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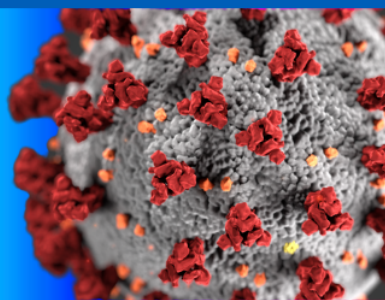
Front cover:



NHS



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PLEASE DONATE

Friends of Eastbourne Hospital have launched an appeal to thank & support Eastbourne DGH staff during the current COVID-19 pandemic

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to the Friends of Eastbourne Hospital's appeal to thank & support the staff at the Eastbourne DGH for all that they are doing during the current COVID-19 pandemic

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DATES FOR YOUR DIARY FOR 2020

ALL OF OUR EVENTS ARE CANCELLED up to and including July 2020 due to the coronavirus. We hope to reschedule some events for later in the year. Provisionally arranged are:

- 16 October
2.30 pm
Fashion Show
All Saints Church Hall, Grange Road
- 24-25 October
10 am – 4 pm
Autumn Art Exhibition
St Andrew's Prep, Meads Street
- 13 November
7 pm
Quiz
Fishermen's Club, Royal Parade
- 14 November
10 am – 12 noon
Christmas Coffee Morning
St John's Parish Hall, Meads Street



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Mr A Holter, Mrs C Lock, Dr M Lonsdale, Mr H Parker, Mrs G Perry,
Mrs B Phillips, Mr G Stone, Mrs G Woolley

Hon Solicitor: Mrs C Busuttil

Auditors: Watson Associates, Chartered Accountants

CHAIRMAN'S REPORT

It will be no surprise to you all that my report is completely dominated by the COVID-19 virus sweeping the world. In view of this we have had to make some difficult and proactive decisions to protect our staff and volunteers and to comply with government advice.

When the severity of the situation deepened we decided that we needed to cancel all of our fundraising events until at least July. The fundraising initiatives that we have cancelled include: the Fashion Show, Dine Around the World at the Spice Garden, the quiz, the Tennis Tournament, the Annual Cream Tea, the spring and summer Medical Lectures for the public and the Open Garden season. Of course this is very sad but I am sure you will agree it is a necessity.

We have also decided to cancel the Summer Raffle for many reasons, not least because it is not appropriate to be asking local businesses to donate a prize at this time.

The Radiotherapy Café and the Flower Shop have now closed and will remain shut until further notice. At the time of writing the Main Shop is still open but with reduced opening hours. The trolley rounds have stopped, to help prevent the spread of infection and to protect our volunteers. Sue Hitchen, the shops' manager, came up with innovative ways to try and keep a small service for staff, patients and the very few visitors, running.

Clearly our number one aim is to protect our volunteers, many of whom are in the high-risk group due to age and underlying health conditions. As always we are hugely grateful to them all for their incessant support of the Friends. When the crisis has passed we hope to welcome all of our wonderful volunteers back.

Our fundraising will continue, although it will be severely curtailed. As you are aware from January's Hospitality, we had to change our major project at very short notice, but for good reasons. You can read more about our new project, which is to raise £430,000 to Make Radiology Digital at the Eastbourne DGH, in the next issue of Hospitality.

Hopefully we will be able to start fundraising in the autumn with new vigour and perhaps a few more events than originally planned. We hope to see you then. Most of all stay safe.

Harry Walmsley

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m.e.a.ch. m.a.c.pod



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SHOP REPORT

During the coronavirus pandemic, the Main Shop was the only Friends' retail outlet to stay open, all be it with reduced opening hours. The hospital staff were very grateful as it enabled them to buy delicious sandwiches and snacks to keep them going during their long and tiring shifts. Our thanks to Cavendish Bakery for continuing to supply the shop during that time.



People were obviously looking for things to do whilst they were on lockdown during the pandemic and we are pleased to say that we sold out of puzzles. We hope that Lyndsey Smith will be doing another Eastbourne

painting this year that we can use for a new puzzle and we will let you know if and when there is one for sale.

