

# Hospitality

**THE QUARTERLY  
MAGAZINE**  
of the  
**Friends of the  
Eastbourne  
Hospital**



"The Christmas Swim" Puzzle on sale in the main shop (image courtesy of Lyndsey Smith)  
Artist Alan Everard and volunteer Joan Wilson with the picture raffle prize for the Art Exhibition  
Open Garden picture taken by Peter Herbert



**Winter Edition**  
**October 2015 - January 2016**  
**Number 140**

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## DATES FOR YOUR DIARY FOR 2015

- 24<sup>th</sup> – 25<sup>th</sup> October Autumn Art Exhibition  
St Andrew's School, Meads
- 7<sup>th</sup> November 10 am – 12 pm Christmas Coffee Morning  
St John's Parish Hall, Meads
- 1<sup>st</sup> December Car Raffle, Arndale Centre
- 10<sup>th</sup> December 3 pm FoEH Carol Service  
Chaplaincy Centre, Eastbourne DGH
- 20<sup>th</sup> January '16 AGM  
2 pm Lecture Theatre, Eastbourne DGH
- 12<sup>th</sup> March '16 FoEH Ball  
Winter Gardens, Eastbourne

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## CHAIRMAN'S NOTES

As I write this, East Sussex Healthcare Trust and therefore the Eastbourne DGH has, as had widely been predicted following the most recent report by the Care Quality Commission, been placed in special measures. One thing that stands out in the report is that the quality of care delivered by the staff remains “Good” – the highest category that can be awarded by the inspection. How this will affect the Hospital remains to be seen, although it may have become clearer by the time Hospitality is published. In the meantime, for the clinical staff it will be “business as usual” and, as far as the Friends are concerned, that will certainly be the case. Our support for the Hospital and its staff will continue no matter what management changes or arrangements are put in place.

Also, at the time of writing, the newly redeveloped Pevensey Ward is being handed back to the Hospital by the builders. All that will remain is some further small construction work by the Hospital maintenance team, completion of the final touches of decoration and the instalment of the furnishings and equipment. It is now eight years since we were first asked to adopt the ward as a special project, since when it has been a long, drawn out and, at times, intensely frustrating process. Nevertheless, we are almost there and, in conjunction with the Clinical Unit, we are planning a formal opening in early November, with the patients moving in during the following few days. I would like to thank all of our many supporters for their patience, but can reassure them that it will all have been worthwhile – with extra single rooms, additional day treatment facilities that provide more space for each patient, the staff will have a unit to be proud of and it will give them a much improved environment in which to carry out their excellent work. There is no doubt that at the opening, I will breathe a big sigh of relief and be able to say – with some emphasis – “We’ve done it”. It could not have been done without your support.

I would also like to bring you up to date with this year’s project – the Da Vinci Surgical Robot. Being obtained on a two year lease-purchase, the equipment was brought into full operation in mid-February. It is in regular use, three days each week, for patients requiring major surgery for prostatic cancer enabling, to date, all to be discharged within 24 hrs. In addition, it is attracting extra work into the Hospital from neighbouring districts and truly making the DGH a centre of excellence for such surgery. I have had the privilege of meeting a number of patients who, themselves, are amazed at what can be done. Again, we could not have

done this without your support which, if it continues at the present rate, will enable us to make the Ball – 12 March 2016 (a date for your diary) – the final fund raiser and enable us to complete the purchase much earlier than predicted. I am confident that we can do this.

Many have asked what is happening beside the new Endoscopy block. It is the preparatory work to build and install the concrete bunkers required for the Radiotherapy Unit which is being developed on the ground floor of the building. This is not a Friends' project, but something that will be a great asset to the Hospital and in particular those patients who will be able to have their treatment here in Eastbourne, rather than travelling all the way to Brighton.

Elsewhere in this edition you will find an advert for a volunteer to take over the role of Honorary Treasurer on the forthcoming retirement of Rodney Browne. Rodney has been a huge asset for the Friends and has developed a keen team to work with him. Keeping our funds in order, meeting the requirements of the Charity Commissioners and our Auditors, is no small task - but is a key position and rewarding for someone with the necessary skills and time. If you are that person, or know someone that might be suitable, please let us know.

