

HOSPITALITY

QUARTERLY MAGAZINE



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AUTUMN EDITION

July - October 2020

Number 159



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DATES FOR YOUR DIARY FOR 2020

- 6 – 22 November Autumn Art Exhibition
www.friendsdgh.org.uk/events/virtual-art-exhibition
- 18 February 2021 AGM (to be confirmed)

CANCELLED EVENTS:

- 16 October Fashion Show - cancelled
- 13 November Quiz - cancelled
- 14 November Christmas Coffee Morning - cancelled

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Mr G Stone, Mrs G Woolley

Hon Solicitor: Mrs C Busuttil

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CHAIRMAN'S REPORT

What a worrying time we live in; I really hope you have all stayed well and clear of the virus. As I said in my last Chair's report over four months ago, Covid-19 has dominated the world and as a result, the Friends. We have had no alternative but to cancel all fundraising activities for the rest of the year to protect our staff and volunteers as well as to follow government guidelines. It has been so sad to see our funds hardly increase at all as a result; after all those very successful recent years. However, the Friends have had enough funds to provide for three of the four machines for Radiology, which has been this year's major project; so that is good news.

When the Pandemic started it was agreed that the Friends wanted to support the staff, some of whom were working long hours and out of hours shifts, whilst putting themselves at huge risk. We started fundraising which included a Virgin giving page. The response from the Eastbourne public was phenomenal and over £41,000 was raised. I think it would be wrong of me to pick out any one person or group in particular to mention, as so many supporters of the Friends, old and new, gave so generously. The money raised was used for the benefit of the staff providing them with food and drinks as well as toiletries, necessary as wearing tight fitting PPE masks causes blisters to faces and ears and cracked lips. Fridges, kettles and microwaves were also bought for various departments. The Friends have received numerous letters of thanks from staff for these items. If not money it was donations of iPads that we received, so patients could talk to their relatives, as they could not visit. This was so important for patients, relatives and staff. It seemed that whatever was needed was provided by the community. I cannot thank you all enough for your unbelievable generosity at this difficult time in supporting our staff.

Can I at this point give a very special mention to Sue Hitchen, our shop manager? Sue, her staff and volunteers stayed in the hospital, putting them at theoretical risk, to keep the shop open throughout the pandemic so that EDGH staff could still buy things. Thank you.

The Friends AGM has been postponed until February when we hope we can once again hold it in the hospital and I hope we will be able to see some of you there. I really hope that when it is safe to do so many of you will be back volunteering to help at our various functions. We will really need you as we start to grow the Friends activities once again.

Harry Walmsley

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SHOP REPORT

The Main Shop is gradually opening for longer periods each day, as the hospital becomes busier again following drastic changes during lockdown. It's not yet back to its usual trading hours but is getting there. The good news is that the Corner Shop, on the first floor at the back of the hospital, has re-opened, providing a much appreciated service for the staff.

As well as sweets, newspapers, magazines, cards and snacks, the Main Shop has a good range of nightwear for all sizes; well-priced, essential toiletry items and stationery. Do have a look at what's on offer next time you are in the hospital.

You will have read on page 9 about this season's best seller, the face coverings that volunteers are making for us to sell in the shop. They are in high demand and generally sell out within 30 mins of being put on the counter. Do keep an eye out and pick up your washable masks from the Friends Shop.

At the time of writing this report, Eastbourne is experiencing a heatwave with temperatures into the low 30's. Fortunately the Friends Shop sells a great range of ice creams and lollies to keep everyone cool – pick one up when you're passing.

We would like to thank all of our shop staff and volunteers for keeping the shop going throughout the pandemic and all the volunteers who are still waiting in the wings to come back.

VIRTUAL ART EXHIBITION

Sadly the Friends decided that they had to cancel their fifteenth physical Art Exhibition at St Andrews Prep due to the Covid-19 pandemic. I'd like to thank the committee for all the hard work they had put into its planning.

However, like many countrywide exhibitions, we are going to hold a Virtual Art Exhibition this year. We hope you will encourage your friends to support this new challenge for the Friends to raise funds for the Eastbourne District General Hospital. Please do have a look at the art work online when the page 'goes live' on Friday 6 November 2020; perhaps there will be a picture there that catches your eye. Please contact the office if you would like to enter.

With best wishes, Ann Caffyn

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FACE COVERINGS



We are all getting used to the 'new normal' of wearing face coverings when we are in the hospital, shops and on public transport and can probably all agree that it takes a bit of getting used to.

