

# HOSPITALITY

QUARTERLY MAGAZINE



**AUTUMN EDITION**  
August - October 2016  
Number 143



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## DATES FOR YOUR DIARY FOR 2016

- 28<sup>th</sup> July 7 pm Education Lecture Dementia, a Snippet
- 15<sup>th</sup> September 7 pm Education Lecture Management of Diabetic Eye Disease
- 1<sup>st</sup> October Indian Meal, St Andrew's School
- 7<sup>th</sup> October Ridgeview Vineyard Wine Tasting
- 28<sup>th</sup> – 30<sup>th</sup> October Autumn Art Exhibition, St Andrew's School, Meads Street
- 12<sup>th</sup> November Christmas Coffee Morning
- 25<sup>th</sup> November Quiz, Fisherman's Club
- 30<sup>th</sup> November AGM, Education Centre, Eastbourne DGH

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## CHAIRMAN'S NOTES

This is my second report since taking over as Chair in January at the Friends' AGM. I am still learning the role and making contacts within the town that I hope will help to further the ambitions of the Friends. I would like to thank the trustees and office staff who have supported me in these early months.

It has been a busy three months since my last report. During this time the new Chief Executive of the Trust, Adrian Bull, has started and has very rapidly set about meeting staff and others to start the rebuilding of morale within the Trust. On 12 May the annual Trust Awards ceremony was held at the De La Warr Pavilion in Bexhill. I was there to present the award for "Developing Excellent Services and Improving Quality of Care" to the Eastbourne Critical Care Unit, an award sponsored by the Friends. It was an excellent evening seemingly enjoyed by all the staff present.

As you know the Friends major project for this year is to buy a new CT scanner for the hospital. Alongside this the Friends have also purchased other essential equipment for the hospital with both the ophthalmology and Critical Care departments benefitting, amongst others.

Fundraising has continued with several events in the last three months. On 8 May the annual tennis tournament took place with a record number of entrants. An excellent tea was provided, and a raffle helped to make it a very successful tennis fundraiser; many thanks to Bo Phillips for organising this event. Also in May, Sue Hitchen, the manager of the Friends shops in the hospital, organised a Quiz at the Fishermen's club.



There was a full house and £500 was raised. My team came about mid table. Beats my usual quiz position of last or thereabouts! Pictured left is the team from Seaside Medical Centre and a picture of "Blind Elk" (Jo and Eric Knight, Rupert Shaw and Rob Wicks), who won the quiz, is on the back page of this magazine.

Sue is organising another quiz on 25 November so keep your eyes open for an advert and book your team in.

The Open Gardens season kicked off on 18 May and even despite really bad weather this first one was well attended. Again it appears to be a record year for attendance so far with other gardens still to be

open. On 20 May Rosemary Cameron held her annual coffee morning at her home which raised £1,400.

The annual cream tea took place on 19 June at East Dean village Hall with many stalls to purchase things from as well as a cream tea. I was very worried that being Father's Day the turn out would be poor but my fears proved unfounded and the Friends took just over £3,000 on the day, more than last year. So well done and many thanks for those who came along and particularly those volunteers who worked so hard to make it such a success.

What about the future weeks? By the time you read this a new event, "Magic on the Pier", a magic show with barbecue, will have happened. I'm sure it will be a great success especially if the weather is good. The Art Exhibition planning is going well for the end of October and I will tell you more about that in the next issue of Hospitality. Another new event, a wine tasting of Ridgeview Vineyard sparkling wines, is planned for the 7 October. Put this date in your diary. Some other exciting new projects are being planned for 2017 and when these are firmed up I will let you know more.

As well as raising funds the Friends also organise three lectures a year which are open to the public. The first of these took place on 19 May. As



usual there was a full house as the subject was very topical - "CT - the Future Today". This informative and entertaining talk was given by Dr Neil Barlow, Consultant Radiologist, pictured left with Peter Nash. The next two lectures are on 28 July and 15 September. The topics are

"Dementia - a Snippet" and "Recent Advances in the Management of Diabetic Eye Disease". If you wish to attend either of these then please ring the Friends office and book your place.

