

HOSPITALITY

WINTER EDITION
OCT 2023 - JAN 2024

Friends of Eastbourne Hospital

QUARTERLY MAGAZINE
NUMBER 172

www.friendsdgh.org.uk



OPEN GARDENS
RAISE OVER £20K
- see the garden
galleries inside

THE 18TH ANNUAL
ART EXHIBITION -
what's in store
this year

THE FRIENDS
FASHION SHOW -
an afternoon of
fun, fashion and
fundraising

Sadly announcing
the permanent
closure of
the flower
cabin

**PLUS: News
from the Office & Trust,
Fundraising Round-ups,
Dates for the Diary,
and all Donations**



CAFFYNS

FOR ALL
YOUR MOTORING
NEEDS

NEW CAR SALES
USED CAR SALES
SERVICING
ACCESSORIES
MOT



VOLVO



CAFFYNS
MOTORING



WWW.CAFFYNS.CO.UK

Friends of Eastbourne Hospital

proudly present (for the 18th year) the Autumn

Art Exhibition and Sale of Paintings

Venue ST. ANDREW'S PREP, MEADS, EASTBOURNE
BN20 7RP

Raising Funds for Eastbourne DGH
and our 2023 Special Project target

£400,000

for Eastbourne's expanding Cardiology department,
helping us provide equipment so that they can carry out
even more life-saving procedures at Eastbourne DGH



Friday October 27th
Preview 6.00 - 8.00 pm
by invitation only
Saturday October 28th
10.00 am - 4.00 pm
Sunday October 29th
10.00 am - 4.00 pm

Admission Free
Informal Painting Demonstration
by well known local artist
Terry Hobbs
at 2.00 pm Saturday

Art Exhibition printing kindly sponsored by

PLAN AHEAD

Insurance, Health & Safety, Finance & Marketing

42a Commercial Road Eastbourne BN21 3XF Tel: 01323 739409



**Friends of
Eastbourne
Hospital**

Registered Charity No. 220592 - www.friendsdgh.org.uk



emc

Eastbourne Motoring Centre Ltd
In Eastbourne & Uckfield



**FREE
MOT
OFFER**



**ALL
MAKES
SERVICING**

EMC Vauxhall, Suzuki & Fiat

Approved New & used car sales, service & repair centre


Plus over 250 quality used vehicles for sale, all makes and models at great prices


Fixed price servicing and repairs for all cars and vans

FREE MOT OFFER available (T&C Apply)

Call us today!

 **Eastbourne: 01323 720681**

 **Uckfield: 01825 700500**

 **emcgroup.co.uk**



DATES FOR YOUR DIARY

28-29 OCTOBER

18th Annual Art Exhibition
St. Andrew's Prep
10am - 4pm

22 NOVEMBER

FoEH AGM
Victoria Baptist Church,
Eldon Road, 2pm - 4pm

24 NOVEMBER

FoEH Quiz Night
The Fishermens Club
7pm, Price £5
Teams up to 7 people

25 NOVEMBER

FoEH Christmas Fair
and coffee morning
All Saints' Church Hall,
Grange Road
10am-12pm

30 NOVEMBER

Dine Around the World
Thai Marina
7pm, Price £25

1 MARCH

FoEH Race Night
The Fishermens Club
Full details TBC

15 MARCH

FoEH Quiz Night
The Fishermens Club
7pm, Price £5
Teams up to 7 people

For details on events or to register interest, see:
www.friendsdgh.org.uk/
events

CONTENTS

Chairman's Report	7
News from the Office	9, 11
18th Annual Art Exhibition	13
Trust News	14-15
Closure of the Flower Shop	17
The Open Garden Season 2023	18-22
Fashion Show 2023	25
Easyfundraising Appeal	26
Fundraising Round-Up	27
FoEH AGM	28
Membership Form	29
Gift Aid Declaration and Standing Order	30
Quiz Night	31
Christmas Fair and Coffee Morning	32



www.cafonline.org

to donate to

Friends of Eastbourne Hospital



Friends of Eastbourne Hospital

Help us help them help you

Editorial Team : Amy Williams and Sue Duffell
Email: esh-tr.friendsdgh@nhs.net
Tel: 01323 749503

Proofreading: Joan and John Wilson

TANSLEYS LIMITED PRINTERS

High quality
lithographic
and digital
printers

T: 01323 891019
E: info@tansleysprinters.co.uk
www.tansleysprinters.co.uk

19 Broad Street
Seaford
East Sussex
BN26 1LS



FRIENDS OF EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 (220592) and affiliated to
ATTEND