Many people are concerned about the impact that disposable masks have on the environment. Did you know that it has been estimated that the average disposable mask will take 450 years to decompose? This is one reason why many people are choosing to use washable, material masks. Wendy, one of our volunteers, has made 1,033 out of the 1,400 masks that have been sold through the shop in the last few months, raising a total of £2,800 for the Friends. She makes the masks out of donated, new material and has even recycled shirts, sheets and a rather natty range of bandanas in her quest to keep the shop stocked. The masks costs £2 each and can be washed on a high temperature and used time and time again.

Demand for the washable masks continues to be very high and Wendy could do with some help making them. If you are handy with a sewing machine and would like to do something positive to help the environment and to support the Eastbourne DGH, then why not have a go? Wendy's pattern for the masks can be found on our website at: www.friendsdgh.org.uk/how-can-i-help/make-face-coverings and on our Facebook page. Or you can email us at esh-tr.friendsdgh@nhs.net and we will send you the pattern. We have been very fortunate to have had material donated by Brewers and Closs & Hamblin, so if you would like to help but require some material or elastic, please do get in touch and we can provide some.

WANTED

Do you have any spare wool that could be donated to our army of fantastic knitters? If so, please bring it into the main shop and we will make sure that it is put to good use.

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OPEN GARDENS

We have so missed our season of Open Gardens this year, which promised to be a good one. It has not escaped our notice that the weather on Wednesdays throughout the summer has been mainly dry and sunny, which has made the fact that we had to cancel the whole programme even more disappointing, as it would have been a good year.

We are hoping that the owners who were going to open their gardens this year will be able and willing to open for us in 2021; we hope to be able to confirm the list of gardens in spring next year. We know that they all put in many months of hard work to ready their gardens for the season and we'd like to thank them for their time and energy and hope to see them and their beautiful gardens next year.



We are able to give you one piece of exciting news: John McCutchan, whose family own and open Arlington Bluebell Woods, is launching our Open Garden Season 2021 by opening the woods and his private garden, Bates Green, for us on Wednesday 28 April 2021 – all being well, of course. As well as being an Open Garden to raise money for the Friends, John would like the day to be 'Our NHS Day', to thank the staff who work at the Eastbourne DGH by allowing them and their families to visit the Bluebell Woods free of charge on this day, which he hopes to make an annual event. 2021 marks the 50th year since John's wife, Carolyn, first thought up the idea of a Bluebell Walk through the farm's woods. Sadly Carolyn passed away in January following 7 years

of treatment at the Eastbourne DGH; John would like to thank the staff for all the care and support that Carolyn received during her illness.

The garden at Bates Green is now being looked after by Emma Reece, who John describes as his “surrogate gardening daughter”. Emma has worked at Chelsea Physic Garden and Wakehurst Place and now teaches RHS gardening courses at Plumpton and Brinsbury colleges. Emma and some of her students are responsible for bringing the Bates Green garden back to life, following its sad decline when Carolyn was too unwell to look after it. We are very excited to be able to open Bates Green Garden and to run the Bluebell Woods for the day and thank John and his family for their generous offer. Bates Green garden was last opened for the Friends in 2015 and we know that many of our supporters and local garden enthusiasts will be as excited as we are to be back in this beautiful place. So here’s to looking forward to brighter times.



MAKING RADIOLOGY DIGITAL AT THE EASTBOURNE DGH

The FoEH’s major project for 2020, to make Radiology Digital at the Eastbourne DGH, has been extended until August 2021 due to the pandemic and the effect it has had on the charity’s fundraising capabilities. For this project the Friends are raising money to replace three fixed and one mobile Conventional X-ray machines at the Eastbourne DGH with reliable, modern, digital imaging equipment. Fundraising for the Major Project runs alongside our regular fundraising for the hospital.

Currently, the Eastbourne DGH has Conventional Radiography X-ray machines that require the use of a reusable plate in a fixed case, which is placed behind the patient during an X-ray and then placed into a processing machine to produce the image; the case is then re-used. By changing to Digital Radiography the processing time will be reduced by around 90% and costs associated with the 4 monthly replacements of plates, approximately £10,000, will be removed.

