

HOSPITALITY

AUTUMN EDITION
JULY 2023 - OCT 2023

Friends of Eastbourne Hospital

QUARTERLY MAGAZINE
NUMBER 171



Cover design by
Children's Art
Competition Winner:

Caitlin Lynch,
Age 11

In this issue:

Prize-Winning Children's Artwork
DGH Football Team takes the Trophy
Tea & Tranquility in the Therapy Garden
Visit our final Open Garden of 2023
Gifts to the Eye Clinic and Emergency Dept
A Sell-Out Night at the Spice Garden

**News from the Office
and Trust, Fundraising Round-Ups
and Dates for the Diary**

PLUS: 

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Preview 6.00 - 8.00 pm
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Saturday October 28th
10.00 am - 4.00 pm
Sunday October 29th
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Annual General Meeting

**WEDNESDAY
22 NOVEMBER
2023**

2PM
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Supporting the patients, staff and visitors at the Eastbourne DGH by fundraising for additional equipment, amenities and services.

Please visit

www.friendsdgh.org.uk

to view the agenda
for this AGM

.....

Nominations are invited for the positions of President and Trustees, and must be received by October 1, with agreement of nominee and a brief CV.

.....

For more details, contact the Friends Office on:

01323 749503

esh-tr.friendsdgh@nhs.net

www.friendsdgh.org.uk

CHAIR

Sandy Boyce-Sharpe
President

REPORT OF THE EXECUTIVE COMMITTEE

Dr Harry Walmsley
Chairman

TREASURER'S REPORT

Peter Skilbeck
Treasurer

GUEST SPEAKER

Professor Nik Patel
Cardiology Consultant

DATES FOR YOUR DIARY

2 SEPTEMBER

SuperHero Walk,
Eastbourne Seafront
Fundraising for the
children's ward
All details TBC - please
visit our website over the
summer for information*

9 SEPTEMBER

Open Garden
Folkington Place
10.30am to 4pm

15 SEPTEMBER

Sugar Ray Golf Tournament
All details TBC, please do
check website updates*

29 SEPTEMBER

Fashion Show
All Saints Church Hall
Ticket price £7.50
2.30pm (doors open 2pm)

4 OCTOBER

Education Talk
Lecture Theatre, DGH
Speaker: Karl Spiteri,
Consultant Urologist
7pm - 8pm

28-29 OCTOBER

18th Annual Art Exhibition
St. Andrew's Prep
Sat Oct 28 & Sun Oct 29
10am - 4pm

22 NOVEMBER

FoEH AGM
Victoria Baptist Church,
Eldon Road, 2pm - 4pm

*www.friendsdgh.org.uk

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Friends of Eastbourne Hospital

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CHAIRMAN'S REPORT



It has been an extremely busy last few months for the Friends, and a lot is also being planned for the autumn. My particular thanks go to Sue and Amy in the office who have worked tirelessly to get these events organised.

I would like also to thank Margaret Lonsdale, one of our trustees, who has left us as she is moving away from Eastbourne, for all the hard work and support that she has given the Friends. We wish her well. However we also hope to welcome Vicky Javellana, a member of the theatre nursing staff, as a new trustee.

The Friends shop is heading for £500K turnover this year for the first time. This is entirely due to the hard work of the shop manager, Rai Hitchen, and her volunteers.

We have had several photo shoots of equipment the Friends have bought. The therapeutic garden was officially opened, and photos were also taken of an OCT machine in ophthalmology and toys purchased for Friston Ward for when it reopens in early autumn. Also significantly the screens and cupboards in the resuscitation area of the Emergency department have finally been installed. This was our major project for 2021 and installation got delayed for building work to be done.

So what events have we had since the last issue of Hospitality? At the time of writing 5 of the 7 open gardens have been visited. With two to go I know it has once again been a great success. My

thanks to Liz Johnson and her team for organising this annual event and to the owners of the gardens for allowing us to visit them. Our second Dine around the World this year was held in June. Once again it made over £1000. And a first for the Friends - a Race Night held at Langney Sports which was a resounding success with many asking when we will have another. Also at the Sports the annual DGH versus Conquest football match was held at the end of May and finally this year victory went to the DGH team, but only after penalties.

You may notice the cover of this issue of Hospitality. The picture is by the winner of our schools Art competition. Ann Caffyn and Terry Henson, two trustees, went and presented prizes to the winners at Bourne School last month.