PATRON / BISHOP OF LEWES, RIGHT REVEREND WILL HAZLEWOOD

EXECUTIVE

President / SANDY BOYCE-SHARPE

Chairman / DR HARRY WALMSLEY

Vice Chairman / HUGH PARKER

Treasurer / PETER SKILBECK

Office Manager / SUE DUFFELL

Fundraising & Publicity Manager / AMY WILLIAMS

Shop Manager / RAI HITCHEN

Deputy Shop Manager / TRACIE SHEPHERD

Friends of the Eastbourne Hospital, District General Hospital,
Kings Drive, Eastbourne, East Sussex, BN21 2UD

Tel. No. 01323 749503

e-mail: esh-tr.friendsdgh@nhs.net www.friendsdgh.org.uk

COMMITTEE MEMBERS

SANDY BOYCE-SHARPE, ANN CAFFYN MBE, ROSEMARY CAMERON,
TRISH HAMBLIN, TERRY HENSON, CATHY LOCK, BO PHILLIPS,
GLENDON STONE, GILL WOOLLEY

Hon Solicitor: Claire Busuttil

Auditors: Caladine Limited

CHAIRMAN'S REPORT



As autumn fast approaches the Friends activities and fundraising are speeding up after the usual quiet August.

The fundraising for our major project this year, to raise £400K for the new invasive cardiology unit, is nearing completion and the funds will be raised by the end of the year as planned.

Over the summer our season of Open Gardens has come to a close with a total of around £20K raised, which is an astonishing achievement as there were only seven gardens this year as opposed to nine in the last two years. Our thanks must, as usual, go to all the organisers, volunteers, and garden owners for making it such a successful year.

The Sugar Ray golf tournament was back this year after a break for Covid and at the time of writing I do not know how much money has been raised.

Over the time up until Christmas there are several fundraising events organised. These include the Art Exhibition, the Christmas Fair, Dine around the World at the Thai Marina, and the last quiz of the year. More details can be found in this edition of Hospitality and on our website. Please come and support some of these events.

And it is great that we have now relaunched our education Lectures for the public. The first talk since Covid was given this October by Mr Karl Spiteri about the Robot that the Friends spent £500K on last year.

You may remember that we held a competition for school children to paint a

picture about doctors and nurses and their jobs. Well I am delighted to say that we have been able to put a large number of these pictures up in the foyer in the hospital. Please have a look next time you are in.

The Friends AGM Is being held on 22nd November to which you are all invited. I will announce the Friends Major Project at that meeting for next year. I am currently in discussion with the Trust about what that will be.

It is with great pleasure that I announce that the trustees of the Friends have elected Hugh Parker as my deputy chair. Hugh has been a trustee for many years and has done sterling work for the Friends during that time, including standing in for me on occasions. He takes over from Margaret Lonsdale who has left the Eastbourne area for Surrey.

And lastly I am delighted to announce that our shops for the first time had a turnover of over £500K this year. What a wonderful achievement. Our thanks to the shop manager, Rai Hitchen, and all her very hard working volunteers. But as usual I make a plea for more people to come forward to volunteer, because without you we cannot maintain our services.



Introducing Mr Karl Spiteri and his talk, 'Precision in Motion: The unparalleled advantages of robotic surgery'

WILL WRITING SERVICE

Usual fee per Will £185 plus VAT

Free Wills Brochure available on request

Lasting Powers of Attorney £470 + VAT

Barry & Co
SOLICITORS

Bay Terrace, Pevensey Bay, East Sussex BN24 6EE

(01323) 766370 or 768382

Contact: info@barryandco.org

Hankham Lodge

Residential Care Home

Hankham Hall Road, Westham, Pevensey BN24 5AG



*A delightful home from home
personally run by Mr & Mrs P Sims*

01323 766555

info@HankhamLodge.com

NEWS FROM THE OFFICE

'DOCTORS AND NURSES' - FOYER ART DISPLAY

If you received our last issue of Hospitality, you will have seen the winning entry from our 2023 Children's Art Competition on the front cover.

However, we received so many fantastic entries that we turned them into an exhibition, and are now proudly displaying all of the shortlisted pieces on

the wall of the DGH's main entrance, opposite the Friends Shop. If you are in the hospital, do stroll over for a wonderful insight into how our local children see 'Doctors and Nurses' and the work they do. Many thanks to all of the children who sent in such charming art.