Many people realised during the pandemic that the Friends Shop holds a varied stock of useful, everyday toiletries and other items. These are on sale all year round, so please do pick up some shopping there if you happen to be in the hospital. Whilst the Flower Shop remains closed the shop also has some silk flower arrangements that make great gifts or are lovely to brighten up a room. The shop also has a good selection of essential stationery, night-ware and slippers, as well as hand-knitted toys, blankets and baby clothes; it is well-worth a visit.

We will inevitably have lost several volunteers during this period, as many people will not return to their old routines once the pandemic has passed. If you would like to volunteer to work in one of our shops, trolley rounds or in the café in the future, then please do get in touch. Many people want to say thank you to our wonderful NHS staff and this is one way to 'give back'. We can arrange taster sessions so that you can see what role is right for you.

We would like to say a heartfelt thank you to everyone who helped keep the main shop open over the last few weeks. Our shop manager, Sue Hitchen, assistant managers Tracie Shepherd and Rai Hitchen and our wonderful volunteers: Carolyn, Gill, Gwen, Kay, Lorraine, Pam, Paul, Tamara and Wendy. There are many more volunteers at home who would have loved to be able to come in to help and we thank them for resisting the temptation and staying at home to protect themselves and the NHS – we know it can't have been easy for them and look forward to a time when we can welcome each and every one of them back.

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SALE OF THE LATE JOHN POWLEY'S ARTWORK



Before his retirement in 1989 John Powley was a surgeon at the Eastbourne DGH for 34 years. A keen artist he became a member of the Wapping Group, one of the longest established societies of working artists in the country, whose members paint at various locations along the River Thames. Here is an

example of his work.

John was a prolific painter, mainly of landscapes, and particularly wanted his paintings to be sold to raise money for the Eastbourne DGH, through the Friends. His widow, Kris, collated the collection and along with Barry Southon worked tirelessly to organise the Exhibition and Sale in early December. Eastbourne Borough Council kindly allowed the use of the new Welcome Centre, free of charge, for the weekend.

With the help of David Watson, Barry set up the Exhibition where 151 paintings were displayed, 91 of these were framed, the remaining 60 unframed. A total of 53 pictures were sold, resulting in £6,300 coming to the Friends. The event was well supported by the public, despite the wild and windy weather at the time.

Kris would especially like to thank Maurilo Teso who beautifully mounted and wrapped the unframed paintings, the Friends' Trustees who helped with stewarding and in other ways over the weekend and most importantly, Barry, for offering to organise the whole event.

John was an active and very helpful member of the Friends Art Exhibition committee for many years; his experience and knowledge were invaluable and helped make the exhibition what it is today.

NEWS FROM THE OFFICE

This is a very different report to usual, as the world is changing so quickly and by the time you read this it is likely that things will have moved on even more.

You may notice that your magazine has come by post when you are used to receiving it by hand, delivered by one of our volunteers, who we were not able to ask this time. We have amalgamated several different lists of records and would ask you to accept our apologies if you have received two copies in error or if the details we hold are no longer correct; please let us know if this is the case.



We would normally now be sending you our open garden programme so that you could start planning your visits, but unfortunately we have had to cancel the open gardens for this year. We would like to acknowledge the hard work that Gill Woolley had done over the winter months to put together a

varied and interesting programme of gardens for you to visit and to thank the owners, who had agreed to open for our benefit and had already been getting the gardens ready. We hope that we don't lose your support as visitors and that you will be able to enjoy more lovely gardens in the future.

You may have noticed that your magazine is now in colour throughout. We are delighted, as it will mean we can be more creative with the layout and it gives us a lot more flexibility, as well as bringing it up to date.

We are always keen to hear of good news stories of how our members are responding to the current crisis, such as the volunteer who normally donates raffle prizes for our quizzes. Because these had been bought for the quiz on 1 May that didn't take place, she took them into A&E to be shared amongst the hard working staff.

Our main concern is the health and safety of our volunteers and supporters. Many volunteers have either had their volunteering role suspended or are not able to come

into the hospital. Wherever possible we are trying to ensure that they don't feel forgotten by us and are communicating regularly with them to keep them updated with things as they develop. We also have a Facebook Volunteers Group that they can join to stay in touch more easily. You can search @TheFoEH to find our Facebook Page, which is perfect place for those that like to keep in touch via social media. If you are a member, send us a Facebook message and Sue or Debbie will respond. Please don't feel lonely – we are a click away.