A lot is planned for the coming months. There is the Sugar Ray Golf Tournament, the fashion show, another quiz, the annual Art Exhibition, the Autumn / Christmas Fair, and a Dine Around the World at the Thai Marina. So a lot for you to enjoy. And at last we are able to reintroduce our Education Lectures for the public, the first since Covid. It will be given by one of the consultant Urologists about the robot the Friends purchased last year and how it is used.

As a bit of fun I have offered to have myself put in a cage and have people pay for the pleasure of throwing wet sponges at me or pay to have me kept locked in or released. This is work in progress!

Once again before I finish can I thank everyone for their continued support of the Friends. But once again can I appeal for more volunteers. Please contact the Friends office if you can even spare half a day a week.

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NEWS FROM THE OFFICE

MARGARET LONSDALE LEAVES THE TRUSTEES

Since the last magazine we have been sad to say goodbye to Margaret Lonsdale as both a Trustee and Vice Chairman. Margaret became involved with the Friends on her retirement as an anaesthetic consultant here at the DGH, attending her first trustee meeting the day after she retired in September 2019. During that time, she has been a very useful and reasoned voice at the meetings, and everyone at the Friends would like to thank her for her invaluable input.

Always happy to help out at any events, and never minding what job she was given, Margaret accepted the challenge of organising the 2022 open garden programme, with help from Ros Rolls-King. Between them they ran a very successful season made more 'interesting' as we were still navigating our way out of Covid.

Margaret was always happy to represent the Friends whenever she could, and her knowledge of and contacts within the hospital were extremely



useful. We would like to wish her and her husband Keith, the very best as they start a new chapter of their lives with their newly expanding family in Surrey.

JEWELLERY SALES

An absolute gem herself, Jeanette Evans has been doing a wonderful job with the second-hand jewellery that is kindly donated to the Friends. Jeanette says: "We would like to thank The Eastbourne Auctions and all the wonderful donors of Eastbourne for their generosity - we were very successful and have raised nearly £1000 this year. Now we need more of your kind donations."

We thank Jeanette very much for the work she does. Do drop unwanted jewellery in to either the Shop or the Office and we will deliver to Jeanette.

ART & CRAFT FAIRS

Many thanks go to Denise and Julia, at Hailsham Artists' Network who organise a series of art and craft fairs throughout the year, and who regularly donate the profits from refreshment sales at the events to the Friends. If you're receiving this copy of Hospitality hot off the press then you may be able to make the July event, being held across the weekend of 22nd-23rd. Other events are planned for later dates too though. Details are here: www.hailshamartistsnetwork.co.uk

EDUCATION TALK: UROLOGY, 4 OCT

We are delighted to announce that, for the first time since the pandemic, we are relaunching our Education Talks. To be held at 7pm on 4th October, our talk this year will be given by Karl Spiteri, Consultant Urologist, and will focus, in particular, on the Robot which we funded for the department in 2022. Admission is free, but space is limited so you will need to book a place in advance with the office as we expect it to be a popular talk.

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or know someone else who might benefit from doing so
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Help us help them help you

NEWS FROM THE OFFICE

TRUST AWARDS

Recognising the hard work and dedication of our Trust staff, this year's Trust Awards were presented at the De la Warr in Bexhill.

Representing the Friends, and co-presenting the awards for "Enhancing Patient Safety" and "Diversity and Inclusion" with Trust Chairman, Steve Phoenix, Friends Chairman Harry Walmsley acknowledged the event as an insight into the hard work carried out by ESHT staff daily, adding that the Friends were very pleased once again to support two awards at the ceremony.



NHS BIG TEA

On the occasion of the 75th anniversary of the NHS, and as part of the NHS Big Tea week, we were given the opportunity to fundraise and share information on a stand at the Eastbourne branch of Morrisons. Also a celebratory year for the Friends, in which we celebrate our own 75th anniversary, we shared information about the work we have done since the very start, the projects we currently have in place, and how we need the community support now every bit as much as we did when we were established in 1948. Taking on shifts at the stand were chairman Harry Walmsley (pictured) and President Sandy Boyce-Sharpe.



BOTTLE TOPS

A huge thank you to Kirsty Farmer and all at Beechwood Grove Care Home who collected a grand total of 800 milk bottle tops to donate to us for recycling into new plastics such as garden furniture and bins. All recycling raises money for the Friends, so we are very grateful to Kirsty and her team.





