

HOSPITALITY

SUMMER EDITION
APRIL 2026 - JULY 2026

Friends of Eastbourne Hospital

QUARTERLY MAGAZINE
NUMBER 182

www.friendsdgh.org.uk



ANNOUNCING OUR
21ST ART EXHIBITION
Eastbourne artists,
entries are open!

FROM MURDER TO
BANOFFEE PIE
& all other fundraising
events so far this year



In this issue:

Local solicitor **Dawson Hart** nominates us as their **Charity of the Year**

Full **Open Gardens** programme to cut out for reference

PLUS: News from the Office, New Trustee Announcement, Corporate Supporters & all Donations



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27 May to 12 September

Friends of Eastbourne Hospital



FoEH

OPEN GARDENS 2026

DATE VENUE

Weds	27 May	Carters Corner Farm
Weds	10 June	The Old Vicarage, Firle
Weds	17 June	Friston Place
Sat	1 Aug	Hankham Hall Cottage
Sat	22 Aug	Gardens of Waldron Village
Sat	12 Sept	Folkington Place

All gardens open
10.30am to 4pm

In the event of
extreme weather
please refer to:
[www.
friendsdgh.org.uk/
events](http://www.friendsdgh.org.uk/events)

Donations
welcome on entry

Refreshments,
raffle and stalls

We regret, no dogs
at any garden

*Fundraising for general funds and the
2026 Major Project to raise £582,000 for
combined donations to the Ophthalmology and
Cardiology Departments of the DGH*



For further details, please see reverse, or contact the Friends on:

01323 749503 / esh-tr.friendsdgh@nhs.net / www.friendsdgh.org.uk/events

OPEN GARDENS PROGRAMME 2026



All Gardens open from 10.30 - 4pm

Please check our website www.friendsdgh.org.uk, Facebook page or ring the office on 01323 749503 for up to date information before visiting each garden.

Wednesday 27 May

Carters Corner Farm, Cowbeech Hill, Cowbeech, BN27 4JA

From Hailsham take the A271 (Bexhill Road) & take a left turn at Amberstone signed to Cowbeech, then follow the open garden signs. Off road parking.

Wednesday 10 June

The Old Vicarage, Firle, BN8 6NR

Follow the A27 towards Lewes and take the left turn to Firle. Follow the open garden signs. Off road parking.

Wednesday 17 June

Friston Place, BN20 OAH

Take the A259 towards Seaford. At the top of the hill past East Dean turn right towards Jevington. Follow the open garden signs. Off road parking.

Saturday 1 August

Hankham Hall Cottage, Hankham, BN24 5AH

From Stone Cross take the Hailsham road, going under the Polegate bypass. Then take the first right into Hankham Road. Follow the Open Garden signs. Off road parking.

Saturday 22 August

The Gardens of Waldron Village

From the Boship roundabout take the A267 towards Heathfield. Once through Horam turn left into Furnace Lane and follow the open garden signs to the village. Once in the village there will be several parking options, look for the car park signs.

There will be at least 4 gardens for visitors to enjoy, maps will be given out on arrival. Please note, there is very limited access for wheelchairs and those with limited mobility in these gardens.

Saturday 12 September

Folkington Place, Folkington, BN26 5SD

Follow the A27 towards Lewes and take the 3rd turning left into Folkington. Follow the open garden signs. Limited disabled access. Off road parking.

Extra Dates

Sat 23 May

'Art in the Garden' event

Sun 14 June

Garden Party in Seaford

Sat 25 July

Friends Barn Dance

Full details available at www.friendsdgh.org.uk/events



DISABLED PARKING WILL BE AVAILABLE WHERE THERE IS OFF ROAD PARKING. PLEASE BE AWARE THESE ARE ALL PRIVATE GARDENS AND WE CANNOT GUARANTEE FULL DISABLED ACCESS, ALTHOUGH EVERY EFFORT WILL BE MADE WHERE POSSIBLE.

WE REGRET, NO DOGS AT ANY GARDENS.