In addition, you will find advanced notice of the Friends' AGM to be held on 20 January 2016. By then, I will have completed ten years as Chairman, and it will be time to handover to fresh blood. I am delighted to say that the Trustees have nominated Dr A J "Harry" Walmsley as my successor, subject to ratification at the AGM. I have known Harry for a long time as a Consultant Anaesthetist (now retired) at the DGH. He shares my affection for the Hospital, has held a number of managerial positions and has a national reputation in the field of resuscitation. I know that the Friends will be in safe hands and I thoroughly recommend him to you. In the meantime, however, you are stuck with me!

Peter Nash

## **FUNDRAISING ACHIEVEMENTS**

Peter Valentine is a fit 91 year old gentleman, who recently completed 100 lengths of his local swimming pool, raising £100 towards the da Vinci Robot. Mr Valentine swims every day and has so far completed 2,800 lengths whilst raising money for various charities.

Our thanks go to the team at the Ashley Gardens Care Home for once again nominating the FoEH to benefit from their summer fair. Hugh Parker, Friends Trustee, was delighted to accept a generous cheque for £1,762 – you can see a picture of this on the back page.



Jane, Jean and the quiz organisers raised a splendid £338 at their quiz at the beginning of July. The next quiz is on Saturday 28 November - why not get a team together and have a fun evening? Please see the advert on page 12.



Mr and Mrs Logan opened their Seaford garden for the benefit of the FoEH and other charities and have donated £1,340 towards the robot. This was the tenth year that they have organised this special event; we would like to thank them for their generous support. Pictured left are volunteers, Zoe and Jay.

We have received royalty payments totalling £166.25 from the sale of Dr Mary Waugh's books: *Smuggling in Devon and Cornwall* and *Smuggling in Kent and Sussex*. What a great idea for a present!

Nick Tuffs, who is the grandson of stalwart FoEH supporter Don Annison, is running the 10k at the Beachy Head Marathon in memory of his granddad. If you would like to sponsor Nick you can find his fundraising page at BT MyDonate: [mydonate.bt.com/fundraisers/nicktuffs1](http://mydonate.bt.com/fundraisers/nicktuffs1).

Old Eastbournian Lodge donated £200 towards the Da Vinci Robot. They kindly organised matched funding for the donation, so we were delighted to receive a cheque from them for £400.

Warbleton and District Horticultural and Poultry Society hold an annual Flower Show and once again generously nominated the FoEH to be one of the beneficiaries, giving £50 towards our special project.

Lastly, we are very grateful to Don Perman and the organisers of the Bucket Collection at Airbourne for choosing us to be one of the benefiting charities; we will let you know the final total in the next magazine. We are extremely grateful to all the amazing volunteers (including Rose pictured here and Lis on the back cover) who heeded our plea for help and held a bucket at the event – luckily no one was caught in the dreadful weather experienced on the first day. Thank you all, you were brilliant!



## **ANNUAL MEMBERS**

This is for those few annual members who have not yet renewed their subscriptions. We will not be sending further reminder letters, so if we don't receive your renewal this will be your last copy of Hospitality. We are sorry to lose you, but you will be very welcome to come back to us at any time in the future.



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## **VACANCY FOR THE POST OF HONORARY TREASURER**

Applications are requested for the post of Honorary Treasurer of the Friends of the Eastbourne Hospital, a charity which has an annual turnover of over £1,000,000.

Experience in Finance and Accountancy is an essential requirement for the role. The successful candidate will have a team from the Finance Committee to help with control for the various income and expenditure streams, which include: Three shops (turnover £400,000), fund-raising, legacies and many other income activities.

Attendance at a monthly Trustees' meeting to present figures and a quarterly meeting of the Finance Committee, is an essential requirement of the role. The Treasurer has the support of an Assistant Treasurer, who uses the Sage system of accounting to produce the figures. The post of Treasurer requires a commitment of at least one day a week and would suit a retired accountant. There is no official salary but a £5,000 gratuity is currently paid.

If you wish to speak to the present Treasurer please contact the Friends Office on: 01323 438236 or email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net).

Please send your application and CV to: The Friends Office, Eastbourne DGH, Kings Drive, Eastbourne, BN21 2UD by Sunday 8 November 2015. Interviews will take place towards the end of November and the new Treasurer will be required to start work from the FoEH AGM, on Wednesday 20 January 2016.

