly received them to sell!

Carol also served on the main FoEH Trustee Committee for several years, representing the Open Gardens. She made hundreds of mince pies each year for the Christmas Fair. The Gardens Committee will remember her wonderful raised pies that she produced once a year when it was her turn to provide the lunch. She will be greatly missed.

Thank you, Carol, for all your hard work and the many thousands of pounds you helped to raise for the hospital.

Joanna Smith

TENNIS TOURNAMENT

The sun shone for our American Doubles Tennis Tournament and twenty four players enjoyed a fun afternoon of tennis and a splendid tea. DGH consultant, Mr Steve Garnett, gave an informative talk about the da Vinci Robot and then promised to play in the tournament in 2016!

We are so lucky to be supported by so many generous people. Simon Davies, the Headmaster of Eastbourne College kindly gave his permission for us to use the beautifully kept Astroturf courts and catering facilities for our annual event. The Eastbourne Engravers supplied the trophies and a very kind donation. David Salmon has donated a gilt framed picture called "Under the Trellis" which will be on view at the Christmas Coffee Morning and will be auctioned there.

Congratulations to the winners, Lorna Holloway and Mike Hanlon and runners up Betty Jenner and Ron Laws. Thank you to everyone who played and helped raise £628 towards the Robot.

Many thanks to: Gilda, Gill, Angie, Rosemary, Michael, Sue and Geoff who provided the delicious tea and organised the play and to Bo Phillips, the event organiser. Next year it will be on Sunday 8th May - put it in your diary.

Debbie Wicks

REMADE CARDS

When you are sent cards from friends and relatives to wish you a “happy birthday” or “get well soon” or to say “thank you for having me” please think of the FoEH and recycle your cards with us. We take sympathy and general greetings cards too – in fact anything that isn’t over-sized or gaudy.

The ladies of the remade card team choose the most suitable pictures to cut to size and remake into cards that are then sold to raise money for the hospital. Sometimes only a few cards from a batch are suitable to remake, so we need a lot of batches!

So, if you have cards that you can pass on to us, please take them to the shop in the foyer or you can leave them at reception for the attention of the Friends Office, if the shop is shut. We make over 11,000 cards each year so every card that you can pass on is very much appreciated.

Debbie Wicks

FLOWER SHOP

The Flower Shop is a welcoming and fulfilling place to volunteer and has some of the longest serving volunteers working there. The team have recently said a fond farewell to Ann Farmer, who has been volunteering in the shop for the last 29 years. Ann has witnessed the shop’s development from a small establishment into the eye catching shop it is today. She volunteered during the time that it was being redeveloped and the team worked from a temporary shop outside in the lay-by.



Ann said that when she started volunteering she was told that: “You will get out of it what you put in” and these have proved to be very wise words that she fully endorses. She would recommend volunteering and has had much pleasure from her time at the hospital; she’s met some wonderful people along the way.

If you would like to find out more about volunteering in the Flower Shop, please contact Sue Hitchen via the office on 01323 438236.

Debbie Wicks

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- ◆ Corkscrews
- ◆ Fountain Pens
- ◆ Cigars & Lighters
- ◆ Musical Instruments
- ◆ Paintings
- ◆ Paperweights
- ◆ Postcards & Stamps
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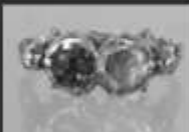
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THANK YOU EASTBOURNE AUCTIONS

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OPEN GARDENS

The FoEH Open Garden season started with a new venue that really drew in the visitors. Folkington Manor was a stunning setting, with beautiful trees, picturesque barns and parkland views. Despite it being on a Tuesday, which is a break from the norm for our Open Gardens, we had record numbers of visitors who enjoyed teas, bought a lot of cards and plants and enjoyed the opportunity to visit somewhere new.

Glydes Farm and Little Midge at Ashburnham (pictured on the back cover) were the first of our Wednesday gardens on a beautiful sunny day at the beginning of June. Visitors enjoyed the lovely gardens with their peaceful seating areas and beautiful ponds.

On the 10 June we visited three gardens in Baldwin Avenue, Eastbourne. The town centre gardens are always very popular and visitors were able to wander from one to another, enjoying the beautiful borders and planting, hidden areas, perfect patios and a pretty pond in front of an inviting summer house.

The Old Vicarage at Firle is always a favourite, with its walled gardens, enviable vegetable patches and the perfect lawn to enjoy a delicious tea. In the most picturesque location, this garden is connected to the fields and Downs beyond by a wild flower area, besides a Weeping Willow, over a tranquil pond.

As we go to press there are still four more gardens for visitors to enjoy and we are looking forward to visiting them. We are so very grateful to all of our garden owners for allowing us to take over their gardens for the day, helping us to raise funds towards our special project.