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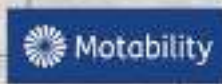
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FINAL OPEN GARDEN OF THE SEASON

At the time of writing we are well into our popular open garden season which has already raised nearly £13,000 for the cardiology appeal with more to be added with the final gardens to come. As always we are totally indebted to the incredible volunteer team that work so hard to ensure the smooth running of the gardens, both on the day and in advance. And of course we must thank all the visitors for their very generous support.

If you would be interested in opening your garden for the Friends we would love to hear from you. If you think your garden isn't large enough maybe you could encourage your neighbours to open as well, as 'garden trails' are popular too. Please ring the office for a very informal chat if you would like to pursue this idea.

There will be a full review of the season in the October magazine but here are some photos of the gardens so far. In the mean time we hope to see you at Folkington Place on Saturday September 9th, to see a wonderful Sussex garden in the most perfect downland setting.



TRUST NEWS

HOW THE COMMUNITY FRAILITY TEAM ARE HELPING TO BREAK THE CYCLE OF HOSPITAL ADMISSIONS

Treating patients so that they don't need to come into hospital is just as important as the care they receive while in hospital. The community frailty team, who cover the area from Seaford over to Rye, specialise in treating people over the age of 75 who are living with frailty.

Frailty is a medical condition describing a decrease in physiological reserves which leaves a patient less likely to respond or recover from ordinary events such as a minor illness or even the stress of moving house.

Mark Summerfield is a Frailty Practitioner based in the community. "The work we do is to intervene for patients who are in a cycle of hospital admissions and re-evaluate their care by visiting them in their home and carrying out an assessment, face-to-face, often with family present who can help provide useful information," says Mark. "Our intervention can help to break the cycle of hospital admissions, declines in health and reliance on health services. We are looking at what the best outcome for the patient is, but also what their own goals are. Mainly that is to be able to live as independently as they can for as long as possible."

"Frail patients are not generally ill," continues Mark, "so we are not trying to fix anything, rather we are adjusting what is already there so that it works better for them and gives control back to them and their family. After we've assessed them we work to co-ordinate multiple streams of care and preventative care, to help prevent unnecessary procedures and time spent in hospital."

The team itself has just celebrated its seventh anniversary. Set up by Dr Mucci, Frailty Consultant, and Sue Lyne, Nurse Consultant, it has gone on to become well-known across the country with team members regularly presenting at conferences on developments in the service. The team are currently looking at linking up with the virtual wards team to improve care for people in their homes.

The last audit showed that 6,400 bed days have been saved between 2017-2019 and over 500 admissions. Mark adds, "It is so rewarding to see the impact that we are having on people. What we are doing is really appreciated by our patients. They can maintain their dignity and autonomy as older people, which is really what all of us want to be able to do as we age."

NEW UNIFORMS HELP IDENTIFY OUR MAMMOGRAPHERS

Our mammographers have changed the colour of their uniforms to 'breast cancer awareness' pink.

Louise Richards, Clinical Manager for Mammography, said, "We are keen to provide reassurance to help our patients feel comfortable when they come to see us.

Our mammography team is all female, and we hope that changing the colour of our uniform differentiates us from the rest of the radiology team so we can be easily identified by our patients and in turn reduce any stress and anxiety that people may feel when they attend."



TRUST NEWS

EASTBOURNE DGH'S THERAPY GARDEN & 'SOWING ROOM'

With the support of staff fundraising efforts and the ongoing generosity of The Friends of Eastbourne Hospital, our occupational therapy team have been able to create a peaceful space for patients and colleagues to enjoy. The garden is full of beautiful plants and flowers, seating areas and the 'sowing room' – a dedicated treatment area which opens out into the garden.

The therapy garden aims to enable people to experience the different gifts the space offers and to give visitors a greater awareness of how occupational therapists can use therapeutic horticulture as part of their assessment and interventions.

Emma Callaghan, Occupational Therapist, said: "The garden has been designed from a research evidence base, utilising the restorative effects of nature and the outdoors to support patient wellbeing. The garden isn't perfect, it is a living space waiting for interaction with its visitors. We encourage visitors to take a sensory approach and smell, taste and touch the plants growing in the assorted pots and trugs."

"We hope that patients who visit the garden will reminisce and reflect, rather than focus on the illness that has brought them into hospital. Our garden is somewhere for visiting with family and friends, or for quiet time away from the bustle of the wards. There is seating within the garden and ramp access for wheelchairs and beds to make the space accessible to all."