As you can imagine, cancelling all the events that we had spent the last 4 months planning was not a happy task. However, we were bowled over by the number of people who donated their entry money for our cancelled events. We would like to thank each and every one of you – and we will be asking you to sign a gift aid form at some point! Lots of other people asked us to hang onto their money for the rescheduled event, and we'd like to thank you too.

You'll notice that we have a special COVID-19 donation page that can be torn out of the magazine if you would like to donate at this difficult time. You can find this on pages 1-2. The hospital needs our support now more than ever.

We are still collecting the items on page 24 but do not want them brought into the hospital during the current crisis. Please continue to save items and hold on to them until times are easier.

Finally, we would like to ask you to follow the government guidelines and to keep yourselves safe and well. We will see you all on the other side, when we will appreciate the little things just a bit more.

Stay safe.

VOLUNTEER LENA RETIRES



Many of you will have met 'the lovely Lena' who has been volunteering for the Friends for many years in the staff shop. Pam Love, the Friends Secretary who retired 10 years ago, gave Lena the name and it has stuck ever since. Lena retired at the beginning of this year and the staff shop is not the same without her. We will miss her cheery smile and generous nature and wish her well for the future.

Lena has been a stalwart of the shop, often volunteering on 3 or more days a week. She loved to get out of the house and chat with people, so it was the perfect role for her and the staff were very fond of her.

It takes a special person to volunteer in the staff shop because there are times during the shift when everyone's working, so there are few customers. Most volunteers bring a book to read for the quieter times. The upside of working there is that you get to know your customers, who are very grateful that the shop is open as they often don't have time to go upstairs to the main shop. If you think that this role may be for you, please give us a call in the office. Perhaps you could be our next Lena!

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FRIENDS OF EASTBOURNE HOSPITAL



THE FRIENDS 15th ANNUAL ART EXHIBITION St Andrew's Prep, Meads 23-25 October 2020

As I write it is the beginning of April and it is "lockdown" owing to the worrying news that there is an on going increase of the number of people in the UK suffering with COVID-19.

However, we are, with much optimism, making plans for our Annual Art Exhibition and hoping very much that it will take place, as arranged, at the end of October during the school's half-term holiday. The Friends are once again most grateful to the Headmaster, Mr Gareth Jones, for kindly agreeing to lend us the school gym to stage our exhibition. We also appreciate the kindness of the Society of Eastbourne Artists



for allowing us the use of their screens on which the paintings will be displayed.

Last year 73 local artists entered a total of 373 paintings to display in our exhibition, while some of St Andrew's pupil's displayed their own works of art on the stage. A record sum of just over £5,000 was raised to support last year's project to equip the newly enlarged Urology Investigation Suite at the Eastbourne DGH.



The Friends Office is currently closed due to the Coronavirus; if you or any of your friends would like to exhibit and sell your paintings this year, please visit the Friends website at www.friendsdgh.org.uk and download an entry form and the terms and conditions, or call the office on 01323 438236 once the lockdown period is over to obtain a form.

A small hanging space fee and donation of 20% of the selling price of any picture sold will go towards supporting the Eastbourne DGH and our current fundraiser to "Make Radiology Digital".

On Saturday 24 October at 2 pm, Christopher Osborne, a well-known professional artist, will give a painting demonstration; and on Sunday afternoon, Ian Parrot, a local cartoonist, has agreed to make a return visit to do quick sketches of visitors to the exhibition for a small fee. We are hoping, like last year, we will have a large display of paintings for sale, so do come along to St Andrew's Prep for the show.

We look forward to welcoming you and your friends to the Autumn Art Exhibition on Saturday 24 and Sunday 25 October from 10 am – 4 pm. Entry is free.

Ann Caffyn, Art Exhibition organiser

THE MYSTERIES OF FACEBOOK

During the last few weeks more and more people have used technology to stay connected to loved ones and the outside world. Many of you will may have been using FaceTime, WhatsApp or Zoom to keep in touch with your relatives. Most noticeably, millions of people have been spending more time on Facebook, the social media website app that gives us the platform to let others know what we've been up to and what's going on in the local community.