DATES FOR YOUR DIARY

24 APRIL

Race Night - SOLD OUT
The Crown & Anchor
£15 per person
Includes full buffet
7pm

OPEN GARDENS

Please see flyer on
pp3-4 for details:

27 May

Carters Corner Farm

10 JUNE

The Old Vicarage, Firle

17 JUNE

Friston Place

1 AUGUST

Hankham Hall Cottage

22 AUGUST

The Gardens of Waldron
Village

12 SEPTEMBER

Folkington Place

5 JUNE

Quiz Night

The Fishermens Club

£5 per person

Teams of up to 7 people
7pm

25 JULY

Barn Dance

Carters Corner Farm

£12 adults, £8 children

7pm for 7.30pm dancing

Date TBC

Education Lecture

'Medical Simulation'

Lecture Theatre, DGH

Please enquire for details

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to donate to
Friends of Eastbourne Hospital



Friends of Eastbourne Hospital

Help us help them help you

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COMMITTEE MEMBERS

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CATHY LOCK, DENISE ROWE, GLENDON STONE, JAMES WILKINSON

Auditors: Caladine Limited

CHAIRMAN'S REPORT



Spring is finally nearly here so we are getting ready for our summer season, particularly the Open Gardens which start on 27th May at Carters Corner. Hopefully this year we won't have any gardens rained off unlike last year!

We have had a number of fundraising events already since the New Year including the first of this year's Dine Around the Worlds at the Trident fish bar, a repeat of the one we had last September. As before the best fish and chips around. We also held our first Murder Mystery at the Alexandra Arms. It was a great evening but sadly my team came last with zero points. Clearly I would not make a good detective! There have also been two more Hydro Lunches with after lunch speeches from the Dowager Lady Crabtree and Ian Dowding. There are several more lunches throughout the year and are proving to be very popular. And the first of this year's 4 quizzes has also happened.

Upcoming events include a Race Night and a meal at the Ganges (although both of these are currently at capacity for booking), more quizzes, and a Barn Dance which will be held in July. And in September we hope that the very popular wine nights will be returning with a cheese and wine pairing with the nationally well-known Tom Surgey hosting. So as you can see the Friends have been, and will be, very busy.

We have also had several donations from people in our community, for which

we are very grateful, and Dawson Hart Solicitors in Uckfield have made us their charity of the year. They are hoping to raise enough money for the Friends to buy some bedside fridges for the siderooms on Pevensey Ward as a thank you for the care the husband of one of the staff received.

So on what have we spent some of the money raised? Obviously the fundraising for our two major projects is well underway. These are a new microscope for ophthalmology and a third cardiac theatre for cardiology as I have said before. But we have also spent £600 on radios and other small items for the Frailty Ward and have agreed to buy tables and chairs for the same Ward when they convert an old store room into a quiet room for relatives.

We have recently appointed a new trustee, Julie Booth, as a staff representative. Julie works in the operating theatres and is very keen to support the Friends.

However, there is some sad news. David Lambird, an ex trustee, sadly died recently and some of us attended his funeral. Our condolences go to the family for a man who gave a lot to the Friends.

Lastly, once again I thank all our volunteers and fundraisers for all their hard work. Even though we have successfully recruited some more volunteers we always need more. And lastly, with all the recent and future events we always need more raffle prizes. So if you have any spare bottles, vouchers, or anything else suitable for a raffle, then please bring them to our office, or if there is no-one there, then our shop. Thank you.

I hope to see you at some of our events in the coming months.

Tour the Education Centre, meet the new mannequins, and try virtual reality training!



FREE EDUCATION LECTURE

Date TBC. Please contact the office to register interest and receive a notification when confirmed.

*Last tickets remaining for this event
Contact us for places* ↓

£15PP*

RACE NIGHT

DOORS 7PM
FIRST RACE 7.30PM



for

**FRIENDS OF
EASTBOURNE
HOSPITAL**



**FULL
BUFFET**

FRI 24 APRIL

*50% discount for
DGH staff & volunteers

NEWS FROM THE OFFICE

CALL FOR DONATIONS, NOTABLY BOOKS AND JEWELLERY

If you've been having a spring/summer clearout, and discover items that you are able to donate to the Friends then we would be very grateful to receive them. In particular, we welcome new and unused gifts, especially bathroom items or gift sets, but this year too we are asking for donations of paperback books and jewellery for our volunteers to sell on the popular Open Garden stalls. All types of jewellery are welcome - from costume to more classic pieces. A full list of all items we receive for recycling is on p.12.