None of these events would happen without the hard work of the trustees and volunteers. The Friends of the Hospital are always looking for volunteers, either to help out in the shops or at the fundraising events. If you feel you can offer up some of your time to volunteer then please contact the Friends office.

I look forward to seeing you at some of the forthcoming events.

Dr Harry Walmsley

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## **DISCOUNT SCHEME**

Members, volunteers and staff of the Friends of the Eastbourne Hospital are now able to join the NHS Trust Staff Discount Scheme giving various discount rates and special deals at a wide range of suppliers. These offers cover all sorts of different things from DIY to gift shops, health and beauty, photographers, holidays, cars and much more.

In order to claim your discount you will need to present your FoEH identification at the outlet that you are looking to receive the discount from. For members this will be your membership card and for volunteers it is your hospital ID badge. If you would like to participate in the scheme and have mislaid your membership card we will be happy to provide you with a new one. Please call Sue Duffell, the membership secretary on 01323 438236.

You can sign up for FREE to this scheme with your personal email at [www.eshtmytrustbenefits.co.uk](http://www.eshtmytrustbenefits.co.uk). It is a very easy process and having done that you will then have access to all the discounts that are available to you. Full details of the scheme and a link to the My Trust Benefits website will soon be available on our website.

If you do not have internet access we can supply you with a hard copy of all the suppliers who are participating in the scheme for the price of a second class stamp – please get in touch.

## **ROSEMARY'S COFFEE MORNING**

Planning a coffee morning in May, when you would like guests to sit in the garden, is always a lottery but this year we were blessed with a warm, dry day - although a little more sunshine would have been nice!



We had a magnificent turnout, with probably 100 or more generous supporters through the door. Once again we broke our record and £1,420 was raised in just two hours. In addition, bathroom items for sale at the Cream Tea were donated by our supporters and these raised a further £225, another fantastic result.

So thank you once again to you all for coming and spending your money and thank you too for all the donations of toiletries, plants, books, cakes, preserves, clothes and jewellery.

Rosemary Cameron and Bo Phillips



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## FLOWER SHOP

The Friends Flower Shop recently celebrated its 30<sup>th</sup> anniversary – an amazing achievement. Unfortunately an article in the local paper to mark the occasion incorrectly said that wards in the hospital do not take fresh flowers, when in fact they nearly all do. The majority of wards are very happy for patients to be given the beautiful oasis wraps of fresh flowers that are sold in the shop and those that are not able to take them will accept silk flower arrangements, also sold in the shop. So please tell your friends and help us to set the facts straight.

Keep an eye on the Flower Shop window next time you visit the hospital, as the volunteers have been doing themed window displays. Subjects have included: Tennis at the Devonshire Park, the Queen's birthday and Magic on the Pier and they have all been eye-catching and imaginative.

Have you ever bought flowers from the Flower Shop? If you have, please consider writing a review on the BestofEastbourne website to encourage other people to use the florist and help us to raise money to support the hospital. Just go to [www.thebestof.co.uk/local/eastbourne](http://www.thebestof.co.uk/local/eastbourne) and search for Friends Florist.

Debbie Wicks

You are invited to join us for a



**The Restaurant – Eastbourne DGH**

**Friday 7 October 2016**

**7.00 pm for 7.30 pm**

**£30 per person**

Tickets available from Friends office: 01323 438236

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## **OPEN GARDENS**

As I write this we are well into the swing of the summer open garden season and after a damp start at Framfield Grange the weather has gradually improved.

Cowbeech Farm, which we have not visited for some years, was cloudy and cool but you were not deterred. This was followed by two local gardens in Eastbourne where you literally arrived in your hundreds and many of you expressed your surprise at finding these hidden gems.