NUMBERS TO NOTE

Please do note that the main number for the DGH switchboard is:

0300 131 4500

and that Voluntary Services can be contacted directly by calling the above number and then using extension 771615.

CHRISTMAS FAIR - DONATIONS

This year the Christmas Coffee Morning is taking place in All Saints Church Hall, Grange Road on 25th November from 10.00-12.00.

We would be very grateful for any donations of cakes, jewellery and

unwanted

unwanted gifts for our stalls. You can phone the office on 749503 or contact the event organiser, Bo Phillips, on 722985 (after October 13th) to arrange collections; or items can be dropped off in the Friends Shop.

EDUCATION LECTURE

We would like to thank locum consultant urologist Mr Karl Spiteri for his fascinating talk on the history, functionality and importance of the Da Vinci Robot within the DGH.

We would also like to thank the volunteers who helped on the night - meeting, greeting and seating, and also helping with refreshments and closing the evening.



"TWEED"

The Emilie Galloway Home of Rest

Manager: Jacqueline Bradley

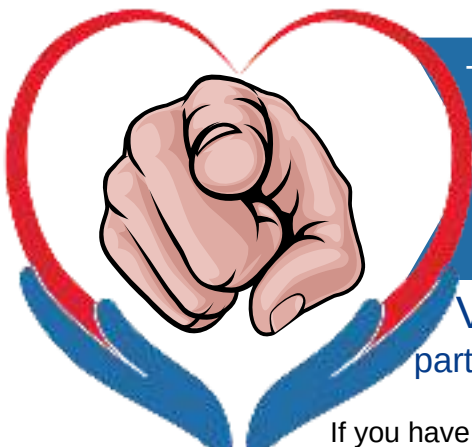


Situated near the Grand Hotel, local shops and the sea front, Tweed is a superior quality care home for 21 residents run by a charitable trust established in 1930. The trust seeks to keep its fees to a minimum and tailored to the needs of the resident, whilst providing a high standard of care and accommodation.

01323 733223

Email: info@tweedcarehome.co.uk www.tweedcarehome.co.uk

Tweed, The Emilie Galloway Home of Rest
8/10 Silverdale Road, Eastbourne BN20 7AL



The Friends of Eastbourne Hospital

Need YOU

Volunteers urgently required
particularly for the Thursday morning trolley,
8.45am to 12pm

If you have any time to volunteer for the Friends,
or know someone else who might benefit from doing so
please contact 01323 749503 or esh-tr.friendsdgh@nhs.net for details

Help us help them help you

A FAREWELL TO FRIENDS

ANDREW FORREST

We were very sad to hear of the tragic death of Andrew Forrest in Eastbourne on July 26th 2023. Andrew had been a huge supporter of the Friends of Eastbourne Hospital for many years.

During the last eleven years while he was Chairman and then President of the Society of Eastbourne Artists he very kindly arranged for the Friends to borrow the Society's stands every year to display around 200 paintings at their annual Art Exhibition. He also helped erect the stands and then helped with the hanging of the paintings as well as entering his own paintings for sale.

Earlier this year we invited Andrew to help us judge a competition set up by the Friends for local children to design a cover for our Hospitality magazine. His professional comments on the children's artwork were very much appreciated.

Andrew, a perfect gentleman, will be very much missed by so many, and the Friends Art Team will remember his great kindness, generosity, and wonderful support over many years.



GEOFF DUFFELL

We don't sell sunshine on the shop trolley, but when Geoff was pushing it you'd have been forgiven for thinking we did. He brought smiles to the staff he visited on every round, and was an equally popular personality at the heart of our volunteer team.

Geoff's contributions to the Friends spanned a multitude of roles - not only a regular on the trolley round, he was a guiding hand at events, a good-humoured parking attendant, an adept and reliable event photographer and even the occasional compère. He fulfilled each of these roles with enthusiasm, dedication, humour and kindness.

Beyond his visible roles, Geoff provided solid support and encouragement to his fellow volunteers and always to the office, where our office manager and his bereaved wife Sue continues her work for the Friends with every bit the same spirit Geoff had.

Geoff leaves a legacy of joy, care and compassion, and he will be forever in the hearts of everyone here at the Friends.