So what is Digital Radiography? Digital Radiography is a modern method of obtaining X-ray images that uses a digital plate to capture images which are then sent automatically to a reporting system. The speed at which images can be captured, shared and viewed leads to



faster diagnosis times and a better patient experience. On a mobile unit the image can be viewed on the machine immediately. Digital Radiography also decreases radiation exposure to sensitive organs, improving patient safety. Along with the elimination of chemical processing, the digital format allows greater imaging versatility and overall image quality, both of which greatly increase the accuracy of patient diagnosis and the quality of care that can be provided.

When using Digital Radiography, the image is stored as raw data within a computer, which provides the technologist, physician or radiologist with the capability to manipulate the images as required. Images can be enlarged, rotated, flipped and inverted.

A Digital Mobile X-ray machine can be used throughout the hospital. In the event of a major incident it would be located in the Resus area in A&E or in ICU, for rapid imaging of critically ill patients. The image preview on a Digital Mobile Unit reduces time between exposure and image visualisation, which is especially important in Trauma imaging. A mobile unit could also replace static imaging equipment in the event of a breakdown or maintenance of a static X-ray room.

The FoEH are delighted to be supporting this initiative which will significantly enhance the patient experience and treatment at the Eastbourne DGH.

FUNDRAISING

Normally in our magazine we report on our main fundraising events and include photos and totals of the amounts raised. However, 2020 has turned out to be a very unusual year for us all and every single one of our fundraising events has been cancelled. We are very fortunate to have had the support of individuals who have come up with some great ways of raising funds for the Eastbourne DGH, which has kept money coming in.



From the end of March until the end of June, we ran an appeal to raise money to support and thank Eastbourne DGH staff. This fund now stands at an incredible £41,128 plus another £1,652

from Gift Aid. These funds were significantly boosted by Michael Owen and his nephew Chris, pictured here, who delivered 7,500 appeal leaflets across Eastbourne, which directly lead to donations of at least £4,687 with Gift Aid and many more direct to the website. The pair paid for the printing of the leaflets themselves and distributed every single one.



96 year old Peter Valentine and his wife, Heather, walked 96 miles during lockdown to raise money for the EDGH staff. Peter, who is a CB radio buff, purchased a call sign to help him raise money and connected with fellow enthusiasts from years gone by. Peter and Heather raised £655 and there may be more to come.

There have been several on-line quizzes: Jo and Paul Richards made £500 from their lockdown quiz and Don McPhee and his son and daughter, Tom and Abby, made over £2,840 from two quizzes they organised for the Friends.

Our young supporters have been coming up with some great ideas for raising money. Aston Downey opened a pop up coffee shop outside of his house selling, teas, coffees, books, DVDs and plants making £842 for the Friends from his sales. Ellis Shehu did a sponsored 5km run raising

£265 for the appeal. Katy and Louisa aged 10 and 7, raised £281 from two bake sales, including handcrafted items that they made.

Other initiatives to raise money for the appeal include: Louise Tiernan who gave a £2 donation for each keyring she sold from her company, the Owls Nest Personalised Gifts; Joanna Collishaw produced and sold rainbow tee shirts; Margaret Turton produced free prints in return for donations to the Friends and has raised £50.

One of the more unusual ways of raising money came from Eloise Adamski, whose company, Heart of the South Racing, run horseracing syndicates. In thanks for care given to her father at the Eastbourne DGH at the start of the pandemic, they auctioned a 5% share in a racehorse making an amazing £2,500 for our appeal. The highest bid came from Mr Alby Nigar, a new owner to Heart of the South Racing.

The FoEH was the Seaford Golf Club's Captains Charity and we have received £5,461. We would like to thank the captains and members for their generous support.

We have had lots of knitted toys donated for sale in the Friends Shop including 42 topical teddy bears, all wearing face masks! Volunteers also made rainbow badges and pairs of knitted hearts, one for a patient who was not able to receive visitors and one for their family member who wanted them to know that they were not forgotten.

Anne and Dave Rabbetts sold plants from their garden to passers-by and raised £75. This figure would have been higher but unfortunately the contents of the collection box were stolen one week.

Don McPhee organised an annual golf match at Willingdon Golf Club between Sussex Cars and 720 Taxis and nominated the Friends to be one of the beneficiaries donating £180.



Waitrose Community Matters green token scheme raised £333 for the charity. Sue Duffell is pictured here receiving the cheque.