## **SILVER, JEWELLERY AND BAGS**

Firstly, June and I would like to give our sincere thanks to both our donors and to the supporters of our stall; you will be pleased to learn that we have sold items at auction donated to the stall for the Summer Fair, for the handsome sums of £439 and £92.50. This makes the total raised from donations for the event £531.50, an amount never achieved before, so a big thank you to you all!

We would also like to thank Eastbourne Auctions for their continuing support, as we could not raise as much as we do without their help.

We look forward to seeing you all at the Christmas Coffee Morning where we will have lots of reasonably priced, small gifts for Christmas stockings, whether they are for your sister, your mum, daughter or a friend. So please visit us there.

Jeanette Evans and June Biscoe

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## **CHRISTMAS COFFEE MORNING – Saturday 7 November 2015**

Today the temperature reached 18 degrees with blue skies and sunshine but our thoughts must turn to the preparation for Christmas.

On Saturday 7 November from 10 am to 12 noon in the St John's Parish Hall Meads Street we will be holding our Christmas Coffee Morning, offering you the opportunity to kick-start your Christmas shopping.

We would appreciate any donations of unwanted gifts or bathroom products that we can sell on our stalls. You can leave donations in the flower shop or we can arrange for goods to be picked up. Please ring me on 722985 or the Friends Office on 438236, if you have a donation.

We would welcome any cakes, big or small and quiches or pies to sell on our stall. Please let us know if you are able to help with baking or just bring your delicious goodies along on the day.

If grandchildren have grown out of their toys, we have a toy stall and maybe the toys will find a new home. Please contact the Friends Office if you need us to pick up.

We look forward to seeing you there.

Best wishes, Bo Phillips

## **BRIDGE DRIVE**

A friendly Chicago Charity Bridge Drive will be held at Seaford Golf Club, Blatchington, on Thursday 26 November 2015 in aid of the FoEH. Players are asked to arrive at 1.30 pm for 2 pm. Tickets cost £6 to include tea and homemade cakes. Please contact the golf club office: Seaford Golf Club, 111 Firle Road, Seaford, BN25 2JD, 01323 892442.

## **REMADE CARDS**

The wonderful cards that the team make from your donated greetings, birthday, get well and sympathy cards are flying off the shelf and everyone is working very hard to keep up with demand. Please continue to bring in your cards for us to remake – we can't manage without your generous support. You can leave your cards at the main shop.

When you are choosing your Christmas cards, don't forget we have great value packs for sale in our shop and at outside events, such as the Christmas Coffee Morning and the Sunrise Christmas Fair. At £1 for packs of up to 7 cards, they are great value!

## MARY AND JOHN CARDEN – MILK BOTTLE TOP RECYCLERS

Mary and John Carden began their fund-raising journey by asking friends and family for their 50<sup>th</sup> wedding anniversary to donate money instead of giving presents. They raised £1,000 for the Prostate Cancer Support Group at the Eastbourne DGH, which had been so helpful when John underwent treatment for prostate cancer the year before.

One thing led to another and they began collecting bottle tops for recycling, but without realising what they had taken on. Bottle tops came in by the sack load but they required sorting through as many of them were the 'wrong type'. So Mary and John started a newsletter to promote their fund-raising and to educate collectors that they could only take milk bottle tops with a 2 or a 4 in a triangle. These numbers denote that the bottle top is a polyethylene plastic that can be widely recycled. They found a helpful scrap dealer whose father had had prostate cancer and wanted to help. He now pays the couple £60 per ton for the tops.

So far, Mary and John have collected 10 tons of milk bottle tops that have been turned into dustbins, slides and children's play items. Each bottle top weighs 2 grams so you need 500,000 to make one ton,



meaning that the couple have recycled 5 million tops!! The tops are put into labelled sacks and kept in the shed until they have 50 sacks and then they are collected by the dealer. In the mean time they are stacked up beside the garage, as you can see from this picture.

Importantly, recycling the bottle tops not only raises money for a good cause (currently the FoEH Da Vinci Robot) but also stops plastic that can be re-used going into landfill.

So when you have your morning cuppa and finish the milk, please think of Mary and John and wash your bottle tops and put them to one side. You can bring them to the Friends Shop in the main foyer of the Hospital when you have a bagful, where Winnie will ensure that they get to their destination. If you have a problem with collection you can call Mary and John on 01323 460151 or email them at: [john@cardenas.demon.co.uk](mailto:john@cardenas.demon.co.uk).