The Hawthorns
EASTBOURNE

MOMENTS THAT MATTER

Enjoy a worry-free and active retirement at the Hawthorns, where community living is at our heart. The Hawthorns' Well-being Co-ordinators provide a daily programme of stimulating and engaging activities, social events, trips out, exercise classes and interest clubs to keep your mind and body active and support you in staying healthy.

Studio, 1-bed or 2-bed apartments or bungalows available for single occupancy or couples.

01323 342551 | hawthornsretirement.co.uk

Call today to find out about our 28-day trial stay

The Hawthorns Eastbourne | 4 Carew Road | Eastbourne | East Sussex | BN21 2BF

FOEH 18TH ANNUAL ART EXHIBITION

ST. ANDREW'S PREP, MEADS, 10 AM - 4 PM
SATURDAY 28TH AND SUNDAY 29TH OCTOBER 2023

We are delighted that 66 local artists have entered just over 300 original paintings for sale at this year's Friends Annual Art Exhibition.

The generous support by the Headmaster of St. Andrew's Prep, Mr Tom Gregory, is very much appreciated. We are allowed the use of the school gym to display all the paintings. This year we are very grateful to the Wannock Art Group and the Polegate Art Group for lending us their stands to display the paintings. We would also like to thank Paul and Ellen Crockford for generously donating the wine, and Eastbourne College for lending us the glasses, for the Preview Evening.

Two well-known artists are kindly donating their paintings for our 2023 project to raise funds for the Cardiology Dept at the DGH, Jackie Hurwood (pictured right) for the raffle prize and Alan Everard for the Silent Auction.

On the Saturday we are looking forward to a painting demonstration by Terry Hobbs at 2pm to which you are all invited. Then on Sunday October 29th Ian Parrott, a popular cartoonist, will once again do quick sketches of our

visitors for a donation of £10 which he is going to donate to the Friends.

We look forward to welcoming you over the weekend to a wonderful display of paintings. Admission is free, and you and your friends will have the opportunity to vote for your favourite picture in the show. You may also be tempted to buy a painting!

*Ann Caffyn,
Art Exhibition Organiser*



TRUST NEWS

GROUND BROKEN FOR NEW ELECTIVE CARE HUB AT EASTBOURNE DGH

A ground-breaking ceremony was held at Eastbourne District General Hospital to mark the start of building works on a new Elective Care Hub.

Trust chairman, Steve Phoenix and Chief Executive, Joe Chadwick-Bell gathered with colleagues and NHS stakeholders for the ceremony.

The project will deliver a modern, purpose-built day surgery unit which will include a preassessment area, four theatres, admission, recovery and discharge space plus associated support facilities. The new unit will increase the amount of day surgery activity that takes place across Sussex.

Open from 7am to 11pm and conducting procedures from 8am to 6pm, initially five days a week, moving to six days in the future, it will offer residents from across Sussex the opportunity to have their day surgery procedure performed more quickly and in a purpose-built environment that allows extra capacity to address both current and future surgical needs.

We have received £22.5 million from NHS England's Elective Recovery Plan with additional funding coming from NHS Sussex.

Steve Phoenix, Chairman of East Sussex Healthcare NHS Trust said; 'It is a privilege to mark the beginning of this exciting project. The elective care hub will make a real difference to how we treat patients and lead to an improvement in the quality of care we can deliver.'

Joe Chadwick-Bell, Chief Executive of East Sussex Healthcare NHS Trust said 'Its great to see work getting underway on this purpose built elective hub which will mean better facilities for our staff and patients. The project is a partnership between our trust and partners at NHS Sussex and NHS England and today marks a milestone in making the plans a reality.'

The new elective hub is due to open March 2025.

CELEBRATING NHS75 AT 10 DOWNING STREET AND WEST-

During this year's celebrations for the 75th birthday of the NHS, some of our colleagues had the honour of being invited to events at 10 Downing Street and Westminster Abbey. The reception for NHS Champions at No.10 Downing Street was hosted by the Secretary of State for Health and Social Care, Steve Barclay, who said: 'The NHS has changed a lot over the last 75 years.

Patients are 80% less likely to die from cardiovascular disease today than in 1948. Back then, the NHS had 144,000 members of staff – it now has 1.4 million. In 1948 it had a budget of £11 billion, it is now over £180 billion. But two things haven't changed. The amazing staff who provide high quality care for patients, and that it is free at the point of use. Those are the

CELEBRATING THE LONG SERVICE OF OUR VOLUNTEERS

Volunteers across the trust have been recognised for their dedication with the presentation of long service awards at recent events held at both Conquest Hospital and Eastbourne DGH.