TALK CANCELLATION

Those who booked for our talk by the training and simulation dept, originally on 22 April, should now have been notified of its cancellation. If you were planning to come, then please be advised that this is being postponed due to some equipment not having arrived, and technical issues with others. You are welcome to register your interest for when a new date is confirmed, or please do look at our website or future magazines for updates.

WELCOMING JULIE AS STAFF REPRESENTATIVE TRUSTEE



We are delighted to welcome Julie Booth as a new trustee of the Friends. Julie grew up in Eastbourne, and started at the Trust in 1990, commencing as a trainee Operating Department Practitioner (ODP) in theatres. Having worked her way up, she is now a Matron working across all the theatre departments including the new Sussex Surgical Centre. She says, "I have always believed in being able to provide the best quality care for the patients that enter through the doors of the Eastbourne District General Hospital and as I now start to think about retirement I am excited to be given the opportunity to support the Friends of Eastbourne Hospital and become part of the invaluable team here at Eastbourne." We look forward to Julie's helpful insights, and all that she will bring to the team!

DGH V CONQUEST

The kits are being laundered, the boots are being polished, and the rivalry is being reignited. On Saturday, 10th May, the football teams of Hastings Conquest and Eastbourne DGH head to Hastings United FC for the Annual Hospital Cup! This is where the players step off the wards and onto the pitch for the biggest local derby of the year.

The history books show the Conquest has a bit of a streak going, winning 4

out of the last 5 years - but as every football fan knows, form goes out the window on derby day! Can the Conquest defend the title and make it 5 out of 6? Or will Eastbourne reclaim the trophy and silence the home crowd? All are invited to what will be a fun, family game featuring traditional fair games, lucky dips, and tombola, as well as hot food and a licensed bar.

The game takes place on Saturday, 10th May at Hastings United FC. Kick off at 3pm.

WILL WRITING SERVICE

Usual fee per Will £225 plus VAT

Free Wills Brochure available on request

Lasting Powers of Attorney £470 + VAT

Barry & Co
SOLICITORS

Bay Terrace, Pevensey Bay, East Sussex BN24 6EE

(01323) 766370 or 768382

Contact: info@barryandco.org

Quiz Night



Fri 5 June
7pm for 7.30pm

Tickets £5pp
Teams of up to 7 People

Venue:
The Fishermens Club,
Royal Parade,
Eastbourne

Contact the Friends Office for tickets or more information on:

(01323) 749503

esh-tr.friendsdgh@nhs.net
www.friendsdgh.org.uk



NEWS FROM THE OFFICE

THE TRUST INVITES YOU: RESEARCH CHAMPIONS EVENT

The Friends have received an open invite to the Trust's next Research Champions Event.

Date: Tuesday 12th May 2026

Time: 10:00 – 11:30am

Venue: Sara Hampson Room
(above the main café), EDGH

Our Research Champions help raise awareness of research across the community and encourage patients, families, and colleagues to get involved. These informal sessions are a great opportunity to meet the Research Team at ESHT and hear about the research studies currently running within the Trust.

In May, the team are pleased to be welcoming Dr Steven Fong, Consultant Gastroenterologist, as guest speaker. He will share insights into his research at ESHT and explain why research plays such an important role in his clinical practice.

Places are limited, so please do confirm if you would like to attend.

You can RSVP by emailing esh-tr.researchanddevelopment@nhs.net or by contacting Penny Boxall, Clinical Research Governance Officer on 0300 131 4500 ext. 771437.

DEFIBRILLATOR DEMONSTRATION TO THE TRUSTEES

At the conclusion of our Trustee Meeting in March, we were joined by Steve Rochester, Senior Resuscitation Officer, to deliver a demonstration of how to use an Automated External Defibrillator (AED). Steve began by thanking the Friends for all the help that the training department receives, saying the team would be lost without some of the Friends' donations. He then put Friends Chairman Harry Walmsley into a (hypothetical) cardiac arrest.