At the beginning of lockdown the Friends Facebook Page was ticking along with seven hundred and something page likes. A post would generate less than 50 'likes' and would be seen by fewer than 100 people. But then came a request from ICU for a couple of iPads, so that patients could keep in touch with their loved ones who were not allowed onto the unit.

As, at the time, it was almost impossible to buy a new iPad online and all the shops were shut, we decided to put a post on Facebook asking if anyone had an iPad that they could donate. The post went up at



06.30 am on Good Friday and created a storm of responses resulting in the offer of 30 plus iPads including some brand new ones. The iPads for ICU (pictured left) were purchased by Eastbourne Lions, who were very keen to show their support for the hospital and its incredible staff and for the individual patients and their families, who were unable to be together.

The post reached 62,619 people, generated 96 comments and was shared almost 1,000 times. This meant a lot of alerts and notifications to respond to over the Easter weekend, which was a dawn to dusk job! To put these numbers into perspective, we had paid to boost a post advertising the appeal for Eastbourne DGH NHS staff and that reached fewer than 15,000 people. We have now got 1,204 'likes' for our page, which means that posts in the future are likely to reach a bigger audience.

The extra work over the Easter weekend was well worth it as we now have iPads in all the areas of the hospital where there is no visiting allowed and have even had a few left over which, with the blessing of the donors, have gone to local nursing homes to help the residents keep in touch with family and friends. We would like to say a very big thank you to everyone who donated an iPad or tablet and to Eastbourne Lions for their kind support.

FRIENDS COVID-19 APPEAL



At the beginning of April the Friends were asked if they would be able to help the hard working staff at the DGH with some 'comforts' to make their lives a little more pleasant during this difficult time. Of course, we were delighted to be able to help and immediately launched the appeal via Virgin Money Giving: www.virginmoneygiving.com/fund/friendsdgh. The local community did not let us down, and in less than a month at least £12,000 has been raised. This was greatly helped by an initial donation of £5,000 from Sussex Freemasons, who also donated to five other hospitals in Sussex.

With much help from Sue Hitchen and her team in the Friends shop and the shop suppliers, we were quickly able to start sourcing things from peanuts to cold drinks, fresh fruit, sweet and savoury snacks, hand and face creams, lip balms and many other items that were greatly appreciated by the staff. A distribution hub was set up within the hospital, which was open at certain times during the week where members of each team were able to collect (at a safe distance) bags of goodies to be shared amongst their teams. This service was for all staff that were working so hard, not just the doctors and nurses.

In addition to that, as wards became separated into Covid and non-Covid areas, new staff rest rooms were created and from money donated to the appeal we were able to provide fridges, microwaves, kettles, toasters and coffee machines. For the doctors' mess we provided some camp beds, reclining chairs and throws to enable them to get some well-earned rest.

We were also able to supply birthday cards and boxes of chocolates for any staff that had birthdays during this time. As time went by the needs of the staff changed and we were able to respond to any new requests that came in.

The appeal will continue as long as this situation lasts, and all donations are very gratefully appreciated. In the long-term, when the emergency is happily resolved, we can assure everyone that any remaining funds will be returned to the restricted fund that we have always maintained specifically for the benefit of Eastbourne DGH staff. Any money raised will therefore be for the benefit of our staff whether in the course of the pandemic or not.

Pictures of some of the donations for staff are on page 21 and there is a tear out form to complete and return to the Friends Office on pages 1-2, if you would like to donate.

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SUPPORTING THE FRIENDS AND THE EASTBOURNE DGH

As you are well aware, our events for the coming year have been put on hold, which will obviously affect our fundraising - but we are not letting it get us down. Here are just a few ways that people have been supporting us and raising money since lockdown began.

Inspired by Captain Tom Moore, Peter Valentine, a 96-year-old member and long-time supporter of the Friends, challenged himself to walk 96 miles to raise money for the Eastbourne DGH. When this magazine went to print, Peter was more than halfway towards achieving his goal.



Our crafters have been having a field day and letting their creative imaginations run wild, making everything from rainbow fridge magnets to double hearts – one for a patient and one of their relative who can't be with them but wants them to know that they are loved. A consignment of NHS knitted bears flew off the shelves. Wendy in the shop is

waiting for a delivery of elastic to finish off the cloth face-coverings that she is making for sale in the shop. Following government recommendations, people can wear non-medical facemasks to give them confidence get out and about when lockdown eases.