Then we paid a return visit to Waldron where we found Mr & Mrs Fanshawe had redesigned a large section of Rafters to open up the delightful view. The picture on the front cover is of a Waldron garden. The following week we had a misty morning and then a glorious afternoon at Folkington Place

where many of you enjoyed tea on the beautiful terrace garden with stunning views of the Downs.

When you receive this Hospitality magazine we shall have just visited Tithe Barn, set in picturesque countryside in the delightful village of Milton Street. This is a new garden for us so we do hope that you were able to visit it.

Our last garden of the season is on Saturday 20 August at Hankham Hall Cottage, where once again Simon and Maggie Buller will be opening their magnificent garden containing all the hot colours of late summer. We shall be open from 10:30 am until 4:00 pm serving refreshments throughout, so why not make it an outing for all the family? We look forward to seeing you there.

Gill Woolley

## **STAMPS AND POSTCARDS**

Again, thank you so much for all the stamps and postcards you kindly donate to the Friends. Our 2016 Cream Tea and Summer Fair was a very well attended day and I was so pleased to meet so many old friends who have supported the stamp stall over the years.

I think that it is wonderful the way you continue to save your unwanted stamps to benefit the FoEH latest project – this year for a second CT scanner.

Thank you most sincerely, June Tickner

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## **THE FRIENDS 11<sup>th</sup> ANNUAL ART EXHIBITION**

St Andrew's School, Meads 28 – 30 October 2016

Just to let you know that the Friends Art Exhibition will once again be held at St Andrew's Prep School, Meads from Friday 28 October to Sunday 30 October. The new Headmaster, Mr Gareth Jones, has kindly



agreed to allow us the use of the school gym during the autumn half-term holiday and we are extremely grateful for his generous support. The gym is very spacious and well-lit making it an ideal venue to display the paintings. Last year we displayed 252 pictures and sold 26, raising a record £3,200 for the Da Vinci Robot at the DGH.

If you or any of your friends would like to exhibit and sell your work please contact the Friends Office on 01323 438236 for an entry form. There is a small hanging fee and a donation of 20% of the selling price of any picture will go towards the CT scanner, our current fundraiser.

On the afternoon of Saturday 29 October at 2.30 pm, Alan Everard, a popular local artist, will give a painting demonstration.

There will be a huge variety of subjects and media on show at the exhibition so do come along and enjoy a magnificent display of local artists' works of art.

We look forward to welcoming you and your Friends to the Friends Autumn Art Exhibition. Entry is free.

Ann Caffyn, Art Exhibition Co-Ordinator

## **ANNUAL INTERNATIONAL SPEAKER DINNER**

In April the Rotary Club of Eastbourne hosted 176 guests at the Cavendish Hotel for the second International Speaker Dinner. The guest speaker was Mr Malcolm Barber, Co-Chairman of Bonhams, who spoke on his career auctioning classic cars throughout the world.

During the evening Malcolm auctioned six items, which had been generously donated and in total the evening made a little under £9,600. It was agreed that half of the profits would go to the Friends of Eastbourne Hospital and a cheque for £4,800 has been presented to the President of the Friends, Dr Peter Nash.

Dennis Thompson  
Chairman International  
Rotary Club of Eastbourne

# **FRIENDS OF THE EASTBOURNE HOSPITAL**

## **ANNUAL GENERAL MEETING**

Wednesday 30 November 2016 2 pm

Eastbourne District General Hospital – Lecture Theatre, Education Centre, EDGH

### **PROVISIONAL AGENDA**

- 1 Apologies for Absence
- 2 Minutes of the Annual General Meeting held on 20 January 2016
- 3 Chairman's Report for the year 2015/2016
- 4 Hon Treasurer's Report for year ended 31<sup>st</sup> August 2016
- 5 Election of President and Officers
- 6 Election of Trustees, Re-election of retiring members
- 7 Appointment of Hon. Solicitor
- 8 Appointment of Auditors
- 9 Guest Speaker – DGH Consultant (to be confirmed)
- 10 Any Other Business

### **FoEH NOMINATION PAPER FOR ELECTION TO OFFICE**

Officers are subject to election and re-election annually. The Trustees are subject to election and then re-election tri-annually. For the current list please see the first page of Hospitality.