Steve announced that for every minute it took to help Harry, his chances of survival were decreasing by 10%. Producing a defibrillator, Steve explained that this vital piece of equipment was essential (alongside a call to 999) in order to restart Harry's heart. With the trustees taking the reins, the device talked them through its easy operation. Incredibly simple to use (and with Harry saved), we recommend that readers also take any opportunity they are given to familiarise themselves with AEDs, should the worst ever happen.



IF YOU EVER SUSPECT A CARDIAC ARREST:

- BEGIN CPR
- CALL 999
- SEND THE FASTEST PERSON FOR AN AED AND BEGIN USE IMMEDIATELY
- CONTINUE USING AED (OR CPR IN ITS ABSENCE) UNTIL HELP ARRIVES

WE CURRENTLY COLLECT...



POSTAGE STAMPS AND POSTCARDS

All kinds of stamps are collected and sold to dealers, private buyers and via Eastbourne Auctions, who support the FoEH. Please do not remove stamps from postcards, which are sold separately.



JEWELLERY AND BAGS

We collect any items including broken watches and costume jewellery for sale on our jewellery stall. Eastbourne Auctions support us by auctioning the more valuable items and selling bags to collectors.



KNITTING WOOL

Our volunteers make many items from donated wool including baby clothes and toys. If you would like to knit for us, please enquire in the Friends Shop.



NEW BATHROOM PRODUCTS

We take unopened/unused items such as make-up, creams, soaps, hair products and gift packs that we sell at our events.



INKJET PRINTER CARTRIDGES

We receive money for every inkjet cartridge that is recycled with Recycle4Charity. Please bring cartridges into the Friends Shop or download a label for free postage at www.recycle4charity.co.uk



HABERDASHERY ITEMS

Bits and pieces such as: ribbons, buttons, beads and textured fabrics are used by our volunteer knitters and crafters.



NEW GIFT ITEMS / UNWANTED PRESENTS

New unopened/unused gifts are sold at our events. We also welcome unopened bottles of wine, spirits, chocolates and jams etc with time before their use by date which make welcome raffle prizes.



PLEASE NOTE WE NO LONGER COLLECT GREETINGS CARDS OR MILK BOTTLE TOPS

HOW TO DONATE

Please bring your donations to the Friends Shop or Office at the DGH. Alternatively, call the office on 01323 749503 and we can discuss possible collection options.

DONATIONS TO THE DGH

LUTS MACHINE

The Friends have recently donated a LUTS machine to the Urology department, and the photo shows Urology Consultant Edward Calleja and Matron Susan Crosby-Jones receiving this from Chairman, Harry Walmsley.

There are many advantages to the patient of the machine, which is portable and helps to provide a 'one stop' service. The machine is linked to an app on a mobile phone, but no information that could identify the patient is transferred and nothing can be saved so all Data Protection aspects are covered.

By using this new machine the number of appointments needed are much reduced as once the scan has been done the problem is identified and a treatment plan put in place. Previously

an ultra sound scan would have been needed which would have required a further appointment and delay in diagnosis. As there are nine different treatment options depending on the exact circumstances, the sooner these can be started the more beneficial it is for the patient.

The scanner comes with lifetime software upgrades and is fully guaranteed and insured. Using the machine also helps to reduce the department's carbon footprint.

The Nurse Consultant has already undergone the training to use this new addition to the Urology department and other staff will soon follow.

Both Edward and Susan expressed their thanks to the Friends for this generous donation.



YOU ARE INVITED TO OUR

**20th
GARDEN
PARTY**



Help us help them help you

**mary's
meals**

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to world hunger

SUNDAY 14th JUNE

**11 LINKS ROAD, SEAFORD
DOORS OPEN 11am to 4pm
ALL PROCEEDS TO CHARITY**

**CAKES & DRINKS
PLOUGHMANS LUNCH
CREAM TEA
LIVE MUSIC
TOMBOLA
RAFFLE**

A FAREWELL TO FRIENDS

DAVID LAMBIRD

David was a very good friend of mine and a good and generous friend to many people. I would describe him as a people person, ever willing to help. This is what probably made him such a successful business man.