Within a couple of hours of it being launched, Sussex Masons donated £5,000 to kick-start the Appeal to Support Eastbourne DGH NHS Staff; an incredibly generous gift that was truly appreciated.

Another group who have been very supportive of the hospital are the Medi Tech Trust who sourced 10,000 face screens for the DGH; they donated 5,000 and the FoEH and the Trust paid for 2,500 each. Local schools donated other PPE such as goggles, masks, gowns and gloves and as we go to print, Sussex Downs is 3D printing face screens...and they are not the only ones. Technology is truly amazing!

Other people have raised money by hosting online quizzes, Swoove parties (exercise to music on the doorstep with other people in the street) and sponsored challenges. We cannot thank everyone enough for their creative ingenuity and fundraising ideas. We have not been able to mention everyone here but please be assured, your support is very much appreciated by everyone at the hospital.



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East Sussex Healthcare

NHS Trust

INNOVATION AND CHANGE TO MANAGE COVID-19 AT ESHT

Across the Trust we have put in place a number of changes to manage the COVID-19 pandemic here in East Sussex.

A number of services have been temporarily modified to allow us to significantly increase critical care capacity for those patients who are suspected or confirmed as having COVID-19. These changes allowed COVID-19 suspected or positive patients to be treated in safe environments away from other patients and where staff were protected. At the same time we continued to provide routine emergency and urgent care in the safest and most effective way that protects our most vulnerable patients.

The levels of innovation and change we have seen have been astounding. In many areas we have made 12 months' progress was made in just 12 days. Members of staff across the organisation have worked hard to make sure we continued to provide the best care possible for our patients in new and different ways.

CHANGES MADE IN RESPONSE TO COVID-19 INCLUDED:

Critical Care Capacity increased: We tripled our normal critical care capacity, which involved expanding critical care into theatres and recovery areas.

Relocated Chemotherapy Services: To minimise the risks to our cancer patients, we have temporarily moved chemotherapy and infusion care to East Sussex College in Eastbourne. This change in location means that we are able to safely deliver treatment to cancer patients away from the main hospital.

Created discharge hubs: New seven-day Discharge Hubs were established to support rapid discharge of patients as soon as it was clinically safe to do so. Working with local partners we have significantly reduced the numbers of medically fit-for-discharge patients in our hospitals.

Maternity relocation: We temporarily suspended the homebirth service and Eastbourne Midwifery Unit (EMU) service. All deliveries are at the Obstetric Unit at Conquest Hospital, Hastings. A key factor in making this decision was that the ambulance service was under considerable pressure, and could not guarantee a timely response to calls in an emergency. This presented an unacceptable risk to mothers and their babies. The obstetric unit at Conquest has a dedicated entrance door so that there is no need for mothers to go through the hospital.

Cancelled non-urgent operations and procedures: We cancelled all non-urgent operations and procedures to free up clinical areas and clinicians to help treat COVID-19 patients. We understand the frustration this caused many people; their procedure will be rebooked at a later date. We continue to perform urgent and emergency procedures with some taking place in other facilities away from the main hospitals. Cancer treatment continued with close attention being paid to referral and treatment volumes to make sure that cancer cases continue to be identified, diagnosed and treated in a timely manner.

Increase in telephone outpatients appointments: Some appointments moved to a telephone conversation with some offered as video appointments.

Temporary move of emergency cardiology: The Cardiac Catheter Service was temporarily moved to Eastbourne DGH. The out-of-hours emergency cardiology had for a number of years been provided at Eastbourne DGH one week and Conquest the next. This meant we already have tried and tested transfer procedures to move emergency patients across the county.

Ophthalmology: To minimise the risks to our patients requiring sight saving eye procedures, Ophthalmology outpatient clinics have moved to Bexhill Hospital. The clinics are for patients that have conditions that are imminently sight or life-threatening that are required to be seen urgently such as Acute Glaucoma and Wet Active Age-Related Macular Degeneration.

Visiting restrictions: To help us keep our patients, staff and visitors safe, stop the spread COVID-19 and keep our hospitals running, we put in strict restrictions on visitors.