We have also received: £60 from Recycle for Charity as a result of all the printer cartridges you have recycled, £53 from PayPal Giving

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VOLUNTEERS

One of the hardest parts of the lockdown was that so many of our volunteering roles became temporarily unavailable and many of our long standing volunteers had to stay at home. While at the time of writing we cannot give any absolute guarantees on what is to come, we very much hope that we will soon be able to welcome them back.

Along with Sue and with the support of Voluntary Services, we are looking at how we can safely resume some of our popular services, including the trolley rounds, the Flower Shop and the Friends Radiotherapy Café. At all times the safety and wellbeing of the volunteer team is uppermost in our minds, and you can be assured that we will do everything we can to protect them.

It is inevitable that following such a long break some volunteers may not want to return or will have found other ways to occupy their time and it is therefore quite likely that there may soon be some opportunities for new people to join our volunteering team. We hope that we can soon start offering taster sessions to anyone that is interested and get the new volunteer recruitment process underway for them. We will certainly be able to keep a list of anyone potentially interested from September, when we hope to have a clearer idea of the way forward.

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NEWS FROM THE OFFICE

It seems very strange to be writing this in August when traditionally we would be reflecting on the success of our summer events, including the open gardens and Cream Tea and be busy planning for the autumn. But we are living in a different world and just hope that all our members and volunteers have managed to stay safe and well during this time. We have delayed publication of this edition of Hospitality so that we could update you on our plans for the rest of the year.

When lockdown was announced, way back in March, the Friends Office closed and we worked from home as best we could. We then became involved in the Covid-19 appeal for the staff here at the DGH. We made a cautious but happy return to the office towards the end of May and have continued to be here Monday to Friday, albeit working reduced hours. We do though now have a fully functioning answerphone so, if we are not in the office, messages can be left and will be returned as soon as we can. Unfortunately the answer phone was something that didn't work for us during lockdown and we apologise to anyone who might have left a message with no response; please try again.

It was with a heavy heart that the decision was made to cancel all our events for the rest of the year, but the safety of our visitors is always our main priority. We fully appreciate the hard work that has already been put in to some of these and would especially like to thank Rosemary Cameron for the Fashion Show that had already been re-arranged from May in the hope we would be in a better place by now, and Ann Caffyn and her committee who had done so much preparatory work for this year's Art Exhibition. We have also rescheduled our AGM for 18 February 2021 and hope by then this can go ahead.

It has been decided that for the foreseeable future we will not be able to take in donations of used greetings cards, including Christmas cards, this year. As visitors are still being discouraged from coming to the hospital, if you have other items you would like to donate, it would be helpful if you could hold on to them for a while, or please ring the office and we can discuss various options.

Annual members that don't pay by standing order will have recently received their annual invitation to renew their membership, which we really hope they do. Now, more than ever, we need the support of our members and the local community to help us to continue to give so much support the patients, staff and visitors here at the DGH.

The future months still look uncertain and we really don't know what is ahead. We very much hope that by the time the next magazine comes

out we are able to tell you about some of the exciting events we hope to have in 2021. We may have to do things a bit differently or look at other ways to fundraise, but we do hope to see all our supporters again soon.

MILK BOTTLE TOPS

We are very pleased to be able to let you know that Mary and John have started sending off milk bottle tops off for recycling again, having suspended collections during lockdown.

If you have milk bottle tops that you would like to donate, we are asking you to take them to Mary and John's and to leave them at the side of the bungalow to save unnecessary visits to the hospital: 10 Fleming Close, Eastbourne BN23 7AF.



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TRUST NEWS



A new Emergency Nurse Practitioner Suite in the Emergency Department at Eastbourne DGH has opened to care for patients with minor injuries and illness and includes an area dedicated to care for children.

The new suite is the first phase of a £450k investment to renovate and refurbish the Emergency Department. The new Emergency Nurse Practitioner Suite will see around 50 emergency patients a day in a modern, bright, airy environment. A paediatric waiting room and assessment area with interactive displays keeps children occupied and settled while they wait for treatment.

Amy Collis, Head of Nursing said: “We are really pleased with the new Emergency Nurse Practitioner Suite. Clinical staff have been involved in this project from the start enabling us to provide a much better environment for patient care. The feedback from patients is very positive with many impressed with a much brighter environment and interactive displays.”

Other phases of the refurbishment project are due to start soon include a more open planned design with new cubicle spaces, a larger waiting room along with new clinical equipment. A new rapid ambulance handover zone is also planned.