Although he had previously been a patient of mine, I really got to know him through membership of the Eastbourne Rotary Club. Not long after my joining the club, David tragically lost his son, Christopher, after a long battle with a blood cancer which had a major influence on him and his support for the DGH. Because of his support, and his high regard in the business community he was invited to become a Trustee around 2008. An opportune time as the Rotary Club was offered the possibility of putting on a Charity Ball, and David persuaded them that 80% of the proceeds come to the Friends. He also introduced other influential people to help with the planning, decoration, and encouraging people to attend. This was so successful that a series of balls followed ending only due to the intervention of Covid.

Early in his time as a Trustee, the Friends were asked by the Trust management to assist with the redevelopment and expansion of Pevensey Ward. This was particularly pleasing for David – Chris having spent a lot of time there. His company (Eastbourne Motoring Centre)

held an annual golf day – this was rapidly changed to a Charity event and renamed after Chris's nickname as the Sugar Ray Golf Day. An annual tournament which again only finished with the advent of Covid. This was a popular event and enjoyed by many particularly into the post event meal and auctions.

His support for the Friends was unwavering and his contribution in such events made a huge difference not only to our funds and, therefore, ability to support the DGH, but also in great publicity. He will be greatly missed by his many friends and acquaintances.

With thanks to David's friend, and former Friends President, Dr Peter Nash for writing this remembrance.



Leaving a great legacy to Eastbourne, David was instrumental in his one-time role as councillor for the planting of the beds of daffodils that now line Eastbourne's roads in the spring.



A productive and ornamental garden “for all seasons” on a south facing chalk slope of the South Downs. Plants chosen for vibrant colour, varied form and ability to cope with hot sun, big winds, and heavy rain!

Liddy and Abi Davidson look forward to welcoming you to...

Art in the Garden

4 Rochester Close,
BN20 7TW

Opening hours –
10.30am to 2.30pm

Free Admission,
donations welcome

Refreshments for sale

Artwork by Liddy and Abi Davidson on display and for sale.

10% of any sales and commissions will go to the Friends of Eastbourne Hospital.