To celebrate the opening of the 'sowing room', a two-day garden open event was held to promote the therapy garden. There was a great turn out, with lots of colleagues and patients popping in, enjoying mocktails with mint picked from the garden, rose flavoured biscuits and Tisanne tea's made from rosemary and lemon balm.



Above: Friends Trustees Rosemary Cameron, Terry Henson, Sue Duffell (Office Manager) and Bo Phillips visit the Therapy Garden.



To make the garden accessible for those not well enough to come down, the team have created a virtual tour too. Please do go online to visit it.

www.youtube.com/watch?v=dwyAQkj-zSM

CHILDREN'S ART COMPETITION

What a wonderful part of the job this was! We launched a competition earlier this year, inviting local children across three age categories to submit artwork on the themes of either Being a Friend, Eastbourne in the Summer, or Doctors and Nurses and we were overwhelmed by a response of over 300 submissions! We had an amazing assortment of artwork to enjoy, and were delighted by every single piece - until the realisation hit that we would actually have to choose three winners. So, we called in the experts - Trustees Ann Caffyn and Terry Henson, both with extensive experience in art exhibitions, competitions and galleries, as well as local artist Andrew Forrest, to perform the almost-impossible task of judging the entries and selecting their three favourites, with the overall winner seeing their work published on this magazine's front cover. After extensive deliberation and discussion, the judges announced their winners as follows...

Five Years and Under - Winner: Victoria
"A confident drawing depicting hospital staff and patient, whose jolly expressions made us smile."

Six to Ten Years - Winner: Amelij
"An impressive drawing showing a variety of hospital staff. The careful attention to detail highlighted their individual roles."

Eleven to Sixteen Years - Winner (and also overall winner): Caitlin
"An assured, colourful and thoughtful composition. We particularly liked the cheerful colours and rainbow outside the window suggesting hope."

Andrew Forrest concluded the judging by saying, "The children's entries to the competition were difficult to judge in that they all showed imagination and an ability to handle colour. The winners in each age group ranged from the simple to the complex but each expressed strong character and conveyed a keen sense of caring."



These wonderful drawings (just look at that X-Ray!) were done by 5-year-old Joshua, and were so charming that even though he was pipped to the age category win by Victoria we have judged this piece to be 'Office Favourite' so we could applaud him appropriately and print them here. Well done Joshua!



We will be displaying these four winning artworks, along with 27 runners-up at our Annual Art Exhibition (see p3 for details) so do come along to admire them in person!



Terry Henson (left) and Ann Caffyn (right) with Debbie Harris of Bourne School, who encouraged all her art students to enter the competition - resulting in wins for 3 of them!





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DONATIONS TO THE DGH

A very rewarding part of the work we do as a charity is being asked to come and see the equipment you all fundraise so hard for when it has been received and installed in the hospital. We had two such occasions recently, when we were invited to both the Emergency Department and the Eye Clinic to see our donated equipment in situ and to speak to the teams about the difference these donations have made.

MULTI-PURPOSE, BESPOKE DIVIDER UNITS FOR THE EMERGENCY DEPARTMENT

Our Major Project for 2021 was to provide £72,000 towards improvements to the Resus Room in the Emergency Department of the DGH. It was a challenge, particularly post-Covid with fundraising activities significantly reduced, but the target was reached and in 2023, after an enormous amount of

work to make the necessary changes in this vital department, we were able to go in, see the donations and speak to the team who now benefit from the improvements in place. Karita Webley, General Manager, welcomed us. She said:

"We would like to express our heartfelt appreciation to the FOEH for their generous donation to ED. This contribution has equipped our resuscitation area of ED with divider units with the latest medical equipment and technology that will help impact patient safety.

Paul Cloves our previous Head of Urgent Care, worked closely with Freeway Medical to design the bespoke units that are in each cubicle of the resuscitation area, made specially for Eastbourne ED to meet the needs set of our patient group and ensure that everything needed in an emergency is visible and accessible at a glance.



Pictured are Mr Shanker - Lead ED Consultant, Karita Webley, Harry Walmsley, Kelly Neil and Kelly Booth - Resuscitation Practitioners

The divider system provides a complete airways and trauma storage solution that offers a standardised yet highly flexible and adaptable platform for our resus area. It is designed to provide a single point solution to several key issues identified within the emergency environment and delivers on all fronts.