All current post holders have indicated a willingness to continue, but members of the Friends are also invited to make nominations below:

The Trustees have made the following nominations:

Trustee: Trish Hamblin & Claire Bishop

Members of the Friends are also invited to make nominations:

(Nominees must be current members of the Friends and consent to the nomination)

I/We nominate the following:

(Block Capitals)

#### **Officers:**

President .....

Vice Presidents .....

Chairman .....

Vice Chairman .....

Hon Treasurer .....

#### **Trustees:**

Proposed by .....

Seconded by .....

Nominations, complete with a brief CV, must to be returned to the Secretary of the Friends of the Eastbourne Hospital not later than Friday 30 September 2016



## CREAM TEA AND SUMMER FAIR

The Friends of Eastbourne Hospital's Cream Tea and Summer Fair took place at East Dean and Friston Village Hall on Sunday 19 June and we were blessed with a lovely, sunny day.

Volunteers sold 200 cream teas, with scones provided by Shades Restaurant and delicious cakes donated by talented home cooks. Teas need tea pots and Arlington Bluebell Walk, Arlington Tea Gardens and the Eastbourne DGH catering department kindly lent plenty of tea pots to keep everyone happy. Once again Tesco, Sainsbury's and Morrisons generously donated everything required for a cream tea and we are very grateful for their support.



A huge thank you to all of our wonderful volunteers, who either helped with the teas, manned a stall, entertained the guests or baked cakes – we are very grateful to you all. One volunteer, Nikki, who is the Community Champion at Tesco Extra, came along with her son, daughter and a friend to help at the tea – and this was after having run the Race for Life in the morning! Pictured left is Mo Stephens who led the team of waitresses.

Whilst they enjoyed their sumptuous tea, guests were royally entertained by local singing duo Pam and Alan, acoustic singers Laura and Dan, as well as the ever-popular Downland Singers. Our thanks to Pam and Alan who organised all the entertainment for the afternoon and also helped to set everything up in the morning and to Dan who designed and produced the colourful poster for the event.



Visitors were able to wander around the many stalls on offer including a very well-stocked plant stall courtesy of generous local nurseries.

The event raised well-over £3,000 for the Eastbourne DGH, which would not have been possible without the hard work of scores of volunteers and the generosity of the local community – we would like to thank them all for their support. A full list of donors and sponsors for the Cream Tea can be found on page 20 and on our website at: [www.friendsdgh.org.uk](http://www.friendsdgh.org.uk).

Debbie Wicks

The Friends' invite you to  
the next in a series of talks on  
Advances in Medicine and Surgery

**Thursday 28 JULY 2016 at 7.00 pm**

**“Dementia, a Snippet”**

Sunrise Senior Living



**Thursday 15 SEPTEMBER 2016 at 7.00 pm**

**“Recent advances in management of  
diabetic eye disease”**

Mr Kashani, Consultant Ophthalmologist



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email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)

The talks will last approximately an hour and we invite  
you to join us for refreshments afterwards

## GRAND DRAW

Fortune shone on two members of the David Lloyd's Tuesday night tennis group when their tickets were pulled out of over 4,300 tickets for the Grand Draw, which took place at the Cream Tea and Summer Fair on Sunday 19 June.



Pictured here are Ivan O'Shea, who won the first prize of £1,000 and Terri Marzoli who scooped the Spa Day for two at the Grand Hotel. Mr O'Shea was delighted to win the top prize and said it would go towards his daughter's forthcoming wedding.