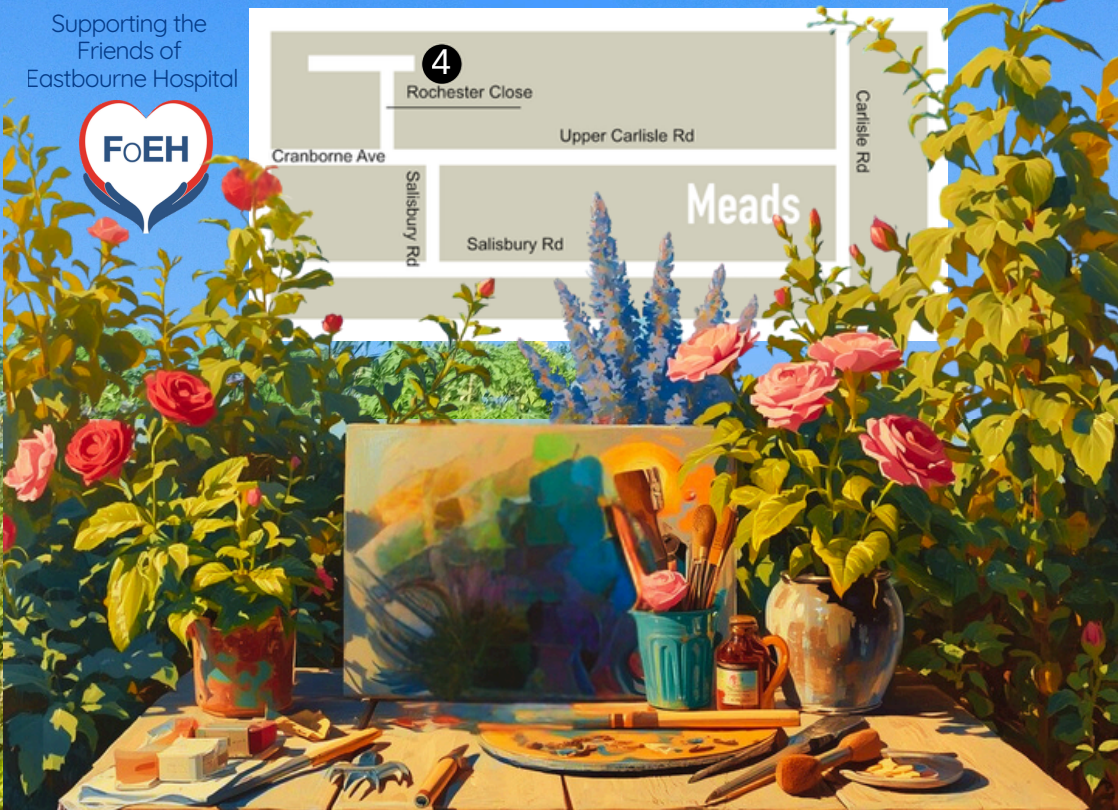
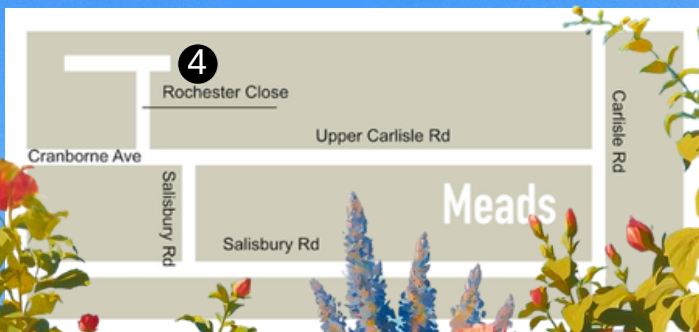
Please park in the main part of Rochester Close, taking care to avoid driveways.

The walk to the house is up a steep slope and then there are 12 steep steps to gain access to the garden. The garden is on a slope with several steps inside.

We regret that the garden is unsuitable for wheelchairs or people with disabilities.

There will be a card machine available for art work sales, but due to unreliable reception please try to bring cash.

Supporting the
Friends of
Eastbourne Hospital



OPEN GARDENS 2026

Hopefully you will have already seen the open garden programme at the front of the magazine. Do cut this out and keep handy so you don't miss any. We have everything crossed for better weather this year, but after the lesson learnt last year, in the event of EXTREME weather we will announce any changes to plans on the website.

There will be our usual stalls at most gardens: homemade cakes and savouries, recycled jewellery and a raffle. Chalk Farm Nursery are once again supporting us with their popular plant stall. Where there is sufficient space Bruce and Ann will be there with the Friends bookstall, and we will also be inviting some of our other favourite stall holders as well. If you have any good condition paperback books or costume jewellery you would like to donate for these stalls do let us know in the office.

Due to the rural locations of some gardens it is not always possible to get the necessary signals to use a card machine, so we would encourage you to bring cash if you can.

The information in the programme was all correct at the time of printing, should there be any changes they will be published on our website and social media. If you have any questions about any aspect of the open gardens please give us a ring in the office.

We are now hoping for some lovely sunshine and welcoming our many visitors to the gardens.





Friends of Eastbourne Hospital

proudly present

The 21st Annual Autumn

Saturday 24 October 2026

10am - 4pm

- including talk by Terry Henson,
Art Historian, on Eric Ravilious
at 2pm

Sunday 25 October 2026

10am - 4pm

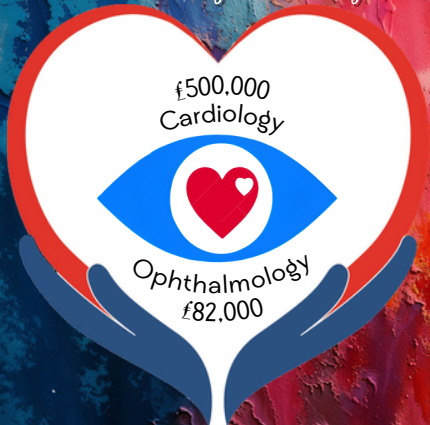
Venue: St. Andrew's Prep, Meads,
BN20 7RP