Mary and John would like to thank everyone for their generous support and remind you all that the only tops that they can recycle are **MILK BOTTLE TOPS with a 2 or a 4 in the triangle.**

Debbie Wicks

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# CHRISTMAS COFFEE MORNING

**Saturday  
7 November 2015**

**10 am – 12 noon**

**St John's Parish Hall**

Meads Street, Eastbourne

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**Raising funds for the da Vinci Surgical Robot**  
for the treatment of Prostate Cancer at the Eastbourne DGH



## **Friends' Annual Art Exhibition St Andrew's School, Meads 10 am – 4 pm Saturday 24 October and Sunday 25 October 2015**

This will be the tenth Friends' Art Exhibition. Once again we are most grateful to St Andrew's School for generously allowing us to use their gymnasium to stage the Exhibition and to the Society of Eastbourne Artists for kindly lending us their screens to display the paintings. This year there will be 250 framed paintings and portfolio pictures for sale and a great variety of different media, all painted by local artists.

Alan Everard, a well-known local artist, has painted a beautiful picture entitled "Sunset Mooring", which he has donated for the raffle.

Josie Tipler, who teaches local art groups, has kindly agreed to give us a painting demonstration at 2.30 pm on Saturday 24 October and the painting will be auctioned at the end of her demonstration.

Do come – admission is free and I am sure you will enjoy the great variety of paintings on display. We look forward to welcoming you and your friends over the weekend.

Ann Caffyn, Art Exhibition organiser

## **SUGAR RAY GOLF DAY**

What a beautifully sunny and windless day greeted the competitors in this year's Sugar Ray Golf Day, held on Friday 11 September at The Royal Eastbourne. Twenty two teams of four players took part and a wonderful day was had by all. The event was once again brilliantly organised by Mark Lambird and Tracy Wicking of Eastbourne Motoring Centre, in memory of Mark's brother Chris (whose nick name was Sugar Ray). All profits from the day were donated to the Pevensey Appeal.

Following the golf, nearly a hundred sat down to an excellent three course meal, with an auction taking place after dinner.

The winning team was Mark Holland Wealth Management and comprised: Mark Holland, Sean Welch, David Burt and Geoff Campbell. The winner of the individual prize was Sean Welch, with Andy Sharpe in second place on count back with 42 points.

Grateful thanks are due to the Eastbourne Motoring Centre for their support of the FoEH and their extremely valuable fund raising, and to all who helped both on and off the course. A total of £5,697 was raised - an excellent result!

Rosemary Cameron

**FRIENDS OF THE EASTBOURNE HOSPITAL**  
**ANNUAL GENERAL MEETING**  
**WEDNESDAY 20 JANUARY 2016**

Lecture Theatre, Education Centre, Eastbourne District General Hospital

**PROVISIONAL AGENDA**

- 1 Apologies for Absence
- 2 Minutes of the Annual General Meeting held on 19 November 2014
- 3 Chairman's Report for the year 2014/2015
- 4 Hon Treasurer's Report for year ended 31 August 2015
- 5 Election of President and Officers
- 6 Election of Trustees, Re-election of retiring members
- 7 Appointment of Hon. Solicitor
- 8 Appointment of Auditors
- 9 Guest Speaker – DGH Consultant (to be confirmed)
- 10 Any Other Business



Friends of the Eastbourne Hospital

Invite you, your friends and family to join us for our

**Christmas Carol Service**

**The Chaplaincy Centre,  
2<sup>nd</sup> Floor, Central Block, Eastbourne DGH**

on

**Thursday 10 December 2015 at 3.00 pm**

**And afterwards for coffee and mince pies**

## FOEH NOMINATION PAPER FOR ELECTION TO OFFICE

Officers are subject to election and re-election annually. The Trustees are subject to election and the re-election tri-annually. For the current list please see the first page of Hospitality. At this election:

Mrs. Ann Caffyn is retiring as President.

Dr Peter Nash is retiring as Chairman

Mr Rodney Browne is retiring as Treasurer

The Trustees have made the following nominations:

As President: Dr Peter Nash

As Chairman: Dr A J "Harry" Walmsley

As Trustees: Mrs Anne Caffyn and Mr Rodney Browne

Members of the Friends are also invited to make nominations:

(Nominees must be current members of the Friends and consent to the nomination)

I/We nominate the following:

(Block Capitals)

### Officers:

President .....