A total of 107 volunteers were awarded for an incredible 931 years of combined voluntary service between them. Volunteers who were invited to the events have provided 5, 10, 15, 20 or 25 years of committed service to the organisation, helping to enhance patient experience every step of the way.

This year's award winners came from our teams who help on wards, provide admin support, assist the work of the cardiac rehab team, provide a warm welcome to visitors front of house, visit patients in a chaplaincy capacity and support the work of the trust's volunteering partners, the Friends charities and Hospital Radio.

With just over 400 volunteers currently offering their time, our longest serving volunteer has now been a member of the DGH Radio team for 43 years... and still counting!

The trust's voluntary services team who proudly co-ordinate and support the volunteers said: "These annual events give us the opportunity to celebrate and recognise the value volunteers bring to our organisation. It is extremely important to recognise the support this team give every day to our hospitals, colleagues and patients."

Volunteers are an integral part of the NHS. They are the often unsung heroes who quietly make a difference in whatever way they can. We have just over 400 of these heroes currently and we are ready to take on more.



Irene
Graven



Julie
Barrow



Richard
Barnicoat



Sue
Hitchen

MINSTER ABBEY

principles that we are all here to celebrate today."

On Wednesday 5 July a service was held at Westminster Abbey to celebrate the 75th anniversary of the NHS. The Duke and Duchess of Edinburgh attended the event, which was led by the Dean of Westminster, the Very Reverend Dr David Hoyle.

An address was given by Amanda Pritchard, Chief Executive of NHS England, who said: "We come together today not to celebrate an idea, but to celebrate all those who have breathed life into it, who have made it mean something real to tens of millions of people over three quarters of a century, and who continue to give us hope for the future."



Retirement Apartments

Style and practicality,
now & long term in the future



Independence within a supportive community

Marlborough Court, Southfields
Road, Eastbourne,
East Sussex, BN21 1BT

Contact 01323 749924

or visit

retirementsecurity.co.uk

END OF THE FLOWER SHOP

It is with great sadness that the decision has been made not to re-open the Friends Flower Shop that has been closed since Covid. There were many factors to be taken into consideration and the decision was not made lightly. We know that some of our regular customers will be disappointed but it was becoming increasingly difficult to maintain the stock levels due to the short shelf life of flowers and the near monopoly that the supermarkets seem to have now on flower sales. Also, there are now very few, if any, wards where visitors can take flowers in for patients, which had been one of our main sources of customers.

Over the years the Flower Shop has been a great contributor to the overall shop sales, and this couldn't have been achieved without the lovely volunteers that often went the extra mile to create such lovely arrangements and take the

flowers to various outside events. There are too many to mention by name, but we hope that they realise how much they were valued.

In 2017 due to changes in the hospital foyer the Flower Shop, which was previously in the main entrance to the hospital, was relocated to a cabin by the car park. Although there were fears this would negatively impact on performance and sales the volunteers were not daunted by this and readily took on the challenge of making the most of this new situation. The new cabin was officially opened by the then Lord Lieutenant of Sussex, Peter Field, on what felt like the coldest February day on record!

We would like to thank all our past customers for their support and custom, and all those that did at any time volunteer in the Flower Shop. You all helped to make a difference.

Lord Lieutenant of Sussex, Peter Field, opens the Flower Cabin in February 2017



OPEN GARDENS 2023

Once again we can look back on a very successful open garden season, which has helped contribute over £20,000 towards the Cardiology project. The season spanned May to September and overall we were blessed with very favourable weather, if a little too hot at times!

We started at Carters Corner, then our travels took in Eastbourne (twice), Firle, Bishopstone, Friston and Folkington. Without exception all of these gardens had their own unique charms and we must once again thank the owners for all the hard work they put in before opening to get their gardens into such good shape for our visitors to enjoy.

We would like to thank Robert and Liz Johnson for their help with planning the season, and the wonderful volunteer team who worked tirelessly during the

season to ensure a pleasant visitor experience. A special thank you must go to Andy Lennard of Able Transport, as without him and his helper Sam there would be no tables, chairs, or even teacups at the gardens. Their cheerfulness and willingness to help when asked to move things for the fourth or fifth time is very much appreciated!