ART

EXHIBITION

& SALE OF PAINTINGS

*Raising money for our
2026 Major Project*



ADMISSION FREE DONATIONS WELCOME



For further details:

01323 749503

esh-tr.friendsdgh@nhs.net

friendsdgh.org.uk/events

Art Exhibition printing
kindly sponsored by:

PLAN AHEAD

42a Commercial Road,
Eastbourne, BN21 3XF

Tel: 01323 739409

All fundraising will go towards the Friends' General Funds and our target £582K will complete the Friends' 2026 Major Project to fund essential equipment in the Cardiology and Ophthalmology Departments

21ST ANNUAL ART EXHIBITION

OCTOBER 23 - 25, 2026, ST. ANDREW'S PREP, MEADS

I am delighted to let you know that St. Andrew's Prep have invited the Friends once again to stage their Annual Art Exhibition in their Durlacher Theatre from October 23 - 25, 2026 free of charge.

If any of you or your friends would like to exhibit and sell your paintings please visit the Friends website. We are hoping to have a large display of paintings for sale. Last year, 67 local artists entered a total of 326 paintings which were displayed on stands; and on the stage was a display of some of the St. Andrew's pupils' works of art. So do come along to the school and enjoy the show.

We look forward to welcoming you and your friends to the 21st Art Exhibition. Entry is free, with donations welcome.

With best wishes from the Art Planning Team.

Ann Caffyn,
Art Exhibition Organiser

ENTRY NOW OPEN

*Are you an Artist?
Do you have a friend or family
member who is?*

We would love to see
your work in the
Friends Annual Art Exhibition

Please do contact us and we would
be delighted to give you an
info/entry pack



Friends Office:
01323 749503
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www.friendsdgh.org.uk





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SCAN ME!



DAWSON HART SOLICITORS NAME THE FRIENDS THEIR CHARITY OF THE YEAR

Alongside the list of traditional legal services which Uckfield-based law firm Dawson Hart offers, is long-established goodwill towards local charities. A company-wide initiative, for over a decade the firm has asked staff members to nominate a good cause each year for whom they wish to fundraise, and when all nominations are received, a vote is taken and the charity is announced. Most recently in 2025, their beneficiary was St Peter and St James Hospice, but years gone by have seen support for Children with Cancer Fund, Uckfield Foodbank, Charity for Kids and Sussex Support Services amongst many others.

This year, we are honoured to have been named Dawson Hart's charity of the year. A bittersweet nomination due to the leukaemia treatment which the partner of one staff member has been receiving at the DGH, the fundraising will recognise the work of Pevensey Ward within the DGH, and will go towards funding items which will be of direct benefit to patients admitted there and to associated wards.

On the announcement of this news, and to meet the faces behind the fundraising, Friends Chairman Harry Walmsley and

Office Manager Sue Duffell travelled to Uckfield at the start of the year to explain more about the work the Friends do, and to discuss how we can work together over this year of support.

Talk turned to the type of fundraising events which will run during the year, and there are clearly some well tried-and-tested successes which the company are keen to repeat. First up, and likely already to have happened by the time you receive this issue of Hospitality, will be the now-annual Easter Egg Hunt, taking place this year at Uckfield Rugby Club on Good Friday. Another popular event last year was a Barn Dance, which will be repeated in autumn 2026. In-house events will include regulars like dress-down days and cake sales.

With a keen fundraising team at Dawson Hart's helm, many other events are being discussed and planned for the fundraising programme, and we look forward to featuring more in this magazine as the calendar crystallises. We would love to see as many of our members attending the external events where they can, and will update our website with details as we receive them. Please do check our website for details.





TRAVELOSOPHERS

by Gareth Harding



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Website: www.travelosophers.com/gareth-harding



HYDRO HOTEL SPEAKERS' LUNCHESES

The President of the Friends of Eastbourne Hospital, Sandy Boyce-Sharpe has thanked Jonathan Owen, General Manager of the Hydro Hotel, for their donations from the luncheon ticket sales which, since the first lunch in November, total in the region of £3,000 following further successful meetings of the Hydro Charity Luncheon Club.