Vice Presidents .....

.....

Chairman .....

Vice Chairman .....

Hon Treasurer .....

### Trustees:

.....

.....

Proposed by .....

Seconded by .....

Nominations, complete with a brief CV, must to be returned to the Secretary of the Friends of the Eastbourne Hospital not later than Friday 18 December 2015.



Friends of  
Eastbourne  
Hospital

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# Autumn 2015 Exhibition and Sale of Local Art in aid of

## The Da Vinci Surgical Robot for prostate cancer treatment at Eastbourne District General Hospital



Art Exhibition Venue

**St. ANDREWS SCHOOL  
MEADS, EASTBOURNE**

Friday October 23rd

Preview 6.00 - 8.00 pm

Saturday October 24th

10.00 am - 4.00 pm

Sunday October 25th

10.00 am - 4.00 pm

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## **UPDATE FROM THE VOLUNTARY SERVICES MANAGER**

My name's Chris and in June I joined the Voluntary Services team as the new Manager. I am based at the Eastbourne DGH but work cross-site and visit the community bases.

You may have heard there have been some changes in the voluntary services teams: Zoe Yousefi is now the Co-ordinator for the Eastbourne area and she is also looking after Crowborough Birthing Unit. Other team members look after Hastings, Bexhill and Rye. We are updating our ways of working and ensuring that we make and maintain regular contact with the voluntary staff across the county.

If you would like to volunteer at the Eastbourne DGH you can speak to the staff in the Friends Office or contact voluntary services on the details below; we will be happy to hear from you. The first part of the process to become a volunteer is to complete a short application pack and have an ESHT DBS check. We then book you onto a volunteers' induction training session and, working with the Friends, ensure you are happy and supported in your role.

Chris Durber, Voluntary Services Manager

01323 417400 ext 4880 [esh-tr.voluntaryservices-eastbourne@nhs.net](mailto:esh-tr.voluntaryservices-eastbourne@nhs.net)

## **SHOPS**

When you are thinking about your Christmas shopping, please remember the Friends shop and flower shop, which have some great festive items in stock. The main shop has our fantastic 1,000 piece jigsaw puzzle, 'The Christmas Swim', which is pictured on the front of the magazine. They are also selling Christmas cards, a selection of games, 2016 diaries, the book Eastbourne in Detail (page 22) and much, much more.

The flower shop has a lovely selection of Christmassy items and silk flower arrangements, which would make great presents. You can order flowers for Christmas from the shop and pick them up at your leisure – call them on 01323 417400 ext 4033.

Following on from Chris' article above, if you would like a taster session in any of the Friends shops (main shop, flower shop or trolley service) before you commit yourself to becoming a volunteer, please contact us. Sue Hitchen, the shop manager, will organise for you to come along for a couple of hours to see if being a FoEH volunteer is for you. All the shops are looking for volunteers, so please pick up the phone and give us a call in the Friends Office on 01323 438236 and we will make sure that Sue gets your number.



*Sunrise of Eastbourne*

# The Life you Want, The Care you Need



*When it comes to senior care, Sunrise continues to set the standard. Our expertly trained staff and the high quality personalised care we offer are changing the way people think about senior living.*

Our tailored programmes of care, a huge range of daily activities, weekly outings and passionate, expertly-trained staff all come together to create a senior living experience unlike any other.

Whether it's assisted living, nursing or our ground-breaking Reminiscence neighbourhood bringing comfort to those living with memory loss, everything we do is born from a commitment to providing only the very best care to seniors.

Call us on **01323 887927** to find out more

Sunrise of Eastbourne, 6 Upper Kings Drive,  
Eastbourne, East Sussex BN20 9AN

[www.sunrise-care.co.uk](http://www.sunrise-care.co.uk)

## STAMPS AND POSTCARDS

The Eastbourne Philatelic Society invited me to have a table, at no charge, at their Stamp Fair on 3 October. I was a little apprehensive as I, as an amateur, would be amongst the professional dealers with their amazing displays. However, they were all very pleasant to me and some even bought stamps from my table! So, with many thanks to you for keeping me so well supplied with good, saleable stamps and postcards, I was able to take £215.

Very soon I must start preparing for the Christmas Coffee Morning on 7 November. All stamps, postcards, cigarette cards and even coins are appreciated. Thank you so much for your support.