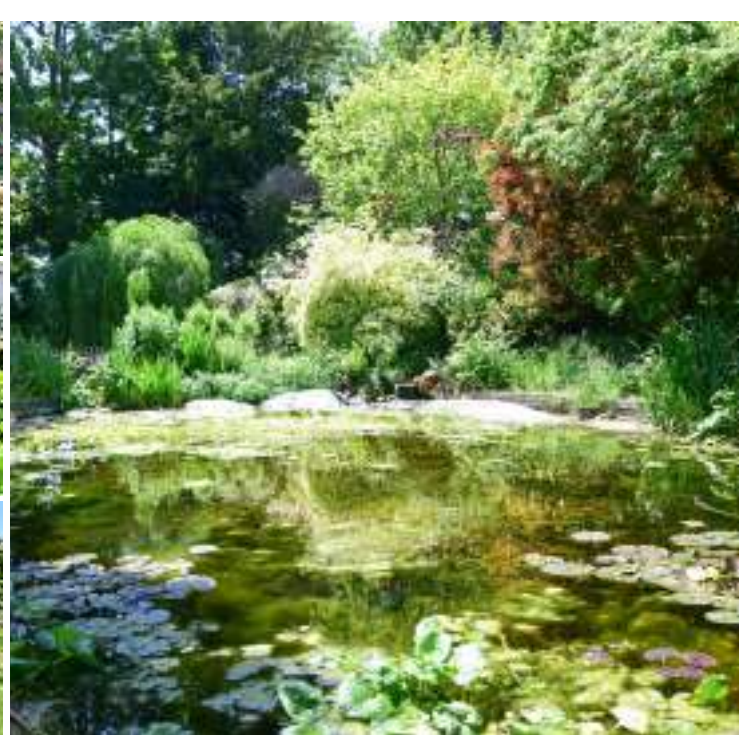
Our thoughts will soon be turning to the 2024 season, and we would love to hear from anyone that would like to talk to us about either opening their garden for us or becoming part of the volunteer team. Over the years the open gardens have been a vital part of our annual fundraising calendar, enjoyed by both the volunteers and visitors, but would be nothing without gardens to open, or volunteers to plan and be there on the day.



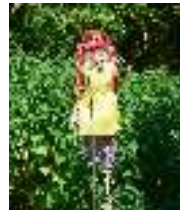


*Top, Carters Corner
Bottom left, Granville Road
Bottom right, Carlisle Road*





Top, Old Vicarage, Firle
Bottom left, Barrack Cottage
Bottom right, Friston Place





*Top, Ocklynge Manor
Bottom, Folkington Place*



Our Open Garden team was joined at Folkington Place by a student on the Duke of Edinburgh scheme, who had been volunteering with the Friends at various events over the preceding six months in order to complete the volunteering component of her Bronze DofE certificate. If you know any students looking to undertake a similar certificate, or who want to increase their skills or experience ahead of completing a UCAS form or similar portfolio, then please encourage them to contact us. Volunteering experience will stand out on any CV and give young volunteers valuable interpersonal skills and work experience in a friendly, informal and flexible environment.





It really does take a team to make our Open Garden seasons the success they are. To everyone who gets involved, from the very start to the finish of the season, we say

Thank You



CASH OR AUCTION

In Association with Eastbourne Auctions Your Local Saleroom with the International Reputation

Bring items along for a **FREE** Friendly Advice

CASH OFFER or entry into our forthcoming Auction

To book an appointment or use the Royal Mail **FREE** postal service
call us on **01323 431444** option 2-1-1



Sold for
£7,500

Valuations are
FREE in 2023

Items Wanted

Gold and Silver Jewellery in any condition
Costume Jewellery • Watches working or not
Coins and Medals • Wines & Spirits
Oriental items – even when chipped or damaged
Wines & Spirits • Antiques & Collectables
Records • Any quirky items



Sold for
£5,200



Sold for
£5,000



Sold for
£3,900



Sold for
£2,000



Sold for
£1,800



Sold for
£1,500



Three
Gold Charms
Sold for
£550



Sovereign
Sold for
£490



Gold Charm
Sold for
£350



Sponsoring
the weather

Eastbourne Auctions

www.eastbourneauction.com

Auction House, Finmere Road, Eastbourne BN22 8QL



FULL Probate and House Clearance Service in Operation

Our services include:

- Companionship
- Housekeeping
- Medication Support
- Washing and Dressing
- Personal Care
- Dementia Care
- End of Life Care
- Transport and Errands
- Post-operative Support
- Live-In Care

And much more...