Essentially the A&E resus divider system is designed to provide these key features:

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Lead lined screens

These screens sit in between each resuscitation cubicle and protects the staff from radiation. This then ensures that patients in neighbouring cubicles can continue to receive on-going treatment and care, as the staff do not need to step away and this therefore reduces any delay in their treatment.

Colour coded storage drawers

The drawers are specially colour coded to inform the user exactly what is in that particular storage drawer quickly and each drawer is labelled clearly, again making it fast and effective to access.



Fast Stock drawers

Each drawer has a single tamper tag on it, so after it has been accessed the staff only need to restock the one drawer, and inside each soft close drawer is a removable tray system that works with an off the ward storage system to allow drawers to be restocked in seconds, not minutes, and improve patient throughput.

Your donation has made a significant difference in our ability to provide quality healthcare services to our patients and we are grateful for your support and commitment to our goal.

Thank you for your generosity and kindness and continuing to support EDGH in our efforts to provide the best possible care to our patients.

Receiving this gratitude on behalf of all our supporters who helped to raise the target amount, Harry Walmsley added, "The Friends of Eastbourne Hospital were delighted to raise £80,000 for the screens and cupboards for the Resuscitation area in the Emergency Department. These are clearly helping patient care by speeding up access to emergency equipment as well as protecting staff and other patients in the vicinity from unwanted Xray radiation. But none of this would be possible without the hard work and generosity of the people of Eastbourne in helping to raise these funds. My thanks go to you all."

A SECOND OPTICAL COHERENCE TOMOGRAPHY MACHINE FOR THE EYE CLINIC AT THE DGH



We were also delighted to meet Claire Smith, Sister in Ophthalmology OPD and her colleague Helen Early, who showed us (on a rare occasion it wasn't in use) a second OPT machine which the Friends had funded for the department. Claire explained what the machine is, and why a second machine was vital.

"OCT (Optical Coherence Tomography) scans are performed to check the health of the back of the eyes. Predominantly we are scanning the macula, which is a part of the retina that is responsible for our central vision, or the optic disc, which can be affected in Glaucoma.

OCT scans are carried out on most patients that are seen in the eye clinic, this can be as many as 100 scans a day at EDGH site.

Since 2020 we have been managing with one OCT machine in Eastbourne. With the addition of this second OCT machine, not only has this taken the strain off staff and reduced waiting times for patients, it has also enabled us to set up five Virtual OCT clinics per week, this accommodates 75 patients. Virtual OCT clinics for the past three years have been predominantly at Bexhill. For patients on the periphery of East Sussex, like Seaford and Uckfield, this is an incredibly long way to travel every six weeks for a scan, more so given that our patients are sight impaired and unable to drive themselves.

We are very grateful to The Friends for funding this machine which has been a very welcome addition to the department."



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RACE NIGHT, SPICE GARDEN & QUIZ NIGHT HIGHLIGHTS

We're so grateful for all our sociable supporters who really get behind all our various events. Over the last few months, we have held our inaugural Race Night (set to be repeated as soon as the calendar allows!); broken a Dine Around the World record at the Spice Garden by sailing £300 past our previous highest fundraising total for

an evening there; and given the grey matter a serious 'Sue Hitchen' workout at the July Quiz Night! It goes without saying, these events would not work without the fantastic support you give us, plus the support of businesses and venues in the community, and not to mention our valued volunteers. We love all the energy you bring.



Our raffle winners enjoying a day at the races after their first-prize raffle win!



Spice Garden

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**QUIZ
NIGHT**

Winners: The Dyslexic Brians



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FUNDRAISING IN THE COMMUNITY

ANDERIDA LODGE DONATES £600 TOWARDS TOYS FOR THE CHILDREN'S UNIT

As if the terrific team in the paediatric unit of the DGH (temporarily situated in the Scott Unit following emergency relocations during the Covid-19 pandemic) weren't keen enough to get back to their former Friston Ward, they now have an entire room full of reasons why they want to return to the bigger ward as soon as possible. A very generous donation of £600 was made by Eastbourne's Anderida Lodge, to go entirely towards toys for the children. Plenty of purchases were made! This has been an enormous boost to the unit

after many previous resources went missing amidst the Covid-19 disruption. If plans remain on schedule the move back is set for September. Many thanks to all at Anderida Lodge who made this donation. You have put smiles on everyone's faces.