Speeded up the recruitment processes: The recruitment process for new employees was fast tracked to allow more clinical staff to start working on the wards sooner than would normally be the case. We also contacted members of staff with lapsed or current healthcare registration

who do not currently work in clinical roles and offered training so that they could support frontline care.

Our local community has supported us not just by clapping on a Thursday evening but with donations and offers of support. We are extremely grateful. Everyone has played their part in this national response to Covid-19, by staying in, observing social distancing, we have together helped to protect the NHS and save lives. Thank you.

FoEH DONATIONS TO SUPPORT & THANK EASTBOURNE DGH STAFF



DONATIONS FOR STAFF FROM THE FoEH Clockwise from top left: Coffee machines for Head of Nursing Offices * Twice weekly fruit delivery for the staff * Fridge, snacks & drinks for Doctors Mess * Coffee machine for Doctors Mess * Drinks, snacks fruit and toiletries for the staff hub

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- CVs (incl advice & interview techniques)
- Data entry & spreadsheets
- Mail merge
- PowerPoint presentations
- Image editing/retouching
- Filing systems (Remotely or on-site at your home or office)
- Invoicing
- Minutes
- Reports & Theses
- Shorthand
- Website set up
- Photography/Headshots



If you do not see the service you require listed above please call us & ask

Tel: 01424 892463

Mobiles: 07940 886123 or 07985 192059

Email: corinnemgibbons@gmail.com

or visit our website www.sussexsecretaries.co.uk



*Quality care and support in your home
from 1 hour visits to 24 hour Live-in care*

Our services include:

- Companionship
- Housekeeping
- Medication Support
- Washing and Dressing
- Personal Care
- Dementia Care
- End of Life Care
- Transport and Errands
- Post-operative Support
- Live-in Care

And much more...



**CONTACT US FOR A FREE CARE ASSESSMENT
FOR YOU OR YOUR LOVED ONE**

01323 414 658

eastbourne@rightathome.co.uk

www.rightathomeuk.co.uk/eastbourne



Inspected and rated

Good



IPADS FOR COMMUNITY STROKE REHABILITATION SERVICE

Two iPads, both complete with a number of Apps, for use by the Community Stroke Rehabilitation Service, have been donated by the Friends of Eastbourne Hospital. The iPads and Apps provide an interactive and modern approach to assessment, therapy and education in rehabilitating people with language, speech, swallowing, cognition, memory, fine motor and mobility changes after a brain injury.

Lisa Morton, Speech and Language Therapist said: “We would like to thank the Friends for their very generous donation. The iPads and Apps are used by our clients and mean we are better able to meet increased demand, enabling more clients to benefit from their use much sooner as they rehabilitate following a stroke, head injury or a brain tumour.



STAMPS AND POSTCARDS

Do you have an interest in stamps? Maybe the lockdown has given you the chance to rekindle a long-lost love? We would like to recruit someone to sort through the stamps that we get donated and help the Friends to get the most out of these; whether that is sending stamps to auction, selling them within the local stamp collecting community and at some of our events, or even online sales.

Although the use of stamps is dwindling, the interest in them is growing once again, both here and abroad, and this is an ideal time for someone to come forward and take on this challenge for us.

Please e-mail esh-tr.friendsdgh@nhs.net with your phone number if you are interested in finding out more and we will ring you for an informal chat. Once the office has re-opened, you can call us on: 01323 438236.



Living well with dementia

At Sunrise we're dedicated to providing compassionate and personalised care to residents living with Alzheimer's, dementia or other forms of memory loss.

Our highly trained Memory Care Co-ordinators deliver a range of memory care approaches, tailored to each resident to improve their quality of life and live well.

Combined with freshly prepared, nutritious meals and individual activity plans, it's a place where residents can be happy and well-cared for.

Sunrise of Eastbourne
6 Upper Kings Drive,
Eastbourne, East Sussex
BN20 9AN

Call 01323 405838 or go
to SunriseEastbourne.co.uk
for more details.