June Tickner

## GIFTS, LEGACIES AND DONATIONS

### Donations in lieu of Flowers

During the past three months we have received with gratitude donations totalling £2,602 in memory of:

Terry Croucher, David John Dennis, Pamela Downer, Patricia Flippance, Charles Funnell, George Gibbs, Ena Kenshaw, Albert Lavender, Vera Page, Noel Slevin, Leslie Stott and Jack Tyrie

### Legacies

During the past three months we have received, with gratitude, legacies from the estates of:

Constance Bennett, Marion Couchman, Eileen Ellis, William Franklyn, Miss M L Fryett, Ann Green, Muriel Sayer, Hazel Sweetlove and Pamela Wall

### Recent gifts to the Eastbourne District General Hospital

Middle Ear Analyser	Paediatric Audiology	£28,566
Website: Virtual Tour of Unit	Maternity	£2,220
Children's Waiting Area TV	Glynde Ward	£300
A5 Patient Diaries	ITU	£80
Optical Coherence Tomography	Ophthalmology	£51,449
De SMI <sup>t</sup> Cubescan Scanner	Advisory Service	£6,717
Various Items	Stroke Unit	£10,517
Cubescan Bladder Scanner	Urology	£6,075
<b>Total</b>		<b>£105,924</b>

## Eastbourne in Detail

In the last issue of "Hospitality" we asked if ,when in town, you look up or down? Now look no further!



**OUT NOW**

This new hard-bound book with over 200 pages and some 350 full colour photographs is out! Twenty chapters include colour pictures of the 'gems' represented in Eastbourne's remarkable architecture. Thanks to sponsors the retail price is only £20. This book will be a treasure for all Eastbourne residents and make a remarkable Xmas gift. In October available from various bookstores, hotels and other Eastbourne supporters *including the shop at the hospital*. To order on-line go to

**[www.avespress.com/books/d-g-and-p/](http://www.avespress.com/books/d-g-and-p/)**

Insert the Promotional Code FOEH which gives the Friends £2 for each copy you buy.

There you can order for delivery by post (plus £4 p&p) or for collection from Eastbourne Heritage Centre.



## **JEANIE SOWERBY, FRIEND AND VOLUNTEER**



I am very sorry to have to let you know that Jeanie Sowerby passed away in July, following a long illness. Some of you will recognise Jeanie from the many voluntary hours she gave to the FoEH selling raffle tickets in the foyer. She was an ardent supporter of the charity and was particularly passionate about the Pevensey Appeal, a project soon to be completed.

Jeanie trained as a nurse at the London Hospital in 1953 and went on to become a Midwife and then a District Nurse. She moved to Eastbourne in the early 1980s and became a well-known figure in the town, through her work as a District Nurse and her involvement with local organisations.

Jeanie was an avid fund-raiser and held many coffee mornings, garden parties and other events - she also ran marathons. She took part in the first marathon of the new millennium, held in New Zealand on 1<sup>st</sup> January 2000, the day after her birthday.

Jeanie was a dynamic force to be reckoned with; she had many, many friends and will be much missed by everyone at the FoEH who had the privilege of knowing her.

Debbie Wicks

## **OPEN GARDENS PHOTO COMPETITION**

Some things we try work, some things don't and the photo completion was one of them! We had hoped that the competition might attract interest and encourage new visitors to the gardens but, although the visitor numbers were higher than previous years, I don't think this was related to the competition.

It seems that people have a different approach to taking pictures these days and the idea of actually printing a picture is quite alien to some. We know we are not alone in the response that we have had, as other local competitions have not been well supported either, so we won't take it personally!

We are pleased to include a charming picture on the back cover that did get submitted, by Peter Herbert. We have decided not to repeat the competition again in the future, but we will always welcome digital copies of any photos that you might take at our open gardens, or any of our events that you come to, so please do send them in.

Sue Duffell



**CHRISTINE M. BARTON**

**m.e.a.ch. m.a.c.pod**

**HOME VISITING**

**FOOT HEALTH PRACTITIONER**

**TEL: 01323 502867**



## **Qu?z Night**

In support of the Friends of the Eastbourne Hospital

**Saturday 28 November 2015**

7.00 pm for **7.30 pm** supper

at **Christ Church Hall**

Seaside, Eastbourne

Teams of up to **6** people

**£10 per person**

to include Fish & Chips supper

**PLEASE BRING OWN DRINKS**

**BOOKINGS MUST BE MADE AND PAID FOR IN ADVANCE**

by contacting Jane on 07813 093117

[janiebradley@btinternet.com](mailto:janiebradley@btinternet.com)

## NEWS FROM THE OFFICE

Another summer seems to have slipped by rather quickly and we are busy working on our programme running up to Christmas, which includes the Christmas Coffee Morning that you can read about on page 11.