Pictured here (squeezed in behind the toys!) are representatives from Anderida Lodge, David Hunt and Colin Lampshire, as well as Harry Walmsley and paediatric sisters Chanelle Longhurst and Hannah Constable.



SATURDAY 2 SEPTEMBER, 2023

Save the date for our Superhero Walk on Eastbourne Seafront, raising money and awareness for the paediatric unit in the DGH. Full details will be posted on our website over the summer: www.friendsdgh.org.uk/events

FUNDRAISING IN THE COMMUNITY

FUNDRAISING MUSIC AND POETRY



We are inspired by the energy of Christina Lynn, who has not only written and self-published a poetry book, which is on sale in the Friends Shop - the sales of which will be donated to us; but she also organised an eclectic music concert at Wannock Village Hall which drew a good crowd back in April and raised a further £200 for the Friends through ticket and poetry book sales.

The cheque was received by Friends Trustee Hugh Parker, who attended the concert and said the event had been very enjoyable.

Further sales of the poetry book saw Christina subsequently present a cheque of £150 to Harry Walmsley. Entitled "Verses and Prose 'bout This and That and the Cat", the book is a collection inspired by life, and death, as well as feelings and funny anecdotes. Please do pick up your copy for £5 from the Friends Shop.



CLIVE HANCOCKS

Also fundraising on our behalf, and at the same time spreading awareness about the importance of early detection in prostate cancer, Clive Hancocks will be walking 85 miles of The Dales Way in just nine days this September with a target of raising £750 for the Friends.

Motivated by the care and support he had from the many different staff and departments of the DGH after his own shock diagnosis of prostate cancer early last year, Clive is keen to give back to the hospital and to say thank you.

If you know Clive, or share similar gratitude, or can relate in any way to his story, then please do get behind him by donating on his JustGiving page. He's walking for everyone who needs the hospital, and your support will go with him. Help him smash that £750 target!

www.justgiving.com/crowdfunding/clive-hancocks-1

DGH FOOTBALL TEAM BRINGS IT HOME!

Words by Paul Gosling

In beautiful sunshine and with around 100 people in the crowd, Eastbourne Borough hosted the third annual DGH v Conquest charity football match on Sunday 28 May.

Established in 2021, the Conquest had so far won both the 2021 game 7-4 and, after drawing 3-3 in full time, going on to be crowned 2022 champions on penalties. The 2023 match therefore, was poised to be fiercely competitive.

The DGH took control early on. After some slick passing, a delightful cross in to the box was met on the head of an Eastbourne's striker who calmly hit the back of the net. 1-0 DGH.

The second half saw many opportunities for both teams and with free flowing football a goal was clearly coming. Sure enough, with a quickly taken free kick, the DGH was able to exploit an opening in the middle of the pitch, allowing their striker to hit a low driving ball from the corner of the box in to the back of the Conquest net. 2-0 DGH.

But the Conquest have the ability to dig deep and play to the 90 minutes without giving up hope. This pressure resulted in some defensive DGH errors and a well-taken Conquest goal. 2-1 DGH.

More pressure kept coming and so did a well-delivered corner, equally well-headed in to the DGH goal. Score 2-2.

The final minutes of the game were cagey, with both teams creating opportunity for the third, and likely winning goal, but on 90 minutes, the ref blew his whistle and the game ended. 2-2.

No one likes to end a game on penalties, but the annual match demands a winner to take the coveted trophy back to their hospital, so it went to penalties.

The Conquest led the way and the pressure was on. Unfortunately, the shot was not. Advantage DGH. What followed, was a succession of cleanly taken, and well converted penalties, all the way to the full 5 set. Both the fifth DGH penalty taker and the Conquest goalie were therefore under huge pressure. The DGH picked a spot, took a run up and sent the ball to the left of the goal. A momentary cheer went up for Conquest when their keeper made contact, but it was just not enough, and the ball continued its journey to the back of the net. Cue DGH elation and an emotional celebration for the 5th penalty taker. DGH 2, CQ 2. DGH win 5-4 on penalties.

The charity game raised nearly £430 for the Friends of DGH, and was a great day out for everyone.

Watch this space and save the date... DGH v CONQUEST 2024!



£430
raised



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Please return to Hon Membership Secretary
 Friends of Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD
 Tel 01323 749503

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TICKET PRICE £7.50

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Friday 29th September 2023

Doors open at 2pm, show starts at 2.30pm

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Raffle and Refreshments. Cake and Preserve stalls.



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For tickets or further information, please contact the Friends Office on
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