13 December 2018

Residential, nursing
and dementia care home



GIFTS AND DONATIONS

Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £2,695.38 in memory of: Margaret Adams, Richard Austin-Cooper, Marion Baker, Kenneth Blackman, Carole Collins, Jacqueline Duke, Daphne Luck, Carolyn McCutchan, Eric Mace, John MacDonald, Michael Scott, Marjorie Simpson, Norman Weller

Legacies

During the past three months we have received with gratitude, legacies from the estate of Betty Charles

Recently agreed gifts to the Eastbourne District General Hospital

House shoes for podiatry department to reduce falls	£2,409
Wheelchair platform for podiatry department	£29,700
Ultrasound machine for Women's Health	£87,512
Omicell machine for Critical Care Unit	£28,515
Rowing machine for Cardiac Rehab	£ 1,062
Warming cupboard for blankets for CCU	£ 3,111
Reclining chair for Stroke Unit	£ 1,412
2 x ECG machines for Firlie Unit	£6,933
Paediatric trolley for Theatres	£1,235
Pride of ESHT Awards	£1,000
Patient diaries for ITU	£ 40
Total	£162,929

WANTED



Do you have any spare wool that could be donated to our army of knitters?
If so, please bring it into the shop and we will make sure that it is put to good use

Thank you

WE COLLECT



GREETINGS CARDS

Birthday, get well, sympathy, new home, greetings and thank you cards are collected and remade throughout the year. Due to limited storage space, Christmas cards can only be collected for a short time at the beginning of January. If in doubt, please phone the office.



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



KNITTING WOOL

Our volunteers make many items from donated wool including: baby clothes, toys and Twiddlemuffs. If you would like to knit for us, please enquire in the Friends Shop.



HABERDASHERY ITEMS

Bits and pieces such as ribbons, buttons, beads and textured fabrics are given to volunteers to sew onto Twiddlemuffs for dementia patients and for card making.



PLASTIC MILK BOTTLE TOPS

Clean milk bottle tops are recycled by FoEH volunteers and are made into everyday items such as traffic cones and children's play equipment. Please ONLY collect milk bottle tops - we cannot accept any other types of bottle tops.



SILK FLOWERS AND FLOWER BASKETS

The Flower Shop volunteers welcome donations of silk flowers, baskets and pretty containers that they can use for new arrangements.



NEW GIFT ITEMS / UNWANTED PRESENTS

New, unopened/unused gifts are sold at our Summer and Christmas fairs. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date.



SILVER, JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our silver and jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



NEW BATHROOM PRODUCTS

We take unopened / unused items such as make up, creams, soaps, hair products and gift packs that we sell at our summer and Christmas fairs.



INKJET PRINTER CARTRIDGES

We receive £1 for every HP, Dell, Cannon and Kodak inkjet cartridge that is recycled in one of our Recycle4Charity envelopes, which can be picked up from the main shop.

HOW TO DONATE

Please bring your donation to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 438236 and we can discuss possible collection options.

FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription	£	:	£10
Renewal of Annual Subscription	£	:	£10
Life Membership	£	:	£30
Donation.....	£	:	

£ _____

If you are a tax payer please complete the Gift Aid Declaration form overleaf.
The Friends' can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality
- Volunteer work in the DGH
- Help with fund raising activities

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date

Email

Please return to Hon Membership Secretary
 Friends of the Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD

 Tel 01323 438236

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title First name Surname

Full Home address.....

..... Post Code

Date

Please notify the Charity if you:

- * want to cancel this declaration
- * change your name or home address
- * no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

..... Sort Code:A/c No.....
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20 and thereafter on the 01 September each year until otherwise notified.

Signature Date

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code

Registered Under the Charities Act 1960 No 220592



The Queensmead
CHANCTONBURY
HEALTHCARE



*See our new refurbished lounge
and conservatory*

RESIDENTIAL

RESPIRE

DAY SERVICES

LUNCH CLUB

FAMILY SUPPORT GROUP

Inspected and rated

Good



The Queensmead, one of the **Chanctonbury Healthcare** collection is situated in the Wealden town of Polegate, near Eastbourne with views of the South Downs.

With personalised care, each day is meaningful and with purpose. Choice and independence is promoted throughout the home whether you are staying for a day, two weeks or making it your home.

**If you have any questions about The Queensmead please visit us
Victoria Road, Polegate, BN26 6BU**

Chanctonbury-care.com

We Care About Caring



Reception@queensmead-care.com



01323 487 931



[@echanctonburycare](https://www.facebook.com/echanctonburycare)