**CONTACT US FOR A FREE CARE ASSESSMENT
FOR YOU OR YOUR LOVED ONE**

 **01323 414 658**

 eastbourne@rightathome.co.uk

 www.rightathome.co.uk/eastbourne



**Dementia
Friends**

An Alzheimer's Society initiative

Inspected and rated

Good



**Care Quality
Commission**

SUSSEX SECRETARIES

DO YOU NEED HELP?

FOR REASONABLE HOURLY RATES WE CAN PROVIDE SUPPORT
FOR YOUR BUSINESS OR IN YOUR HOME



Call us to discuss ways in which we can help you.

Corinne Gibbons

Tel: 01424 892463

Mobile: 07940 886123



SUSSEX SECRETARIES

FASHION SHOW, 2023

They were the hottest tickets in town! Following the 'runway' success of the 2022 Fashion Show, places at the Friends 2023 Fashion Show were in high demand. Brilliantly organised by Trustee Rosemary Cameron and her team of helpers, the event was a lively, laughter-filled afternoon. The fashion, music and commentary were brought once again by Travelling Trends, and the collections were modelled beautifully by guest models comprising Rosemary's friends, family and a co-Trustee. We thank Rosemary for the time, energy and effort she put into the event, which raised £1200.

Guest models:
Vanessa, Valerie,
Hilary and Trish



£1200 raised



HELP US, HELP THEM. HELP YOU

If you just don't have the time to fundraise by biking, hiking, baking or making, but still want to do whatever you can to support the Friends, then we have a very easy, from-the-sofa solution for anyone who ever does any of their shopping online. At absolutely NO COST to you, and requiring equally little effort, here is one very easy way to support us:



In the same way that (the now discontinued) Amazon Smile would donate a percentage of whatever you spent on their site to your chosen cause, easyfundraising has partnered with over 7,000 online brands who will donate to us when you shop with them as usual. It really is easy fundraising, and it costs you nothing more than the amount you were going to spend on your online shopping anyway.

Here's how to get started!

1. Visit www.easyfundraising.org.uk
2. Sign up and search for 'Friends of Eastbourne Hospital' as your chosen cause
3. Search for the websites where you want to shop, click through to them, and carry on exactly as usual, knowing that if you do make a purchase, a percentage comes to us!

You will also be able to set up a donation reminder on your device, so instead of visiting easyfundraising to search for your retailer prior to shopping, you can go straight there and a pop-up will let you know if they're an easyfundraising partner!

Here are just some of the thousands of retailers who are taking part. If your favourites aren't there, then go and have a look for them - without a doubt you will find some of your regular retailers there.



Please do sign up before you start your Christmas shopping, it really will make a difference!

FUNDRAISING ROUND-UPS

As mentioned by Harry in his Chairman's Report, our thanks go to the organisers of the **Sugar Ray Golf Tournament**, held in September, the proceeds of which will be confirmed and donated to the Friends in due course.

We also thank everyone at the **Hailsham Artist's Network**, whose art and craft fair in July raised £154.54. Helping serve the refreshments on the day were Friends volunteers Rosemary, Ann, Elaine and Chris.

Another successful summer event, held to fundraise for both the Friends of Eastbourne Hospital and the Friends of Conquest Hospital, was an afternoon tea hosted by **Helen Davey** of Bexhill. Helen held the event in her own garden and raised £250 for both charities.

Many thanks also go to photographer **Martin Rumary** of Willingdon, who kindly donated £200 from the sale of photographic equipment to the Friends, following his own successful treatment here at the hospital.

We are very grateful to **Sylvia White** who recently donated several ranges of nightwear and underwear to the Friends Shop on the closure of her own business. Essential items for the shop and for patients who may sometimes be admitted at short notice, this clothing is very much appreciated. Details of a sale which will include Sylvia's kind donations will be announced as soon as a date is confirmed. Do come along and pick up some lovely pieces at sale prices.

CLIVE HANCOCKS

Clive Hancock spent eight days in September walking 80 miles of the Dales Way in order to raise money for the Friends. His way of giving back to the hospital following treatment he had received there for prostate cancer, Clive described the experience as gruelling at times, but that it was Yorkshire at its best and he was buoyed by camaraderie. Clive's fundraising total stands at over £450. We thank him very much for all his support.