The Hog Roast was a great success, with fabulous entertainment and delicious food. To those of you who were there, many thanks for your support; I hope you had an enjoyable time. We are planning a repeat of this next summer, when the evenings will be lighter, so please look out for news of that in 2016 and don't miss the opportunity to come along.

The Art Exhibition, to be held at St Andrew's School, Meads from 23-25 October, is promising to be a great event, so please take some time over that weekend to have a look at the work of our local artists, which will be available for sale should any of them take your fancy. You will also have the opportunity to take part in a public vote to decide on the 'best in show', so your opinion counts but you have to come along to place your vote. We look forward to seeing you there.

Our annual Carol Service is on Thursday 10 December at 3 pm in the Chapel here at the Hospital when Esther Bird and the choir will be joining us to start the Christmas celebrations. Our Patron, the Right Rev Richard Jackson, the Bishop of Lewes, will be joining us for the occasion. Do come and join us for the service and a cup of tea and a mince pie afterwards.

We are delighted to announce that once again talented local artist, Lyndsey Smith, has kindly let us use the image of one of her fabulous paintings (pictured on the front cover) for our jigsaw puzzle. It will be for sale in the shop here at the Hospital for £12.99 with the title of 'The Christmas Swim' and will make a great present. We have a limited number available so don't miss the chance to get yours.

We are very fortunate to have been chosen to take part in the Arndale Centre's Win a Car Raffle this year. You can buy your tickets from us on Tuesday 1 December, outside Top Shop. We will need a lot of volunteers to sell tickets, so if you can help, please contact the office.

We are to be a fortunate beneficiary of the Sunrise Senior Living Christmas Fair, which is on Saturday 5 December from 10 am – 12 noon. Do come – you can find the address in their advert on page 20.

Thinking about Christmas, the office will be closed from 24 December and will re-open on 4 January. So, early as it seems, this is my opportunity to wish all our members a very happy Christmas.

Ann Wilson



## **Visit the Friends Shop**

in the DGH Foyer and discover the great variety of goods on sale

Confectionery, Drinks, Toiletries, Toys, Stationery, Nightwear, Slippers, Norfolk Lavender products, Aprons, Bags, Tea towels plus a great selection of Books, Magazines and Newspapers

OPEN MONDAY- FRIDAY 9.00 am – 6.30 pm  
SATURDAY 10.30 am - 4.00 pm AND SUNDAY 1.30 - 4.00 pm

Tel: 01323 - 647188

The Friends also have the Corner Shop near The Restaurant and provide a Trolley Service to the wards



## **Flowers for All Occasions**

call in and see us at the

## **Friends Flower Shop**

**in the Hospital Foyer**

Open Monday -Friday 9.00 am – 4.00 pm  
Saturday 1.30 pm – 4.00 pm

Telephone Orders: 01323 417400 ext 4033

All profits go to the Hospital

\* You can have 30 mins FREE PARKING in the car park whilst you shop

# FRIENDS OF THE EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription .....	£	:	£5
Renewal of Annual Subscription .....	£	:	£5
Life Membership.....	£	:	£25
Donation.....	£	:	

\_\_\_\_\_

£ \_\_\_\_\_

If you are a tax payer please complete the Gift Aid Declaration form. The Friends can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in any of the following ways please tick the appropriate box.

- Delivering Hospitality.....
- Volunteer work in the DGH .....
- Help with fund raising activities.....

Mr/Mrs/Miss/Ms .....

Address .....

..... Postcode .....

Telephone ..... Date .....

Email .....

Please return to Hon Membership Secretary  
Friends of the Eastbourne Hospital  
District General Hospital  
Kings Drive  
Eastbourne BN21 2UD

Tel 01323 438236

### Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

## GIFT AID DECLARATION – for a single donation

Please treat the enclosed gift/subscription of £..... as a Gift Aid Donation.

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASC) that I donate to will reclaim on my gifts for the current tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I have given.