Open Garden Team

REMEMBERING PAULINE WADE

We are sorry to have to let you know of the death in February of a loyal member of the FoEH, Pauline Wade.

Pauline joined the Executive Committee as Vice President in November 1991 and retired in 2007. She was a tremendous support to the charity in so many ways and was a regular helper at the open gardens each year. She will be sadly missed by all who knew her and remembered for her work for the Charity.

Debbie Wicks



Do you look up



or, in town, do you look down?



Eastbourne in Detail

A new hard-bound book with over 200 pages and some 450 full colour photographs is being prepared for launch in early October. Twenty chapters will provide detail views of everything from roof tops to roadsides telling you where to find the best of the 'gems' represented in Eastbourne's remarkable architecture. Thanks to sponsors the retail price will be only £20. It will be a book for all Eastbourne residents to treasure and use to explore. It will also make a remarkable Xmas gift. Order from www.avespress.com by July 31st and benefit from a **15% pre-publication discount**. From August 1st the full retail price will apply.

A reminder will appear in the October issue of *Hospitality!*

For more information call Aves Press Ltd. 01323 731823



GIFTS, LEGACIES AND DONATIONS

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £9,718.20 in memory of:

Donald (Don) Anison, Eric Anthony, Frances Beard, Maurice Bell, Margaret Blake, Reg Blows, Richard Burr, John Cammell, John Clark, Christopher Cook, Marion Couchman, John Dixon, John Harwood, Joan Havard, Ronald Ives, Joan Johnson, William McCaughy, Sylvia Moret, Sally Muggridge, Samuel Parkinson, Nancy Sankey, Jennifer Stock, Doris Tickner, Jack Tyrie, Joyce Weller and Peter Wootton

Legacies

During the past three months we have received, with gratitude, legacies from the estates of:

Irene Cox, Georgina Hobden, Thelma Hyams, Eirlys Sharp, Arthur Sheard, Mrs J H Stevenson, Hazel Sweetlove and Patrick J Walsh

Recent gifts to the Eastbourne District General Hospital

Pulmonary Function testing Equipment	Specialist Medical Clinical Unit	£35,761
Nautilus PICC	Infection Control	£8,632
Toys and Games	Scott Unit	£247
Kaya Birthing Stool	Maternity Unit	£489
2 Hiloethrapy Units	Oral & Maxillofacial	£7,888
Equipment	Stroke Unit	£9,116
WiFi Provision	Pevensey Ward	£24,592
Shower Hoist Chair	Physio/Hydrotherapy	£1,090
Electrical Nerve Stimulator	Orthopaedics	£2,300
Digital Still Camera	Physiotherapy	£60
Glucose Monitoring Kit	Paediatrics	£1,799
Total		£91,974

FREE WILLS FORTNIGHT

14 - 25 September 2015

**The following Eastbourne Solicitors will
be offering a Free Wills service
(simple format) on behalf of the FoEH
Please contact them for an appointment**

Cornfield Law

47 Cornfield Road BN21 4QN
Tel: **412512**

Mayo Wynne Baxter

20 Gildredge Road BN21 4RP
Tel: **730545**

Stephen Rimmer

(Over 50's only with this Solicitor)
28-30 Hyde Gardens BN21 4PX
Tel: **644222**

NEWS FROM THE OFFICE

It does not seem so long since I wrote my last contribution to Hospitality and perhaps that has been because it has been yet another very busy quarter. With the Coffee Morning, Tennis Tournament and Cream Tea all benefiting from huge support and excellent weather we have lots of people to be grateful to for all their hard work and effort on our behalf, so thank you.

Disappointingly, the Victorian Evening had very little support so had to be cancelled and we hope we have come up with an original idea to follow on from the 'Dine Around the World' events that have been held in the past. We are going to host a Hog Roast at the Sovereign Harbour Yacht Club on Tuesday 15 September at 7 pm. Ticket price will be £18.50 for a two course meal with coffee. The venue offers excellent parking and access and has fantastic views over the marina with outside space to enjoy them, so please do come and join us for what I hope will be a great evening. Full details are on page 10.

The first Medical Lecture of this year was given by Ms Nicky Roberts, a Consultant Gynaecologist here at the EDGH and included a presentation about the 4D Ultrasound Scanner provided by the Friends, which was extremely interesting. We have two more lectures planned for this year, 23 July is all about our 2015 Major Project, the da Vinci Robot and Mr Peter Rimington and Mr Steve Garnett will be the presenters. There might still be space if you would like to come along so please give us a call to book your place. The last one is on 3 September when Dr Richard Grace, a Consultant Haematologist, will be the speaker.

For any of you who have yet to do your Will or would like to make changes to or add a Codicil to an existing Will, there will be another Free Wills Fortnight from Monday 14 to Friday 25 September 2015 and full details of who will be offering this service is available on the page opposite.