Trust's Research helps in fight against Covid-19

The Trust's Clinical Research Department have been using their expertise, resources and facilities to oversee participation in national and international research studies to develop treatments for Covid-19.

Liz Still, Head of Research said: "We are proud of our contribution to major international research in the fight to develop treatments for Covid-19. It is a new disease which we need to find out as much as we can about, as soon as possible. Research allows us to answer questions about Covid-19. By gathering information about a disease we can find ways of diagnosing it faster and better ways of looking after and treating people with the disease."

In January the Trust was approached to take part in research (CCP-UK) for all patients with suspected and confirmed Covid-19 and began to collect anonymous information about all people admitted to ESHT hospitals.

In late March, the Trust was approached to set up the RECOVERY clinical trial involving 5 different medicines. These were already on the market, but were being used in a different way. The Trust worked to open this trial within 16 days of receiving study information, and recruited the first patient within a further 7 days. This is exceptional performance when the target is usually 70 days. A total of 22 patients have been recruited so far. This trial has led to ground breaking results in the use of dexamethasone which can prevent serious complications and death in significant numbers of patients around the world.

The Trust has opened a total of seven Urgent Public Health Covid-19 research studies, and three related studies. This has enabled 370 patients to contribute to this research. The studies involved research into Medicines, Oxygen use, Triage in Emergency Departments, Critical Care, Pregnancy and Neonatal specialties and Critical Care rehabilitation.

Nurse's portrait unveiled to celebrate NHS Heroes

A portrait of Staff Nurse Tasha Rainsley has been unveiled outside the critical care unit at Eastbourne DGH where she was redeployed to as part of the Trust's Covid-19 response. Tasha's portrait was painted by local artist Ian Goldsmith as part of a national celebration of NHS Heroes.



Tasha was nominated by a colleague after being redeployed to work in critical care during the pandemic. She was randomly chosen to be the subject of a portrait, from 53 nominated staff and teams across the Trust.

On seeing the portrait for the first time Tasha Rainsley said: “I was astonished, it looked just like a photo. I want to thank Ian, the artist, so much for doing this. It really captured me and how I was feeling. You can see the marks from the PPE as I’d just come out of critical care. It’s been a really challenging time and the local community showing their support with acts of kindness like this, has really helped.”

“I would like to express my gratitude to my colleague Maria for nominating me. I am an Ophthalmic Nurse and was redeployed to Critical Care to care for Covid-19 patients. A lot of my colleagues were anxious but I took it upon myself to embrace the situation and enjoy the opportunity to be part of a team and learn new skills. There have been some sad moments but there has been amazing, phenomenal moments, seeing people so poorly leave the unit with us all clapping and cheering. Everyone has played their part and been heroic regardless of their job.”

Artist Ian Goldsmith who painted Tasha’s portrait from a photo said: “When this Coronavirus crisis started, many of us were feeling a little helpless, including a lot of the professional artists in the national portrait group I run (www.thecbpp.org). We very much wanted to help in some way. Obviously we couldn’t offer any medical help, but we could paint the people who were offering that help, the NHS staff. Thankfully while we were looking into how best we could do this, the portrait artist Tom Croft, launched the Instagram project: #portraitsforhsheroes, which literally became an overnight success. So we partnered with Tom and offered our help.”

“The project has grown way beyond anyone’s expectations and is, not only national, with hundreds of professional and amateur artists painting NHS staff, but has also gone global and is being replicated in other parts of the world too. I think the success of the idea just proves how much love there is out there for the NHS right now and I feel very privileged to be one of those entrusted to paint one of our local NHS

heroes. I only wish we could paint them all, as they all deserved to be recorded and celebrated.”

Nurse Maria McCabe who nominated Tasha for the portrait said: “Tasha is a Staff Nurse who has been redeployed to critical care. We normally work together in Jubilee Eye Theatre. She has adapted really well to her new role and has dealt with the move with immense courage and determination to serve. I admire her so much and I feel that she deserves this.”

Trust appoints new Chief Executive



East Sussex Healthcare NHS Trust is pleased to announce the appointment of Joe Chadwick-Bell as its new Chief Executive, on an interim basis. Joe will take up her position in September 2020 when ESHT’s current Chief Executive Officer, Dr Adrian Bull, retires after five years at the helm.

Joe has over 30 years of experience in the health sector and is currently Chief Operating Officer and Deputy Chief Executive at ESHT, having been appointed in 2016. She has worked in both ambulance and acute provider trusts, along with a period of time at the Strategic Health Authority. Joe originally started her NHS career working in the Pharmacy department at Eastbourne DGH.