The Friends would like to thank all the generous businesses who donated prizes towards the Grand Draw and everyone who bought a ticket. A full list of donors can be found below. Our thanks also go to Caffyns who generously sponsored the printing of the tickets.

We would also like to thank all of the lovely volunteers who sold tickets in the hospital foyer and at the Summer Fair. The success of the Grand Draw is a team effort and we are very grateful for the time that the volunteers give so generously.

### GRAND DRAW PRIZES

- 2 tickets for the semi-final of the  
Aegon International Tennis Eastbourne
- 3 Course Dinner for 2 guests at the Hydro Hotel
- Spa Day for 2 guests at the Grand Hotel
- Sunday Carvery for 2 at the Cumberland Hotel
- Family ticket for Michelham Priory
- 9 Holes for 4 players at Lottbridge Golf Club
- 2 tickets for the Curzon Cinema
- Family Swim at the Sovereign Centre
- £10 Voucher for J Heath & Son Butchers
- Cream Tea for 4 at the Holywell Tea Chalet
- 2 tickets for Blithe Spirit at the Devonshire Park Theatre
- 2 Child Tickets for Drusilla's Zoo Park
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## **SILVER AND JEWELLERY**

The Silver and Jewellery Stall had one of the most successful afternoons so far at the Cream Tea and Summer Fair in June taking £132. We would like to thank our generous donors and all the wonderful people who came to the stall and bought something they liked the look of.

Once again we have taken some items to Jeannette May at Eastbourne Auctions and look forward to finding out how much they make when they are auctioned in the next few weeks. We are very grateful for the generous support of Jeannette and her team as they help us maximise the profits from the items that are donated.

Jeanette Evans and June Biscoe

## **REMINDER FOR ANNUAL MEMBERS**

Annual membership is due for renewal on 1<sup>st</sup> September and we will shortly be inviting those annual members who don't pay by Banker's Order to renew their subscription or convert to life membership.

Please contact me if you have any membership queries.

Sue Duffell

**You are invited to join us at  
St Andrews School, Meads  
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Boreham Mill Nursery

Flowers Green Farm

Stone Cross Nursery

Lime Cross Nursery

Arlington Tea Gardens

Arlington Bluebell Walk & Farm Shop

## SHOP REPORT

If you have never visited our shops before, do make a point of going in next time you are in the hospital. The shop in the main foyer is a real treasure trove and there is very little you can't get there, from your daily paper to a pot of honey and all things in between.

We have recently taken delivery of the new Ulster Weaver range of bags, well worth looking at, especially as we now have to remember to take a bag with us whenever we go shopping. To pop in your new bag, why not treat yourself to a couple of paperback books which are on sale for only £2.99 each.

If you have a sweet tooth but can't find your favourite type of sweet on the shelves, please let the volunteers know and they will try very hard to make sure they are there for your next visit.

We have a wide range of nightwear and underwear to fit all sizes (up to 30 and 2XL), and hospital recommended slippers for men and women. With half an hour free parking you can upgrade your night attire without the hassle of going into town.

Following our request in the last magazine for more 'special people' to help with the daily sandwich trolley round, we had some successful applicants but would like some more people to join the team. Please don't be put off by the early start if you are worried about not being able to use your ESCC bus pass at that time. The Hospital Trust will reimburse you for any travel expenses incurred while volunteering in this way. You must be able to offer a regular commitment and be able to get to the shop by 8.45 am, but you will find this so rewarding as the trolley gets such a warm welcome in the wards. The round takes about three hours each morning. If this is something you have been thinking about but are not quite sure, pick up the phone and ring the office (01323 438236) and we can arrange a trial session for you.

If you are more of an 'afternoon person' you might prefer to work on the sweet trolley round or in the shop itself. No two days are the same and we need several people at any one time, so do give this some consideration too. Or if you think you might like to do something a little quieter, there is our 'corner shop' downstairs near the staff entrance. The 'shift' times are 9 am to 1 pm, and 1 pm to 3.30 pm. Volunteering here can be a good opportunity to catch up on the daily news or that book you have been trying to finish for ages, as there can be quiet moments, but you are still providing a much valued service.