On Thursday 1 October we will be at the Good Life Exhibition again in the Winter Garden so if you are looking for an interesting day out then this is not to be missed. Please come and talk to us and take up the opportunity to get your remade Christmas cards before the rush.

These dates will soon be upon us but before we get there I hope you have an enjoyable summer and we look forward to catching up with you all in the autumn.

Ann Wilson



Visit the Friends Shop

in the DGH Foyer and discover the great variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear, Slippers, Norfolk Lavender products, Aprons, Bags, Tea towels plus a great selection of Books, Magazines and Newspapers

OPEN MONDAY- FRIDAY 9.00 am – 6.30 pm
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Tel: 01323 - 647188

The Friends also have the Corner Shop near The Restaurant and provide a Trolley Service to the wards



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Open Monday -Friday 9.00 am – 4.00 pm

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Telephone Orders: 01323 417400 ext 4033

All profits go to the Hospital

* You can have 30 mins FREE PARKING in the car park whilst you shop

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription	£	:	£5
Renewal of Annual Subscription	£	:	£5
Life Membership.....	£	:	£25
Donation.....	£	:	

£ _____

If you are a tax payer please complete the Gift Aid Declaration form. The Friends can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION – for a single donation

Please treat the enclosed gift/subscription of £..... as a Gift Aid Donation.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASC) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Donor's details:

Title First name or Initial(s) Surname

Home address.....

.....

..... Post Code

Signature..... Date

Please notify the Charity or CASC if you:

1. Want to cancel this declaration.
2. Change your name or home address.
3. No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

BANKER'S ORDER

To

..... Sort Code: A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature..... Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

.....

..... Post Code

The FRIENDS OF THE EASTBOURNE HOSPITAL was established in 1948 shortly before the introduction of the National Health Service when it became apparent that the resources would not be enough to meet the cost of all the necessities and amenities for Staff and Patients.

Originally called 'The Patients Association' it was renamed 'The Friends of the Eastbourne Hospitals' (FoEH) in 1953 and became affiliated to the National Association of Leagues of Hospital Friends, now renamed ATTEND.

The aims and objectives of the FoEH can be summarised:

1. To provide funds for extra services, equipment and amenities for patients and staff and to make donations where the expenditure has been recommended by the relevant NHS Trust and has been approved by the Committee.
2. To encourage voluntary work in the hospital.
3. To provide a link between the hospital and the community.

Membership is open to anyone paying a Membership Fee. This is £25 for Life Membership and £5 for Annual Membership, which is due on 1st September each year.

The subscription also covers a free copy of this quarterly magazine, HOSPITALITY, which is delivered by volunteers, although all members with addresses outside our hand delivery areas are encouraged to supply postage stamps for their copies.

Enquiries should be addressed to the appropriate Official of the FoEH, whose names are given on page 1. When a reply is required a self-addressed stamped addressed envelope is appreciated.

HELP US TO HELP YOU CONTACTS

HOSPITALITY EDITORIAL TEAM, The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD. Tel No. 01323 438236
or email: esh-tr.friendsdgh@nhs.net

All contributions and photographs are welcome and can be sent to the Editorial Team at the above address.

HOSPITALITY DISTRIBUTION, records and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236.

REGIONAL COMMITTEES We have an active sub-committee in Seaford. We would like to re-establish Regional Committees in the Pevensey and Westham and the Hailsham regions. Would you be interested? If so please get in touch with the Secretary at the Friends' Office.

HOSPITAL RADIO PROGRAMMES For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: www.radiodgh.com

REMADE CARDS You can leave your donated Birthday, Get Well, Sympathy and Best Wishes cards in the tin box at the back of the Main Shop's Stockroom at any time. PLEASE ONLY LEAVE CHRISTMAS CARDS UNTIL THE END OF JANUARY. Enquiries to Debbie Wicks, Friends' Office: 01323 438236.

USED POSTAGE STAMPS AND POSTCARDS Mrs June Tickner, 7 Somerville Close, Eastbourne, BN23 6BP Tel No. 01323 729541. Both UK and foreign stamps are welcome. Please trim off surplus paper leaving about ¼ in (½ cm) all round the stamps to avoid any damage. Please DO NOT remove stamps from postcards.

VOLUNTEERING Voluntary Services Co-ordinator, Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880 or Debbie Wicks, Friends' Office: 01323 438236.



Clockwise from top: The car park team at the Cream Tea & Summer Fair
The kitchen team at the Cream Tea & Summer Fair
Serving teas at the Baldwin Avenue Open Gardens
Visitors enjoying the sunshine by the pond at the Baldwin Avenue Open Gardens
Ashburnham Open Garden
Selling plants at Rosemary's Coffee Morning