Whilst the Trust is managing the Covid-19 pandemic, normal executive recruitment has not been possible, and therefore Joe has been appointed on an interim basis.

Steve Phoenix, Chairman of the Board said: “Joe will bring important continuity and stability to the role as our Trust faces an unprecedented challenge from Covid-19. Her detailed understanding of the organisation means that we will continue to build on the progress that we have all made together as a Trust over the last few years.

“I look forward to continuing to work with Joe as we progress our aim of providing the highest quality care to patients across all of our services.”

Joe Chadwick-Bell said: “It is an honour and a privilege to take on this role at a Trust where I started my career. I am delighted that I will be able to lead an organisation with such ambition, strong values and an exciting future. This is a challenging time for the Trust and I’ve been proud to see the way members of staff have come together to adapt and change in this new environment. I look forward to being part of our

recovery as we move ahead with our aim of being Outstanding and Always Improving.”

“As a local resident myself, I understand the challenges for our local health system and will work with partner organisations across Sussex to help strengthen the care we provide. My focus will be to further our integration across East Sussex as we firmly establish ourselves as part of our local communities.”

Joe’s appointment will commence in September 2020. In the meantime, Joe will continue in her role as Chief Operating Officer and Deputy Chief Executive working closely alongside Dr Adrian Bull.

GIFTS AND DONATIONS

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £2,149.27 in memory of: Cassia Coleman, Peter Cullen, Patrick Duvall, Stella Freshney, Gordon Funnell, Geoff Gibbs, Brian Goldsack, Alan Howse, James Kirk, Sheila Melliush, William Page, Donald Ramsay, James Smith, Doreen Spillane, Annette Summers, Michael Voake, Bob Walters and William Woods

Legacies

During the past three months we have received with gratitude, legacies from the estate of: Gordon Funnell

Recently agreed gifts to the Eastbourne District General Hospital (in addition to the items donated following the Covid-19 appeal, reported on in our last magazine)

Limb stimulation machine for Physiotherapy	£1,174
4 x tilting wheelchairs for Physiotherapy	£4,628
2 x waterproof laptop for Aquatic Physiotherapy	£6,934
18 lockers for Aquatic Physiotherapy	£2,864
Selection of recreational activities for Psychiatry	£3,046
Afternoon tea for Psychiatry patients and staff	£ 462
Total	£19,108

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/ I have completed the Banker's Order form.

Annual Subscription	£	:	£10
Renewal of Annual Subscription	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

£ _____

If you are a tax payer please complete the Gift Aid Declaration form overleaf. The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title..... First name or Initial(s)..... Surname

Full Home address

..... Post Code

Date

Please notify the Charity if you:

* want to cancel this declaration

* change your name or home address

* no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

.....Sort Code: A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of The Friends of the Eastbourne Hospitals (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code

Registered Under the Charities Act 1960 No 220592

WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy cards are collected and remade throughout the year. Christmas cards can only be collected for a short time.



Not at the current time

cards are collected and Christmas cards can only be collected for a short time. Please phone the office.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs. If you would like to knit for us, please enquire in the Friends Shop.



HABERDASHERY ITEMS

Bits and pieces such as ribbons, buttons, beads and textured fabrics are given to volunteers to sew onto Twiddlemuffs for dementia patients and for card making.



PLASTIC MILK BOTTLE TOPS

Clean milk bottle tops are recycled by FoEH volunteers and are made into everyday items such as traffic cones and children's play equipment. Please ONLY collect milk bottle tops - we cannot accept any other types of bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers, baskets and pretty containers that they can use for new arrangements.



NEW GIFT ITEMS / UNWANTED PRESENTS

New, unopened/unused gifts are sold at our Summer and Christmas fairs. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our silver and jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened / unused items such as make up, creams, soaps, hair products and gift packs that we sell at our summer and Christmas fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every HP, Dell, Cannon and Kodak inkjet cartridge that is recycled in one of our Recycle4Charity envelopes, which can be picked up from the main shop.

HOW TO DONATE

Please bring your donation to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.



Photographs of the cancelled Open Gardens for 2020 clockwise from top left:
The Old Vicarage * Carters Corner Farm * Friston Place * Barrack Cottage
Glydes Farm & Little Midge * Folkington Place * Hellingly Village Gardens