Sue Duffell

## DOUBLES TENNIS TOURNAMENT 2016



This year we ran a different format for our annual tennis tournament, cleverly worked out by Debbie Wicks and put into practice by Sue and Geoff Duffell. It proved a great success ensuring competitors enjoyed playing with different partners and against different opponents - quite an accomplishment as we had 36 players. We have to thank Katie McDonald and Rupert Shaw for being instrumental in recruiting so many people. We are very

grateful for everyone's support and would like to thank all the players for taking part and making it such a successful, fun afternoon.

Mr Simon Davies, the Headmaster of Eastbourne College, once again kindly allowed us to use the Astroturf courts and catering facilities at their Summerdown Road venue without which this tournament could not happen. This brings me to thank Mr Davies for his support of the Friends of Eastbourne Hospital over the past years and to wish him every success in his new venture when he leaves the College in July.

The tournament was won by Betty Jenner and Pete Bray who beat Ann Goodwin and Peter Turnbull in the final. Photos of the finalists and everyone who took part can be seen on the back page of the magazine.

The trophies were kindly engraved by Eastbourne Engravers who also gave us a kind donation. David Salmon generously donated a modern picture which will be auctioned at the Christmas Coffee Morning.

"The Tea Team" was on form again this year and we even had photos of the laden tea table on Facebook!!! Thank you for all the baking and making the delicious sandwiches and all the help on the day. The Pimms was a fitting end to a beautiful and very energetic day.

Dr Harry Walmsley gave a talk on the CT scanner and the future of the Hospital; he also mentioned the up coming events which generated a lot of interest. A huge thank you to everyone involved in the event for all your support, which raised over £775 towards this year's project: a second CT scanner for EDGH, supporting rapid access treatment for stroke patients and other services.

Geoff Duffell took some great 'action shots' of the players which you can see on our Facebook Page: [www.facebook.com/TheFoEH](http://www.facebook.com/TheFoEH).

Best wishes for a lovely summer.

Bo Phillips



# Eastbourne Auctions

Your Local Saleroom with the International Reputation

We sell a wide range of Fine Art, Antiques *and* 'collectables' including:

- ◆ Any Oriental Items (in any condition)
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- ◆ Autographs
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- ◆ Lighters and Cigars
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- ◆ Paintings
- ◆ Paperweights
- ◆ Postcards & Stamps
- ◆ Scent Bottles
- ◆ Sewing Items
- ◆ Taxidermy
- ◆ Toys & Dolls
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- ◆ Vintage Luggage
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- ◆ Watches & Clocks
- ◆ Wooden Boxes
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Saturday Sales:  
10th September  
8th October  
  
Next Antiques Sale:  
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Collectives Sales:  
Saturdays  
17th September  
15th October

## **Donations in lieu of Flowers**

During the past three months we have received with gratitude donations totalling £2451.00 in memory of:

Joyce Annison, Diana Appleyard, Penelope Coldwell, Harold Evans, Sheila Farnham, Joe Flint, Margaret Fryer, Mary Holden, Paul Hudson, Marlene Lelliott, Joan Lusted, Douglas McCandlish, Eric Moule, Dawn Nolan, Laurence (Lorenzo) Rigamonti, Vera Smalley, Arthur Soper, Pauline Trangmar and Kenneth Turner

## **Legacies**

During the past three months we have received with gratitude, legacies from the estates of: Clifford Mancey and Peter Miller

## **Recent gifts to the Eastbourne District General Hospital**

Lucas 2 Trainer	Resus	£3,697
OCT Cirrus 5000	Ophthalmology	£55,167
11 Airway Trolleys	Anaesthetics	£9,009
C-MAC Video Laryngoscope	Anaesthetics	£16,043
<b>Total</b>		<b>£83,916</b>

Eastbourne Solicitors will be offering a

# **Free Wills Service**

(simple format)

**During September 2016**

Final details are in the process of being agreed

**If you would like to know more  
please contact the Friends Office on**

**01323 438236**

## NEWS FROM THE OFFICE

We are always keen to take a break from what needs to be done in the office to stop and chat to anybody who comes to pay us a visit. We do like to hear what our members and supporters have been doing, so please come and see us if you are in the hospital for any reason.