CAROLINE SMITH

"Caroline Smith's East Sussex Social Friends Meet-Ups" celebrated its third anniversary in September. A raffle was held and the proceeds were divided between the Friends and St Wilfrid's. We were delighted to meet Caroline and receive the group's kind donation of £139.





**Friends of
Eastbourne
Hospital**

would like to invite you to their

Annual General Meeting

**WEDNESDAY
22 NOVEMBER
2023**

2PM
VICTORIA BAPTIST CHURCH
ELDON ROAD, BN21 1UE



Supporting the patients, staff and visitors at the Eastbourne DGH by fundraising for additional equipment, amenities and services.

Please visit

www.friendsdgh.org.uk

to view the agenda
for this AGM

.....

For more details, contact the
Friends Office on:

01323 749503

esh-tr.friendsdgh@nhs.net

www.friendsdgh.org.uk

CHAIR

Sandy Boyce-Sharpe

President

REPORT OF THE EXECUTIVE COMMITTEE

Dr Harry Walmsley

Chairman

TREASURER'S REPORT

Peter Skilbeck

Treasurer

GUEST SPEAKER

Professor Nik Patel

Cardiology Consultant

FRIENDS OF EASTBOURNE HOSPITAL

Registered under the Charities Act 1960 No 220592

Please enrol me as a Member.

I enclose the sum of/I have completed the Banker's Order form.

Annual Subscription	£	:	£10
Renewal of Annual Subscription	£	:	£10
Life Membership.....	£	:	£30
Donation.....	£	:	

.....
£ _____

If you are a tax payer please complete the Gift Aid Declaration form overleaf.
The Friends can reclaim tax on your membership subscription and any donation.

Please do not feel under any obligation, but if you can help in either of the following ways please tick the appropriate box.

Volunteer work in the DGH

Help with fund raising activities.....

Mr/Mrs/Miss/Ms

Address

..... Postcode

Telephone Date.....

Email

Please return to Hon Membership Secretary
 Friends of Eastbourne Hospital
 District General Hospital
 Kings Drive
 Eastbourne BN21 2UD
 Tel 01323 749503

Data Protection Act 1998

Please note that the Charity uses computer systems to record membership information. Under the Data protection Act 1998, it is necessary for you to be informed of this. The information you provide on your application and renewal form will only be used by the Charity's officials and task holders to conduct Charity business and will not be supplied to outside bodies in any form. If you have any questions or concerns over the data held, please contact the Secretary.

GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate
Gift Aid is reclaimed by the charity from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK tax payer.

Please complete the information below and return it to:

The FoEH, Friends Office, Eastbourne DGH, Kings Drive, Eastbourne BN21 2UD

I confirm that I would like all my donations, past, present and future to:
FRIENDS OF EASTBOURNE HOSPITAL (Charity No: 220592)
to be treated as Gift Aid donations.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details:

Title..... First name..... Surname

Full Home address.....

..... Post Code

Date.....

Please notify the Charity if you:

- * want to cancel this declaration
- * change your name or home address
- * no longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

STANDING ORDER

To

..... Sort Code: A/c No.....

(Name and address of your Bank)

Please pay to Barclays Bank Plc (20-22-67) 9 High Street, Colchester CO1 1DA for the account of Friends of Eastbourne Hospital (No. 10039667) the sum of

£ : ()
(Amount in figures) (Amount in words)

on 20..... and thereafter on the 01 September each year until otherwise notified.

Signature.....

Date.....

Full Name in Capital Letters (Mr/Mrs/Miss/Ms)

Address.....

..... Post Code



QUIZ NIGHT

Friday
24 November

7pm for 7.30pm

The Fishermen's Club, Royal Parade, Eastbourne

Tickets £5

Teams of up to 7 People



Contact the Friends Office for tickets or more information on

01323 749503 / www.friendsdgh.org.uk



FoEH



Friends of
Eastbourne
Hospital



Free admission,
donations welcome.
Raising funds for:
Eastbourne DGH.



CHRISTMAS FAIR

...and coffee morning

SATURDAY

25 NOV 2023

10.00-12.00

ALL SAINTS' CHURCH HALL

GRANGE RD

BN21 4HE

01323 749503 / www.friendsdgh.org.uk

Stalls include:

*** Gifts * Cakes * Marmalade * Patchwork * Jewellery *
* FOEH Shop * Books * Cards * Home Made Gifts * Raffle ***