The March luncheon saw Ian Dowding, famous chef from the Hungry Monk (a well-loved restaurant in Jevington, unfortunately no longer there) who told everyone the origins of his introduction of the famous Banoffee Pie, popular with royalty and now copied worldwide. We were blessed with the first very warm day of the year and an enthusiastic audience - plus Banoffee Pie all round.

The next Friends of Eastbourne Hospital charity lunch at the Hydro will be on 7 May when Donna Lane, well-known Eastbourne Style Consultant will be the speaker. If you have ever wondered why some colours make you look fresh and glowing, while others leave you feeling a bit washed out, or why some outfits just work and other don't, then come along. This relaxed and enjoyable talk explores how colour and style can make a real difference to how you look and, more importantly, how you feel!

Future Friends of Eastbourne Hospital charity lunches will be held on 17 September 2026 when The Vice Lord Lieutenant, Kathy Sambrook OBE DL will be speaking on the work of the Kings Representative in Sussex; 8 October 2026 when Rukshana Masters will tell us Tales from the British Raj; 10 December 2026 the popular Alex Polizzi

will return for the third time with stories of her time in hospitality; and 14 January 2027 Diana Burstein, a qualified London Blue Badge Tour Guide, will expand on the 'History of Shopping in London'.

Luncheon tickets are £40 each, choice of menu for your 3 course luncheon plus welcoming glass of wine with the opportunity to mix and mingle with regular luncheon members and the speaker. Never too early to book for any of the luncheons as places are limited and sales are on a first come basis. A donation from each ticket sold at these lunches will be made by the Hydro Hotel to the Friends of Eastbourne Hospital and, for such a good cause, very often the speakers donate part or all of their fee. Individual membership of the Friends is available at £10 per annum or £30 for a life membership. Book through Hospitality or the Friends website www.friendsdgh.org.uk

Membership of the luncheon club is open to all and to book for any of the above please contact the Hydro Hotel on events@hydrohotel.com or call on 01323 746105



Friends President Sandy Boyce-Sharpe (bottom right) receiving the donation from the Hydro Hotel



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FUNDRAISING: MURDER MYSTERY

On a very wet and miserable Friday evening in January over 50 Friends supporters were at the Alexandra Arms in Seaside, trying to fathom out 'who did it'.

With thanks to the team from Morlington Murders, guests had to pick their way through the many red herrings that were put in their way to find who was guilty of the murder of the Mother Abbess of the Blessed Heart of Morlington. With a plot that bore a passing resemblance to the Von Trapp family story any one of the cast could have been responsible.

At times members of the audience were drawn in to the plot as the story

became more and more involved. Everyone was encouraged to write down anything that might be helpful to identify the culprit and the papers were taken away for marking. Well done to the winning team 'Don't Tell Them Your Name Pike!' who scored a massive 49 points and successfully revealed the murderer.

This was the first time the Friends have put on such an event and there are already calls for a repeat next year. Not only did everyone enjoy a fun evening but it helped to raise funds for the Friends.

We would like to thank Heidi Lane and the staff at the Alexandra Arms.



FUNDRAISING: TRIDENT AND QUIZ

From fish and chips, to the Fishermens Club, we enjoyed two fundraising events in the first week of March. Thank you to all who came to our Dine Around the World at The Trident in Albert Parade, and to the keen quizzers who joined us for the first of our Quiz Nights this year at the Fishermens Club. Both are now regular venues for us, and we are so grateful for the support and the fantastic service we receive from the teams there.



Another quiz win for team Penguins!

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Mr/Mrs/Miss/Ms

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Please tick here if you are happy to be contacted by email about future events and fundraising

Please return to Hon Membership Secretary
 Friends of Eastbourne Hospital
 District General Hospital, Kings Drive
 Eastbourne BN21 2UD
 Tel 01323 749503

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Continue to keep our community connected.

For further information, or to become a corporate member, please contact the Friends on: 01323 749503 / esh-tr.friendsdgh@nhs.net



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