We are planning quite a lot of things for the autumn and have some dates for your diaries. We will be taking a stand at the Good Life Show again this year on Wednesday 28 September at the Winter Garden where we will have lots of our Christmas cards available for sale, so please come and see us while we are there.

You will have seen adverts elsewhere in the magazine for another Free Wills Fortnight in September, an Indian meal at St Andrews School and something very new to us: a Wine Tasting Evening with Ridgeview, a local vineyard dedicated to producing high quality sparkling wines.

Our AGM will be at 2 pm on 30 November in the Education Centre and our Carol Service is on Thursday 8 December at 3 pm in the Chapel at the hospital. We enjoy meeting our members and supporters on these occasions and would love to see you there. One of our members comes from Oxford each year for the AGM and it is always lovely to catch up with his news.

Our Remade Card ladies continue to do an excellent job for us and I would like to take this opportunity to thank them for their hard work and to remind you to pass on your used greetings cards to us so we can continue to do this. Winnie Watkin is regularly out and about selling cards for the Friends at fairs and other occasions so look out for her if you visit any local events.

If you belong to a club or association that has a speaker programme please remember that I am very happy to come and talk about the Friends to interested people.

Our website [www.friendsdgh.org.uk](http://www.friendsdgh.org.uk) is regularly updated and is the best place to find out what we are doing and you can also follow us on Facebook and Twitter.

I feel I have encouraged you all to look rather a long way ahead with dates for the AGM & Christmas and thinking about the more immediate future; I hope you all enjoy the summer and maybe a wander around the remaining open gardens.

Ann Wilson



## **Visit the Friends' Shop**

in the DGH Foyer and discover the great variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear, Slippers, Norfolk Lavender products, Aprons, Bags, Tea towels plus a great selection of Books, Magazines and Newspapers

OPEN MONDAY- FRIDAY 9.00 am – 6.30 pm  
SATURDAY 10.30 am - 4.00 pm AND SUNDAY 1.30 - 4.00 pm

Tel: 01323 - 647188

The Friends' also have the Corner Shop near The Restaurant and provide a Trolley Service to the wards



## **Flowers for All Occasions**

call in and see us at the

## **Friends' Flower Shop**

in the Hospital Foyer

Open Monday -Friday 9.00 am – 4.00 pm  
Saturday 1.30 pm – 4.00 pm

Telephone Orders: 01323 417400 ext 4033

All profits go to the Hospital

\* You can have 30 mins FREE PARKING in the car park whilst you shop

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription .....	£	:	£5
Renewal of Annual Subscription .....	£	:	£5
Life Membership.....	£	:	£25
Donation.....	£	:	

\_\_\_\_\_

£ \_\_\_\_\_

If you are a tax payer please complete the Gift Aid Declaration form. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH .....
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms .....

Address .....

..... Postcode .....

Telephone ..... Date .....

Email .....

Please return to    Hon Membership Secretary  
                              Friends of the Eastbourne Hospital  
                              District General Hospital  
                              Kings Drive  
                              Eastbourne BN21 2UD

Tel 01323 438236

*Data Protection Act 1998*

*Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.*

## GIFT AID DECLARATION – for a single donation

Please treat the enclosed gift/subscription of £..... as a Gift Aid Donation.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASC) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

### Donor's details:

Title ..... First name or Initial(s) ..... Surname .....

Home address.....  
.....

..... Post Code .....

Signature..... Date .....