### Donor's details:

Title ..... First name or Initial(s) ..... Surname .....

Home address.....

.....

..... Post Code .....

Signature..... Date .....

### Please notify the Charity or CASC if you:

1. Want to cancel this declaration.
2. Change your name or home address.
3. No longer pay sufficient tax on your income and/or capital gains.

**If you pay Income Tax at the higher or additional rate** and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

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## BANKER'S ORDER

To .....

..... Sort Code: ..... A/c No.....  
(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO11DA for the account of the Friends of the Eastbourne Hospital (No. 10039667) the sum of

£ : ( )  
(Amount in figures) (Amount in words)

on ..... 20..... and thereafter on the 01 September each year until otherwise notified.

Signature..... Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms) .....

Address.....

.....

..... Post Code .....

The FRIENDS OF THE EASTBOURNE HOSPITAL was established in 1948 shortly before the introduction of the National Health Service when it became apparent that the resources would not be enough to meet the cost of all the necessities and amenities for Staff and Patients.

Originally called 'The Patients Association' it was renamed 'The Friends of the Eastbourne Hospitals' (FoEH) in 1953 and became affiliated to the National Association of Leagues of Hospital Friends, now renamed ATTEND.

The aims and objectives of the FoEH can be summarised:

1. To provide funds for extra services, equipment and amenities for patients and staff and to make donations where the expenditure has been recommended by the relevant NHS Trust and has been approved by the Committee.
2. To encourage voluntary work in the hospital.
3. To provide a link between the hospital and the community.

Membership is open to anyone paying a Membership Fee. This is £25 for Life Membership and £5 for Annual Membership, which is due on 1<sup>st</sup> September each year.

The subscription also covers a free copy of this quarterly magazine, HOSPITALITY, which is delivered by volunteers, although all members with addresses outside our hand delivery areas are encouraged to supply postage stamps for their copies.

Enquiries should be addressed to the appropriate Official of the FoEH, whose names are given on page 1. When a reply is required a self-addressed stamped addressed envelope is appreciated.

## HELP US TO HELP YOU CONTACTS

HOSPITALITY EDITORIAL TEAM, The Friends Office, Eastbourne District General Hospital, Kings Drive, Eastbourne, BN21 2UD. Tel No. 01323 438236  
or email: [esh-tr.friendsdgh@nhs.net](mailto:esh-tr.friendsdgh@nhs.net)

All contributions and photographs are welcome and can be sent to the Editorial Team at the above address.

HOSPITALITY DISTRIBUTION, records and envelopes for the attention of Mrs Sue Duffell, The Friends Office: 01323 438236.

REGIONAL COMMITTEES We have an active sub-committee in Seaford. We would like to re-establish Regional Committees in the Pevensey and Westham and the Hailsham regions. Would you be interested? If so please get in touch with the Secretary at the Friends' Office.

HOSPITAL RADIO PROGRAMMES For requests for music and dedications on Hospital Radio Programmes please call the Radio DGH Studio on 01323 435748 or visit their website at: [www.radiodgh.com](http://www.radiodgh.com)

REMADE CARDS You can leave your donated Birthday, Get Well, Sympathy and Best Wishes cards in the tin box at the back of the Main Shop's Stockroom at any time. PLEASE ONLY LEAVE CHRISTMAS CARDS UNTIL THE END OF JANUARY. Enquiries to Debbie Wicks, Friends' Office: 01323 438236.

USED POSTAGE STAMPS AND POSTCARDS Mrs June Tickner, 7 Somerville Close, Eastbourne, BN23 6BP Tel No. 01323 729541. Both UK and foreign stamps are welcome. Please trim off surplus paper leaving about ¼ in (½ cm) all round the stamps to avoid any damage. Please DO NOT remove stamps from postcards.

VOLUNTEERING Voluntary Services Co-ordinator, Voluntary Services Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD Tel No. 01323 417400 ext 4880 or Debbie Wicks, Friends' Office: 01323 438236.



Clockwise from top:

Cheque Presentation from Old Eastbournian Lodge by Rob Wicks for the Da Vinci Robot

Guests enjoying the Hog Roast

Lis Grimsey, Airbourne bucket collection volunteer for the FoEH

Irene Hitchcock in the Friends Shop

Sue Duffell and Debbie Wicks at the Good Life Exhibition

Hugh Parker receiving a donation from Ashley Garden Care Home