### Please notify the Charity or CASC if you:

1. Want to cancel this declaration.
2. Change your name or home address.
3. No longer pay sufficient tax on your income and/or capital gains.

**If you pay Income Tax at the higher or additional rate** and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

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## STANDING ORDER

To .....

..... Sort Code: ..... A/c No.....  
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ( )  
(Amount in figures) (Amount in words)

on ..... 20..... and thereafter on the 01 September each year until otherwise notified.

Signature..... Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms) .....

Address.....  
.....

..... Post Code .....

The FRIENDS OF THE EASTBOURNE HOSPITAL was established in 1948 shortly before the introduction of the National Health Service when it became apparent that the resources would not be enough to meet the cost of all the necessities and amenities for Staff and Patients.

Originally called 'The Patients Association' it was renamed 'The Friends of the Eastbourne Hospitals' (FoEH) in 1953 and became affiliated to the National Association of Leagues of Hospital Friends, now renamed ATTEND. The charity is now known as the Friends of the Eastbourne Hospital.

The aims and objectives of the FoEH can be summarised:

1. To provide funds for extra services, equipment and amenities for patients and staff and to make donations where the expenditure has been recommended by the relevant NHS Trust and has been approved by the Committee.
2. To encourage voluntary work in the hospital.
3. To provide a link between the hospital and the community.

Membership is open to anyone paying a Membership Fee. This is £25 for Life Membership and £5 for Annual Membership, which is due on 1<sup>st</sup> September each year.

The subscription also covers a free copy of this quarterly magazine, HOSPITALITY, which is delivered by volunteers, although all members with addresses outside our hand delivery areas are encouraged to supply postage stamps for their copies.

Enquiries should be addressed to the appropriate Official of the FoEH, whose names are given on page 1. When a reply is required a self-addressed stamped addressed envelope is appreciated.

## HELP US TO HELP YOU CONTACTS

HOSPITALITY EDITORIAL TEAM, The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD. Tel No. 01323 438236  
or email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)

All contributions and photographs are welcome and can be sent to the Editorial Team at the above address.

HOSPITALITY DISTRIBUTION, records and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236.

REGIONAL COMMITTEES We have an active sub-committee in Seaford. We would like to re-establish Regional Committees in the Pevensey and Westham and the Hailsham regions. Would you be interested? If so please get in touch with the Secretary at the Friends' Office.

HOSPITAL RADIO PROGRAMMES For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: [www.radiodgh.com](http://www.radiodgh.com)

REMADE CARDS You can leave your donated Birthday, Get Well, Sympathy and Best Wishes cards in the tin box at the back of the Main Shop's Stockroom at any time. PLEASE ONLY LEAVE CHRISTMAS CARDS UNTIL THE END OF JANUARY. Enquiries to Debbie Wicks, Friends' Office: 01323 438236.

USED POSTAGE STAMPS and POSTCARDS Mrs June Tickner, 7 Somerville Close, Eastbourne, BN23 6BP Tel No. 01323 729541. Both UK and foreign stamps are welcome. Please trim off surplus paper leaving about ¼ in (½ cm) all round the stamps to avoid any damage. Please DO NOT remove stamps from postcards.

VOLUNTEERING Voluntary Services Co-ordinator, Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880 or Debbie Wicks, Friends' Office: 01323 438236.



Clockwise from top left:  
Selling raffle tickets at an Open Garden \* Cowbeech Open Garden • Gill Garner, Rosemary Cameron and Bo Phillips, Bathroom Stall volunteers • Sing-a-long at the Cream Tea and Summer Fair • Peter Turnbull, Ann Goodwin, Betty Jenner and Pete Bray, finalists at the FoEH Tennis Tournament • 36 tennis entrants for the FoEH Tennis Tournament • Caroline Smith admiring the cakes at the Summer Fair • Jo Knight, Rob Wicks, Rupert Shaw and Eric Knight, winners of the Quiz